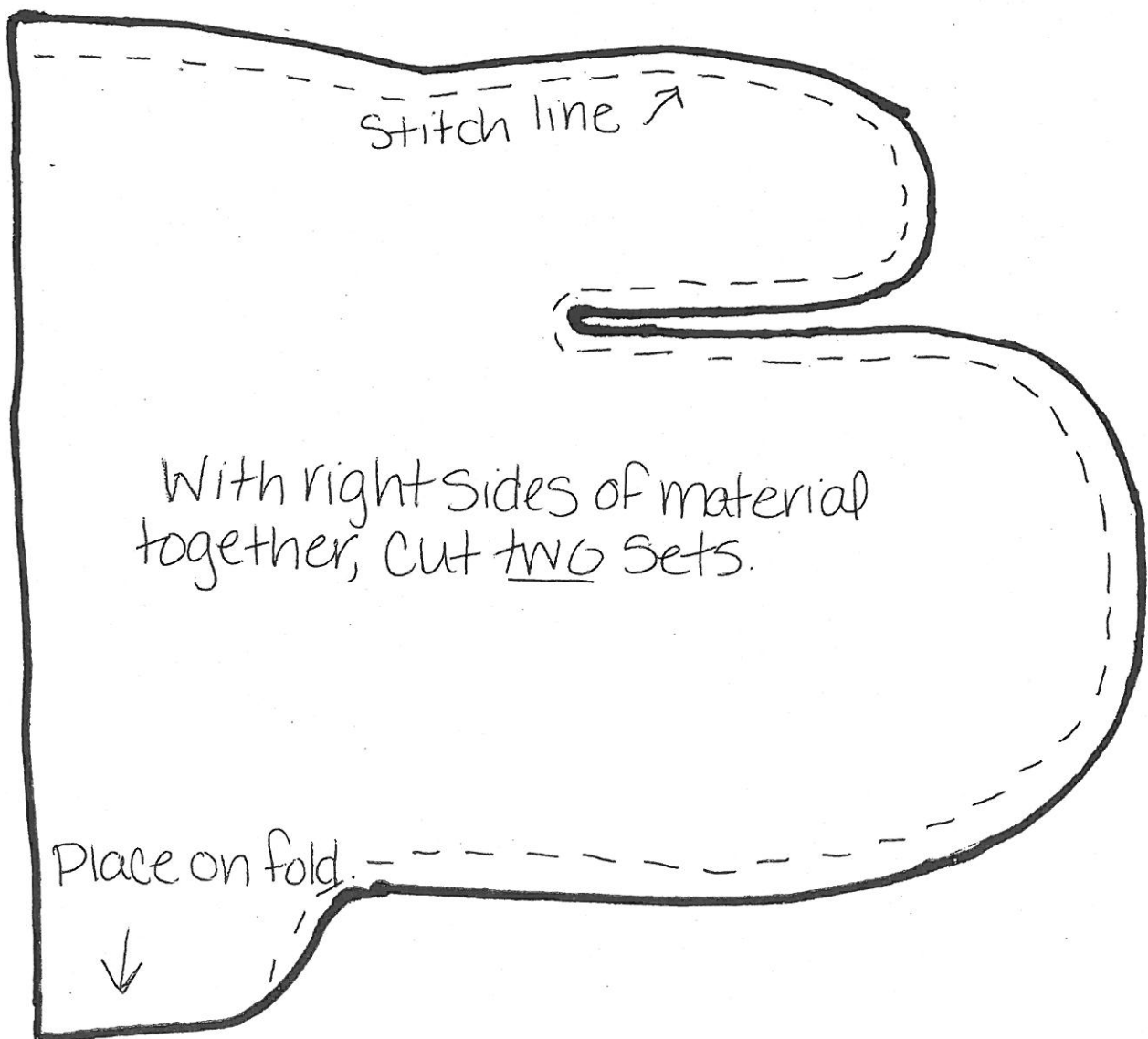
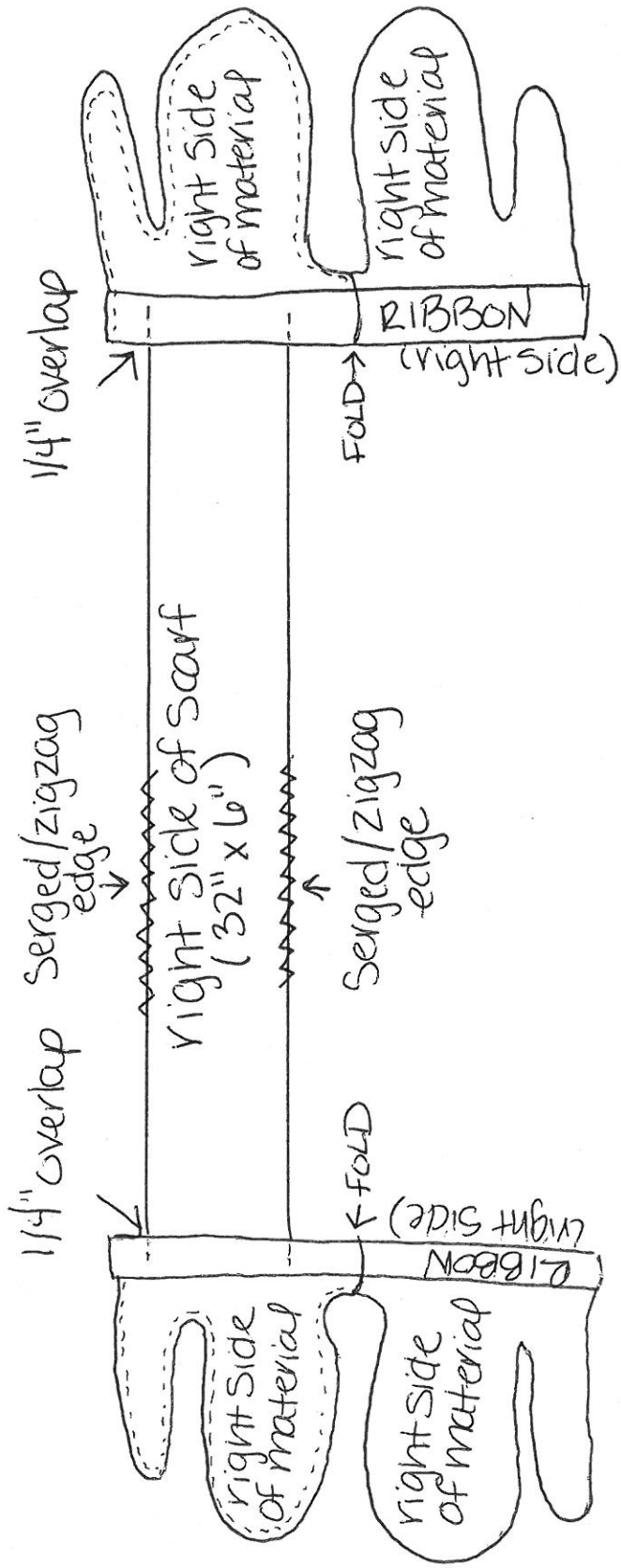


Instructions for making "Hospice Hugs"

1. Cut a 32"x 6" piece of fabric on the bias (stretchy side) of the material. Zigzag or serge on the long sides of this piece (not the short edges).
2. Using the exact mitten pattern below, place the right sides of the material together and cut out two sets of mittens.
3. Place scarf piece (right side up) onto the mitten piece (also right side up), making sure the mitten piece overlaps the scarf piece by approximately 1/4 inch.
4. Place the second mitten piece next to the first piece with the thumbs opposite, right side up.
5. Run the ribbon (right side up) along the entire length of both mitten pieces. Stitch with zigzag stitch along both long edges of the ribbon.
6. Place right sides of mittens together and sew along stitch lines. Trim if necessary. Turn mittens inside out.
7. Repeat steps 3-6 again to make the mittens on the other side of the scarf.

HORRAY! You have just completed your first "Hospice Hug"!





*once ribbon is attached, put right sides of mittens together and sew. Turn mittens inside out and you're done!