Arizona Council Bulletin ESA EPSILON SIGMA ALPHA Volume LXVIII, Issue 5 February, 2016

Bee All You Can Bee in ESA



Queen Bee President – Wendy Williams

Welcome to the New Year of 2016. I hope everybody had a wonderful Christmas and a fabulous New Year.

I am so excited to start a New Year and new beginning in ESA. I am Buzzing with appreciation for all of you!

Did your Chapters have any New Year resolutions? I would like to share a few with you:

How about living the words in our Opening ritual? May Sincerity and tolerance guide us as we remember to say I am thy Sister or Brother. Validate your ESA Sisters and Brothers. Get famous! Get our ESA name out there. Get a Mentor - BEE a Mentor! BEE-lieve in yourself: BEE-honest: BEE hopeful: BEE a reflection of ESA!

As we begin this New Year we will be faced with blessings and challenges. We are all family who will get through this year together. When I started in ESA 15 years ago, I was in awe of the ESA family in Arizona. It's a great experience that I love and will always remember. I am already half way through the year as President and our beautiful Liz Montgomery will be installed in June. Please consider your Chapter hosting a State Council Meeting. You may be considering a position on the Appointed Board or a bigger thought running on the Arizona State Council! Either way you welcome.

Our Presidential Packets were handed out at the January Council meeting. Please be courteous of the deadlines in your packets.

I would like to thank the Delta Pi's and Delta Omega's for their beautiful Council Meeting in November. I would like thank Chasity Seibert, Jeff & Chris Goldberg for a fabulous St Jude Radiothon at KMLE!

I also would like to thank the State Council for helping me with my

BULLETIN DEADLINES

Next Articles Due Feb. 10, 2016 March 10, 2016 April 10, 2016 JUNE BULLETIN DUE JUNE 12, 16 ONE WEEK AFTER CONVENTION

Upcoming Events



Bunco Party February 26, 2016 Hosted by Beta Kappa Chapter



Council Meeting April 17, 2016 Hosted by Beta Gamma Chapter Christmas with Santa Project.

I am looking forward to seeing all of you as we support our First Vice President/President Elect Liz Montgomery on February 20, 2016, at our Preferential Luncheon.

BEE MY Valentine:

Love in ESA, Wendy Williams AZ State Council President



Membership Bee –First Vice President – President Elect – Liz Montgomery

Happy New Year to all my E.S.A. Sisters and Brothers.

Save this date.....Saturday, February 20, 2016.

The Preferential Luncheon at Arrowhead Ranch Country Club Address: 19888 N. 73rd Avenue, Glendale, AZ. 85308 Time: Registration 11:00am Luncheon 11:30am – 2:00pm Cost: \$23.00 Reservation Deadline: **February 6**, 2016 Note: (1) chapter check to cover all reservations, payable to: AZ Council ESA. (Mail Check to: Liz Montgomery,

17280 N 55th Avenue, Glendale, AZ 85308)

I do hope you make plans this year to attend the Preferential Luncheon. It is always fun to get dressed up and go out on the town. If you haven't seen a MAL member for a while, give them a call. Talk to your chapter and carpool, so you're not driving alone to the event. Come on and get that "BUZZ" going in your chapter. Come and see everyone in February. I haven't seen a lot of you at the Council Meetings this year.

This would be a wonderful time to rekindle friendships and enjoy quality time visiting with one another. We are always so busy at the Council Meetings getting business taken care of.

We do have a speaker and they will be telling us about an important part of their life story as well as their dedication to giving. We have a private room, with a view of the Golf Course and it has a built in Beverage Bar in the room. There will be a cash bar, for



Condolences goes out to:

The family of Beuna Peyton Gamma lota, Tucson

Shirley James and family in the death of husband Jim James Gamma Tau

Blanche Miller, Beta Lambda



Thinking of you goes out to:

Betty Wilmot, Alpha Omicron surgery

Jackie Jones, Beta Delta, Surgery

Arden Mc Euen, Beta Delta, ill

Paul Madrid shots in and around eye from shingles, those of you that would like to enjoy a glass of Wine or a Mimosa with your lunch. It is a very lovely place and I would like for all of you to make your plans this year to be at the Preferential Luncheon. I so want this to be a great event and would like to see as many members and quests there as possible.

I will be posting a map on the Ocotillo Express the first part of February where the Arrowhead Country Club is located. Keep spreading the word about our wonderful organization.

Have a Happy Valentine's Day. Hope to see all of you in February.



Philanthropic Bee -Second Vice President – Joni Slama

I hope your 2016 is off to a good start. We have 1 more month to turn in Philanthropic Reports. If you haven't turned one in for this year, please be prepared in May to submit your final report for the year. May is also the last month for collections as we will not be collecting anything at Convention.

Kappa Chapter

I hope you had fun making the pillows for the Veterans at the January Council meeting. Just proves that even if you don't sew, you can participate. We were able to send Shirley home with 30 pillows from the Council meeting.

Agape, Joni Slama 2nd Vice President, Philanthropic Chairman



Patty, Karen Madrid's Daughter Arm surgery

Irene O'Connell Alpha Sigma is not doing very well



Congratulations to

Ann Marie Carr Alphs Kappa celebrated her 99th birthday in December and is a charter member of the Alpha



Recording Secretary Bee – Chris Goldberg

Thoughts for the New Year:

2016

IN THIS NEW YEAR.....

Let us not be overcome with fear Let us Smile Let us allow our tears free reign Let us allow our passion to burn Let us stand for those in need Let us be glad Let us be glad Let us take delight Let us breathe Let us rest Let us renew Let us renew Let us live....



Jr. Past President – Disaster Fund Chair/Parliamentarian – Suzanne Godard

Thank you to those of you who submitted proposed By-law and Standing Rule Changes. Look for those in the next bulletin. We will vote on the proposed changes during the April Council Meeting.

Please consider what role you will play in the Arizona Council next year. Will you be your Chapter's President, serve as a Council Representative for your chapter? Maybe you'll serve in your first Appointed Board Position or run for a position on the Executive Board. Each one of you is important in the role you play. Every role is important and nothing should be taken lightly. We need you to serve the Arizona Council in the way that works best for you and your family.

Don't hesitate to talk to any member of the Executive Board or Advisory Board if you are considering taking on a bigger role in the Council. We are here to answer all of your questions!



APPOINTED BOARD ARTICLES





Association of the Arts Bee – Deana Walters

Greetings to all from Nevada!

Hope everyone is rested from the holidays since all the hustle and bustle are behind us, we can look forward to spring.

Just a reminder, if you gave your Association of Arts project away as a present, please secure it in time for convention. Don't want you to miss out on showing us your work of ART!

The Association of the Arts form is included in this newsletter and will also be available on the website. If there are any questions, please do not hesitate to contact me either via email or a phone call. I will do my best to answer any questions you may have.

Just remember May 15th entry deadline will be here before you know it and we want to make Wendy proud and have an abundant number of entries showing all we are the best we can "**BEE**"!!

So as you read this article we should be about 90 days from Convention so here is your "90 day challenge".

Decide what you will be entering for judging.

Print out the form

Complete it, checking all the areas you will be entering.

Either email it to me or mail it via snail mail.

Just remember May 15th is on a Sunday so you need to be proactive and get it sent early.

So until we meet again......remember all the bees' work together for the good of the hive...each has a job and right now your job, as one of the worker bees, is to prepare your entry for Association of the Arts....

BEE a good BEE and make Wendy and myself happy!!!!

Hugs from the pesky **BEE** 🤗 in Nevada 👘 Deana



Hope for Heroes Bee – Shirley Phillips

Hope that sound I'm hearing is from the sewing machines of ESA members. We need heart pillows and quilts for the VA. The information was in the Black Box at the September council meeting but if you've misplaced it please let me know and I'll get another pattern and info to you. Don't forget the 4x6 quilts in patriotic colors or patterns for the deceased veterans at the VA hospital. Sorry I had to miss the January council meeting but I hope to collect thousands of pillows and quilts at the April meeting in Casa Grande...well, at least hundreds. Don't forget to show your time and expense of purchasing fabric on your philanthropic reports. Remember, this is an ongoing project and I will accept pillows and quilts up to and including convention in June. Please support our VA Hospitals and our veterans.



ESA Foundation Counselor Bees – Jacqui Smith and Patricia Gale

It's time for the annual Foundation Fantasy Event. Watch your mailboxes for your invitation to participate in this fun way to support the Foundation without even leaving your home. As we write this article we don't know yet where "we are going or what we are doing", but know we will have a great time. Thanks for supporting this event every year.

Just a reminder that annual dues of \$ 15.00 must be received by the last day of February at ESA Headquarters, in order to be able to let your vote count this July during the IC Convention.

Wishing you a Happy Valentine's Day with lots of chocolate!



Thankful Bee- Shirley Phillips

PHILANTHROPIC GIFT CARDS FOR ACTIVE DUTY MILITARY: Thank you ladies, thank you. We did a great job this year with over \$500 in gift cards going to each military installation; Luke AFB, Davis Monthan AFB and Ft. Huachuca. They were so appreciative of the extra help before Christmas. The total amount was \$1530.00 You All are outstanding. And please remember to show your donations on your on your philanthropic reports. Take credit for the good things you are doing. Thanks for your help. You never let the military down.

Shirley Phillips, Gift Card chair



Easter Seals Coordinator Phoenix Bee – April Aguiñaga

Happy New Year from your Phoenix Easter Seals coordinator - April

Aguiñaga

It was so nice to see everyone at the January Council Meeting in Sierra Vista; I always have a fun time at their Bingo event.

In Phoenix, we have Walk with Me Family Fun Walk presented by the Arizona Coyotes Foundation & Humana Vitality 5K Run on Saturday, Feb. 20.

Scottsdale Civic Center Park 3939 North Drinkwater Boulevard Scottsdale, AZ 85251

Saturday, February 20, 2016 from 8:00 AM to 11:00 AM (MST) <u>https://swhd.org/walk</u>

If you are interested in volunteering for this event please contact me at april_aguinaga@hotmail.com or by phone at 602-904-1530. I do need to register anyone who would like to volunteer on their website. I will email out the link in the Ocotillo Express so if you register yourself please let me know so I can keep track.

If you would like to participate on the walk please use the link <u>https://swhd.org/walk</u> to register.



Remember to report your Easter Seals hours, time and money on the Easter Seals line of the Philanthropic report. This will help us report our numbers to ESA International.



ESA for St Jude Sr. Bee – Chasity Seibert and Jr. Bee Jeff Goldberg

The holidays have come and gone. Hope you had a Merry Christmas and a wonderful and safe New Year's Eve. As you know we had a radiothon in Phoenix on December 10th and 11th. For those of us that were able to be there, we had a good time. There was a mix-up with the telephones, they only set up 5 lines instead of 10 initially, but that was fixed later in the first day. Although we were not always on the phones, we were there to help answer questions for the other phone receptionists from the callers. We were always working and enjoying the atmosphere. Once the other five lines were put in place on Thursday the 10th, we needed more people to answer phones as those other groups did not come out as was expected.

On Friday, we were very busy with callers and those of us from ESA were on the phones constantly as all 10 phones were not always manned but we managed to bring St Jude a Christmas present of \$302,560.

Of that money, ESA is credited with \$83,268. A big thank you to Wendy Williams of Alpha Omicron, Chris Goldberg of Beta Kappa, Chasity Seibert of Alpha Chi, and Jeff Goldberg of Gamma Tau for manning the phones.

Volunteers needed for the Rock 'n' Roll Arizona Marathon and Half. Cheer volunteers are needed and Expo volunteers. More information is available at http://www.signupgenius.com/go/30e084dafaa2fa1fa7-rock just copy this address and paste it to your web browser's address line.



Bulletin Editor Bee – Carol Caldwell

What is the meaning of the word deadline? The **Definition** of **deadline**. A. a line drawn within or around a prison that a prisoner passes at the risk of being shot. B. a date or time before which something must be done b: the time after which copy is not accepted for a particular issue of a publication.

I think number one we can forget about. But when someone sets a deadline for an article in the Bulletin, getting forms or reports in that is the day they are due and no later unless given an okay by the person they are going to. If not received by that certain date then it is not published or it is disqualified.

I realize that each and every person is busy with family, work and sometimes it is hard to make that deadline. As of now the deadline for the Bulletin is the tenth of each month except the last one and that is one week after our State Convention. If for some reason like traveling out of town or health problems then let me know and I can possible extend the deadline a few days.

Thank you for all the articles and pictures you have sent in and to the ones who are getting their articles in on or before the date.



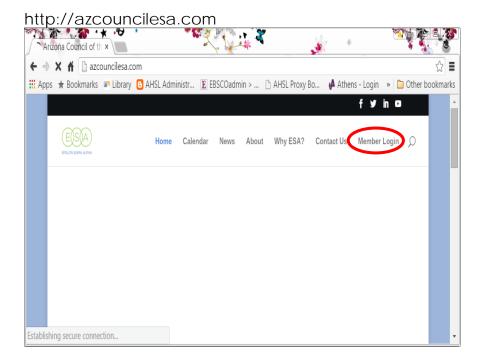
Web Master Bee – April Aguiñaga

Hello from your Website coordinator

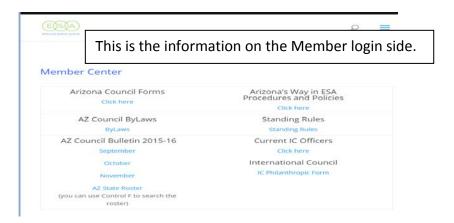
Copies of all the forms in the President's Packets are in the Forms areas of the AZ Council Website. It is on the Member side so you will need to use the login and password to access all the forms. http://azcouncilesa.com

I put a copy of the user name and password with instructions in the black box at both the November & January council meeting. Please only use that login and password. If you have received a login and password before Summer 2015, it is no longer valid.

If you need your own copy of the login and password please email, call or write to me directly. My contact information is below as well as in the roster.

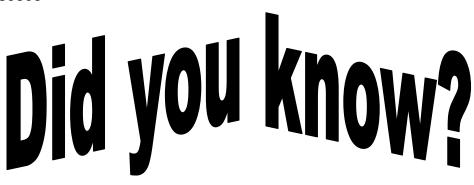


9



If you have any comments, corrections or questions please email me at april_aguinaga@hotmail.com or by phone at 602-904-1530 or send me a letter.

April Aguiñaga 15602 N. 59th Lane Glendale, AZ 85306



.... that the Arizona Council has a Facebook page? http://www.facebook.com/ArizonaESA

You do need to have your own Facebook page to view ours. If you are using Facebook, **Like us** so you will keep updated that is happening in ESA as well as the Arizona Council.

Please send me your photos of chapter events as well fund raising events so we can help promote it on the website and Facebook. If you have questions please contact April Aguiñaga by phone at 602-904-1530 or by email at april_aguinaga@hotmail.com



IC Convention Honor Guard Bees –

Joni Slama & Jacqui Smith

As many of you know, our own Sherry Day will be installed as

International Council President in Loveland, Colorado this coming July 12 – 17. Sherry has asked that the AZ Council participate in her installation as Honor Guard. If you are able, please join us in Colorado to show your support for our Sister. Black is the color of choice for the Honor Guard. Can be long or short dress, skirt or pants. We hope to see you all there.



April Council Meeting Information

Hosted by the Beta Gamma Chapter

When: Sunday, April 17, 2016 Location: Holiday Inn 777 N. Pinal Ave Casa Grande, AZ. 85122 Deadline: April 11, 2016 Registration: 9:00 AM Meeting 10:00 AM Cost: \$20.00

SEND ONE CHAPTER CHECK PAYABLE TO BETA GAMMA WITH LIST OF ATTENDEES Registration to: Kay Hicks 1629 N. Parsell circle Mesa, AZ 85203 FUNDRAISING TABLES CONTACT: Kendra Sabol @ 602-418-4229 or Email: kasabol@cox.net

Hotel Info: Holiday Inn 777 N. Pinal Ave Casa Grande, AZ. 85122 Room Rate: \$89.00

Make your reservation at this rate Phone: 520-426-3500 by March 16, 2016. Rate applicable for April 16 and April 17, 2016. Rate includes complimentary breakfast buffet for up to 4 people per room





Chapter News

Alpha Kappa Bees

It is hard to believe that one half of the sorority year has gone by since President Charlotte Varela sounded the first gavel early in September. We have had inspiring business meetings. Life is Good is Charlotte's theme for the year. Keeping this theme in mind, we have had interesting and historical speakers at our meetings.

In October, State Educational Director, Donna McAvoy was our guest speaker for our Ideals and Model Meeting. Our thanks to her for her fun and informational presentation. We all appreciate her attending our meeting.

Speakers from Salt River Project gave a look into the historical beginnings, present and future outlook of SRP. We can all agree that life is good on the desert when we have enough water to meet our needs.

December found members reminiscing. Christmas ornaments were shared for their special meanings. These ornaments brought back good life memories.

Guest speaker Sally Cole provided a review of her book. The book talk featured the early days of Tempe Beach. This prompted the sharing of personal experiences by many of the members.

Alpha Kappa members have been on the move. Our social and pledge get acquainted supper was held at the home of Betty Sinclair. To enjoy Octoberfest and a silent auction we gathered at Charlotte Varela's home. We appreciate and would like to say a special thank you to Arizona State Council President, Wendy Williams, for joining us for an evening of fun. Vincitorio's Ristorante was our destination in November. Aunt Chilada's was the gathering place for our Christmas party. The good news is that Santa Claus was able to find us and distribute gifts revealing Secret Sisters. Rounding out our social events so far includes a White Elephant gift exchange held at the home of Nancy Whitmore. All in all, life has been good for Alpha Kappa. A REMINDER:

Our annual Luncheon and Spring Fashion Show will soon be here. MARK YOUR CALENDER for March 19, 2016 and make plans to join us. It will be held at Double Tree Hilton. The address is 2100 S. Priest Drive, Tempe AZ 85282. More information to follow.

<section-header>

Check out the Alpha Kappa Sisters of Epsilon Sigma Alpha!

Barbara Nelson, Publicity

The Alpha Kappa Sisters of Epsilon Sigma Alpha would like to invite you to join us at our chapter meeting held the first Wednesday of every month. Epsilon Sigma Alpha has been in the state of Arizona since 1943. We are an international organization that raises money and donates hours to our local community and our international projects.

We all have a great time getting together with one another while working on our projects. The sisterly bond we share is one of family. We are always accepting and open to having new members in our chapter. I must warn you we have a lot of fun while we are serving our community.

We are involved with our international projects which are St. Jude Research Hospital, Easter Seals, and Hopes for Heroes and we give out thousands of dollars every year to deserving students for scholarships. We have 17 active chapters in the state of Arizona. Each of our chapters help their communities by raising money and donating hours for their local charities.

Please save the date of March 19 for our annual Spring Fling Fashion Show. Dillard's will be joining us this year on doing our fashion show. We have many prizes and a lot of raffles donated by the Tempe merchants. We will also have an open bar and wonderful food by the Doubletree Inn. More information to follow as the date get closer.

Please call Barbara Nelson for details on meetings or events that you may be interested in. My phone number is 480-802-9504. Everyone is welcome. I am very happy to say men are now joining ESA! The Alpha Kappas wish you all happy holidays!

Ann Marie Carr Alpha Kappa Charter Member

Alpha Kappa Sorority is proud to recognize Ann Marie Carr, the only charter member still attending the Alpha Kappa meetings and/or socials.

Alpha Kappa was chartered in 1944, and Ann Marie has been a member for 72 years! She served as President of the chapter from 1948-1949. She recently celebrated her 99th birthday this past December! Pictured here she attended the 70th birthday party for Alpha Kappa.



Ann Marie likes to do all sorts of crafts and one time made each member a beautiful frosted glass Christmas ornament with a hand painted jonquil.

She is an accomplished painter, and several sorority members have her oil paintings in their homes.

At one particular meeting, members were asked to bring something they made, so Ann Marie decided to make a dress. She purchased some fabric and carefully cut out a complicated pattern. Ann Marie didn't sew, so instead of stitching the dress together, she glued the dress together! Unfortunately, the glue didn't stick, and the dress began to fall apart! She still laughs about it to this day.



Congratulations Ann Marie on your years of service and membership in ESA!!



Chapter News Beta Kappa Bees

Happy New Year!!! Christmas 2015 has passed and has left Beta Kappa some happy memories with our reward trip to see the lights in Scottsdale and Glendale. What a wonderful time we had soaking up the Christmas spirit. Even Jeff, who is Jewish, felt the spirit abounding around us.

Then back to work for our group to help others and spread the ESA spirit. We gave over 750 Christmas stockings to the schools for their 1st graders, then 125 to a hospice group. We received back some wonderful pictures and thank-you's from the kids. They will be at the council meeting if anyone else would love to go back in time to that period of innocence and wonder of Christmas we used to have.

Some Christmas magic was also present when we went to Phoenix to help with the St Jude Radiothon, which raised over \$300 thousand for St. Jude. The fun we have doing that is priceless.

We were also busy making lap blankets and items to give to family less seniors in nursing homes and shut-ins. Along with our items, 957 gifts were delivered by Christmas day. What delight those hand-made projects gave to those seniors. Let's hope none of us will ever be in that position ourselves.

We're also busy putting together a work night to make the military cards on Jan 21 and hope anyone who can will join us. Then our February Bunco night for St. Jude will be held on Feb 26th and again, we want everyone to join us for the fun and fabulous prizes we always have.

Agape, You're Beta Kappa Sisters



BUNCO PARTY FOR ST. JUDE CHILDREN'S RESEARCH HOSPITAL

BRING \$10.00 FOR ST. JUDE AND JOIN BETA KAPPA FOR THIS FABULOUS EVENT!!

FEBRUARY 26, 2016 6:00 P.M. 8723 E. RIDGE TERRACE DRIVE TUCSON, AZ

MEATBALLS, CHEESES, VEGGIES, & DESSERT AND !!DRINK OF THE DAY!!

AND, OF COURSE, THE FABULOUS PRIZES!!!

PLEASE RSVP BY FEBRUARY 22, 2016 SUE JOHNSTON 520-647-0037 mizj1939@q.com



From Our Busy Bee in Henderson NV. Deana Walters



At Buffalo Wings An event for St Jude's They raised over \$500.00



Some Beta Kappa's having fun at the Christmas lights at the Fairmont Scottsdale Princes Chris and Jeff Goldberg, Sue Johnston and Peri and Kevin Patterson



Alpha Omicron Chapter Bees

Grace Mullenix, Wendy Williams, Glenna Denton, Jackie Young, Marsha Evans



Marsha Evans and grand daughter Tara. New pledge Alpha Omicron





Radiothon Worker Bees KMLE

Chasity Siebert working



Chris Goldberg



Jeff Goldberg, Chasity Siebert, Chris Goldberg, Wendy Williams all who worked the Radiothon at KMLE





Money raised from Radiothon



Bingo Night in Sierra Vista

Thanks to Alpha Chi for a roaring good time.





Cliff & Jacqui Smith and Fran Gale Patti Gale Standing, Joni Slama & April Aguinaga Roxanne Vitt, Jackie Young, Sheila McClure, Tara & Marsha Evans



November Council Meeting Sierra Vista. AZ



Busy Bees making hearts for the Veterans







ARIZONA STATE COUNCIL Association of the Arts Entry Form

		#	Division V - Crafts (Wearable Art)
#	Division I - Visual Arts		Sewing
	Oil Paints or Acrylics		Smocking
	Drawing, Pastel or Charcoal		Total # of Entries in Category
	Watercolors	#	Division VI - Crafts (Mixed Media)
	Sculpture		Basket Weaving
	Pottery (Hand Formed or Wheel Thrown)		Jewelry & Beading
	Total # of Entries in Category		Rubber Stamping
#	Division II - Literature		Decoupage
	Poetry		Greeting Cards
	Short Story or Essay (500 Words or Less)		Glass
	Total # of Entries in Category		Wood
#	Division III - Photography		Total # of Entries in Category
	Black & White or Color Photo	#	Division VII - Needlework (Fibers)
	Graphic Design		Crewel
	Computer Assisted Design		Embroidery
	Total # of Entries in Category		Counted Cross Stitch
#	Division IV - Crafts (Painted Art)		Needlepoint
	Tole Painting		Quilting
	Ceramic Painting		Crochet
	Painted Pottery		Knitting
	China Painting		Hard anger Embroidery
	Porcelain Painting		Silk Ribbon Embroidery
	Calligraphy (Matted for Display)		Cloth Weaving
	Fabric Painting		Latch Hooking
	Total # of Entries in Category		Stuffed Animals
			Total # of Entries in Category
	NAME:	#	Division VIII - Holiday (Ornaments & Decorations)
	Chapter Name		Please describe
	Chapter #		
	Total # of Entries Submitted:		
	Deadline to submit form is May 15th. To		Total # of Entries in Category
	AZ Council Association of the Arts Chairman		Entrant is responsible for delivering entry and
	Deana Walters - email: dwaltesa@att.net		picking up entry following Convention display.



2016 IC Convention

Years of Service Ceremony

Name: ______Address: _____

Number of years for Service Recognition (Circle)

25 30 35 40 45 50 55 60 65

Over 65 years _____ (enter the number of years)***

Recipients <u>must</u> be in attendance at the International Convention to be recognized. Please do not bring or mail service pins.

*** Those celebrating 60 years or more will be recognized at the Banquet Saturday Night.

Please return this form to:

Judy Simpson~ IC Corresponding Secretary 81 North Arrow Creek Lane ~Eagle, Idaho 83616

nornjudy@aol.com



Please return by June 14, 2016



Some Information and Ramblings From High Bee – Rickie Brown

a cohesive, effective State Board. I am now sharing part 2 with you.

Each and every member of this Board must feel safe when asking for help or sharing a confidence. It is our duty to do everything in our power to assure each one of us is successful. Honest mistakes or misunderstandings can happen. This is an opportunity to use kindness and assist in righting the wrong ~ to do otherwise undermines trust. Remembering that success is our goal means an assurance among us that we will be there or one another.

....and finally, we must all commit to quell all gossip. If you are approached with stories or character assassinations about a fellow Board member, your duty is to refuse to listen and refer the person to the subject of the gossip.

If you participate in the conversation, you assume equal guilt. The chance to learn the truth or work out the misunderstanding is lost. Fracturing a Board using gossip or untruths will assure failure of this Board.

Confrontation is difficult~ but how much healing can come from a direct and honest discussion and the humbling nature of the experience. It is a powerful tool in building the cohesiveness this Board will need to do great things.

Much to think about ~ but an opportunity to be the best that we can be.

HOW CAN WE BEST BUILD A STRONG INTERDEPENDNCE GIVEN OUR GEOGRAPHIC DISTANCE ?

- 1. Communication
- 2. Utilize individual strengths
- 3. Give feedback
- 4. Celebrate each other's success

HOW CAN WE OVERRIDE OUR FEAR OF CONFRONTATION?

Create a comfortable lead in statement that is sincere and reflects your natural style. Be specific and refrain from drawing a third party into the conversation Allow the person to explain or dispute the accusation Sincerely accept the apology and move on

Remember: "Kindness means: RESPECT, DIGNITY, COMPASSION AND HUMILITY."

May all of you Bees have a



