

# ENDLESS POSSIBILITIES IN ESA

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**Arizona Council**  
November 2017  
**Volume LXXIV, Issue 3**



In 1892 on the campus of Stanford University an 18-year-old student was struggling to pay his fees. He was an orphan, and not knowing where to turn for money, he came up with a bright idea. A friend and he decided to host a musical concert on campus to raise money for their education.

They reached out to the great pianist Ignacy J. Paderewski. His manager demanded a guaranteed fee of \$2000 for the piano recital. A deal was struck and the boys began to work to make the concert a success.

The big day arrived. Paderewski performed at Stanford. But unfortunately, they had not managed to sell enough tickets. The total collection was only \$1600. Disappointed, they went to Paderewski and explained their plight. They gave him the entire \$1600, plus a check for the balance \$400. They promised to honor the check at the soonest possible.

"No," said Paderewski. "This is not acceptable." He tore up the check, returned the \$1600 and told the two boys: "Here's the \$1600. Please deduct whatever expenses you have incurred. Keep the money you need for your fees. And just give me whatever is left". The boys were surprised, and thanked him profusely.

It was a small act of kindness. But it clearly marked out Paderewski as a great human being.

Why should he help two people he did not even know? We all come across situations like these in our lives. And most of us only think "If I help them, what would happen to me?" The truly great people think, "If I don't help them, what will happen to them?" They don't do it expecting something in return. They do it because they feel it's the right thing to do.

Paderewski later went on to become the Prime Minister of Poland. He was a great leader, but unfortunately when the World War began, Poland was ravaged. There were more than 1.5 million people starving in his country, and no money to feed them. Paderewski did not know where to turn for help. He reached out to the US Food and Relief Administration for help.

He was introduced to a man called Herbert Hoover — who later went on to become the US President. Hoover agreed to help and quickly shipped tons of food grains to feed the starving Polish people.

A calamity was averted. Paderewski was relieved. He decided to meet Hoover and personally thank him. When Paderewski began to thank Hoover for his noble gesture, Hoover quickly interjected and said, “You shouldn’t be thanking me Mr. Prime Minister. You may not remember this, but several years ago, you helped two young students go through college in the US. I was one of them.”

The world is a wonderful place. What goes around comes around!

We may never be in a position to help a country in their hour of need, but you can be a special angel to those you encounter each day. Taking a cue from the story I told you about during my acceptance speech, I recently had the opportunity to offer assistance to a young man with a little financial assistance and lunch. He was quite surprised and seemed to be very grateful when I handed him the bag containing some food and wished him a blessed day. I would like to hear about what you have been doing for your Acts of Kindness and hope you have been writing down to share with the rest of the Council. Remember, even if you are unable to attend a council meeting, you can still participate in the contest. Just email them to me at [jsslama@cox.net](mailto:jsslama@cox.net).

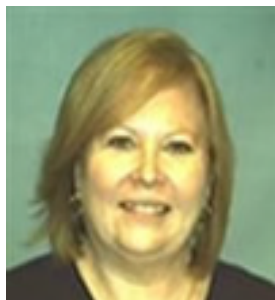
I love this time of year. Not just because it is my Birthday month, but also because the weather is cooler, there is a reason to snuggle under the covers and wear sweaters, drink hot chocolate and of course Thanksgiving. Do you have a favorite family dish? One that everyone who comes to your home requests there to be on the Thanksgiving table? For my family, I would have to say, it is my Aunt Marlys’s cranberry salad. It is sweet and tangy and I can’t remember too many Thanksgiving meals that this salad was not a part of. There is so much for us to be thankful for. Good health, a roof over our head and of course Family and good friends. This year I am especially thankful for all of you who are helping me make this year one of great kindness.

I would like to encourage you to consider running for the Executive Board. I know you are probably saying that it is a bit early to be thinking of this, but it is never too early. I have had such great times on the Board that I decided to do it again. Being a member of the Executive Board helps you with public speaking, conducting meetings, learning the art of compromise and also a way to learn about our Council and the people in it. If you feel that you are just not ready for the Executive Board, that’s fine, please consider being a part of Chris’s Appointed Board. If she hasn’t already come to see you, I am sure she will soon be coming around asking for your help. What better way to support the Council.

Another way of sharing your talents with the Council is by your Chapter submitting a bid to host a Council meeting. We are very fortunate this year that several chapters from around the Council have agreed to host all us. This year we have and will be going to Casa Grande, Phoenix, Tucson and Henderson Nevada. Don't wait until the last minute to submit your bid for next year's Arizona Council Meetings, especially if there is a particular month you want. I know Chris would love to plan her Calendar early.

There had been talk about obtaining a bus for the April Council meeting in Henderson. Regrettably, due to liability reasons, we are unable to charter a bus through the Council. So, it will be an old-fashioned caravan. Pack the cars with your sisters and brothers for a safe road trip and I will see you all in Henderson. I know Deana, Cristal and all of our Eta Gamma sisters have special things planned and will be very excited to see everyone.

I wish you all a very Happy Holiday season.



Joni



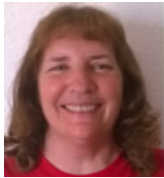
## Membership

The world has seen so many tragedies in the last six months from earthquakes, hurricanes and shootings. When watching the news and seeing the sorrow of the people involved, it reinforces how lucky we are to have the friendship of each other. ESA brings people together and provides us with a way to give and receive and create community wherever we are and with whomever is near. Let's take the time to give us and other people hope and encouragement about life. Along with being kind to each other, let's share our good fortune with other and bring someone else into our fold. There were a few events this last month and I am pleased to say that we did have some non-members help with Cooking at Ronald McDonald house and at Bunco for St. Jude. As with our garden plants, we are nurturing those new buds and hope to present them to the council as pledges this year. Keep bringing people to these events and let them see the fun and good work we do.

The Tucson Tea also took place and that cup of tea shared among friends provided comfort and nourished the soul. Thank you vice-presidents for the kindness you extended to your fellow chapter members. Put it down on your kindness list to help get to 75.

Hope to see everyone at the November Council Meeting.

Thanks for helping each other.



Chris Goldberg  
Vice President/President Elect



## Philanthropic

Happy Holidays to everyone!

One of my special Philanthropic projects this year! We will be having a peanut butter drive for the Community Food Bank of Southern Arizona. On Monday, 9-18-17 – we gave 57 jars of peanut butter and \$20.00 dollar donation in the name of ESA. The 57 jars equaled 80 pounds of peanut butter for the Food Bank. Thank you so much to everyone for all your donations.

I would like for each member to ask one friend to donate at least one jar of peanut butter. Please bring all donations to the November Council meeting. Peanut butter is currently the number one needed item at the Community Food Bank of Southern Arizona. We can really make a difference with these donations.

Please bring your gift cards for the military to the November Council meeting.

Think bigger. Forget Limits. Embrace the idea of endless possibilities..... It will change you!

I will be giving a workshop at the November Council meeting for everyone. We will need everyone help with the workshop. Please bring a pair of scissors to the November Council meeting.



A reminder to everyone: the first Philanthropic report will be due on November 22, 2017. Remember in order for your chapter to be eligible for perfect participation, you must turn in a report each one of these months, even if you indicate “no report”.

Each chapter will be able to go on the Arizona Council ESA website and get the Philanthropic packets. The website is: [www.AZCouncilESA.com](http://www.AZCouncilESA.com). If your chapter is unable to go on the website to get the packet, please call me.

In October, Paul, my husband and I went on a cruise from Boston to Quebec, Canada. So if you tried to reach me in early October that was why I didn't reply back to you as I didn't have access to my email.

Remember in order for your chapter to be eligible for perfect participation, you must turn in a report each one of these months, even if you indicate “no report”.

Please have your chapter Philanthropic chairperson put an article in the bulletin about your chapter Philanthropic events and or projects. This way everyone can support and possible attend your event.

Don't forget to keep track of your time, hours, and mileage and donated goods for your Philanthropic reports. Keep track as you go and this will make filling out your Philanthropic report a breeze.

Please see that list of ESA Philanthropic Collectible List 2017 – 2018. This list will help you know where the items are going and who they are helping.

- Box Tops for Education
- Campbell's Soup Labels – for Education (until December 2017)
- Easter Seals – diapers, baby blankets
- Gift Cards – Military families
- Lap Robes – VA Hospitals
- Postage Stamps – Postal History Foundation
- Greeting cards – for Military families
- Toiletries – Homeless shelters, women's shelters, VA Hospitals
- Peanut Butter – jars of peanut butter for Community Food Bank of Southern Arizona
- Pop Tabs – to benefit Ronald McDonald House
- Manufacturer Coupons – (expired or not) for Overseas Military families
- Medication yellow bottles with white lids – Primavera shelter
- Plastic lids screw-off style of all drinking containers (all colors) – to help with dialysis treatment cost
- Warm Hats – VA Hospitals and Operation deep freeze

+++++++SAVE THE DATE+++++++

On February 17, 2017 – My husband, Paul and I will be hosting Statewide Event at our home at 4:30pm to 7:00pm. The event will benefit St. Jude Children's Research Hospital. We will be having a home cooked meal for everyone. Event details on the cost and meal will be announced soon. Please put this date on your calendar and come and support the cause. If you are interested in helping with this event, please let me know.

See you all at the November Council meeting! Together we can make a difference.... One donation at a time!

Please email at [pkmadrid@cox.net](mailto:pkmadrid@cox.net) or call me and let me know what Philanthropic events that your chapters are having.



**Karen Madrid**  
**2nd Vice-President**



## Parliamentarian

Hello to all,

I want to take a quick chance to remind you that Chapters wishing to submit proposed changes to By-laws and Standing rules will need to do so by January 16, 2018. Please remember that these changes must be submitted in writing with a signature. If you have any questions, feel free to contact me.

I was looking online the other day and found some articles about how Robert's Rules of Order can and does exist in this modern ever changing world. One of the articles referred to the general principles of parliamentary procedure as the reason why it matters as much today as ever. Two of these general principles are:

- All members have equal rights, privileges, and obligations; rules must be administered impartially
- All members, majority or minority, have the right to full and free discussion of all motions, reports, and other items of business.

I believe that this is very true. If you or your chapter is in need of any assistance for parliamentary procedures and guidelines, please reach out to me.

Patricia Gale  
nacomagale@gmail.com



## Past President/Disaster Fund Chairman

Hi to all my ESA Sisters & Brothers,

It is a beautiful fall afternoon here in Glendale, AZ as I am writing this article. We are blessed right now with such wonderful weather. The “hot” weather is gone & it is the perfect time of year for us to start donating our time and asking for donations to help those less fortunate. In the fall Arizonian’s seem to get out more and it is the perfect time of year for giving. Thanksgiving will be here before we know it. In the past you all have worked with many different organizations over the years. You have collected funds & items to be donated. Have you shared anything about our IC Disaster Fund? People in your circle know about all the wonderful work you do, money collected and time donated, however they may not realize our very own members may be in need some time in the future.

Last month when I wrote my article there were horrific Hurricanes happening throughout the Southeast part of the United States. This week, Southern & Northern California has been hit by severe wild fires. My heart goes out to our California members. Keep them in your thoughts & prayers. Please remember that with all these devastations so far this year, our disaster fund will continually need help for our members that have been affected. We aren’t even half way through our ESA Calendar year and our Disaster Fund has had many requests for assistance already.

A couple weeks ago, I was having a phone conversation with a girl friend of I have known since high school. We were talking about being prepared for Hurricanes, Flooding and Fires. What to take, how soon to get ready, important papers and legal documents, etc. What we would do if we were being affected. Yesterday, 10/9/17 I felt the need to reach out and call her. She lives in Northern, CA near the wine country. The little community she lives in, is call Penngrove CA. It is right next to Santa Rosa, CA which is being devastated by fire. Her husband was soaking down their property and wetting their roofs, due to the hot ash & ambers landing in their yard because of the excessive blowing winds. They were getting bags packed and gathering up important items they may need in case they have to evacuate.

When severe health issues affect our bodies, devastation affects our lives you won’t know life like you did before these unexpected things happened to you. I never thought my conversation with my friend, would lead to checking in on her within a couple weeks of our conversation about emergency preparedness.

Remember:

The purpose of the ESA International Disaster Fund is to assist an ESA member whose home and/or personal belongings are destroyed or damaged extensively by one of nature’s causes -fire, flood, etc. The need for assistance occurred in the current year from June 1 to May 31. Assistance may also be given when a member incurs heavy financial responsibility due to a debilitating illness or accident, which involves the member or their spouse or immediate family who resides in the home due to physical or mental impairment whom they have legal guardianship over and are legally responsible.



## Past President/Disaster Fund Chairman Continued

### CONTRIBUTIONS TO THE DISASTER FUND

All checks are to be made payable to the ESA Disaster Fund and mailed to the State Disaster Fund Chair, (For 2017-2018 Liz Montgomery). If the State Disaster Fund Chair receives a cash donation, it will be deposited and a personal check or money order will be sent to the IC Disaster Fund Chair made out to the IC Disaster Fund.

Don't forget.....every dollar helps. Thank you for all your love & support and all you do.

For each new morning with its light,  
For rest and shelter of the night,  
For health & food,  
For love and friends,  
For everything thy goodness sends.

For flowers that bloom above our feet;  
For tender grass, so fresh, so sweet;  
For song of bird, and hum of bee;  
For all things fair we hear and see,  
Father in heaven,  
We thank Thee!

Author: Ralph Waldo Emerson

Hope to see you all at the November Council Meeting. If I don't see you in November.....  
Have a Blessed & Happy Thanksgiving.

Love & Hugs,

Liz Montgomery



## Hope for Hero's

Hi Everyone,

Hope all is well with all of you. I first want to say thank you to all of you who reached out to the Eta Gamma Chapter after the tragedy that happen in Vegas. Things will take time to return to normal, but it is strong community that will bounce back. We are "VEGAS STRONG"!

Hey, have you gotten your first gift card for our military families at the four bases? I hope so, I got my first one. Remember, we want to do \$5.00, \$10.00 and \$15.00 gift cards this time so that we can maybe reach a few more families by having the smaller amounts. If you can do one this month and another one before our November meeting that would be great. Also, maybe you have a few bucks extra in your chapter treasury that you would be willing to purchase a card or two that would be awesome!!

We need to do all that we can for these families. I have heard that some of them are having to go on food stamps. That is very sad. So, anything that we can do, I am sure will be greatly appreciated by them.

Other items we could use is greeting cards of any kind. They could be birthday cards, Christmas cards, Valentine cards, blank cards on the inside, etc. These items along with toiletries, pens, pencils, hard candies, deodorant, beef jerky, etc. can be used to bundle in a couple of boxes and get them shipped off.

It is hard enough when one of the spouses are deployed, but when the one here must struggle financially, it makes it even harder. We need to do all that we can to help as they are the ones who are helping us each day. They (the ones deployed) are there to help keep us free, to protect our country and our freedoms that many countries to not get to enjoy.

If you cannot make the November meeting, have a chapter member bring your gift cards or you can mail them to me if no one is coming to the meeting; that would be wonderful. You will have until December 1<sup>st</sup> to get them to me. My address is 1704 Delores Ave., Henderson, NV 89074. I plan to have all the cards mailed to the four chaplains by December 7<sup>th</sup>.

Please remember our veterans this month on Veterans Day. If you see a veteran please say, "Thank you for your service". If you chapter is planning an event, please let us know about it.

Thank you for all you do for your community and the military personnel. Have a great Holiday and as you gather around the Thanksgiving table, please say a prayer for our military that are not at home with their loved ones that they return safely.

Happy Thanksgiving from the 3 of us to all of you and yours.

Carol, Deana and Shirley





Arizona Council  
November Council Meeting

**When:** Sunday, November 19, 2017

**Registration: 9 am**

**Meeting: 10am**

**Cost: \$25**

Send chapter list of attendees by Nov. 13

Mail one check for the chapter to

Baz Winsor  
6721 S. Taylor Dr.  
Tempe, AZ 85282  
480-945-9370  
bazwinsor@q.com

Table reservations to

Betty Sinclair  
8385 S. Mill Ave  
Tempe, AZ 85284  
480-831-0829  
Beb31@cox.net

**Place:** Four Points by Sheraton (Ahwatukee)

10831 S. 51st St.

Phoenix, AZ 85044

480-893-3000 / 1-866/716-8133

\$89 per night includes complimentary breakfast (includes standard King or 2 Queen beds)

Make room reservation by Oct. 29 – ask for ESA or Epsilon Sigma Alpha room rate is good for both Sat. & Sun.



**Saturday, January 20, 2018**

**Lunch and Style Show**

**For**

**The Kids at St. Jude Hospital**

**Fashions by The Dress Barn**

***Jeff Goldberg on The Mike***

**Your Sisters as Models**

**Lunch by Marilyn Smith & the Beta Deltas**

**All Proceeds for St. Jude Hospital**

# **AZ COUNCIL MEETING JANUARY MEETING**



**WHEN:** January 21, 2018

**WHERE:** Viscount Hotel

4855 E. Broadway

Tucson 85711

**Registration:** 9 am

**Meeting:** 10am

**Cost:** \$25

## **CHAPTER RESERVATIONS:**

Shirley Phillips. 7541 E. Pima St., Tucson, AZ 85715

no later than January 12, 2018 deadline

**ONE CHAPTER CHECK PAYABLE TO BETA DELTA WITH  
NAMES OF ATTENDEES**

## **FUND RAISING TABLE RESERVATIONS:**

Mary Jane Hickey 520-744-6070

no later than January 12, 2018

**HOTEL RESERVATIONS: \$99.00**

All rooms are suites and include a complete breakfast buffet.

Must be made by December 15, 2017 by calling hotel at 520-745-6500 and ask for ESA block.



## 2018 IC Convention

Do you enjoy a good party? Do you love to share time with friends?  
Then we have just the place for you!

Plan now to attend the 2018 IC Convention in Phoenix, Arizona on  
July 18-22, 2018. The Arizona and California Councils are working  
hard to make sure there is a great celebration while you are there.

The registration forms are attached to this newsletter as well as the  
tour registration form. Come early or stay late and see some of the  
area. There are train rides and museums and casinos and great food.

We will meet at the Sheraton Grand Hotel in Phoenix. All the  
meetings are just an elevator ride from your room. The room block  
is open and the rates are \$139 single or double and \$149 triple or  
quad.

Tell your friends and join us as we enjoy a great week together in  
Arizona. We can't wait to see you!

Local Convention Chair  
Sherry Day

Local Convention Co-Chair  
Rickie Brown





**2018 INTERNATIONAL CONVENTION  
"SUNSHINE AND CELEBRATIONS"  
JULY 18-22, 2018  
SHERATON GRAND HOTEL  
340 N. 3<sup>RD</sup> STREET • PHOENIX, AZ 85004  
602-262-2500 (local) • 866-837-4213 (reservations)**



MEMBER NAME \_\_\_\_\_ MEMBER NUMBER/STATE \_\_\_\_\_ / \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY, STATE, ZIP \_\_\_\_\_  
 PHONE \_\_\_\_\_ CELL \_\_\_\_\_ EMAIL \_\_\_\_\_  
 CHAPTER NAME \_\_\_\_\_ CHAPTER # \_\_\_\_\_ STATE COUNCIL \_\_\_\_\_  
 DATE OF ARRIVAL \_\_\_\_\_ TIME OF ARRIVAL \_\_\_\_\_ FLY/ DRIVE USING SCOOTER Y/N  
 ROOMMATE(S) \_\_\_\_\_

**CHECK ALL THAT APPLY**

- ☐ First IC Convention    ☐ Pledge    ☐ Collegiate Member – Campus \_\_\_\_\_    ☐ HQ Staff
- ☐ ESA Foundation Board    ☐ IC Elected/Appointed Board    ☐ Past IC President (year) \_\_\_\_\_
- ☐ 2017-2018 State President – State \_\_\_\_\_    ☐ 2018-2019 State President – State \_\_\_\_\_
- ☐ Previous State President – State(s)/Year(s) \_\_\_\_\_ Served with: \_\_\_\_\_
- ☐ I will be recognized at convention for my years of ESA Service: 25 30 35 40 45 50 55 60 65 70
- ☐ Medical Food Allergy: The hotel will do its best to accommodate **MEDICAL Food Allergy requests only**.  
 Allergy alert for \_\_\_\_\_ (Additional costs may apply.)

**MEMBER FULL REGISTRATION FEE:**

Includes general assemblies, workshops,  
welcome party, recognition luncheon and banquet

- CIRCLE AMOUNT
- ☐ Postmarked by May 1, 2018 ..... \$250  
☐ Postmarked May 2 – June 1, 2018 ..... \$275  
☐ After June 1, 2018 (see payment note on page 2) ..... \$275

**MEMBER FRI & SAT REGISTRATION FEE:**

Includes general assemblies, recognition  
luncheon and banquet

- ☐ Postmarked by May 1, 2018 ..... \$225  
☐ Postmarked May 2 – June 1, 2018 ..... \$250  
☐ After June 1, 2018 (see payment note on page 2) ..... \$250

**MEMBERS SAT REGISTRATION FEE:**

Includes general assembly and banquet

- ☐ Postmarked by May 1, 2018 ..... \$125  
☐ Postmarked May 2 – June 1, 2018 ..... \$150  
☐ After June 1, 2018 (see payment note on page 2) ..... \$150

**MEMBER WALK-IN REGISTRATION FEE:**

**Includes everything in full registration**

- ☐ See payment note on Page 2 ..... \$300

**PICP NO-HOST LUNCHEON (all past and present state presidents/IC presidents) ..... \$40**

If served with multiple presidents, indicate with whom you wish to sit? \_\_\_\_\_

**SUBTOTAL MEMBER REGISTRATION:    \$ \_\_\_\_\_**

**CONVENTION HOTEL ROOM RATES**

Room rates: Single/Double - \$139, plus tax. Triple/Quad - \$149, plus tax

Rates are available for July 12, 2018 thru July 25, 2018 –

To receive the group rate, you **MUST** make reservations by **June 29, 2018**. Call for reservations and reference  
the **Epsilon Sigma Alpha International 2018 Convention rate** or click on the following: [hotel link](#)

Member Name and Number as listed on first page \_\_\_\_\_

**MEMBER MAY NOT REGISTER AS NON-MEMBER FOR ANY EVENT**

NON-MEMBER NAME \_\_\_\_\_

Please indicate if special guest of the following: ☐ ALSAC ☐ EASTER SEALS

☐ INCOMING IC PRESIDENT ☐ OTHER (Please specify) \_\_\_\_\_

	<u>CIRCLE AMOUNT</u>
<b>NON-MEMBER FULL REGISTRATION FEE</b>	<input type="checkbox"/> Postmarked by May 1, 2018 ..... \$250
Includes general assemblies, workshops,	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 ..... \$275
welcome party, recognition luncheon and banquet	<input type="checkbox"/> After June 1, 2018 (see payment note below) ..... \$275
<b>NON-MEMBER attending WELCOME PARTY</b>	<input type="checkbox"/> Postmarked by June 1, 2018 ..... \$ 65
	<input type="checkbox"/> After June 1, 2018 (see payment note below) ..... \$ 70
<b>NON-MEMBER attending RECOGNITION LUNCHEON</b>	<input type="checkbox"/> Postmarked by June 1, 2018 ..... \$ 50
	<input type="checkbox"/> After June 1, 2018 (see payment note below) ..... \$ 55
<b>NON-MEMBER attending BANQUET</b>	<input type="checkbox"/> Postmarked by June 1, 2018 ..... \$ 80
	<input type="checkbox"/> After June 1, 2018 (see payment note below) ..... \$ 85
<b>YOUTH REGISTRATION FEE</b>	<input type="checkbox"/> Postmarked May 1, 2018 ..... \$250
Includes general assemblies, welcome party	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 ..... \$275
recognition luncheon and banquet	<input type="checkbox"/> After June 1, 2018 (see payment note below) ..... \$275

**SUBTOTAL NON-MEMBER REGISTRATION:** \_\_\_\_\_

**ENTER TOTAL FROM FIRST PAGE:** \_\_\_\_\_

**TOTAL REGISTRATION:** \_\_\_\_\_

\*\*\*List food allergies for non-members on page one, indicating who has the allergy.

**MEN'S GOLF . . . Indicate days you would like to play golf.**

I wish to golf: ☐ Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday ☐ Saturday

**SELECT ONE PAYMENT TYPE**

**REGISTRATION IS NON-TRANSFERABLE**

**\*\* PAYMENT NOTE:** Payment after June 1, 2018 must be paid by **MONEY ORDER, CERTIFIED CHECK, CASH OR CREDIT CARD AND MAILED TO THE IC REGISTRATION CHAIR BEFORE JUNE 18, 2018. After June 18, 2018, mail registration form only – DO NOT SEND PAYMENT. Email the registration chair that the form has been mailed and bring copy of registration form with money order, certified check, cash or credit card to the IC Convention.**

☐ Check ☐ Money Order Make payable to: **ESA 2018 IC Convention**  
A \$45 fee will be assessed for any returned check.

☐ Credit card\*\* ☐ Visa ☐ MasterCard ☐ American Express ☐ Discover

**\*\*A fee of 4.5% of the total charge will be added.**

Credit Card #                 Exp. date \_\_\_\_\_ security code \_\_\_\_\_

Name EXACTLY as it appears on credit card \_\_\_\_\_

Billing address of credit card holder \_\_\_\_\_

Cardholder Signature (required) \_\_\_\_\_

**CANCELLATION:** If you find it necessary to cancel this registration, the full amount less a \$15 processing fee will be refunded when WRITTEN cancellation is postmarked NO LATER THAN JUNE 15, 2018. NO REFUNDS AFTER JUNE 15.

**Mail registration form and payment to:**

**Marilee Dunn, 2018 ESA IC Registration Chair**  
**3575-1 Lehigh Drive; Santa Clara, CA 95051**  
**408-838-5254 email: Eureka5255@aol.com**



## Tours for 2018 IC Convention



Mark the appropriate space(s) and indicate the number of tickets you want to order.

Please include tour registration with convention registration and payment.

**\*\*\*All tours include round-trip transportation\*\*\***

**Sunday July 15, 8:00 am – 4:00 pm** - Registration deadline – June 1, 2018

### **Jerome and Lunch at the Asylum**

Depart the Sheraton at 8am and travel to the Verde Valley. Experience a destination rich in history, beauty, and the production of exquisite Arizona wines. Stop in Cottonwood for shopping on your own in the historical downtown and a wine-tasting at Fire Mountain. Continue to Jerome. Recently voted as one of “America’s Coolest Small Towns” by BudgetTravel.com. Jerome is a historic mining town built in the side of Mingus Mountain that was abandon but has come back to life. Lunch is included at the Asylum. Return to the Sheraton around 4pm.

\_\_\_\_\_ Tickets at \$110.00 per person = \$\_\_\_\_\_

\*\*\*\*\*

**Sunday July 15, 9:30 am – 3:30 pm** - Registration deadline – June 1, 2018

### **Butterfly Museum and Talking Stick Casino**

Depart the Sheraton at 9:30am and travel to the Butterfly Museum where over 3,000 friendly butterflies await your arrival. It the largest indoor butterfly pavilion in America. Around 12:30pm continue to Be Talking Stick Resort and Casino for lunch on your own. The culinary experts at Talking Stick Resort have created six unique restaurants for you to enjoy throughout the hotel and resort. Then there will be time to flirt with lady luck before returning to the Sheraton around 3:30pm.

\_\_\_\_\_ Tickets at \$89.00 per person = \$\_\_\_\_\_

\*\*\*\*\*

**Monday July 16, 8:30 am – 8:00 pm** - Registration deadline – June 1, 2018

### **Verde Canyon Railroad**

Depart the Sheraton at 8:30am and travel to Clarksdale where you will board the Verde Canyon Railroad for a four hour diesel train journey to places only accessible by rail. See crimson cliffs, eagle nests, white water rapids, and abandoned gold mines. Return to the Sheraton around 8pm.

\_\_\_\_\_ Tickets at \$129.00 per person - coach class = \$\_\_\_\_\_

\_\_\_\_\_ Tickets at \$179.00 per person - first class = \$\_\_\_\_\_

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## Tours for 2018 IC Convention Continued

**Monday July 16, 10:00 am – 3:00 pm** - Registration deadline – June 1, 2018

### **Classic (Historic) Homes**

Go back in time for a day and discover Arizona's rich history. Tour The Rossen House, a fully-restored 1895 Queen Anne Victorian house museum which interprets the history of Phoenix. Tours of the house include all living areas and offer visitors a glimpse into the lifestyles of early Phoenix families. Spend time at Heritage Square before driving by other historical Phoenix homes. These homes are striking reminders of the Valley's vibrant past Lunch is included at the Spicery in Glendale.

\_\_\_\_\_ Tickets at \$75.00 per person = \$ \_\_\_\_\_

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**Tuesday July 17, 8:00 am – 5:00 pm** - Registration deadline – June 1, 2018

### **Sedona and Montezuma Castle**

Depart the Sheraton at 8am and travel to Montezuma Castle National Monument. Gaze through the windows of the past into one of the best preserved cliff dwellings in North America. This 20 room high-rise apartment, nestled into a towering limestone cliff, tells a story of ingenuity, survival and ultimately, prosperity in an unforgiving desert landscape. Continue to Sedona for lunch and sightseeing on your own. Sedona is home to over 300 artists that draw from the quiet, colorful, and spectacular physical environment. The red rocks, drifting clouds, towering pinnacles, and sheer canyon walls lend incredible beauty to this area. Return to the Sheraton at about 5pm.

\_\_\_\_\_ Tickets at \$105.00 per person = \$ \_\_\_\_\_

\*\*\*\*\*

**Tuesday July 17, 9:00 am – 2:00 pm** - Registration deadline – June 1, 2018

### **Musical Instrument Museum (MIM)**

Depart the Sheraton at 9am. A guided tour of MIM features more than 6,000 instruments collected from around 200 of the world's countries and territories. Most displays are enhanced by state-of-the-art audio and video technologies that allow guests to see the instruments, hear their sounds, and observe them being played in their original contexts. Lunch is on your own in the MIM Café. Return to the Sheraton around 2pm.

\_\_\_\_\_ Tickets at \$65.00 per person = \$ \_\_\_\_\_

\*\*\*\*\*

**Friday July 20, 6:00 – 10:30** - Registration deadline – June 1, 2018

### **Wildhorse Pass Casino**

Take the bus to Wildhorse Pass Hotel and Casino for a night of fun. There a slots and table games and great places to eat. See just how lucky you are! The bus will leave the hotel at 6:00 PM and return to the hotel about 10:30 PM.

\_\_\_\_\_ Tickets at \$24.00 per person = \$ \_\_\_\_\_

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## Tours for 2018 IC Convention Continued

**Friday July 20, 6:00 – 10:00** - Registration deadline – June 1, 2018

### **Diamondbacks Baseball**

The Arizona Diamondbacks are at home and playing the Colorado Rockies. Ticket price includes all you can eat ball park food (hot dogs, popcorn, sodas and more). In sections with easy access and close to the bar and a little more leg room. Don't forget – Chase Field is air conditioned and just 3 blocks from the Sheraton Grand Hotel.

\_\_\_\_\_ Tickets at \$38.00 per person = \$ \_\_\_\_\_

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**Sunday July 22, 9:00 – 5:00** - Registration deadline – June 1, 2018

### **Tucson – San Xavier del Bac Mission and the Presidio**

Depart the Sheraton at 9am and travel to Tucson. Upon arriving, tour the San Xavier del Bac Mission. A National Historic Landmark, San Xavier Mission was founded as a Catholic mission by Father Eusebio Kino in 1692. It is the oldest intact European structure in Arizona and is filled with marvelous original statuary and mural paintings. After lunch on your own, visit the Presidio San Agustín del Tucson Museum, a re-creation of the Tucson Presidio built in 1775. Travel back in time to learn about life as early Tucsonans would have lived it. Docent tours discuss life in the Santa Cruz Valley for early Native Americans, Presidio residents and Territorial Period settlers. See the archaeological remains of a pit house, walk along the original Presidio wall and experience a 150 year old classic Sonoran Row house. Return to the Sheraton around 5pm.

\_\_\_\_\_ Tickets at \$99.00 per person = \$ \_\_\_\_\_

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**NOTE: Tours may be cancelled if minimum registration is not met.**

Registration deadline – June 1, 2018

**Name** \_\_\_\_\_

**State** \_\_\_\_\_

**Tour Total** \_\_\_\_\_

**If using debit/credit card, add 4.5%** \_\_\_\_\_

**Payment Instructions:** Include Tour Registration form with Convention Registration. For your convenience, you may remit one check, money order, or credit / debit payment for both.

## Education Committee

### WHY IS EDUCATION SO IMPORTANT TO ESA?

I'd like to start this with a little history...

On September 12, 1929, in Jacksonville, TX, the mother chapter of Epsilon Sigma Alpha was organized with a small group of women who felt the desire to learn, grow, and serve together. The first meeting was held at the home of Mrs. Estelle Simpson, who is credited with founding ESA. She opened her home to the other women and the first meeting of ESA was launched. Other members of the Founders' Chapter included Pearl Kinman, state president of the Business and Professional Women organization, and second to sign the charter; Susan Rebhan, state Supreme Court judge; Florence Sterling, writer, editor and speaker; Phoebe Kerrick Warner, national chair of Rural Women Clubs; Althea Terry, was at one time the state president of the Business and Professional Women organization; Florence Crawford, business woman; Daisy Birchfield; teacher; and Clara Leach, expert in building program excellence. Meetings were held in the individual's homes on a weekly basis at night and much of the time was taken up with helpful and interesting discussion on cultural subjects. The initiation fee for each membership was \$96.50.

Epsilon Sigma Alpha was first known as the "National Reading Society" and had the additional support of the Publishers Press, which had adequate capital and facilities for providing texts and other necessary supplies to the membership. The original program of ESA focused on studying "The Writings of Mankind," a series of books featuring the great works and thoughts that were acknowledged by prominent American educators in the 1920s and 1930s. There were 20 volumes in the series. They were bound in blue leather with the ESA emblem on each. The volumes contained selections from writings of all ages. Charles H. Sylvester wrote additional material that included extensive historical notes, comments, and criticisms, giving the customs, habits, characteristics, arts, philosophies, and religion of those nations that contributed most to civilization.

These books were provided by the Publishers Press and given to each member. It was thought that a great deal of study and research would be accomplished individually and the chapter meetings would resemble a classroom recitation. Study lessons were outlined in detail in a paperback book accompanying the set. The purpose of the reading course, was twofold: first to encourage the cultural and personal development of the chapter's members, and second to help them secure the literacy background for reading with intelligence and appreciation. Each member was required to read five selections from the volumes each week. Publishers Press developed a newsletter for ESA named "What to Read", which began as the study guide.

In 1930 ESA developed its own "What to Read" newsletter featuring articles by ESA members and prominent writers from around the world. In 1933, the "What to Read News" was renamed the Jonquil to illustrate a broadening scope of interest within the organization.

So, as you can see, learning has always been very important to ESA. We've changed over the years, remembering our roots, and always including an Educational Program in our meetings, encouraging each other to grow and to learn, and to share the knowledge that we've learned from life in general, through our careers, and our education.

## Education Committee Continued

We are committed to improving our community by reaching out to those who may need a hand with finding their path in life – finding ways to manage their lives, ways to improve their family and home life, and even get an education that can be used to find a meaningful career. We can be instrumental in shaping better people, better communities, and better lives for many. This is why Education plays an important role in ESA.

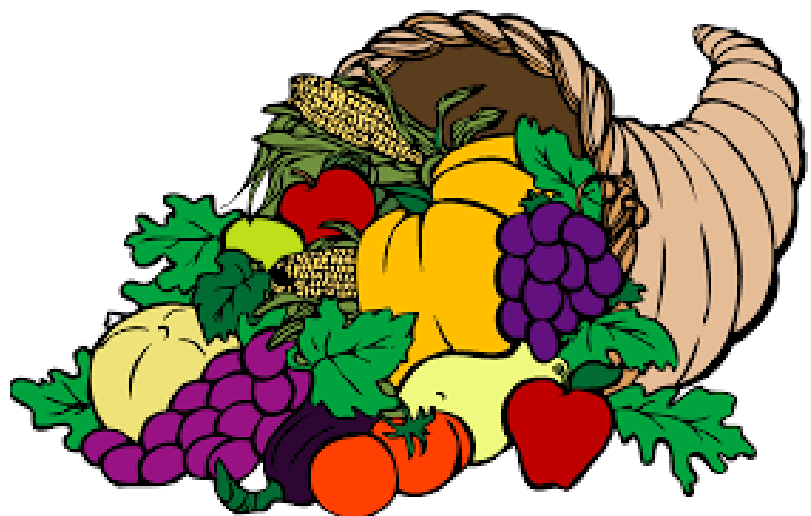
Through the ESA Foundation, we offer many opportunities for endowments, or scholarships for assistance in getting an education. Last year there were nine endowments given to four Arizona students totaling \$8,750.00. There are eight endowments specified for those living or going to school in Arizona totaling \$7,000.00. There are other endowments that have no specific requirements for location, that students in Arizona may be eligible for based on financial need, academics, or program of study. In all, there are approximately 40 endowments that Arizona residents or students may be eligible for, with a total value of over \$84,000.00.

Other areas that ESA members support educational efforts at the chapter level are by having educational programs in their chapters, as well as by supporting kids in their community by volunteering their time and talent to after school programs that involve reading and tutoring, by participating in or hosting book drives, and by staying involved with the schools and children in their areas.

This is what we do, this is who we are.

\*\* more information about endowments and scholarships can be found on the ESA website under ESA Foundation.

Julie Carlberg, Educational Co-Chair



## ESA Foundation

Greetings All,

I hope that this finds you all on your way to having a wonderful fall. I also hope that many of you were able to join us for September's Council meeting. I enjoyed sharing information about the Foundation's Life Active Grant program with the membership in attendance. If you were not able to attend and would like information about this wonderful program provided by the Foundation, please let me know and I will get it to you.

Sign up for 2018-19 Scholarship Application notification

The applications for ESA Foundation Scholarships for the 2018-19 academic year is open. If you'd like to receive notifications when important scholarship applications deadlines are approaching, please complete the form below.

[www.epsilonsigmaalpha.org/ScholarshipReminder](http://www.epsilonsigmaalpha.org/ScholarshipReminder)

I want to take this chance to share with you a little information about what the Foundation is all about....

The ESA Foundation is a nonprofit/tax-exempt organization pledged to develop philanthropic activities of volunteers, provide assistance to established programs that serve human needs, and produce new programs to improve the quality of life. The Internal Revenue Service has ruled that the ESA Foundation is exempt from federal income tax under section 501(c) 3 of the Internal Revenue code as an organization operating exclusively for charitable and educational purposes. The ESA Foundation was established as the ESA World Center Foundation in 1970 by the ESA Women International (currently known as ESA).

The following is a link to a great YouTube video about the Foundation. Check it out.

<https://youtu.be/CExfpvprJL8>

Enjoy your Fall and I look forward to seeing you all at November's Council meeting.

Patricia Gale

[nacomagale@gmail.com](mailto:nacomagale@gmail.com)

## Ocotillo Express

Remember to send in any information or news please contact either Jacqui Smith at [jacquismith@comcast.net](mailto:jacquismith@comcast.net) or Carol [Caldwell at crccarol8@gmail.com](mailto:Caldwell at crccarol8@gmail.com).

Happy Thanksgiving to you all.

Carol Caldwell & Jacqui Smith

AZ State Co-Chaplains 2017-2018

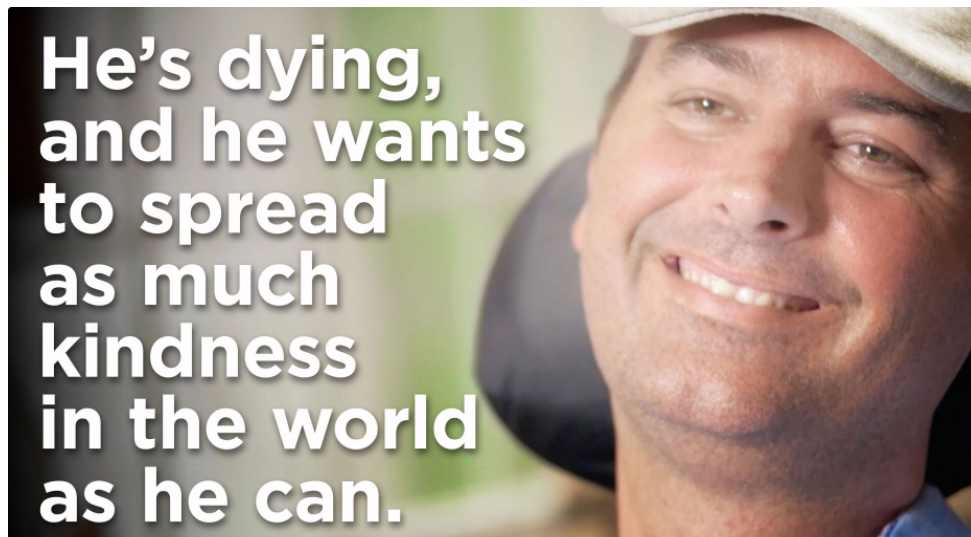
## Barbara Nelson, 2017-2018 State Awards Chairman

Please check the **"Black Box"** at the November Council Meeting for information regarding the **Outstanding Jr. High Youth Award** & the **Outstanding Senior High Youth Award**. The criteria & the forms along with the process for selection pertaining to the **Distinguished Achievement Award** will also be in the **"Black Box"**.

Often on Sunday mornings I watch CBS Sunday Morning – a few years ago I learned about Chris Rosati, a man who was making it his mission to inspire others by performing Random Acts of Kindness. It started with giving away donuts, to providing grants called Butterfly Grants. What makes it even more inspiring is Chris had ALS also known as Lou Gehrig's Disease. Google his name to see his interviews. But if like me, you've seen his interviews and you know will remember his smile and his positive attitude. Sadly, he died October 18. But his legacy lives on, let's do our bit to share Random Acts of Kindness.

Submitted by April Aguinaga

<https://www.cbsnews.com/news/chris-rosati-who-spread-happiness-while-battling-als-dies-at-46/>





## St. Jude Dream Home in Las Vegas Update

Dear Sisters and Brothers in ESA:

Deana and I are so grateful for the help we have had since we became St Jude Coordinators. You guys are one of a kind. We have a very special family in ESA that we are so proud to be part of.

The Dream Home in Vegas made \$850,000.00! Thank you to Chris & Jeff Goldberg, Sherry Day, Madame President Joni, Cyndi Sklad & Carolyn Vasko for all driving to Nevada and spending their day or weekend on the Dream Home!

I'm giving an extra shout to our Eta Gamma Chapter in Henderson, Nevada who has volunteered countless hours since August 1st raising money for the Dream Home!

The winner of our Dream Home is:  
Pam Grzebski! Congrats to our Nevada winner!!!



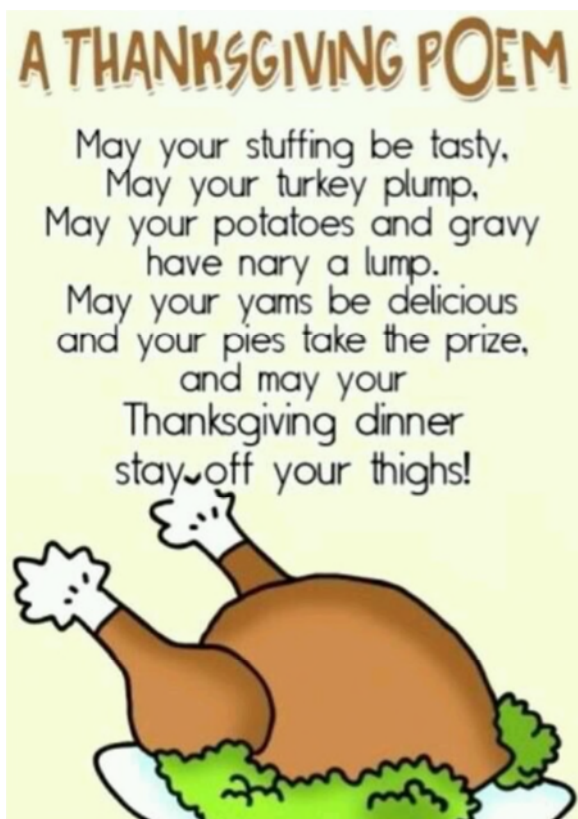
**Left to right - Kelly Palos, Gino Cimino, Josh Moser and Meghan Carrigan part of our building team; Teresa Buscemi and Allison Loftus from the St. Jude Vegas office; and our winners Pam and Steve Grzebski.**

We would like to thank again all of our members who donated monies, volunteered and walked The St Jude event in September.

Alsac weekly sends out articles about St Jude patients and upcoming events. If you would like to receive these articles, please contact Wendy Williams at [Stjudesjr@hotmail.com](mailto:Stjudesjr@hotmail.com) so we can add you to the list.

We hope you all had a wonderful Halloween and a beautiful Thanksgiving with your relatives and friends. As an Act of Kindness please invite someone you know who maybe alone to enjoy this holiday with you and your family.

Love in ESA  
Wendy & Deana



## Easter Seals – Phoenix

It's November and the Holiday Season is coming on fast! Here are a few activities available for your Phoenix Easter Seals Philanthropic activities. If you can fit it in!!

### Gobble till ya



#### 1. November 4-5 – Gatsby Gardens

Volunteers are needed to help with these fun events Saturday or Sunday, Nov 4-5. Just a few hours of your time could help ensure this fundraiser for Arizona's children is a great success. Sign up for Saturday, Nov 4 from 11a.m.-5p.m.; Sunday, Nov 5 from 9a.m.-2p.m. or 1:30-6:30p.m.

Sign up at [www.swhd.org/gatsbyvolunteer](http://www.swhd.org/gatsbyvolunteer)

#### 2. November 3, 6 or 8 – Literacy Distribution Center

Come assist with packing book orders for Reach Out and Read clinics. Help local pediatricians get books into the hands of children who need them the most. Volunteers should be able to stand walk and lift.

Sign up at [www.swhd.org/ldc](http://www.swhd.org/ldc)

#### 3. Week of November 13th – Delivery Drivers for local clinics.

There are 30 clinics that will need their books this month that could use your help! Deliveries ranging from 1-25 boxes in size will be picked up at the Literacy Distribution Center, 2806 N. 24th Street, Phoenix, AZ 85008 and dropped off at Valley Clinics. Pick-up and delivery must happen between 8-5 Monday through Friday. If you're able to help with this opportunity, please reply with the type of car you have, what side of town you can deliver to and when you're available to pick up the books at [www.swhd.org/ldc](http://www.swhd.org/ldc).

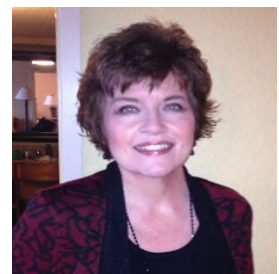
In addition, please remember that here in Arizona we are accepting the challenge made by IC to give a little something each month leading up to convention. The November and December challenges are listed below, and I will have a "bank" available at the council meeting:

NOVEMBER- Put a quarter in the bank for each sister and a quarter for each brother. Add \$1 for your significant other (I will owe \$1.75!)

DECEMBER- Put a dime in the bank for the first 100 lbs of your weight and a penny for each pound above that (I will keep that one secret!)

Lastly, our Phoenix Easter Seals partners at Southwest Human Development are *always* in need of folks to help out in their warehouse sorting, shelving or delivering children's books. I encourage everyone to visit [www.swhd.org/ldc](http://www.swhd.org/ldc) for dates and times.

Daphne Henry-Hernandez  
Easter Seals - Phoenix



## Arizona Council Calendar

<b>Nov. 19, 2017</b> Council Meeting Registration 9:00 AM Council Meeting 10:00 AM	Four Points by Sheraton (Ahwatukee) 10831 S. 51st St. Phoenix, AZ 85044 Hosted by Alpha Kappa, Tempe Cost \$25
<b>Jan. 9 – 12, 2018</b> Western States Fling	Bajamar, Ensenada, Baja California, Mexico
<b>Jan. 20, 2018</b>	Lunch and Style Show Benefiting The Kids at St. Jude Hospital Fashions by The Dress Barn Tucson, AZ
<b>Jan. 21, 2018</b> Council Meeting Registration 9:00 AM Council Meeting 10:00AM	Viscount Hotel 4855 E. Broadway Tucson 85711 Hosted by Beta Delta, Tucson Cost \$25
<b>March 2 - 4, 2018</b>	IC Leadership Conference 2018: Details TBA
<b>March 11, 2018</b> Preferential Luncheon	Details TBA Tucson, AZ
<b>April 15, 2018</b> Council Meeting Registration 9:00AM Council Meeting 10:00AM	Henderson, NV Council Meeting 10:00AM Hosted By: Eta Gamma Cost \$25
<b>June 1-3, 2018</b> AZ State Convention	75th Arizona Council State Convention Sheraton Fourpoints North, Phoenix, AZ Hosted by Delta Pi
<b>July 14-22, 2018</b> IC Convention	Sheraton Grand Phoenix Phoenix, AZ





# KINDNESS

## *Pass it on!*

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Give a flower    **Eat lunch with someone new**  
Listen with your heart    Visit a sick friend  
*Clean a neighbor's walk*    **Offer a hug**  
**Give an unexpected gift**    Make a new friend  
*Pick up litter*    **Say "hello"**    Call a lonely person  
Open a door    Help carry a load    Plant a tree  
Pass a kindness on    **Buy someone's meal**  
Cheer up a friend    **Thank a teacher**    Give blood  
Read to a child    **Do one kind act every day**  
**Leave a thank you note**    *Offer your seat*  
*Tip generously*    **BE TOLERANT**    *Let another go first*  
Bake cookies for emergency workers    **Tutor a student**  
Give a compliment    *Pay the next driver's toll*  
Lend a hand    Give a balloon to a child  
**Offer a ride**    *Celebrate the day*    **Respect others**  
Encourage a child    **Walk a dog**    **Do a favor**  
**Forgive mistakes**    Drive courteously    *Share a smile*

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[www.actsofkindness.org](http://www.actsofkindness.org)

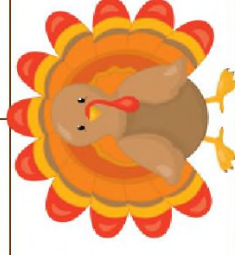


the random acts  
of kindness foundation



# November Acts of Kindness Calendar

		1 Make homemade dog treats and bring to a dog park	2 Thank a traffic broadcaster on social media	3 Make extra sandwiches to hand out at lunch	4 Decorate a purple pumpkin for epilepsy awareness
5 Leave a thank you note or gift at a military family's door	6 Invite a child who has aged out of foster care to dinner	7 Volunteer with or donate to hospice care	8 Arrange for a child to receive letters from Santa	9 Treat someone to a cappuccino	10 Donate food to a food bank or homeless shelter
11 Give someone a copy of a Chicken Soup for the Soul book	12 Once each hour make a point to say something kind to someone	13 Use tools from NCFL for Family Literacy Month	14 Collect items for recycling	15 Help students apply for scholarships	16 Offer to run errands or do chores for a caregiver
17 Donate a Monopoly set to a kids' club or school	18 Leave a puzzle book in a waiting room	19 Have a conversation with a stranger	20 Hide a note in someone's apron pocket	21 Bring a meal to someone who has to work on Thanksgiving	22 Set aside time to record your family's story together
23 Donate bibles to a Sunday school or bible study	24 Donate a Monopoly set to a kids' club or school	25 Donate to your favorite charity	26 Send cheerful emails and texts to people you know	27 Secure long-term health insurance for a loved one	28 Shop at a small business



## From the Bulletin Editor

Happy November

I wish you and your family a wonderful Thanksgiving and looking forward to seeing you at the November Council Meeting.

Thank you to everyone for emailing me their bulletin articles. Include photos of events and yourself as it makes the bulletin more personal.

Please email or call or write so I can include what is happening in your chapter and your ideas with the Arizona Council. This bulletin wouldn't happen without you!

Upcoming Bulletin schedule:

December – Due Nov. 10

*January - No bulletin*

February – Due Jan. 10

March – Due Feb. 10

April – Due March 10

May – Due April 10

June–June 10

*July - No bulletin*

*August - No bulletin*

September – Due Aug. 10



April Aguiñaga

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602-904-1530

If you would like to read the IC ESA Bulletin here is the link to their website –  
ESA IC News Bulletin Website -

<https://sites.google.com/view/esa-ic-newsbulletin/home>