

Arizona Council Bulletin ESSA EPSILON SIGMA ALPHA





BEE ALL YOU CAN BEE IN ESA

Queen Bee -**President – Wendy Williams**

I hope you all had a wonderful Thanksgiving and enjoyed your family and friends. We are getting ready to celebrate Christmas and New Year's. Please don't' forget when making those New Year resolutions to add NEW ESA members to your list! There is nothing like starting the New Year with new additions to our family.

Please keep in our thoughts and prayers our ESA members who have been ill or have suffered a loss. You could be the one to make their Holiday special by a phone call or a card to cheer them up.

I want to say thank you for choosing love. Each and every one of you is full of love and compassion. You are all ESA Santa's all year round.

As we are heading to a new year please think about running for office on the Executive Board or an Appointment or bidding for a Council Meeting. This is a great way to learn more about ESA and to really get to know your Brothers and Sister's. I have enjoyed being on the Executive Board. Our Board members are allotting of fun and I love their friendship. They have all taught me so much and I am grateful for the experience.

Our 2015-2016 IC Representative will be Carolyn Vasko. I am so excited to experience Carolyn as our IC Representative. I have asked Carolyn to also perform our Service Award Ceremony at State Convention. Please let Carol know how proud we are to have her as our IC Representative.

I would like to thank the ladies from Tucson. Their Tucson Tea was fabulous! I enjoyed their company and of course their food! It was so nice to see such a great turn out.

BULLETIN **DEADLINES**

Dec. NO article

Jan. 10, 2016 Feb. 10 2016 March 10, 2016 April 10, 2016 JUNE BULLETIN **DUE JUNE 12, 16** ONE WEEK **AFTER** CONVENTION

Upcoming Events



January Council Meeting January 17, 2016 Sierra Vista, AZ

Radiothon - St Jude's Dec. 10th at KMLE Country

Educational survey due to Donna McAvoy by January Council Meeting and chapter educational reports due by 10th of following month.

The Beta Gamma Chapter invited me to their event at the Organ Stop Pizza. That was wonderful. I enjoy them all so much.

The Alpha Kappa Chapter invited me to their Silent Auction and they raised close to \$300.00 for their charities. That was a lot of fun and a great way to raise money. Please invite other Chapter members to your events. You will not only have a great time but raise money as you are doing it!

Please SAVE the date: IC Convention in Loveland, Colorado 07/10-07/17/16. We will be honoring our own Sherry Day as she is being installed as our IC President! She has asked us all to be her Honor Guard and to wear black. Let's make her proud!

BEE Merry and Bright! Have safe and wonderful Holidays! God Bless, Love, Wendy



Membership Bee - First Vice President - President Elect -Liz Montgomery

Hi everyone.......The holidays are just around the corner. It's a perfect time of the year to invite a friend or family member to a chapter event. Check with coworkers, for those of you who are still working. It is always the best time of the year to get people to help volunteer. Perhaps they may want to help feed a needy family or adopt a family for the Christmas Holiday. Once they help you with an event or two, it may trigger an interest in joining E.S.A.

Keep on thinking of ideas to bring in a new member or getting people to your chapter events. If the holidays are too busy for someone you have in mind, let them know we will be having our annual preferential luncheon in February. It is going to be at a lovely place and everyone likes to go out for lunch with their friends.

I am including the web site address again, so it is convenient for everyone. Don't forget it has great ideas:

http://www.epsilonsigmaalpha.org/member-center/chapter-management/recruitment. All you have to do is log in to the

Awards forms for Distinguished Achievement Award and Jr. & Sr. High School Outstanding Youth Awards are to at the Jan. Council Meeting to Carol Caldwell

April Council Meeting April 17, 2016 Casa Grande



Condolences goes out to:

Jan Vinson in loss of her daughter in law.



Thinking of you goes out to:

Kendra Sabol problems from her back surgery member center with your member number and password. Let me know if there are any issues. Tracy Swanson is there to help us.

"Another friendly reminder about the Preferential Luncheon, since we won't be doing a Bulletin Article in December."

Save this date.....Saturday, February 20, 2016.

The luncheon will be at the beautiful Arrowhead Ranch Country Club, in Glendale, AZ. I do hope you make plans this year to attend the Preferential Luncheon. It is always fun to get dressed up and go out on the town. Come near, come far, just slide in your car and be there. If you haven't seen a MAL member for a while, give them a call. Talk to your chapter and carpool, so you're not driving alone to the event. Come on and get that "BUZZ" going in your chapter. Come and see everyone in February, especially if you don't get to as many Council Meetings as you would like. I so want this to be a great event and would like to see as many members and guests there as possible. We do have a speaker and they will be telling us about an important part of their life story.

Let's keep the ESA "BUZZ" going during the holidays.

A very Merry Christmas and a Happy New Year to everyone.

Paul and Karen Madrid still need our good thoughts and prayers.

Kay Hicks Hip replacement



Congratulations on Anniversaries to: Sheila and Dennis McClure 50th

Donna and Jim Ort 46th and

Loralie and Ned Collier 45th

Parliamentarian Bee - Suzanne Godard

Proposed changes to the By-laws and Standing Rules are due

These may be emailed to me; however I must also have a paper copy signed by the person submitting the proposed changed. Please let me know if you have any questions.

I wish you all a Very Merry Christmas and a Happy New Year! When you are giving to others this holiday season please consider giving to the IC Disaster Fund.

Hope to see you in Sierra Vista in January



Philanthropic Bee – Second Vice President – Joni Slama





Translation
Merry Christmas and Happy New Year from the
Philanthropic Committee

Jr. Past President/Disaster Fund Chair Bee – Suzanne Godard

I wish you all a Very Merry Christmas and a Happy New Year! When you are giving to others this holiday season please consider giving to the IC Disaster Fund. Hope to see you in Sierra Vista in January

Recording Secretary Bee – Chris Goldberg

Fall is always one of my favorite times of the year. Even though the change in season here is more subtle than in other parts of the country, it's a welcome change. We love the cooling temperatures after the brutal heat of summer (even if it is a DRY heat). Fall has a calming effect and for me it creates a renewed sense of energy. The middle age that a lot of us ESA members are in has been compared to the fall/autumn season. With our kids grown and gone and work slowing down or over, the little things in life take on more meaning. No longer are we scrambling for the biggest house, or coolest car or most expensive clothes. We look more to the true meaning of life and how to best live the days that we have left. Daily, we see how the little things are so important.

For instance: We picked up my granddaughter last Friday from school, crossed the driveway to her favorite haunt for food, (McDonalds) so she could get a happy meal and play with the other kids from Basis who hang out there on Friday nights. On that happy meal box was a panel teaching kids the language of gratitude. It listed thankyou in 7 different languages and the headline was "Many thanks for making the world a better place". That's how I feel about ESA and all of us members. We do make the world a better place.

The same night, (No Kidding!!!) we then went to a fall festival school carnival so she could get safe Halloween candy and play the cake walk. In the third grade room where they play candy pong, there was a sign on the wall which eloquently summed up a good part of our life. It read:

If you want to be happy for an hour—Watch TV.

If you want to be happy for a day---Go to an amusement park.

If you want to be happy for a lifetime—Give service to others.

What wonderful life lessons I learned that day and wanted to share them with other friends that I will cherish for a long time. Hope you also enjoy them.

A huge thank-you to the gals who organized and put on the Tucson Tea. Talk about BEEing Enthusiastic and passionate about your work. Thank you for Shari for providing the place and thank-you Peri, Katrina, Karen and Norma for the great turn-out, large amount of food and a big variety of tea. I heard only wonderful things about it from everyone,



APPOINTED BOARD BEES ARTICLES



Hope for Heroes Bee – Shirley Phillips

HOPE FOR HEROES: I can hear all the sewing machines and sergers humming away from all over the state making pillows for our VA Hospitals. Remember this is an ongoing project and I be accepting your pillows until the state convention. At the November council meeting I added a new project for Hope for Heroes. Your president or representative should have the information from the Black Box for knitters, crocheters, or quilters. In case you haven't yet heard about it yet: The VA transports deceased patients through the maze of hallways to the hospital mortuary covered with a sheet or in a body bag. So cold and impersonal. They are asking for blankets, quilted, knitted or crocheted with a minimum size of 4 feet by 6 feet in patriotic colors or themes to cover the bodies. When the body is picked up by the outside mortuary the blankets will be folded and put in a presentation bad and given to the survivors. Much more dignified. Big Lots had beautiful patriotic blankets for \$12.95 which is acceptable.

Remember these blankets and pillows are for the men and women who keep us free and safe. Please help us support them. Any questions please contact me.

Shirley Phillips, Hope for Heroes Chair Squirrley1@comcast.net (520) 298-9333

A huge pat on the back to all of you as of last count we had collected \$1,480.00 in gift cards. Hope we make the \$1,500.00 mark. Wouldn't that be great? Thank you all so very much.

Merry Christmas and a Happy New Year to all and say an extra prayer for our troops who will be away from their families.



Deployed Troops Appreciate Our Efforts

This letter was received by Ev Campbell (the Card Lady) and sent to Sue Johnston.

Afghanistan,

Hello, on behalf of Charlie I, I wanted to say thank you so much for all the wonderful items you sent us! It means so much to all the troops to have strangers, people who we have never met, know nothing about us, take the time to gather all these items to make us feel loved and give us a sense of home away from home.

Just so you know a little about us...we are an Army National Guard Unit stationed out of Florida. Since we are Guard, we usually drill one week a month and we have annual training two weeks each year. At the beginning of the year we started training, we left our families and homes for about three months to prepare for the mission. Then we had one week to reunite with our loved ones before we shipped out. We have been overseas since mid-June and we will be heading home the end of February.

Being in the Guard, all of us hold civilian jobs. We have a number of police officers, teachers, mechanic, a car salesman, construction workers, college students, athletic trainers, customer service reps. etc. We also have mothers, fathers, grandparents who are missing little rug-rats! I serve with an amazing group of people who chose to leave the comforts of home to defend and protect what they love the most.

When I get a box, I sort through them and repackage them to the soldiers in groups or sometimes to individuals (when I know what makes them smile!) and their faces light up each time they get "mail". They know there are people out there sending them this and every time they ask me to thank you. So, THANK YOU FOR TAKING CARE OF MY TROOPS! Without them this mission would not be possible, every member of this unit is important and sometimes the days get long and lonely. It's hard to be away from home, but because of people like you, who take the time to take care of us and remind us of why we do this, and who we are protecting, we find the strength to keep going!

SPC Jessica McLean



Association of the Arts Bee – **Deana Walters**

Hello to all!

Well, the holidays are just around the corner, so you should be well on your way to creating that unforgettable gift you have work so hard on for a special person in your life.

Don't forget to tell them you need to share it with the members of AZ in June but you will return it to them once you return from convention. I know, you're thinking she just said that last month, but it has been proven that it takes several times of repeating before some remember it! Don't want you to forget!!

There is so much talent out there and you need to share it. Some members know what you are capable of doing or creating others don't, so let's just show them just how talented you are. Please, you will be showing Wendy the best you can "BEE". Take the time and get started on your Association of the Arts entry ASAP.

Remember, as of the 10th of December you only have "175 Days" to get it done and ready for showing..... I know U can do it. I have faith in you.

I want to take this opportunity to wish you and yours a "Joyous Holiday Season". Please do not forget the reason for the season, and if at all possible give a gift to Veteran or the family of a Veteran just to say "Thank You" for protecting our freedoms.

Seasons Greetings to you and your family.

Merry Christmas and a Happy New Year from Nevada

ESA Love from the pesky little in Nevada! Deana





ESA for St Jude Sr. Bee – Chasity Seibert

There will be an opportunity to volunteer at the Rock 'n' Roll Arizona Marathon and Half in January to support our St. Jude Heroes! I will have more information in the next coming weel



For more information on the race visit http://www.runrocknroll.com/Arizona.

Educational Director Bee – Donna McAvoy

Oops! I made a boo-boo in the last Bulletin. Even though I proofed the article twice my trifocals did not pick up the error. The reports are due by the 10th of the month following your educational program NOT the 15th as printed. Sorry about that. About the surveys, what can I say except please let us know how you feel about the books and reports. I have received 2 so far - 12 more to go. Thanks. My wish is everyone have a blessed Christmas and Happy New Year.

ESA Foundation Counselor Bees – Patricia Gale & Jacqui Smith

The Holidays are coming. Do you need a great gift idea? How about a gift membership to the ESA Foundation? The cost is only \$ 25.00 to become a member of the Foundation. And remember, you do not have to be an ESA member to join the Foundation.

It is the time of year for scholarship applications. The process is now available on-line, so encourage students in your family to apply at:

epsilonsigmaalpha.org/scholarships

Several of the AZ Scholarships received no applications last year. Let's spread the word about the scholarships and help more students this year. The deadline for all applications is February 1st, 2016.

We also want to remind you that the Combined Federal Campaign (CFC) for government employees is now available until December 15th. The Foundation may be selected by using #100031 and is available for your family members who work for the government.

It's also time to pay your Foundation dues of \$ 15.00. Paying before the end of the year will save the Foundation postage and printing costs of sending out reminder notices.

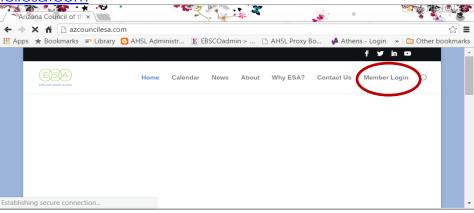
Wishing you a Merry Christmas, Happy Hanukkah and a Happy and Healthy New Year.

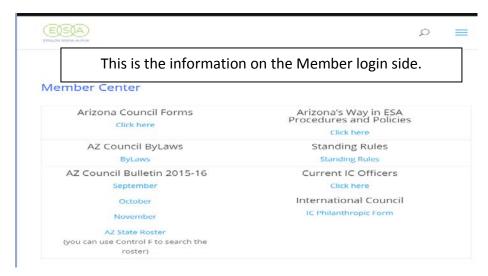
Web Master Bee – April Aguinaga

At the November council meeting I put a copy of the instructions on how to access the member information of the Arizona Council website in the black box. Below are the same instructions to access the member information on the Arizona Council Website. If you have received a login and password in the past please throw it away as it no longer works. You will need to use the new user name and password.

Please contact me if you need your own copy of the login. My contact information is below as well as in the roster.

http://azcouncilesa.com





If you have any comments, corrections or questions please email me at april_aguinaga@hotmail.com or by phone at 602-904-1530 or send me a letter.

April Aguiñaga 15602 N. 59th Lane Glendale, AZ 85308

Wishing you all a healthy, happy, safe and wonderful holiday season. See you next year!

Did you know?

.... that the Arizona Council has a Facebook page?

http://www.facebook.com/ArizonaESA

You do need to have your own Facebook page to view ours.

If you are using Facebook, **Like us** so you will keep updated that is happening in ESA as well as the Arizona Council.

Please send me your fund raising events so we can help promote it on the website and Facebook. If you have questions please contact April Aguiñaga by phone at 602-904-1530 or by email at april aguinaga@hotmail.com

Awards Chair Bee - Carol Caldwell

As you take time off from making the heart pillows and covers for Hope for Heroes and your projects for the Association of the Arts, how about going out and finding someone you know for the Distinguished Achievement Award and fill out people you know and sending in their names and paper work for the Jr. and Sr. Youth Awards. I know you all know someone in these categories. Let us scratch our heads and come up with people for these categories. All forms must be turned into me by the January council Meeting.

Hope you all had a great Thnaksgiving, and will have a very Merry Christmas and the New Year bring us all good health, peace and love.

JoAnne Ciolli Hats Bee

Ladies, I am overwhelmed. Dan and I counted **340** warm hats for the homeless!!! These were contributed at the September and November Council Meetings. This batch has gone to the Gospel Rescue Mission's Women and Children's Center in Tucson. The receptionist assured me that they would distribute every one of them as there is a definite need for the hats right now. She also said that they would share them with the men's center, which is where we have taken them other years.

We pulled 22 hats from the bulk which will be sent overseas to my niece who is in the Army and recently deployed. Only dark and desert camouflage colors can be used as they wear them under their helmets for warmth and comfort.

Also in with the hats were 6 very soft scarves and 3 baby hats. The ladies will really appreciate getting a pretty item to wear. Homeless is no fun, and everything we can do to boost morale and let them feel better about themselves is helpful.

Last year we distributed **407** hats, the last of which were distributed to schools on the reservations in Arizona.

You ladies always amaze me with your generosity both monetarily and with your time. Thank you so very much.



Some of the hats

Chapter News

Beta Kappa Chapter Bees

WOW!!! What a busy time for the Beta Kappa Chapter. We started Oct. 18 with the Making Strides for Breast Cancer walk. It had rained the entire day before, but was a beautiful sunny fall day to walk for 3.5 miles around Kino Sports Park. A lot of people turned out and it was a very successful event. See the picture with the triplets.

Then three members of Beta Kappa and Gamma Tau went to the Easter Seals Cooking with the Stars fundraiser to dress the celebrity chefs. It has been said that when you do good for others, good will happen to you and that is what occurred that night of Oct 22. After dressing the chefs and starting to line them up for their grand entrance, we were frantically told to go to table 10. It turns out that Precision Toyota had bought out the entire table and NOT given any of the tickets out to their employees so Joseph Blair would be cooking for an empty table. So we were rewarded with a \$175.00 dinner and Joseph's charming company. You can see from our picture that the poor man is so tall, that he can barely bend down enough to cook at the normal height table. Talk about a back ache. However, he shared with us that in two days, he would be on his way to Houston, where he is taking a new job coaching a NBA farm team. It would be great to see his name in the news with a winning team. Because we are not sexist, we also got to hang out with Niya Butts, the U of A Women's' basketball coach. Jeff ended up with a U of A basketball with Sean Miller, Lute Olsen, Joseph Blair and Corey Williams signing it. PLUS autographed books. What a great night!!!

Then on to another great night on Oct 26. BUNCO for St Jude where we raised over \$270 for the kids and had a great time with friends and some new ESA participants. In between all the nights out, we were crafting like crazy for our craft fair on Nov 7, where we raised over \$270 for a combination of our philanthropic projects. We then brought some of that to the council meeting.

Most of us will be working the El Tour De Tucson on Nov 21. We are all new at that, so will have to share all that fun later. We were also notified that there was a special award given to Ev Campbell and her helpers for all the cards to the military. More details and a picture to follow.

As a reward and time off, we have booked a place to come up to Scottsdale for the Christmas lights at the Princess and the Glendale lights. We are prepared to be bedazzled!!

Making Strides for Breast Cancer walk with Loralei Collier and Chris and Jeff



Cooking with the Stars with Chef Joseph Blair



Bunco With Chris Goldberg and Peri Patterson and triplets



Cooking with the Stars with Jeff Goldberg, U of A women's Basketball Coach Niya Butts, Chris Goldberg and Peri Patterson





Arizona Council Meeting Information

January Meeting



Join us for a fun filled evening and fabulous dinner at the Windemere 2047 S. Hwy 92 Sierra Vista, AZ

January 16th, 2016

Tickets \$38.00 • Proceeds to Benefit







Easter Seals Blake Foundation



5:30pm Doors Open Cash Bar 6:00 pm Dinner Bingo to Follow



Ticket price includes dinner, dessert and 3 bingo cards. Addtional cards can be purchased at the event.

RSVP to Kathy Riebock by January 11th 520-378-9356 or krie77@cox.net Dinner Menu- Salad, Bistro Tender of Beef, Potato, Vegetable and Dessert





January Council Meeting Information

Hostess Chapter: Alpha Chi

When: January 17th, 2016 Registration starts @ 9am

Meeting Begins at 10am

Where: Windamere Hotel

2047 S Hwy 92

Sierra Vista, AZ 85635 Cost: \$20

Registration Deadline: January 11, 2016

Send Reservations with chapter check to:

Kathy Riebock
2377 Murietta Way

Table Reservations:

Kathy Riebock
(520) 378-9356

Sierra Vista, AZ 85650 krie77@cox.net

Hotel Info:

Windamere Hotel

2047 S Hwy 92

Room Rate of \$89 a night.

When you make reservations say you are with Epsilon Sigma

Sierra Vista, AZ 85635 Alpha.





April Council Meeting Information

Hosted by the Beta Gamma Chapter

When: Sunday, April 17, 2016 Registration: 9:00 AM

Meeting 10:00 AM

Location: Holiday Inn 777 N. Pinal Ave

777 N. Pinal Ave Cost: \$20.00 Casa Grande, AZ. 85122

Deadline: April 11, 2016

SEND ONE CHAPTER CHECK PAYABLE TO BETA GAMMA WITH LIST OF ATTENDEES

Registration to: Kay Hicks 1629 N. Parsell circle Mesa, AZ 85203

Hotel Info: Holiday Inn 777 N. Pinal Ave Casa Grande, AZ. 85122

Phone: 520-426-3500

FUNDRAISING TABLES CONTACT: Kendra Sabol @ 602-418-4229 or

Email: kasabol@cox.net

Room Rate: \$89.00

You **MUST** Ask for ESA Room Block **Make your reservation at this rate**

by March 16, 2016

Rate applicable for April 16 and April 17, 2016 Rate includes complimentary breakfast buffet for up to 4 people per room

A Poem about Christmas

Somehow not only for Christmas
But all the long year through,
The joy that you give to others
Is the joy that comes back to you.

And the more you spend in blessing
The poor and lonely and sad,
The more of your heart's possessing
Returns to make you glad.

Written by John Greenleaf Whittier



November Council Meeting

Check out the fun we had at the November Council Meeting

President Wendy and a beautiful gift she received



Wendy conducting the Council Meeting



At one table a guest Sandy Alexander IC Second Vice President



Another table



And Another Table



Cyndi Sklad with her bees headdress as part of the Philanthropic committee



We blew up balloons and each table showing off their balloon head dresses Joni Slama, Cristol Peppenell, Jenny Young, Caitlin Vasko, Jeff Goldberg



Jeff Goldberg and balloons from his table

Balloons make nice hats



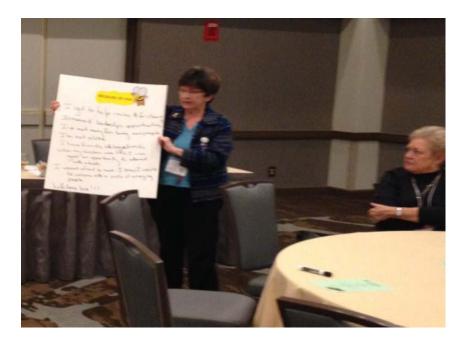


More fun with the balloons Who's the tallest?



We learned from each table what we have gotten from ESA

Loralei Collier explaining what her table has gotten from ESA



And the Beta Delta and Gamma Tau chapter have gotten from ESA



We got to meet the Alpha Omicron's new pledge Jenny Young daughter in law of Jackie Young



Betty Sinclair and at Alpha Kappa sister at their Silent auction



Standing Norma Mentzer, Carolyn Carter, Mary Musgrave Seated JoAnne Ciolli and Barbaara Appleton

Tucson Tea



Tucson Tea with Marsha Evans, Peri Patterson, JoAnne Ciolli, Liz Montgomery and Barbara Appleton. In background talking Patti Gale, Jacqui Smith and Loralei Collier



Beta Kappa Chapter Volunteering for Easter Seals Blake Foundation and El Tour de Tucson

Chris Goldberg and Jackie Fahey



Chris and Jeff Goldberg



Penny Offholter and Peri Patterson



Patricia Gale and Karen Madric





IC 2016 Co Convention Chair Bee – Bobbie Massey

Embassy Suites Loveland - Hotel, Spa and Conference Center

Plan to spend the week of July 10-17, 2016 at the Embassy Suites Loveland - Hotel, Spa and Conference Center, 4705 Clydesdale Pkwy, Loveland, CO 80538. This is our award-winning hotel for the 2016 IC Convention.

Expect spacious suites, featuring a private bedroom and separate living room, with a wet bar, mini-refrigerator, microwave and coffeemaker. Each suite features two queen or one king bed and a pullout sofa sleeper. Savor the complimentary cooked-to-order breakfast as well as an evening reception with free drinks. Other hotel amenities include free parking and a complimentary shuttle within a five-mile radius of the hotel. There is a 50% discount in the suites for Wi-Fi or free if you are a current Hilton Honor's Member. You must have stayed at a Hilton in the last year. Wi-Fi is complimentary in the hotel's lobby and business center.

Room rates are \$144.00 plus tax single/double; \$154.00 plus tax triple, \$169.00 plus tax quad. \$15.00 plus tax for each additional person (current tax rate is 9.55%) Rates are good July 9 through July 18, 2016. To receive the group rate, you MUST make reservations by June 18, 2016. Call 1 800 EMBASSY. (1-800-362-2779) Ask for the ESA block with booking code EPS. Should you experience any difficulty in making your reservation, please email Ann Marie Cole at annmarie.cole@jqh.com with your name, confirmation number and the issue you are experiencing. She will work with hotel personnel to find a solution for you.

2016 IC Convention Committee

The January Bulletin will have the IC Convention registration in it for your information.

TO ALL A VERY MERRY CHRISTMAS



AND LET US RING IN THE NEW YEAR WITH LOVE, PEACE AND JOY TO ALL HAPPY NEW YEAR 2016

