



Queen Bee President – Wendy Williams

Well I can't believe it's already October and all of Zom-Bees are out! Halloween is around the corner. October is the start of beautiful weather and Choctober parties!!!

ESA is Fun Fun Fun!!

Where would you like your Chapter to BEE in ESA? It's time we Think outside the box and Bee-different! Bee-lieve in yourself. We are an amazing group of people. We have a wonderful Executive Board who is here to help you whenever you need.

I would like to thank everyone for your loving support during the loss that my family has endured. You are all my extended family and you are amazing. If the whole world knew the loving compassion that you all have, they would all be a member. That's the news we need to spread. ESA is family, Sisters, Brothers, friends for life.

I would like to thank the Beta Delta & the Eta Pi Chapters for getting us off to a great start with our first Council Meeting. A special thank you goes out to the Alpha Omicron Chapter and also to Jacqui Smith and Arden McCuen for taking the wheel and helping during my family's time of need.

Please share your successes with all of the chapters. Send it to Carol Caldwell to be put in the bulletin along with pictures if you have any.

I am PROUD to BEE in ESA!

Hugs and Love to you all.

BULLETIN DEADLINES

- Oct. 10, 2015
- Nov. 10, 2015
- Dec. no article
- As THERE IS NO BULLETIN FOR JANUARY**
- Jan. 10, 2016
- Feb. 10 2016
- March 10, 2016
- April 10, 2016
- JUNE BULLETIN DUE JUNE 12, 2016 ONE WEEK AFTER CONVENTION**
- Upcoming Events**

Bunco Party



Beta Kappa
Oct. 23, 2015
For St. Jude's



Tucson Tea
October 25, 15
The Community Foundation for Southern AZ



Membership Bee - First Vice President – President Elect – Liz Montgomery

Hi everyone. It was great seeing all of you at the September Council Meeting and getting started on the ESA year. It's been a long hot summer.

Remember..... It's time to start planning for your fall Pledge Ceremonies. Are you ready to start the Buzz about membership? Let's get Beezey.

Keep thinking of ideas to bring in just one member each and all of a sudden we will have lots of new members.

October, which is recruitment month in ESA, has been nick named "CHOCTOBER MONTH" Have a fun event that includes something to do with CHOCOLATE. A Theme Party Idea is "Friends are Life's Dessert Party".

Again as a reminder the following web site has wonderful ideas: <http://www.epsilonsigmaalpha.org/member-center/chapter-management/recruitment>. All you have to do is log in to the member center with your member number and password. Let me know if there are any issues. Tracy Swanson is there to help us.

Please don't forget to let me know if your chapter has any Upcoming pledges. Even if you're potential pledges are just a little thought that has been buzzing around in your head and or a gleam in your eye, but not a final thing. I would love to know what your chapter has planned.

Here is something to ponder.....

When was the last time you wore an E.S.A. shirt or St. Jude shirt out and about? This will definitely give you an opportunity to talk up our Organization. If someone doesn't ask you about your shirt, you can always start the conversation. Especially if you attend events out in public where there are a lot of people to talk to.

Okyou have your shirt on and you are standing in line somewhere. The movies, sporting event, the bank, even the grocery store. Just a few reminders/ideas, maybe you have done them before, if they worked, go ahead do them again.



Council Meeting
November 15,
2015
Delta Pi –
Delta Omega
Room Deadline
Oct 14, 2015



**Thinking
of you goes out
to:**

Sheila McClure's husband Dennis has esophageal cancer.

Bev Likely's husband Paul had a heart attack in the spring and still needs our prayers.

Barbara Appleton was hospitalized now home.

JoAnne Coli banged up leg.

Liz Castle's husband is ill and needs our prayers.

All would appreciate funny thinking of you cards

Don't forget to ask your co-workers or new friends if they know of anyone that would like to be a part of E.S.A.

Have you thought about contacting any other Volunteer Organizations? Perhaps there is a Volunteer out there wanting to do more volunteering. Maybe even for our organization. E.S.A.....

Save this date.....Saturday, February 20, 2016.

We will be having our Preferential Luncheon on Saturday this year. We are changing things up a little. The luncheon will be at the beautiful Arrowhead Ranch Country Club, in Glendale, AZ. We have a private room, the view of the Golf Course and it has a built in Beverage Bar in the room. There will be a cash bar, for those of you that would like to enjoy a glass of Wine or a Mimosa with your lunch. There will also be Beer as well as Mixed drinks. You can go wild and even have a Spicy Bloody Mary. It is a very lovely place and I would like for all of you to make your plans this year to be at the Preferential Luncheon. We are giving everyone plenty of advanced notice. I know you will all have a wonderful time.

Hope to see many of you at the October Council Meeting and bring along your pledges.



Philanthropic Bee – Second Vice President – Joni Slama

What a great start to the New Year. Thank you to the Beta Delta chapter for putting on such a wonderful Council Meeting. I would also like to thank Chasity for arranging to have Jen from the Tucson ALSAC Office come and speak to us. Hope to see you all in November for another surprise speaker. Thank you to all those who participated in the St. Jude Walk. It was truly an inspiring event.

I passed out Philanthropic packets at the September Council meeting. Even if you only report totals in April, be sure to return the Philanthropic reporting form to me in November, January and April.

We will be continuing to collect Gift Cards for the Military this year. What a wonderful way to say thank you to the men and women who keep us safe and protect our way of life. The cards should be for a smaller denomination (\$5.00 - \$20.00) and for any venue. I will have a box at every council meeting to collect them in. If you don't attend the council meetings, but would like to participate in this program, you may send them to me, you will find my address in the roster or send me an email at jsslama@cox.net and I

will send you my address. I must receive the cards by the November Council meeting in order to distribute them for the Holiday's.

It was brought to my attention that the Ronald McDonald house might be collecting grocery store coupons. I have spoken to several representatives from different RMH locations. They prefer not to receive coupons, but would rather you use the coupons to purchase items on their wish list and donate those items. As far as I know, the military coupon program is still going strong. This is an easy way to donate hours toward your philanthropic totals.

If you are looking for a project to donate hours to, I came across an organization called UMOM. This is a homeless shelter for families. On Tuesday evenings from 6 – 8 pm, they are looking for volunteers to read books to the children in the shelter. The program encourages literacy through positive one-on-one interactions. You can either read one of the books from the shelter or bring a book you would like to donate. After you read to the child, they then are able to take the book with them. The Center is located at 3333 E Van Buren. You can contact Laura at lhallstrom@umom.org or 602-889-0695 if you would like to volunteer or have any questions.



Recording Secretary Bee – Chris Goldberg

The recording secretary's thought and analogy for the ESA 2015-2016 year:
A group of alumni, highly established in their careers, got together to visit their old university lecturer. Conversation soon turned into complaints about stress in work and life.

Offering his guests coffee, the lecturer went to the kitchen and returned with a large pot of coffee and an assortment of cups: porcelain, plastic, glass, some plain-looking and some expensive and exquisite, telling them to help themselves to hot coffee.

When all the students had a cup of coffee in hand, the lecturer said: "If you noticed, all the nice-looking, expensive cups were taken up, leaving behind the plain and cheap ones. While it is normal for you to want only the best for yourselves, that is the source of your problems and stress. What all of you really wanted was coffee, not the cup, but you consciously went for the better cups and are eyeing each other's cups."

"Now if Life is coffee, then the jobs, money and position in society are the cups. They are just tools to hold and contain Life, but the quality of Life doesn't change. Sometimes, by concentrating only on the cup, we fail to enjoy the coffee in it." So please, don't let the cups drive you...enjoy the coffee instead.

Original author unknown....

In ESA, our SERVICE is the coffee. At our meetings, I have seen some nice-looking, expensive and exquisite ESA containers dressed in chiffon like Sherry, or gold Lame like Marge or blue jeans like Peri. Some of our containers have a fuller cup and can give more time and service, yet we ALL give our time, dedication and service to our charities, our service projects and our fellow ESA containers. I am looking forward to seeing the variety of service containers at the Sept meeting and CORRECTLY counting all of them. I hope that everyone can also show up to model our containers and enjoy the “coffee” of our service. Our meetings are to celebrate our service and containers, regardless of how much or how little that is. We ALL give service. Please join us.



Treasurer Bee – Karen Madrid

Bee All You Can Bee

Happy Halloween! Hope that you all get lots of treats for Halloween. Thank you to all the chapters that have turned in their State dues. For those who have not paid their State dues the deadline is 10-15-15.

I will notify the appropriate chairpersons and let them know of their allotment. Please remember when submitting to be reimbursed for any expenses there must be receipts and a filled out expense voucher for proper reimbursement.

I will BEE here to help you! Please feel free to call with any questions or concerns.



Parliamentarian Bee - Suzanne Godard



Are you a Googler? I am.... What's a Googler? It's someone who Googles (searches on the internet) for everything they don't know the answer to. Did you know you can find everything about Robert's Rules of Order ONLINE?? Just go to <http://www.robertsrules.org/> or <http://www.rulesonline.com/>.

The most recent copy of the By-laws and Standing Rules was handed out at the September Council Meeting. If a member of your chapter wasn't present to sign for a copy, it should be in your Chapter President's mailbox. I'm also happy to email a copy to anyone interested, just let me know.

Proposed changes to the By-laws and Standing Rules are due to me, Suzanne Godard, no later than the January Council Meeting.



Jr. Past President/Disaster Fund Chair Bee – Suzanne Godard

What is a disaster?

The dictionary defines disaster as: a sudden event, such as an accident or a natural catastrophe, that causes great damage or loss of life. The IC guidelines suggest it is a time when a member's home and/or personal belongings are destroyed or damaged extensively by one of nature's causes -fire, flood, etc. or when a member incurs heavy financial responsibility due to a debilitating illness or accident, which involves the member or their immediate family who resides in their home and for whom they are legally responsible.

What is the IC Disaster Fund?

The IC Disaster Fund is a fund created many, many years ago to assist members of ESA when a disaster occurs. Members donate to the IC Disaster Fund, so that in a time of need ESA sisters and brothers can receive assistance.

How do you donate to the Disaster Fund?

Write a check to the IC Disaster Fund and send it to me, your Arizona IC Disaster Fund Representative. You can also donate in cash and hand it to me at a Council Meeting. To make things a little fun, I'll have a game at each Council Meeting...a little risk can turn a great reward!

APPOINTED BOARD ARTICLES



ESA Foundation Counselor Bees – Jacqui Smith & Patricia Gale

It's Scholarship Application time again!

The scholarship application process is done completely on-line and is easy to understand and complete. Encourage all the students in your family to apply at: epsilonsigmaalpha.org/scholarships and grants.

Last year Arizona had 41 scholarships available and several received no applications. Let's work hard to get all scholarships awarded this year. Contact us for help or more information.



Association of the Arts Bee - Deana Walters

Hello Arizona!

Well, summer is coming to an end. Vacations with family and friends are now sweet memories. The children and grandchildren are back in school, so you hopefully will have a little more free time to start thinking about what "U" will "BEE" entering in the Association of the Arts in June.

Hey, here is an idea...I know you took pictures on those vacations!! How about taking one of those or a couple of those wonderful photos, put it or them in a frame(s) and enter your favorite(s) in the Photography Division. We all want to show what we did and where we have been. Here is the opportunity to share your vacation memories with all of your Arizona ESA sisters and brothers!!

Now see that was not hard to do was it? You now have at least one entry almost ready to go! Right!

Like I said "BEEfore", I will be that pesky "BEE" that will be buzzing around all year!!

Hugs to all 



Hope for Heroes Bee – Shirley Phillips

By now you have all received the information on our 2015-16 project for Hope for Heroes. (If you haven't please contact me) These heart pillows are for the veterans who are having open heart surgery at our VA Hospitals in Tucson and Phoenix. They cost very little and are simple to make but will give much comfort to the veterans having heart surgery. Maybe you could have a sewing party and make a production line for the pillows. The raw edges can also be serged, if you have one those machines. (I serge everything) Last year you really went all out for Honor Flight and I hope you will show off your skills making hearts this year. When you have some completed please bring them to the council meetings so everyone can see them before they are taken to the hospitals. I'll be looking for the first bunch at the November council meeting. Any questions please call or email me. Thanks for your help and support.



ESA for St Jude Sir Bee – Chasity Seibert



St. Jude Volunteer Request from ALSAC

We have an awesome and fun volunteer opportunity during the month of October that supports our Halloween promotions campaign! Retail locations and restaurants nationwide participate in this campaign, where employees ask customers for a \$1-\$5 donation at checkout and in return get to sign a paper pin up that hangs in the store. One of our biggest partners for this campaign is Western Refining, also known as Giant convenience stores and their Halloween promotion runs from September 28- November 9.

We would love for ESA members to help us with our “secret shopping” efforts at Giant convenience store locations. Secret shopping means that the volunteer would visit a Giant retail location and purchase a small item such as gum or a soda. At checkout, if the store employee asks you to donate to St. Jude you would introduce yourself as a representative with St. Jude, thank them for making the ask and reward them with a small prize! If they do not make the ask to donate you would still introduce yourself as a St. Jude representative and kindly remind them to ask every customer to donate! If you have ESA members who are interested in helping us secret shop, we can provide a list of locations for them to visit close to their home or office, a short instruction list with a script and of course some goodies to reward the employees with! This is a great opportunity for chapter members throughout Arizona to help us with, since there are so many Giant store locations throughout the state, including farther towns such as Yuma and Show Low!

As always, thanks so much for your help!!

A big thank you to those who helped raise funds and volunteered for this year's St. Jude Walk/Run for childhood cancer.

Your donations help ensure families never receive a bill from St. Jude for treatment, travel, housing or food. St. Jude is changing the way the world understands, treats and defeats childhood cancer and other life-threatening diseases through its groundbreaking research — and we are helping them do it. St. Jude freely shares the breakthroughs it makes, and every child saved at St. Jude means doctors and scientists worldwide can use that knowledge to save thousands more children.



Philanthropic Bee – Joni Slama

Once again this year we will be collecting gift cards for the Military. What a special way to say thank you to the Men and Women who protect our way of life each and every day.

The cards should be around \$5.00 - \$20.00 and can be for any service from groceries, gas, and coffee to Walmart, Target and generic cards.

I will have a box at the November Council meeting to collect the cards in. If you are unable to attend the Council meeting, you may send the cards to either Shirley Phillips or myself. Our addresses are in the Roster or send me an email at jsslama@cox.net and I will send them to you. The deadline to send cards is November 16. This will give us time to distribute them to the different Military Base's prior to the Holiday season.



Military Gift Cards Bee- Shirley Phillips

It was good to see everyone at the September council meeting. I received very, very few gift cards for our Christmas giving to the active duty troops. Remember, these small gift cards will be divided equally between our three military installations. This is our way of saying thank you for keeping us free and safe. Our military is way behind the civilian sector in getting yearly pay raises and they are limited to 1% by a Presidential order. Many of our younger airmen and soldiers are on food stamps if they are married and have a youngster. These gift cards are given to the troops by the installation chaplains because they know where they are needed the most. This gives the men and women a chance to do something a little extra for their family at Christmas. Last year we didn't do a very good job on this project. Please get behind this, talk about it at your October meetings and then bring your cards to the November council meeting. If you want to give me a check or cash I will buy the cards for you. Let's do an exceptional job on the donation this year. See you all in November with lots of Christmas cheer for our troops. Thanks in advance

Web Master Bee – April Aguinaga

Did you know?

....that the Arizona Council has a website?

<http://www.azcouncilesa.com>

We are updating the website so many sections are unavailable or have outdated information right now. Our goal is to have the entire member sections password protected. Each chapter will have their own password to log onto the member sections. So keep an eye out for our new and improved website. Same address just being updated!

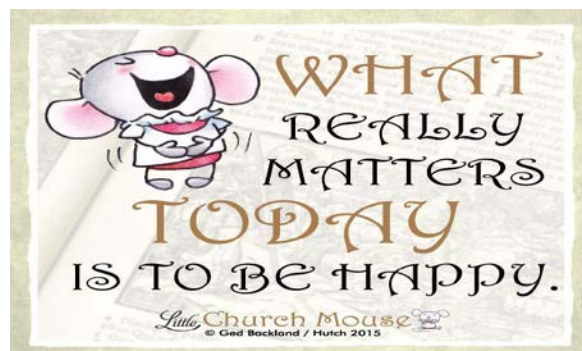
.... that the Arizona Council has a Facebook page?

<http://www.facebook.com/ArizonaESA>

You do need to have your own Facebook page to view ours.

If you are using Facebook, **like us** so you will keep updated that is happening in ESA as well as the Arizona Council.

Please send me your fund raising events so we can help promote it on the website and Facebook. If you have questions please contact April





Arizona Council Meeting Information November Meeting

Hosted by Delta Pi and Delta Omega Chapters

Sunday, November 15, 2015
Registration 9:00 AM

\$20.00
Meeting 10:00 AM

Location: Hilton Phoenix Airport
2435 South 47th Street
Phoenix, AZ 85034

Phone: 480-894-1600

Room Rate: \$99.00

You **MUST** ask for Kim Luzi to
Make your reservation at this rate by Oct. 14

Registration to: Cyndi Sklad
1908 E. Minnezona Ave.
Phoenix, AZ 85016

Deadline Mon. Nov. 9

SEND ONE CHAPTER CHECK PAYABLE TO DELTA PI WITH LIST OF ATTENDEES.

**FUNDRAISING TABLES CONTACT: Sherry Day@ 602-751-4360 or
EMail : sherryday1@cox.net**



Council Meeting Reservations

We all know what deadlines are and 4 times a year we have to make council meeting reservations. The very clear instructions are included in the Bulletin which you receive many weeks prior to the council meeting. We are to send a list of members attending along with a check for their reservations. There are very few chapters, if any who can afford to pay for the meals for a council meeting if they don't receive your checks by the deadline so that they can be deposited in their accounts. Phone calls aren't even mentioned in the council meeting instructions. But if you do call at the last minute then get the checks in the mail immediately. Let's all try to do a much better job of following instructions and not depending on the hostess chapter to have money to pay for our meetings. Hotels are demanding attendance counts a week before the function because they are working on a shoestring to accommodate us. We'll do better in the future, OK? Thanks



Chapter Ads and News



From Beta Kappa Bees It's Bunco Time



BUNCO PARTY

FOR ST. JUDE CHILDREN'S RESEARCH HOSPITAL

BRING \$10.00 FOR ST. JUDE

AND JOIN BETA KAPPA FOR THIS FABULOUS EVENT!!

OCTOBER 23, 2015
6:00 P.M.

8723 E. RIDGE TERRACE DRIVE
TUCSON, AZ

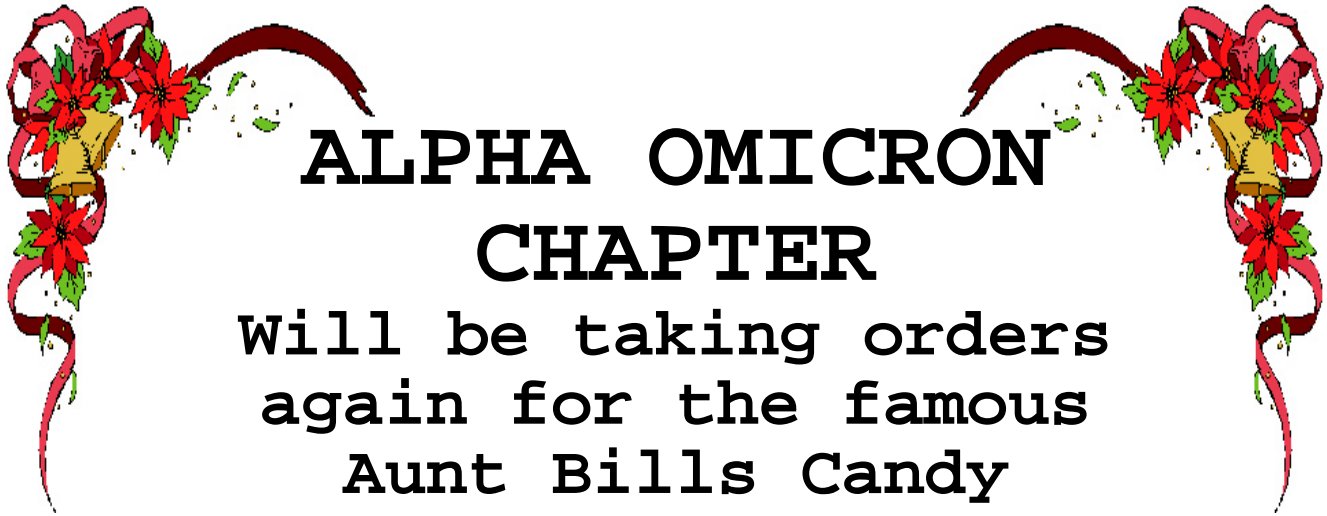
SLOPPY JOES, CHIPS & VEGGIES, DESSERT
AND
!!DRINK OF THE DAY!!

AND, OF COURSE, THE FABULOUS PRIZES!!!

PLEASE RSVP BY OCTOBER 5, 2015

SUE JOHNSTON 520-647-0037
mizj1939@q.com

From Alpha Omicron Chapter Bees Aunt Bill's Candy



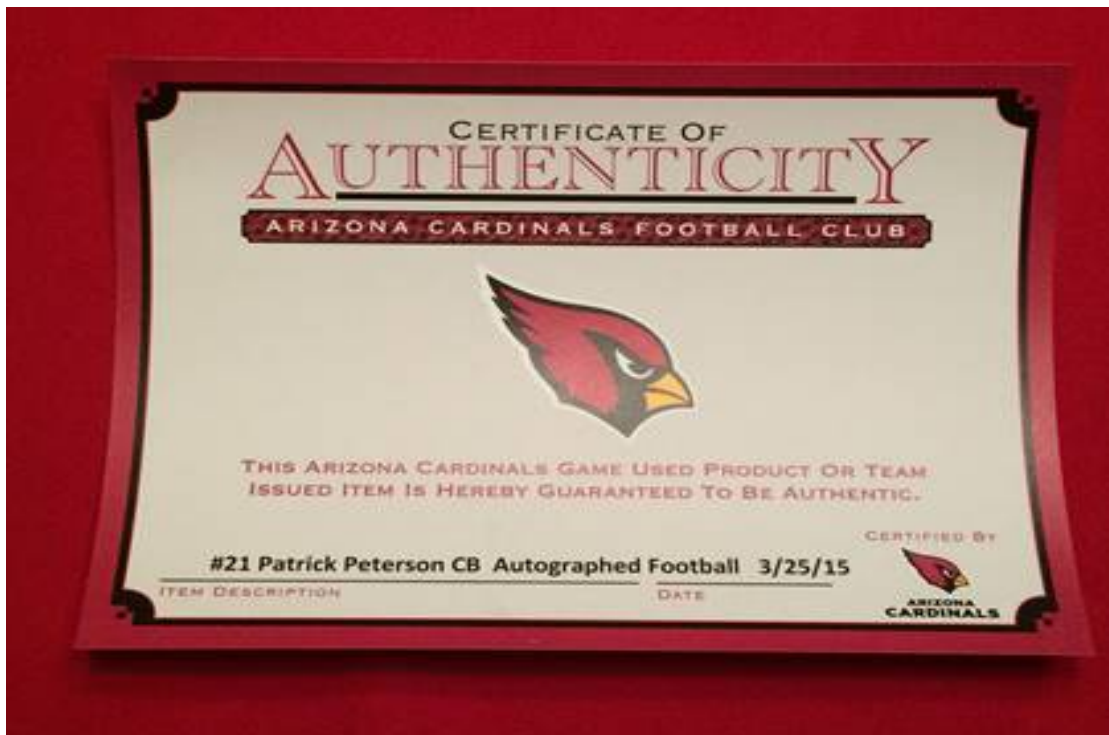
ALPHA OMICRON CHAPTER

Will be taking orders
again for the famous
Aunt Bills Candy
\$10.00 per lb.

\$6.00 per¹/₂ lb.

You can order by e-mail
(Bettywilmot@Cox.Net

Benefits Alpha Omicron's Philanthropic Projects
1 chance for \$1 / 6 chances for \$5
Will have chances at November Council Meeting



From the Delta Pi Chapter Bees More good eats



The Delta Pi chapter is selling Pumpkin Rolls to benefit St. Jude Children's Research Hospital. The cost of the roll is \$15.00 each (\$10.00 of each roll goes toward St. Jude).

RESERVE your roll by sending Joni Slama the attached form along with your check payable to Delta Pi no later than October 16. The rolls will be distributed at the November Council meeting.

Name _____

Chapter/Department _____

Phone _____

Number Ordered _____ Paid Y/N Check Number _____

Joni Slama
1610 W Eva Street
Phoenix AZ 85021
(602)206-8009 cell or (602) 943-7092
Check payable to DELTA PI



Chapter News from Delta Pi Bees From April Aguinaga

On May 16, Delta Pi sewed quilt tops. The joint project was with Southwest Human Development and Bernina Connection who then finished these beautiful quilts for the foster children in the Kinship Care & Adoption program. After trying to understand these computerized sewing machines we each managed to finish one quilt top. April, Cyndi and Joni spent 4 hours sewing the jelly roll quilts for Easter Seals and ESA. We are looking forward to doing this again.

Cyndi sewing a Quilt



Joni Sewing a Quilt



April, Cyndi and Joni with finished quilts





The Tucson Tea

October 25 from 1:00 – 3:00 p.m.

**YOU'RE INVITED
TO A
TEA PARTY**

To be held at
*The Community Foundation
for Southern Arizona*
2250 E. Broadway, Tucson, AZ

RSVP to your Chapter Representative by October 16

Beta Delta – Katrina Fitzner
Alpha Chi – Karen Madrid
Gamma Iota – Norma Mentzer
Eta Pi – Shari Stapleton
Beta Kappa – Peri Patterson

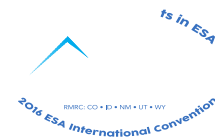
From Bobbie Massey – Info on 2016 IC Convention



2016 INTERNATIONAL CONVENTION

“REACHING NEW HEIGHTS IN ESA”

July 10 – 17, 2016



Embassy Suites Loveland - Hotel, Spa and Conference Center

Loveland, Colorado

Mark your calendar now! The Rocky Mountain Regional Council invites you to attend the 2016 IC Convention. Join the states of Colorado, Idaho, New Mexico, Utah and Wyoming as well as President Rickie Brown and the International Council at the Embassy Suites in Loveland, Colorado where we will be “Reaching New Heights in ESA”.

The Embassy Suites Loveland, Hotel, Spa and Conference Center is a beautiful, award-winning facility. Amenities include free parking, free breakfast, and manager’s reception with complimentary drinks.

Member full registration is \$250. Room Rates are \$144.00 single/double, \$154.00 triple, \$169.00 quad plus tax. (Current tax rate is 9.55%.)

Be watching the ESA News and your state newsletter for more information throughout the year.

It is not too early to start making plans to attend the 2016 IC Convention where you can meet new friends, renew old friendships and create lasting ESA memories.

See you there,

Members of the Rocky Mountain Regional Council

