

# ENDLESS POSSIBILITIES IN ESA

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**Arizona Council**  
October 2017  
Volume LXXIV, Issue 2



## **TWO LITTLE ANGEL GIRLS AND THE BRUISED LADY IN BRENTWOOD CAFÉ – excerpt from Renew Your Life author unknown.**

Last Halloween I was enjoying some quiet time in a café in the Brentwood area of Los Angeles near my home at about two in the afternoon. It was empty except for another table occupied by a mom and her two twin girls who looked to be about five or six years old. They were dressed in the same costumes and they both looked like a princess, although I could not see the back of their attire. They were very animated and talkative, and I could tell that their mom seemed tired and overwhelmed. I, too, had wished that they could be more soft-spoken so I could enjoy my tea, soup and salad more intently and not hear every word they were saying.



The mom's cell phone rang and it was obvious from her excited response that it was important, yet it was hard for her to hear what her caller was saying. So she stood up, came to my table and said that she needed to take this 10-minute call outdoors and could I please just keep an eye on her two girls. She said that they are used to her taking calls outside and would stay seated at the table. Their mom just wanted to let me know so I could keep an eye on them while she focused on her important call. "Sure, no problem," I said. "Take your time."

So with one eye on the girls, I made my way over to the café's display of scrumptious homemade, natural desserts to see what I might want to purchase to take home with me. In my focus on the glorious display of tasty treats, I didn't see the brick step-up and the next thing I knew, I had tripped hard and was now lying on the café's floor. With a more bruised ego than a bruised body, I was glad that the only two other people who saw me fall were the twins.

Within about 10 seconds of falling, they both ran over to me. One of them said, "Don't worry. We are angels and will take care of you. Show us your boo-boos." Well, I was wearing a skirt and I thought I'd go along with this precious scenario, as it was so heart-warming to me — their gentle sweetness. I showed them the minor scrapes on my lower legs. The other girl ran to her table to get some napkins and ran back and patted my leg and even kissed the bruises. I almost began to cry at their lovingness. Nothing really hurt and I wasn't bleeding, but I was so deeply touched by their genial gestures. As I looked up, I saw that the mom was now inside the restaurant watching her girls take care of me. She gestured with her finger to her lips to not reveal that she was there. I could see that she enjoying her daughters' actions towards me. After about 3 minutes, one of the girls told me, "Lady, take a deep breath and smile and your boo-boos will be all better. We are angels and we fixed you all up." The girls then helped me get up off the floor and then asked me why I wasn't wearing a Halloween costume. I told them that I was going home to get in my costume and that I would be dressing up as a butterfly. One of the twins said, "Angels are like butterflies. Do you want to go trick-or-treating with us tonight?"

Everything they did or said made me smile. I said I was not able to join them but that "... I'd never forget how I had two beautiful angels take care of me today." Almost in unison, they said, "That's right, we are angels today and every day," and then they turned around, saw their mom walking back over to the table and they all sat back down. As they were walking away, I noticed the wings on their costumes — they were dressed as adorable angels. They were, indeed, little angels who taught me on that very special day the importance of being kind to others — even strangers. I will never forget their kindness. I went to pay my bill, and I also paid for their lunch bill, without them knowing what I did. As I was leaving, I thanked them all for the special day they created for me and I walked to my car with a big smile on my face that remained there for the rest of the day, night and weeks.

You may not see them, but you never know when an angel will be with you to help you in your hour of need.

As I sit here in my nice dry home typing this article, I can't help but think of our Brothers and Sisters in Texas and all they are going through. Even though the Hurricane was over a month ago, many of those people are going to be dealing with the ramifications of the storm for many months if not years to come. It warmed my heart every time I watched the news and saw angels helping others get out safely from their flooded homes and cars. I couldn't help smile when I saw dogs, cats and even a deer being brought to safety and reunited with their families. The acts of kindness shown to the citizens of Texas was astounding. Not only did people give of their time, resources

and money to go to Texas and help with the relief effort, but the donations of money, water, food and necessities continues to pour in to help those in need, some that we know and some that we will never meet. I am very thankful that my relatives who live in Texas were not affected by the storm.

I would like to encourage those who are participating in the Acts of Kindness contest to continue bringing your Acts of Kindness to the council meetings and thank Jan Vinson for helping me with my efforts. As I announced at the September Council meeting, the winner for the Acts of Kindness contest will receive \$200.00, 50% going to the individual and 50% going to a charity of their choice. I would also like to thank those who gave of their time over the summer in order to get us started. Marcia O'Bara for the beautiful Roster. Jeff and Laury for the name badges, April for the Bulletin, Cyndi and Sherry for helping me find a location for the next State Convention and the members of the Beta Gamma Chapter for hosting the September Council meeting. A special thank you to Wendy Williams for arranging to have Mayor Craig McFarland of Casa Grande speak to us at the September Council meeting. His message was very enjoyable.

CONGRATULATIONS to Deana and the entire Eta Gamma chapter on their very successful Dream Home. I would like to thank all those members who helped the Eta Gamma chapter in their efforts by taking turns sitting with the home. The St. Jude walk in Phoenix was a hit. I so enjoyed getting in my exercise as I worked my way around Chase Field and helped out in the accounting office.

I look forward to seeing many of you at the Tucson Tea. This is always a nice event in which we are able to great those new members from the Tucson area.

Have a very safe Halloween and I look forward to seeing you at the November Council meeting.

**FRIGHTFULLY YOURS,**

*Joni Slama*

*2017 – 2018 State President*



*Endless Possibilities in ESA*



## Membership

What an incredible start to our Arizonan ESA Diamond 75th Anniversary year!

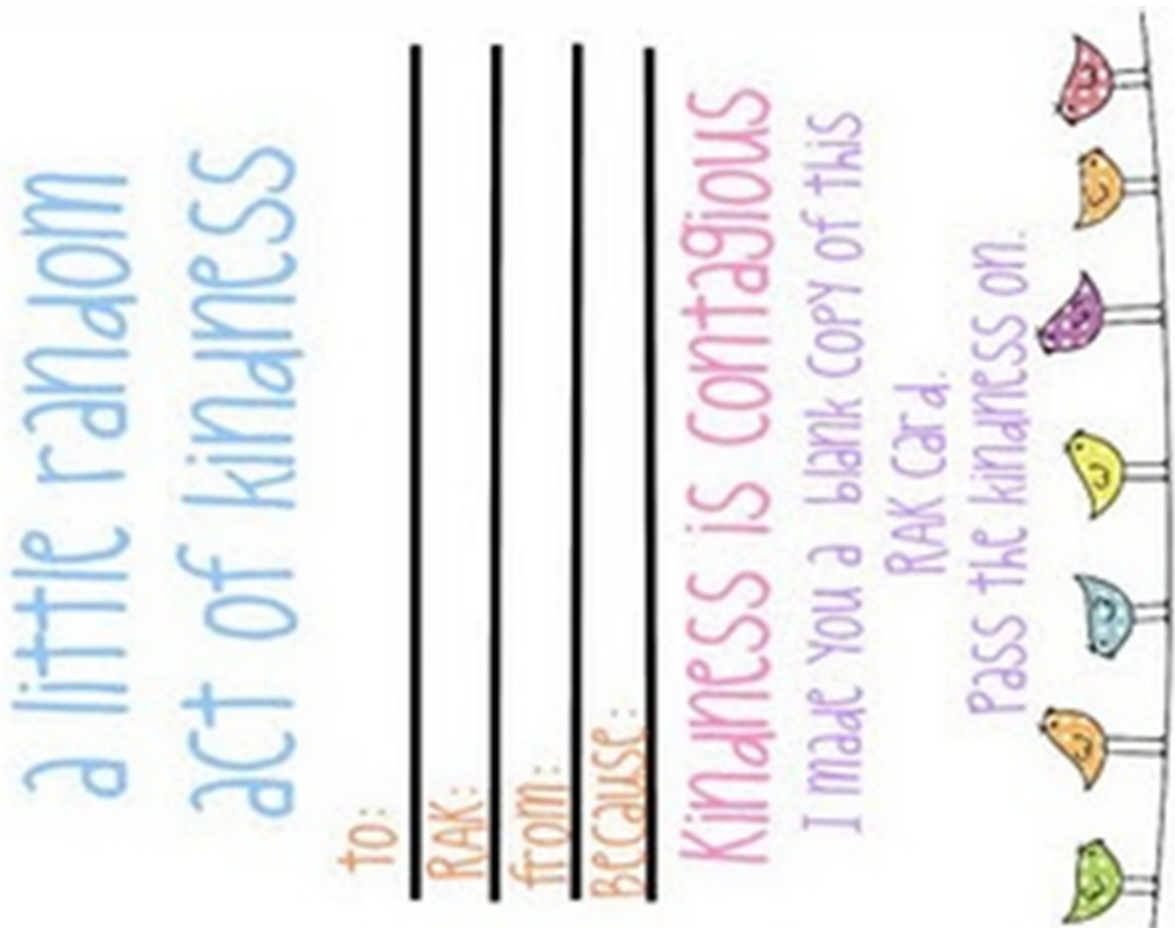
In one council meeting we had new members, random acts of kindness, sad jokes and endless possibilities in life and in the garden of life. If you weren't there, you missed a great meeting. You certainly want to make the next one.

Thank you Beta Gamma for the marvelous start to our ESA year.

Talking about endless possibilities, what are the chances that IC leadership would move from the normal February timeframe to the same date as our Preferential Luncheon? Remarkably, it did happen, so due to that schedule conflict the date of the Preferential luncheon has been changed to March 11, 2018. The time and place have not changed. I hope you can join us for an indoor garden party. Our cups will be filled with hope, inspiration, encouragement and there will certainly be spring flowers present. Please mark your calendars now and come to nourish your soul and body.

Nothing of permanent value has ever been accomplished without inspiration and kindness and that is what this year is all about. Our new IC president is inspiring us, our Arizona president is highlighting kindness, and our membership is giving comfort and community to us all. It will be a great year and we are bringing more people in. I've spoken with multiple members who have possible pledges and am looking at a possible cyber/Skype chapter. What a touch of inspiration all this activity is. Keep tuning in for all the latest additions.

Chris Goldberg  
Vice President/President Elect



## Philanthropic

We are off to a great sorority year. Remember there are Endless Possibilities in ESA! I am honored to serve as your 2nd Vice President on the Arizona Council Executive board. I will do my best to support all of the Philanthropic projects. I wanted to thank everyone for bringing so many collectible items to the September Council meeting. Your effects will help so many people! Don't forget to keep track of your time, hours, and mileage and donated goods for your Philanthropic reports. Keep track as you go and this will make filling out your Philanthropic report a breeze.

The first Philanthropic report will be due on November 22, 2017. Each chapter will be able to go on the Arizona Council ESA website and get the Philanthropic packets. If your chapter is unable to go on the website to get the packet, please call me and I will mail a Philanthropic packet out to your chapter. Remember in order for your chapter to be eligible for perfect participation, you must turn in a report each one of these months, even if you indicate "no report".

It was my pleasure to introduce my philanthropic committee at the September Council meeting. My committee members are as follows:

Joni Slama	Ex-Officio Member
Barbara Appleton	Advisor Philanthropic
Maryann Hickey	Box Tops for Education
Shirley Phillips	Campbell's soup label
Theresa Stewart-Martinez	Easter Seal Southwest Human Development
Daphne Hernandez	Easter Seal Blake Foundation
Deana Walters/Carol Caldwell	Hope of Heroes (Gift cards for the military)
Sue Johnston	Greeting Cards for the military
Fran Gale	Lap Robes
Marilyn Smith	Medication bottles with lids
Patricia Gale	Plastic lids (screw off style, all color)
Suzanna Goddard	Pop Tabs
Theresa Stewart-Martinez	Postage Stamps
Wendy Williams	St. Jude Sr.
Deana Walters	St. Jude Jr.
Trudi Sofias	Toiletries
Joanne Ciolli	Warm Hats

To all of my committee members: If you are unable to attend a council meeting, please ask someone from your chapter to pick-up the items that you are responsible for. Please contact me if there will not be a member from your chapter attending the meeting so that I can make arrangement for the collectibles items. This would help me out greatly. Again, I really appreciate everyone help on my committee.

Thank you to everyone that volunteered or donated for the St. Jude walk on 9-16-17.

## Philanthropic Continued

One of my special Philanthropic projects this year! We will be having a peanut butter drive for the Community Food Bank of Southern Arizona. I have been contacting local businesses and some manufacturer of peanut butter to also donate jars of peanut butter. I would like for each member to donate at least one jar of peanut butter. Then I ask each member to ask one person they know to donate a jar of peanut butter. Please bring all donations to the September Council meeting. We can really make a difference by getting the peanut butter to the Community Food Bank of Southern Arizona.

A special thanks to Barbara Appleton, my Philanthropic Advisor. Barbara took the flyer for the peanut butter drive and shared about the project. Barbara was able to get sixteen jars for peanut butter donated and a ten dollar donation. Great job! Thank you so much for sharing this information with others so that they can help donate more to the cause. Barbara I really appreciate all of your help and encouragement.

+++++++SAVE THE DATE+++++++

On February 17, 2017 – My husband, Paul and I will be hosting Statewide Event at our home at 4:30pm to 7:00pm. The event will benefit St. Jude Children's Research Hospital. We will be having a home cooked meal for everyone. Event details on the cost and meal will be announced soon. Please put this date on your calendar and come and support the cause. If you are interested in helping with this event, please let me know.

Don't forget to ask everyone you know to save all the ESA Philanthropic Collectible items listed below:

ESA Philanthropic Collectible List 2017 – 2018:

- Box Tops for Education
- Campbell's Soup Labels – for Education
- Gift Cards – for Military families
- Lap Robes – for veterans at VA Hospitals
- Plastic lids screw-off style of all drinking containers (all colors) – to help with dialysis treatment cost
- Postage Stamps – for the Postal History Foundation
- Greeting cards – for Military families
- Manufacturer Coupons – for Overseas Military families
- Peanut Butter – jars of Peanut Butter for Community Food Bank of Southern Arizona
- Toiletries – for Homeless shelters, women's shelters
- Pop Tabs – for Ronald McDonald House
- Warm Hats – for veterans at VA Hospitals and Operation deep freeze
- Medication yellow bottles with white lids – for Primavera homeless shelter

Please email at [pkmadrid@cox.net](mailto:pkmadrid@cox.net) or call me and let me know what Philanthropic events that your chapters are having.



**Karen Madrid**  
**2nd Vice-President**

## Parliamentarian

Hello to all,

I want to take a quick chance to remind you that Chapters wishing to submit proposed changes to By-laws and Standing rules will need to do so by January 16, 2018. Please remember that these changes must be submitted in writing with a signature. If you have any questions, feel free to contact me.

I was looking online the other day and found some articles about how Robert's Rules of Order can and does exist in this modern ever changing world. One of the articles referred to the general principles of parliamentary procedure as the reason why it matters as much today as ever. Two of these general principles are:

- All members have equal rights, privileges, and obligations; rules must be administered impartially
- All members, majority or minority, have the right to full and free discussion of all motions, reports, and other items of business.

I believe that this is very true. If you or your chapter is in need of any assistance for parliamentary procedures and guidelines, please reach out to me.

Patricia Gale

nacomagale@gmail.com

[Nice Note Printables to make labels/notes of Random Acts of Kindness](#)

"here's some SUNSHINE  
TO BRIGHTEN YOUR DAY!"

"It's a JOY to have YOU  
AS MY BEST FRIEND!"

"HOPE YOUR DAY IS EXTRA GREAT!"

"SOMETIMES it's JUST NICE  
TO KNOW SOMEONE CARES,  
HAVE A JOYFUL DAY!"

"I'M ROOTIN FOR YOU!"

"love you to PieCES"



## Arizona Council November Council Meeting

**When:** Sunday, November 19, 2017

**Registration: 9 am**

**Meeting: 10am**

**Cost: \$25**

**Place:** Four Points by Sheraton (Ahwatukee)

10831 S. 51st St.

Phoenix, AZ 85044

480-893-3000 / 1-866/716-8133

\$89 per night includes complimentary breakfast (includes standard King or 2 Queen beds)

Make room reservation by Oct. 29 – ask for ESA or Epsilon Sigma Alpha room rate is good for both Sat. & Sun.

Send chapter list of attendees by Nov.

13 - mail one check for the chapter to

Baz Winsor

6721 S. Taylor Dr.

Tempe, AZ 85282

480-945-9370

bazwinsor@q.com

Table reservations to

Betty Sinclair

8385 S. Mill Ave

Tempe, AZ 85284

480-831-0829

Beb31@cox.net





BUNCO PARTY  
FOR ST. JUDE CHILDREN'S RESEARCH HOSPITAL

BRING \$10.00 FOR ST. JUDE  
AND JOIN BETA KAPPA FOR THIS FABULOUS EVENT!!

FRIDAY, OCTOBER 20, 2017

6:00 P.M.

8723 E. RIDGE TERRACE DRIVE  
TUCSON, AZ

FOOD SURPRISE AND DESSERT!!!!

AND

!!DRINK OF THE DAY!!

AND, OF COURSE, THE FABULOUS PRIZES!!!

PLEASE RSVP BY October 10, 2017

Chris Goldberg

520-883-4458

gold4us2@comcast.net



**Saturday, January 20, 2018**

**Lunch and Style Show**

**For**

**The Kids at St. Jude Hospital**

**Fashions by The Dress Barn**

***Jeff Goldberg on The Mike***

**Your Sisters as Models**

**Lunch by Marilyn Smith & the Beta Deltas**

**All Proceeds for St. Jude Hospital**

**AZ COUNCIL MEETING  
JANUARY  
MEETING**

**WHEN: January 21, 2018  
WHERE: Viscount Hotel  
4855 E. Broadway  
Tucson 85711  
Registration: 9 am  
Meeting: 10am  
Cost: \$25**



**CHAPTER RESERVATIONS:  
Shirley Phillips. 7541 E. Pima St., Tucson, AZ 85715  
no later than January 12, 2018 deadline**

**ONE CHAPTER CHECK PAYABLE TO BETA DELTA WITH  
NAMES OF ATTENDEES**

**FUND RAISING TABLE RESERVATIONS:**

**Mary Jane Hickey 520-744-6070  
no later than January 12, 2018**

**HOTEL RESERVATIONS: \$99.00  
All rooms are suites and include a complete breakfast  
buffet.**

**Must be made by December 15, 2017 by calling hotel at  
520-745-6500 and ask for ESA block.**

## 2018 IC Convention

We had a great planning meeting for the 2018 IC Convention to be hosted by Arizona and California. The Sheraton Grand Phoenix is a beautiful hotel and we are in for a good week next July.

There are some things that each of us can do to help make this a great event and it just takes looking around your home or office.

We are looking for notepads to use in the goodie bags. We need about 400 and perhaps your office or company would make a donation. We will acknowledge all contributions from companies in our program book.

We also need bottled water. If you know where to get a few cases donated please help us by doing that. If you would like to donate a case, that would be wonderful. Water is fairly inexpensive and if you would just like to make a donation of \$2 or \$3 dollars to buy a case, that would work as well. All donations will be accepted at Council Meetings this year.

We are also going to try something new this year and have a fun and friendship area near the registration area. It is just a place for people to meet and do puzzles, or read or play card games. Do you have an old Uno game in your closet that you have not played in years? Do you have puzzles with all the pieces that you don't want anymore? Do you have a few good books to donate to someone?

This is what we are looking for in this area. When convention is over, we will just donate all these items to charity.

And finally, we will have a hospitality room. It will also be a place to sit and talk and perhaps play cards but to also get something to drink. Do you have a bottle of wine that you won in a raffle basket and have not opened? Perhaps there is some alcohol at your home that you no longer use or need. We will be happy to take that donation as well.

There are things all of us can do to make this a fabulous convention. If you have any questions, please let me know. Thank you for all you do every day for ESA and I am sure next July will be filled with "Sunshine and Celebrations."

Sherry Day  
Local Convention Chair



## Education Committee

The 1<sup>st</sup> Arizona State Educational Committee was created in June of 1949. A member of that committee was Patsy Tracy. The award given by the Educational Committee to the Educational Directors who create the best of the best Educational Books is the Patsy Tracy Award.

This year we had 7 books turned in for judging, this is one less than last year. 6 of those books scored perfect points and moved to the phase of being judged by outside judges (only 4 books had a perfect score last year). The judges this year were two very picky ladies. I'm hoping to get them to join ESA... but one step at a time.

All of the books that were turned in have been on display for you to take a look at. All of the books were great, the committee and judges enjoyed learning about what you plan to learn about this year. We also learned a few things about the other chapters in our Council. We, the committee is looking forward to reading your Educational Reports this year.

Participation awards go to: (in no particular order)

Julie Carlberg - Eta Pi  
Fran Gale – Gamma Gamma  
Kathy Riebock – Alpha Chi  
Alpha Omicron - Marsha Evans  
Beta Gamma - Louanne Stephens

We had a dead set tie for the Patsy Tracy Award this year:

Charlotte Varela – Alpha Kappa  
Carolynn Carter – Gamma Iota

Thank you to everyone who participated this year, I hope to see a lot of Educational Reports (The committee needs to do something!)

Suzanne Goddard



# Epsilon Sigma Alpha International Educational Report Form

Chapter Name and Number: \_\_\_\_\_ State: Arizona

City: \_\_\_\_\_ Meeting/Presentation date: \_\_\_\_\_

Yearly Theme: \_\_\_\_\_

Topic of this program: \_\_\_\_\_

## METHOD OF PRESENTATION (check all that apply):

\_\_\_\_\_ Member's Oral report (name): \_\_\_\_\_

\_\_\_\_\_ Visual Aid Program (kind and type): \_\_\_\_\_

\_\_\_\_\_ Field Trip (where to): \_\_\_\_\_

\_\_\_\_\_ Bibliography: \_\_\_\_\_

\_\_\_\_\_ Other (explain): \_\_\_\_\_

**SUMMARY: (Briefly summarize the program and attach a more complete narrative or outline (i.e. your report) stating all major points emphasized so the program can be fully understood.)**

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Maximum words 350

Number of Words: \_\_\_\_\_

**COMMENTS BY THE EDUCATIONAL CHAIR: (Value to the chapter/community, general comments about the presentation and the chapter discussion)**

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## CHAPTER EVALUATION:

Members present \_\_\_\_\_ Excellent \_\_\_\_\_ Good \_\_\_\_\_ Fair \_\_\_\_\_

## CHAPTER EDUCATIONAL CHAIR

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## PLEASE SEND TO:

Suzanne Godard  
2160 E. Fry Blvd. Ste C5  
PMB 324  
Sierra Vista, AZ 85635

[suzannegodard@gmail.com](mailto:suzannegodard@gmail.com)

## ESA Foundation

Greetings All,

I hope that this finds you all on your way to having a wonderful fall. I also hope that many of you were able to join us for September's Council meeting. I enjoyed sharing information about the Foundation's Life Active Grant program with the membership in attendance. If you were not able to attend and would like information about this wonderful program provided by the Foundation, please let me know and I will get it to you.

Sign up for 2018-19 Scholarship Application notification

The applications for ESA Foundation Scholarships for the 2018-19 academic year is open. If you'd like to receive notifications when important scholarship applications deadlines are approaching, please complete the form below.

[www.epsilonsigmaalpha.org/ScholarshipReminder](http://www.epsilonsigmaalpha.org/ScholarshipReminder)

I want to take this chance to share with you a little information about what the Foundation is all about....

The ESA Foundation is a nonprofit/tax-exempt organization pledged to develop philanthropic activities of volunteers, provide assistance to established programs that serve human needs, and produce new programs to improve the quality of life. The Internal Revenue Service has ruled that the ESA Foundation is exempt from federal income tax under section 501(c) 3 of the Internal Revenue code as an organization operating exclusively for charitable and educational purposes. The ESA Foundation was established as the ESA World Center Foundation in 1970 by the ESA Women International (currently known as ESA).

The following is a link to a great YouTube video about the Foundation. Check it out.

<https://youtu.be/CExfpvprJL8>

Enjoy your Fall and I look forward to seeing you all at November's Co

Patricia Gale

[nacomagale@gmail.com](mailto:nacomagale@gmail.com)



## Hope for Hero's

Hi Everyone,

It was so great to see so many at the September meeting. It seemed like it had been a long time since we were all together.

The days are growing shorter and summer will be ending soon and before you know it, the Holidays will be upon us. We, Carol, Shirley and myself would love it if you would start thinking now and maybe for the next two months on one of your trips to the grocery store, if you would pick up a gift card or two. We would love for them to be in smaller amounts like \$5, \$10 or \$15. Maybe we can possibly get a few more.

As in the past we are wanting to put many smiles on the faces of our families stationed at the 3 bases in Arizona, the one in Sierra Vista, the one in Tucson and Luke and would like to add Nellis in Las Vegas this year.

Suggestions for the cards would be fuel cards, common grocery stores, Walmart, Target, Regal theaters, common restaurants, fast food, Kohls, I-tunes, etc. If you start now and see that you can do a couple each month that would be super....awesome....wonderful... It is a stressful time for our military families when one of the parents are deployed and the one at home has their hands full. Let us try to relieve some of the stress and help them have a little more at the holidays. Let us, ESA, put smiles on their faces.... PLEASE....

We will be collecting all the gift cards at the November meeting in Tempe. If you cannot make it, please see if one of your chapter members are coming and have them bring them to us or you can mail them to either Carol Caldwell, Shirley Phillips or myself. Our addresses are in the roster.

Last year we collected \$1,365.00, let's try to increase this amount for this year! Remember we have 4 bases now to add smiles to and relieve a little stress for the parents! Thanks again and hopefully we will have many cards to share across the four bases this year.

God Bless America

Deana, Carol and Shirley

P.S. You all could be in trouble with the 3 of us.....LOL



## Ocotillo Express

Good Afternoon to all:

This is to let you know that if you have any information or news please contact either Jacqui [Smith at jacquismith@comcast.net](mailto:jacquismith@comcast.net) or Carol [Caldwell at crcccarol@gmail.com](mailto:Caldwellatcrcccarol@gmail.com). Below is what has been sent for to us this month.

Thank you

Carol Caldwell & Jacqui Smith  
AZ State Co-Chaplains 2017-2018

Shirley Phillips is in St Joseph's hospital undergoing some tests. Thinking of You cards may be sent to her home at 7541 E Pima St., Tucson, AZ 85715.

Update from Shirley Phillips

Many thanks to all who sent me cards when I was in the hospital. I am so happy to be home and feeling better every day. Your cards and calls lifted my spirits and helped with my recovery. Thank you

Shirley Phillips, Beta Delta

Pat Clifton, a past ESA member, is having health issues and could use some cheering up cards. Here address is

Pat Clifton  
19802 N. 32 St.  
Phoenix, AZ 85050

Sheila McClure's Husband Dennis and a member of the Gamma Tau Chapter is having more medical problems and they also could use some cheering up cards. Addresses is

Sheila and Dennis McClure  
3407 W. Cambridge Ave  
Phoenix, AZ 85009-1435

After arriving at the Council Meeting in Casa Grande yesterday, Barbara Nelson, Alpha Sigma chapter, took ill and was taken to the Casa Grande Hospital, where she was diagnosed as having a heart attack. Barbara will be in the hospital for a couple of days and then allowed to go home. Her son is with her. Am sure Barbara would welcome seeing cheery get well cards when she gets home. Her address is:

Barbara Nelson  
8910 E. Sun Lakes Blvd. North  
Sun Lakes, AZ 85248-6434

## Ocotillo Express Continued

From Liz Montgomery with update on Barbara Nelson

Barbara wants you to know, she did not have an actual heart attack. With all the tests that were done in the hospital, they determined it was a severe anxiety attack. There are no heart issues and doing much better at home. She really appreciates all the cards that have been sent to her. Thank you for all the love and support you have shown.

From Shirley Albertson

Shirley Albertson would like to thank everyone who was praying for her and to tell all that her stomach problem was not cancerous. She is home but still feeling the effects of the antiseptic. Keep up the prayers till she finds out what is causing her stomach problems.

If sending Bev Likely a card her zip code is 89120

Sent by her grandson  
Myra Blaker turned 95!



There was a celebratory lunch and/or happy hour on Sept. 29

If you wish to send Myra a birthday card her address is:

Myra Blaker

C/O Westminster Village

12000 N. 90th St.

Scottsdale, AZ 85260

Phone or TXT her at [480-948-6156](tel:480-948-6156)

email her at [msblaker@cox.net](mailto:msblaker@cox.net)

From Donna McAvoy, Beta Gamma, Marilyn Voorhest passed away Saturday, September 30.

Marilyn was State President in 1974-75.

Cards may be sent to her husband David Voorhest at 217 Afton Brae Dr. Anniston, AL 36201-6747

Greta VanVorce with Beta Delta.

Was taken to TMC hospital early Sunday morning, 9-10-17 by ambulance. They are running test. Last update was she was not be released on 9-12-17 because her blood pressure is too low.

Please send cards and well wishes:

Greta VanVorce  
201 N. Jessica #126  
Tucson, AZ 85710

## St. Jude Walk Phoenix Update



Phoenix Walk raised \$177,136 so far.

Big thank you to Joni Slama, Fran Gale, Chris & Jeff Goldberg, Liz Hyatt, Wendy Williams, Jackie Young, & Marsha Evans



## St. Jude Walk Las Vegas Update

Las Vegas walk raised \$110,371 so far

What an amazing job by the Eta Gamma members!





They sure know how do a walk in Las Vegas, even Storm Troopers were there!



## St. Jude Dream Home in Las Vegas Update

Deana is having a ball with our Las Vegas Dream Home. On August 2nd our grand opening sell-a-thon we sold over 4,000 tickets in 24 hours! We are half way there folks! If you know of anybody in the State of Nevada we encourage them to buy their ticket now! We are still needing volunteers for weekends in September and the first weekend in October. Please notify Deana for details and have a great time in Vegas! The number to purchase a ticket is 1-800-378-5386 or [dreamhome.org](http://dreamhome.org). (You must be a resident in the state of Nevada). Deana's phone (317) 294-9027 and her email is [dwaltesa@att.net](mailto:dwaltesa@att.net).

Remember What Happens in Vegas Stays In Vegas!!!!

More to come: Stay tuned!!

Love,

Wendy & Deana



**Members of Delta Pi and Delta Omega drove to Las Vegas to help with selling tickets and giving tours.**

**Arizona President Joni Slama and Cyndi Sklad and Past IC President Sherry Day pictured.**

## Easter Seals – Phoenix

Happy October everyone! Temperatures are finally starting to cool down which I know will energize everyone to get out and volunteer! I want to share a Challenge that was issued from our IC Easter Seals Chairperson, Theda Hall. If every person through ESA would contribute just \$5.00 over the entire 2017-2018 year, ESA could raise over \$45,000 for Easter Seals!! To make it fun and interesting for everyone we have a 'calendar' for you to help keep track of this Challenge for your Philanthropic reporting.

- **August** Put a dime in the bank for each letter in your birth month.
- **September** Put a nickel in the bank for each letter in your birth state.
- **October** – Why worry? Just put \$ 1.00 in the bank. 'Nuf said!
- **November** – Put a quarter in the bank for each sister and a quarter for each brother. Add \$1.00 if you have a husband or significant other
- **December** – Put a dime in the bank for each present or gift card you buy.
- **January** – Put a dime in the bank for each year of your age up to 35 and a nickel for each year thereafter.
- **February** Put a \$1.00 in the bank for the first 100 lbs of your weight and a penny for each pound thereafter.
- **March** If your hair is gray, pay 50 cents; black; 75 cents; brown; 60 cents, red; 25 cents, blond, 20 cents; white, 10 cents. Dyed any of the above colors: \$1.00 extra.
- **April, May, June & July** – If you are going to IC Convention, subtract a \$1.00. If you are not going, add \$2.00.



I have envelopes available for your chapters to use as their 'bank'. Let's do it !!!

Lastly, our Phoenix Easter Seals partners at Southwest Human Development are *always* in need of folks to help out in their warehouse sorting, shelving or delivering children's books. I encourage everyone to visit [www.swhd.org/lcd](http://www.swhd.org/lcd) for dates and times.

Daphne Henry-Hernandez  
Easter Seals - Phoenix



## Arizona Council Calendar

<p><b>October 15, 2017</b> Tucson Tea</p>	<p>See Ocotillo Express for details</p>
<p><b>October 20, 2017</b> Bunko 6:00 PM \$10 donation for St. Jude</p>	<p>8723 E. Ridge Terrace Dr, Tucson, AZ 520-883-4458 <a href="mailto:Gold4us2@comcast.net">Gold4us2@comcast.net</a> RSVP by Oct. 10, 2017</p>
<p><b>Nov. 19, 2017</b> Council Meeting Registration 9:00 AM Council Meeting 10:00 AM</p>	<p>Four Points by Sheraton (Ahwatukee) 10831 S. 51st St. Phoenix, AZ 85044 Hosted by Alpha Kappa, Tempe Cost \$25</p>
<p><b>Jan. 9 – 12, 2018</b> Western States Fling</p>	<p>Bajamar, Ensenada, Baja California, Mexico</p>
<p><b>Jan. 20, 2018</b></p>	<p>Lunch and Style Show Benefiting The Kids at St. Jude Hospital Fashions by The Dress Barn Tucson, AZ</p>
<p><b>Jan. 21, 2018</b> Council Meeting Registration 9:00 AM Council Meeting 10:00AM</p>	<p>Viscount Hotel 4855 E. Broadway, Tucson 85711 Hosted by Beta Delta, Tucson Cost \$25</p>
<p><b>March 2 - 4, 2018</b></p>	<p>IC Leadership Conference 2018: Details TBA</p>
<p><b>March 11, 2018</b> Preferential Luncheon</p>	<p>Details TBA Tucson, AZ</p>
<p><b>April 15, 2018</b> Council Meeting Registration 9:00AM Council Meeting 10:00AM</p>	<p>Henderson, NV Council Meeting 10:00AM Hosted By: Eta Gamma Cost \$25</p>
<p><b>June 1-3, 2018</b> AZ State Convention</p>	<p>75th Arizona Council State Convention Details TBA, Phoenix, AZ Hosted by Delta Pi</p>
<p><b>July 14-22, 2018</b> IC Convention</p>	<p>Sheraton Grand Phoenix Phoenix, AZ</p>



# RANDOM ACTS OF KINDNESS FOUNDATION®

OCTOBER 2017

THEME: TEAMWORK

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p>Share your favorite vegetarian recipe on social media</p> <p><i>World Vegetarian Day</i></p>	<p><b>2</b></p> <p>Start a book drive at school or work</p>	<p><b>3</b></p> <p>Gather recipes from family &amp; friends and create a recipe book to share with them</p>	<p><b>4</b></p> <p>Become an organ donor</p>	<p><b>5</b></p> <p>Share your favorite story with someone</p> <p><i>Do Something Nice Day</i></p>	<p><b>6</b></p> <p>Smile at everyone. It's contagious!</p> <p><i>World Smile Day</i></p>	<p><b>7</b></p> <p>Hold a neighborhood car wash</p>
<p><b>8</b></p> <p>Organize a neighborhood clean up</p>	<p><b>9</b></p> <p>Help someone who has dropped something</p>	<p><b>10</b></p> <p>Sharpen pencils for your classroom</p>	<p><b>11</b></p> <p>Write a positive note to a classmate or co-worker</p>	<p><b>12</b></p> <p>Clean up after yourself</p>	<p><b>13</b></p> <p>Help someone for free</p>	<p><b>14</b></p> <p>Have dessert before dinner!</p> <p><i>National Dessert Day</i></p>
<p><b>15</b></p> <p>Volunteer for a local community organization</p>	<p><b>16</b></p> <p>Get together with your team and do something nice for your boss</p> <p><i>Boss's Day</i></p>	<p><b>17</b></p> <p>Offer to help a co-worker with something</p>	<p><b>18</b></p> <p>Share a positive blog post</p>	<p><b>19</b></p> <p>Write a letter to yourself to send sometime in the future @ futureme.org</p> <p><i>National Evaluate Your Life Day</i></p>	<p><b>20</b></p> <p>Pay for the person's meal behind you at a drive thru restaurant</p>	<p><b>21</b></p> <p>Offer to help a neighbor with something</p>
<p><b>22</b></p> <p>Make a random acts of kindness list with your friends</p>	<p><b>23</b></p> <p>Cheer on a friend or co-worker. Tell them they're doing a great job!</p>	<p><b>24</b></p> <p>Pay attention in class or a meeting</p>	<p><b>25</b></p> <p>Start a RAK Club at school or in your community</p>	<p><b>26</b></p> <p>Be polite on the road</p>	<p><b>27</b></p> <p>Offer to help a friend with a home project</p>	<p><b>28</b></p> <p>Treat yourself and someone else to a chocolate treat</p> <p><i>National Chocolate Day</i></p>
<p><b>29</b></p> <p>Offer to help a family member with something</p>	<p><b>30</b></p> <p>Gather friends and make cards &amp; treat bags to take to a local nursing home on Halloween</p>	<p><b>31</b></p> <p>Take cards and treat bags to a local nursing home</p> <p>Halloween</p>				

For even more kindness ideas, visit our website at [www.randomactsofkindness.org](http://www.randomactsofkindness.org)

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## MY RANDOM ACTS OF KINDNESS

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## From the Bulletin Editor

Happy October, for Arizona fall finally feels like it is here.



Thank you to everyone for emailing me their bulletin articles. Include photos of events and yourself as it makes the bulletin more personal.

Please email or call or write so I can include what is happening in

your chapter and your ideas with the Arizona Council. This bulletin wouldn't happen without you!

Upcoming Bulletin schedule:

November – Due Oct. 10

December – Due Nov. 10

*January - No bulletin*

February – Due Jan. 10

March – Due Feb. 10

April – Due March 10

May – Due April 10

June–June 10

*July - No bulletin*

*August - No bulletin*

September – Due Aug. 10

April Aguiñaga

[april\\_aguinaga@hotmail.com](mailto:april_aguinaga@hotmail.com)

602-904-1530



If you would like to read the IC ESA Bulletin here is the link to their website –  
ESA IC News Bulletin Website -

<https://sites.google.com/view/esa-ic-newsbulletin/home>