

Arizona Council Bulletin

December, 2016 Volume LXIV, Issue 4

ESQA EPSILON SIGMA ALPHA



Happenings



Arizona Council

Executive Board Reports	2-7
Appointed Board Reports	7-11
Jan. Council Meeting	12-13
Chapter News	13-14
Pictures	15-18
Do You Remember	19-20

Thank you

To my Arizona Council Sisters and Brothers
which includes Nevada,

Thank you for your cards. I have an inter-
ear problem which strikes without
warning. It causes me to lose my
balance. Thanks to the Lord, I put my arm
under my head and grabbed my double
recliner so tightly that I broke a rib in my
back. The good news is that I don't have
a concussion or a broken hip. It should
take about eight weeks for the rib to
mend. I am moving slowly and speaking
softly. It only hurts when you breathe.
Agape', Shirley Albertson



January Council Meeting

January 15, 2017
YWCA Tucson, AZ
Hosted by Eta Pi Chapter

Reminder

Next Bulletin deadline is
January 14, 2017

Happy 100th Birthday Wishes

Ann Marie Carr, will be
celebrating her 100 year old
birthday on 4 Dec 2016. She is a
Charter Member of Alpha Kappa
chartered - March 1944. Send
cards to: 2645 E. Southern Ave.,
Apt 103, Tempe, AZ, 85282

Executive Board Report



Hi Everyone,

Fall is in full swing and as many of you know, it is my favorite time of the year. A few weeks ago, my husband and I were at our cabin in Pinetop. It was definitely fall in full swing up there. When the breeze came through, the falling leaves came through as well. In the shade a little chilly, however when the sun peaked through the clouds, the warmth felt wonderful. We took our dogs on a nice long walk through the forest.

I love to just sit on the front porch and watch the fall colored leaves glisten in the sun, the squirrels run up and down the trees and through our yard, as well as the Blue Jays feeding on the seeds from the bird feeders. A lot of the leaves have fallen, but still enough left to enjoy the colors of fall. I have to admit the older I get, the more of a couch potato I have become, especially after working all week long. When we get to the cabin, we do a lot of front porch sitting, however this last time up to the cabin, I pushed myself to get up and take that walk with my husband and the dogs.

Last month I wrote about New Motivations.....What motivates you..... Soooooo..... I had to motivate myself to get up and take that walk. Our neighbor in Pinetop (Diane) was telling us about her mother in-law, who was just recently widowed. She lives in Tucson and is 83 years young. She works out at

the gym at least 3 times a week, as well as doing some type of physical activity daily. This has helped her get through her husband's long time illness before passing.

I also hear in my head periodically, one of the commercials on TV that talks about your body and stating....."A Body In Motion Stays In Motion". With all that being said, I am glad I decided to take that refreshing long walk in the forest. I will be able to reflect back on that day in years to come and remember what a nice walk it was.

The Holidays are always a nice time of year to reflect back on. Think about fond memories with family and friends, donating your time, giving to the less fortunate. The difference you make in someone else's life and what you have given and done over the years. This all means "Never Quit"

Reflect how E.S.A. has forever Changed Your Life and remember..... "Never Quit" doing the things you do for others. "Never Quit" doing all those "Acts of Kindness for one another. "Never Quit" talking up what a great organization E.S.A. is to belong to. We want our organization to be here for many years to come, so we'll be able to reflect back on all our fond memories.

I wish you all a very Merry Christmas and a Happy New Year



© Joni
2014
ES.A.



© Joni
2014
ES.A.



© Joni
2014
ES.A.

KNOCK, KNOCK.
WHO'S THERE?
SANTA.

UH-OH, I am supposed to be asleep.

I hope you all have a very Merry Holiday Season and Joyous New Year.

Joni



Chris Goldberg 2nd Vice President



I can't believe that the Christmas season is so close. But there is nothing as magical as Christmas lights and the spirit that Santa brings to the kids of all ages. Dreams happen year-round and my dream is to have ESA recognized and forever posted on the Ronald McDonald website. We do that by donating a million pop-tabs. Just like Christmas, it takes hard work and dedication and lots of people to help. It's a journey. And you learn along the way.

Let me share what I have learned thus far.

First: Just ask people and share what you're doing. Liz shared with us last meeting how she asked in her office and got over 14 lbs. of tabs. So I also asked people. One of my friends walks every morning and picks up cans along the way. She had five large plastic containers. However, I had to take the tabs off. The first day, I spent three hours taking off tabs and got 1 lb. The second day, I got a ½ lb. Since her method worked, I left my treadmill and became a street walker. Not exactly the life I thought I would have in retirement. But a street walker I have become. I take a bag and walk until it is filled, about 3 miles. So there is a health benefit to collecting tabs. My eye sight has improved to the point I can spot a can ½ a block away. And you meet people. One man walked with me for about ½ mile and picked up the cans and pulled the tabs for me. Then he said he and his friends drink beer and would save the tabs. He took my home phone number and put in it his phone under pop-tabs. We'll see what happens when he hears Jeff's voice on the answering machine.

Second: One of my neighbors say me walking on multiple occasions with my bag and asked what was happening. Then told me he had three large black bags filled with cans that Jeff and I spent a couple hours pulling off tabs. Now this neighbor saves the tabs and gives me some every so often.

Third: Then my daughter Alicia also asked at work. She brings me tabs from my old unit, plus she has a large coffee container in the pharmacy where she works and it is 2/3 full already. Then a pharmacist she works with has a pub named the Tucson Hop Shop. Now they save their cans for me. I go weekly, pick them up and take off the tabs. Then I recycle the cans and donate the money to the Ronald McDonald house in their company name. The last time I took them to the recycle center, a retired police officer said he would take his tabs off for us also and got our number.

Now I am exploring working at a Lion's recycle center in Green Valley. In exchange for me moving recycling from the vehicles that come in and sorting it into containers, I want to see if I can take the tabs off the cans that come in.

The bottom line is that I am dedicated to making this dream a reality and I want to inspire all of you too. Take these ideas and give me more. Let's go out of the box, do something we have never done and get our name on as many websites as possible. Help to achieve the dream and get our name out into the public.

Thank-you to everyone who gave me their on-time Philanthropic reports in November and for all the collectables. Please separate the Pepsi lids from all the others. We ARE still collecting medicine bottles and water bottle clear lids for local recipients.

Happy holidays and may the joy of Christmas last forever.



Have you hung up your Christmas stockings?

State President, Liz, asked me to give you some simple do's and don'ts for your Parliamentary stocking. DON'T "chit chat" during the meeting! Only the person recognized by the Chair is allowed to talk. Do be recognized by the Chair before making a motion. Do say, **"I MOVE"** that we Do you give a

written copy of the motion to the Chair? Don't bring up an unrelated topic when a motion is being discussed. Only possible amendments to that motion may be discussed.

You do not need to be recognized by the Chair to say "second" or "question". "Second means that another person is interested in the motion, thus it can be discussed. Question means you are ready to vote. The Chair will ask, "Are you ready to vote?" Unless there are objections, the Chair will repeat the motion and tell the voters how to give a positive or negative vote. If there are proposed amendments, they must be voted on before the main motion.

Who can vote? In chapter meetings members may vote. At the State Council meeting, only the Council Representatives may vote on any and all motions. In a special case, such as a proposed State bylaws change, each chapter has one vote. Remember any proposed state bylaws change should be submitted in writing to the State Parliamentarian by January 1, 2017. They must be printed in the state bulletin so that the chapters can discuss and decide how to vote. The vote will be taken at the April Council meeting. Have a Merry Christmas and a Happy New Year.



Wendy Williams Jr



Dear Sisters and Brothers:

I can't believe Thanksgiving is already gone and the snow should be here soon!

Please don't forget your jars for the Disaster Fund. Every penny counts!

I would like to give a very special thank you to Shirley Albertson for allowing me to have the Disaster Fund garage sale at her house and all her generous donations along with the Alpha Kappa Sisters, Karen Madrid, Jackie Young and of course our President Liz Montgomery. Barbara Nelson also took some things to sell for the Disaster Fund at her garage

sale. The money we raised will be divided by the chapters of those who worked or donated. I appreciate you all!

I wish you all blessed Holidays and a wonderful healthy New Year.

Love in ESA,
Wendy

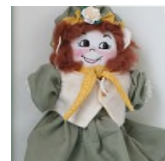


Association of the Arts
Deana Walters and Kathy Riebock, Co-Chair



Hi Everyone,

Hope all of you who attended the November meeting enjoyed combining your talents for the Association of the Arts in doing something for our Hero's, our military serving to keep America free. I do hope it was enjoyable and thanks for your donations to help with the postage to get these items and the sweet treats to those overseas. I know they will enjoy the sweet treats, the ornament and your note thanking them for all that they do. It is a just a small token, but sent with lots of love to them from ESA in the states. Goodies from home!



We hope to see many of you in January for another exercise in sharing your talents or creating new talents.....lol!



We want to wish all of you a Happy Thanksgiving, and a safe and joyous Christmas and a very Happy New Year. Be safe if traveling; enjoy your families and friends. Hope to see many of U in 2017!!

Hugs to all,
Deana and Kathy





As most of you know, the Phoenix Radiothon happens in the beginning of December. This year it is Thursday and Friday December 1st and 2nd. We need your help by signing up to give an hour or so to help raise money for our charity of choice. Last year we were credited \$83,268, all due to your help. Please help out again. Go to the following website to sign-up. (Copy and paste the website into your browsers address line). They need 10 people per hour and we are not the only group helping so sign up early.

https://urldefense.proofpoint.com/v2/url?u=http-3A_www.signupgenius.com_go_4090b48aaa72fa0fa7-2Dkml&d=CwMFAg&c=aIZ5N3t_jdKOHyh-q_44oPbHBRSTNTqxZJ5NpAluUyw&r=ZYOVZ5y8QCOlLGa0PMOcIs-Ya4zgUswSMP3XGSOBvU&m=lbAy21v4JXxVH3AYvZAI8tBWvQy4kkjM7k4qvloEYLM&s=Vvf6QTJCeTYqQn6TIButnkNPOVhpFBTT_hYYmT0AApk&e=

The following week, December 8th and 9th will be the Las Vegas Radiothon. If you are interested in helping, talk to Deanne. Chris and I will be going to Vegas to help and are looking forward to the trip.

I hope to see some of you in Phoenix and Las Vegas.

Jeff Goldberg



**Deana
Walters**

**Hope
for
Heroes**



Hello Arizona

Hope all had a great Halloween...all treats and no tricks...

Well, the holidays will be quickly approaching. But first off, I hope you took time to honor a veteran in some way. You know a "thank you for your service" brings a smile to their faces, especially for our Viet Nam Vets who were not treated very well when they came home. Let's all make an effort during the month of November to pay it forward to a veteran or a military family in some way to show them we care about them.

I do hope with the gift cards collected at the November State Meeting, that we "ESA" will be putting some smiles on the faces of a few families during the upcoming holidays.

Please remember the raffle for the "Red, White and Blue" wreath will be going on until the last state meeting. The lucky winner will be drawn at State Convention in June. I am encouraging all members of the state of Arizona to purchase at least 1 ticket. The total amount collected this year will be divided equally between Camp Hope in Missouri which is a retreat for combat wounded veterans that allows them to participate in outdoor activities with dignity and Sew Much Comfort which provides adaptive clothing for wounded service members as they recover from their wounds with a little more dignity vs having to wear those lovely hospital gowns! The tickets are \$1.00 each or 6 for \$5.00. Tickets were sent to each chapter in September. More will be coming in January.

Hope all of you have a wonderful Thanksgiving and a joyous Christmas and Happy New Year!!

Hugs from Nevada!!
Deana

P.S. from Deana

Boxes went out today. One going to ship and the other going to Djibouti. U will make a difference for several of our military. Another great big thank you and hopefully not too much stress.....lol

And for gift cards amount went up to \$1300.00!!!! Great people doing great things!! Another BIG THANK U!! Cards will be mailed to the three bases. (Luke, DMAFB, and Ft. Huachuca). Will add a personal letter to each.



**SUZANN
E
GODARD**

**EDUCATI
ONAL
DIRECTO**

So far I have received educational reports from 7 chapters. This is a great number! Only 7 educational programs are required this year with 5 reports ON TIME to qualify for the Gold Link Award. What is the Gold Link Award? Great question. The Gold Link Award is awarded to Chapter Educational Directors who turn in 5 reports on-time with 350 words or less in the summary portion.

What does this mean for you? There is still time to turn in 6 on-time reports. Remember, each report is due by the 10th of the month following the meeting. The deadline for the November report is December 10th. In the past the final report was for the month of May. Unfortunately, this doesn't work, as we have State Convention before the deadline for the May report. So, I will be taking the last reports for the month of April, by May 10th. This allows for my committee to have time to judge the reports and choose an Educational Director of the year.

I shared this at the Council Meeting, so if you weren't there you can read about my tidbit of knowledge. Sometimes we can't think of a word. We know the word, we know everything about the word, but just can't remember the word.

It's right on the tip of our tongue. There is a word for this! Lethologica. Instead of saying "I can't remember the word".... Just tell people you suffer from lethologica! Test your doctor, tell them you are suffering from lethologica... see if they know what you're talking about. Research shows you need to be exposed to a word 15-20 times before you will remember it. So, write it down, Lethologica, L-e-t-h-o-l-o-g-i-c-a. Practice saying it, a few more times and it will be part of your regular vocabulary.

I wish you all a Merry Christmas and a Happy New Year!



Glenna Denton



Glenna Denton



Here are a few changes or additions to the roster.

Julie Carlberg Eta Pi
6601 E Calle Cappella
Tucson, AZ 85710
Ph: 843-478-8880
Email: jcarlberg@gmail.com

From Beta Delta
Marilyn Smith
1933 N. Evelyn Ave.
Tucson, AZ 85715-5530
520-900-7339
Marilyn4293@comcast.net

From Chi Rho Chapter Page 74 in the Roster just email corrections

Barbara Hutton: bhutton@citlink.net
Dawn Kostreva: jdkosty@frontier.com

Patricia Hillman
505W 7th Ave. Apt 4
Tempe, AZ 85282
Cell: 480-310-6386
Email: peaches1152@yahoo.com

Juanita Mack
1101E. Broadmor Dr.
Tempe, AZ 85282
Home phone: 480-966-8287
Cell: 480-242-5647
Email: jnjmack@cox.net

Also from Glenna. I am housecleaning and have boxes of pictures, old Jonquils, several scrapbooks which I will be destroying but if anyone is interested in having them, I would be happy to give them to you or otherwise they will be destroyed. Call me at 480-287-4120 cell or Home 480-839-3389 or email me at gdento884@gmail.com.



Eta Pi Chapter



The Eta Pi Chapter of ESA Arizona
invites you to join us for the
January State Council meeting



Sunday, January 15, 2017

Registration 9:00 AM - Council Meeting 10:00 AM

Cost: \$24 per person



Help us support local organizations that are making an impact in the
community!



We will meet at the YWCA Tucson

Eliminating racism, empowering women and promoting peace, justice, freedom and dignity for
all.

525 N Bonita Ave, Tucson, AZ 85745

From I 10 South: Take St. Mary's Rd. West (Exit 257), turn left on Bonita

From Hwy I 10 North: St. Mary's Rd. West (Exit 257), turn left on Bonita

Our lunch & refreshments will be catered by Caridad Kitchen, a
program of the Community Food Bank of Southern Arizona



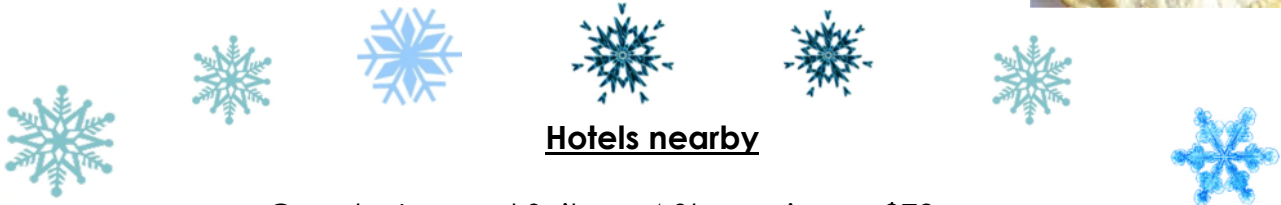
Please **RSVP** to Jackie Thompson by January 4. Chapter checks and list of attendees to
be mailed to: 9225 E Sycamore Springs Trail, Vail, AZ 85641



Please let Jacqui Smith know if you would like a table: jacquismith@comcast.net



Eta Pi Chapter



Hotels nearby

Country Inn and Suites – 4 Star reviews - \$79 range

<https://www.countryinns.com/tucson-hotel-az-85745/aztuccty>

Ramada Limited -3 Star reviews - \$61 range

<https://www.wyndhamhotels.com/ramada/tucson-united-states/ramada-limited-tucson-west/overview>

The Arizona Riverpark Inn – 3.5 Star reviews - \$81 range

<http://www.theriverparkinn.com/>

Tucson Marriott University – 4.2 Star reviews - \$139 range

<http://www.marriott.com/hotels/travel/tusup-tucson-marriott-university-park/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2>



Chapter News from the Beta Gamma Chapter

In keeping with the theme of Arizona State President, Liz Montgomery, the Beta Gamma chapter presented Liz with a gift of Christmas Chicks at the November

20, 2016 Council Meeting hosted by the chapter. Liz's theme "ESA Has Forever Changed Our Lives" is a great theme to work with for a gift of Chicks.

Heifer International provides gift ideas and the Beta Gamma Chapter selected the Christmas Chicks as the perfect gift that can forever change lives. Families from Armenia to Zambia can enrich their inadequate diets with nourishing, life-sustaining eggs. The protein in just one egg is a nutritious gift for a hungry child. Heifer international helps many hungry families with a standard flock of 10-50 chicks.

Good hens lay up to 200 eggs a year – plenty of eggs for families to eat, share or sell. Because chickens require little space and can thrive on eating food scraps, families can make money from the birds without spending much. Chickens help control insects and fertilize gardens.

Beta Gamma appreciated the opportunity to forever change the life of a hungry child and we thank Liz for all that she is doing as the President of the Arizona Council and challenging us with her theme of "ESA Has Forever". Changed Our Lives".

Kendra Sabol
Beta Gamma Chapter



Louanne Stephens presenting Liz Montgomery the certificate for the Christmas Chicks



Wendy Williams, Liz Montgomery, Mayor Stanton of Phoenix, Sherry Day, Joni Slama

Garage Sale for the Disaster Fund with
Shirley Albertson Wendy Williams,
Jackie Young Liz Montgomery



Pictures from the November Council Meeting



Head table presenting Sherry Day a
poem about Chiffon and presents
her with a chiffon schawl.



Listening to what is going on.



Joni Slama Presenting a re-affiliate and two new pledges.



Joni presenting re-affiliate Julie Carlsberg from the Eta Pi chapter



From the Alpha Kappa chapter

Sponsor Patricia Ross
Pledge Juanita Mack



Cyndi Sklad, Sherry Day, Deana Walters

Sponsor Dorothy Elkins
Pledge Patricia Hillman



Lisa Reinertson, Donna McAvoy
working on star decorations to send
to the military in their packages



More working on the stars and showing finished work Barbara Appleton, Bette Clark, Trudi Sofias, Darlene Calvert, Lisa Reinertson, and Donna McAvoy





Sherry Day and finished star



Deana Walters and April Aguinaga



Kathy Riebokand Deana Walters
With some of the finished stars



Do You Remember who, What and When

1. When did Dixie and Robert Palmer take over ESA and move headquarters to Loveland, CO?
2. When and where did ESA become International?
3. When did the International Advisory Council become ESA International?
4. What year was the Arizona Council formed?
5. Who was the First State President and who was the first Advisory Board's Honorary Social Advisor and acted as chairman for the organizational meeting?
6. Who was named an International Director by Headquarters?

A walkathon we dressed up as something at Christmas time in Dec. 1989

Bev Likely, Glenna Denton, Betty Jones



Joann Farney, Donna Ort Virginia Claggett



Me and Donna McAvoy



Me and Susie Atchley



Danny Thomas with some of the Arizona Group



Mike Burns and wife



1. They took over the organization on January 15, 1941 and moved it to Loveland, CO in June, 1941.
2. ESA went International in 1948 when a chapter was formed in Voorburg, Holland. Then there were chapters formed in Germany, Guam, Denmark, Peru, Australia and in both Hawaii and Alaska before they became states. Today we have a few chapters only in Australia.
3. The name change was in 1953 at an International Convention.
4. The AZ Council was formed in 1943 at the suggestion of Gladys.
5. The first State President was Helen Marston and Jane Linde acted as Chairman for the organizational meeting and was honored to become the Advisory Board's Honorary Social Advisor.
6. Gladys Bagley Schaefer was named an International Director for all her volunteer efforts.

Happenings on the Arizona Council cont.'.



Congratulation

Wendy Williams, Alpha
Omicron,
New Granddaughter
Cora Rosalee Myers

Sheila McClure, Alpha Sigma,
A Great Grand Daughter



Get Well Wishes

Betty Wilmot, Alpha Omicron,
in hospital

Cora Lee Stanley, Gamma Gamma
Fell and bruised her face and ear.

From Alpha Kappa

Shirley Albertson, Barbara Martin, Betty
Sinclair and Nancy Whitmore's
Husband has been having health
challenges and all are recuperating.



To all May you have the best of Christmas's and may the New Year bring you peace, love, good health and happiness.

Carol