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March 2018
Volume LXXIV, Issue 6



When a few words made all the difference
Courtesy Cheryl Rice

Last November, Cheryl Rice listened to that little voice that sometimes calls when you see someone in need, but you're not sure what to do. Instead of ignoring it out of fear, she took a leap of faith that helped lead her down an important path

"I was standing in the checkout line behind a woman who looked to be in her 60s. When it was her turn to pay, the cashier greeted her by name and asked her how she was doing. The woman looked down, shook her head and said, 'Not so good. My husband just lost his job and my son is up to his old tricks again. The truth is, I don't know how I'm going to get through the holidays.' Then she gave the cashier food stamps.

My heart ached. I wanted to help but didn't know how. Should I offer to pay for her groceries, ask for her husband's resume? I did nothing—yet. And the woman left the store. As I walked into the parking lot, I spotted the woman returning her shopping cart, and I remembered something in my purse that could help her in a different but hopefully profound way. It wasn't a handful of cash or a lead on a job for her husband, but maybe—just maybe—it would make her life better.

'Excuse me,' I said, my voice trembling a bit. 'I couldn't help overhearing what you said to the cashier. It sounds like you're going through a really hard time right now. I'm so sorry. I'd like to give you something.'

And I handed her a business-sized card. When the woman read the card's only two words, she began to cry. And through her tears, she said, 'You have no idea how much this means to me.'

I was a little startled by her reply. Having never done anything like this before, I hadn't anticipated the reaction I might receive. All I could think to respond was, 'Oh my. Would it be OK to give you a hug?' After we embraced, I walked back to my car and began to cry too. The words on the card: You Matter.

A few weeks earlier, a colleague gave me the same card as encouragement for a project I was working on. When I read the card, I felt a warm glow spread inside of me. Deeply touched, I came home and ordered my own box of You Matter cards and started sharing them too."

Remember that kindness and words really do matter. Be mindful of what you say. You can turn someone's day around for the better.

You may have noticed in the February Bulletin that the April Council meeting in Henderson will begin a half hour early. Registration will begin at 8:30 and the meeting will begin at 9:30. I want to give those of you traveling a chance to leave a little early for your trip home.

The Delta Pi Chapter is busy getting ready to host you at the State Convention in June. As you heard at the January Council meeting, I am trying something new with convention this year. Convention will be 2 days rather than 3. This gives you a chance to sleep in on Sunday, have a leisurely breakfast with your Chapter Sisters and Brothers before heading home. It also provides those who work a chance to get home earlier in the day to spend time with family, do laundry and relax a bit before having to go back to work on Monday.

Even though we may be shortening Convention, I assure you, you will not miss any of your favorite activities. Friday we will start with Registration followed by the IC Representatives Workshop, then will have the President's Invitational Reception and Combined Board meeting wrapping up the day with a fun evening of festivities at the Mixer party. Saturday we will start the morning by honoring our Brothers and Sisters that are no longer with us, followed by the First General Assembly, Awards Luncheon and the Installation Banquet. We will have a chance to celebrate your accomplishments, those Brothers and Sisters who have made an outstanding impact in their Chapters and celebrate your Years of Service. Even though I am shortening Convention, there will still be plenty of time for fun and fellowship. I understand change can sometimes be difficult, but I think these changes are for the better and believe you will think so as well.

When I joined ESA, Convention was attending by over a hundred members every year. I am hoping that by condensing the number of days for Convention, more members will want to attend.

It is hard to believe we are in March and my year as your State President is almost over. As much as I have enjoyed leading you this year, I would like to encourage members who might be thinking about running for the Executive Board to consider it this year. The form is on the Council website and should be returned to me by the April Council meeting. If you need additional time to consider running, you can run from the floor at State Convention, but it would be nice to introduce you at the April Council meeting so that everyone can see your smiling face. If you are new to ESA consider taking a position on the Appointed Board. This is a great way to become familiar with the workings of the Council. Either way, we cannot run the Arizona Council without you.

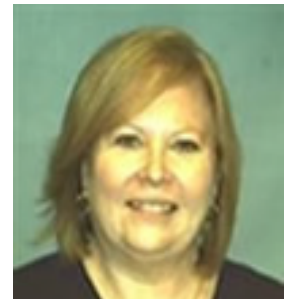
The President Packet information is on the Council's website. Please be sure to fill out the forms and return them to the proper person by the deadline, which for most is the April Council meeting. Documents for me can be emailed to jsslama@cox.net. If you have trouble getting into the website or filling out the forms, please contact April Aguinaga and she will be happy to assist you.

I want to thank Karen for hosting us at her home for the Dine for Kids dinner. I had such a wonderful time and the food was magnifiquie.

I hope to see you all at the State Preferential event in Tucson. Chris and her committee have been working hard to make the garden party very special for our pledges and reaffiliates and I know it will be very enjoyable.

I wish you all a safe and joyous St. Patrick's Day and remember;
As you slide down the banister of life,
May the splinters never point in the wrong direction

All my Best,
Joni



Membership

One of last year's membership themes was Fun for Every Age. I know that it's a year late, however that is exactly what we did at our latest Bunco for St. Jude night. My granddaughter invited her friend, who also brought her grandmother. Then Julie Carlberg brought her friend and Marilyn Smith brought her husband. Please look closely at the pictures further on in this bulletin. All three of these new guests from 10 to 80+ years old are having fun and winning prizes while giving donations to help the kids at St. Jude.

This is one of the solutions that has come up in multiple membership brainstorming sessions. Invite a friend to one of our ESA fun events and let them interact and experience our group firsthand. All of the new people in these pictures told me that they enjoyed themselves and can't wait to come again. That is the challenge to all of us: Bring a friend.

So far this year, we have added to our membership numbers and you will be able to meet our new members in March at the Garden Tea Party. Please come and see spring greening up our desert and the new flowers we have. Take the challenge and bring a friend. They will love seeing how well we include and nurture our new members.

Chris Goldberg
Vice President/President Elect 2018



Philanthropic

A huge thank you to all ESA chapters for 100% on time Philanthropic reports for January 21, 2018. I am hoping for 100% on time Philanthropic reporting from all ESA chapters for April 23, 2018. Remember April 23, 2018 is the final Philanthropic report.

A reminder to everyone: Remember in order for your chapter to be eligible for perfect participation, you must have one chapter member sign the "no report" list. I will have the list of all chapters at each of the Council meetings. In order for your chapter to be eligible for perfect participation, you must have a chapter member sign the "no report" list or turn in a Philanthropic report. The Philanthropic postmark deadlines are 11-22-17, 1-21-18 and 4-23-18.

Don't forget to purchase your raffle ticket to support the ESA Arizona Council Ways & Means project. The tickets are \$10.00 each. This will be a three way drawing: it will go to St. Jude, ESA Ways & Means and You (the winner). This raffle project will help us balance our ESA Arizona Council budget, donate money to the kids at St. Jude and you could win some cash! Each chapter was given five raffle tickets in the black box at the November Council meeting to sell. Please ask your family, friends, co-workers and your ESA chapter to purchase a raffle ticket for \$10.00 each. We need everyone's help to make this a success.

Special note: Regarding turning in collectable items for the April 2018 Council meeting in Henderson, NV. It is fine to turn them in at the April 2018 Council meeting. Julie Carlberg has offered to bring back donated items from the Council meeting in April 2018 to Tucson, Arizona. If you would like to turn the items in before the April 2018 Council meeting that is fine too. You can give me a call and we can make arrangements to get your collectible items before the April 2018 Council meeting.

A special thanks to my Philanthropic committee for all your help. All your efforts and work are greatly appreciated.

On February 17, 2018, Alpha Chi hosted a "Dine for the Kids" Mexican meal to Benefits St. Jude Children's Research Hospital. We were able to raise \$2,100.00 for the kids. Thank you to everyone for supporting our event.



Philanthropic Continued

Please share your upcoming chapter Philanthropic events. Put an article in the bulletin about your chapter Philanthropic events and or projects. This way everyone can support and possible attend your event. Thank you to all the ESA chapters that have held a Philanthropic event. Your hard work and dedication is greatly appreciated.

Upcoming Philanthropic Events & Fundraisers information:

- March 3, 2018 – in Phoenix & Las Vegas St. Jude will have the **Ride for a Reason Event** in Summerlin, Nevada. There will be several Lifetime Fitness events in Arizona and on April 21, 2018 in Henderson. <https://www.stjude.org/get-involved/at-play/fitness-for-st-jude/ride-for-a-reason-st-jude-lifetime.html>

Some of the Past Philanthropic Events & Fundraisers:

A special thanks to all ESA chapters and chairpersons for all the Philanthropic Events that have been held. All of your hard work and dedication is very appreciated!

- February 2, 2018 – Beta Kappa hosted a Bunco Party at 6pm.
- January, 20, 2018 – Beta Delta chapter is hosting a Luncheon & Style show to benefit St. Jude Children's Research Hospital. Fashion by Dress Barn.
- December 14 & 15, 2017 – St. Jude Radiothon in Phoenix, AZ at KMLE radio station. Totals will be announced.
- December 7 & 8, 2017 – St. Jude Radiothon in Las Vegas. Totals will be announced.
- November 14 – 17, 2017 – El Tour de Tucson was held and benefited Easter Seals Blake Foundation Charity.
- November 22, 2017 – Collection of Gift Cards for the military at the November Council Meeting.
- November 11 & 12, 2017 – Rock & Roll Marathon in Las Vegas to benefit St. Jude Children's Research Hospital. The event was a huge success.
- October 26, 2017 – Cooking with the Stars was held and benefited Easter Seals Blake Foundation Charity and was a huge success.
- In the fall of 2017 – Against All Odds Poker Tournament in Las Vegas raised over \$240,000 dollars for the kids at St. Jude.
- October 21, 2017 – Raise a Glass for St. Jude raised over \$85,000 dollars.

Please contact me if you have any questions or need assistance. You can reach me at (520) 747-2646 or email me at pkmadrid@cox.net.

Karen Madrid
2nd Vice-President/Philanthropic



Bylaws Update

Greetings All,

Below is the proposed By-Law change that will be voted on at April's Council meeting. Please review with your chapter members and make sure you Council Reps, know the way your chapter wishes to vote. If you have any questions feel free to contact me.

Patricia Gale

Section 2 First Vice-President/President Elect

He/She shall be Membership Director. He/She shall select her/his own committee and assist Chapter Vice-Presidents. He/She shall work in close cooperation with the President, accept such duties as are assigned to her/him by the President and preside at meetings in the absence of the President. He/She shall be Chairman of an annual event honoring pledges and re-affiliating members. He/She shall be responsible for the administration of the Gladys Bagley Schaefer Outstanding Pledge Award, to be presented during Convention. The Arizona Council shall sponsor one representative to the International Council Leadership Conference. This representative shall be the First Vice President/President Elect or a representative selected by the Executive Board. An amount of money shall be allotted to pay the representative's registration fee and transportation at the least expensive air rate available, excluding First Class.

Proposed Change

Section 2 First Vice-President/President Elect

He/She shall be Membership Director. He/She shall select her/his own committee and assist Chapter Vice-Presidents. He/She shall work in close cooperation with the President, accept such duties as are assigned to her/him by the President and preside at meetings in the absence of the President. He/She shall be Chairman of an annual event **in an area centrally located for to honor all pledges and reaffiliating members, if interest dictates**, he/she shall be responsible for the administration of the Gladys Bagley Schaefer Outstanding Pledge Award to be presented **at the Preferential event**. The Arizona Council shall sponsor one representative to the International Council Leadership Conference. This representative shall be the first Vice President/President Elect or a representative selected by the Executive Board. An amount of money shall be allotted to pay the representative's registration fee and transportation at the least expensive air rate available, excluding First Class.

Reason

- Feel we should ensure members have a central location convenient to all with which to honor new members and re-affiliates and not necessarily the location of the First Vice President.
- Do not want the First Vice President to be held to presenting the Gladys Bagley Schaefer Award if there is no shown interest from Chapters.
- By moving the presentation of the Gladys Bagley Schaefer award to the Preferential event it allows more Chapter members to attend and possibly invite additional guests to celebrate the pledge.

Patricia Gale

Past President/Disaster Fund Chairman

Warm Winter Greetings to all my ESA Sisters & Brothers,

It is a beautiful winter morning here in Glendale. We are blessed in Arizona with such wonderful ESA embers aren't as fortunate to see the sunshine all year long like we are. Even when we get rain next thing we know.....the sun comes out.

Last month I wrote about "Mother Nature's" unexpected disasters. Ones that could possibly affect a single person and/or family, ultimately they could suffer different disasters simultaneously. Unfortunately we are not able to prepare ourselves for the unexpected; however we can prepare ourselves for certain types of disasters in our lives.

A few years ago on the IC level they shared with us information about "Emergency" Preparedness. There are actually "Emergency" Preparedness checklists and kits on line, all you have to do is just "Google" the term. As many of you know I am not a computer "GURU", however I do love "Google". I am amazed how you can Google just about anything and get an answer and/or information. Let's continue to discuss being prepared.

Every time my husband and I leave to travel out of town in the car I have a check list for us and our dog. My check list is "Just in Case" or "What if". I have always been one of those kinds of travelers. Actually I suppose I have always just been one of those kinds of people. I'm not sure if it was how mom raised me, watching too many Let's Make a Deal Shows, remember when Monty Hall asked the audience women for items in their purse? Perhaps as a little girl, it was when I joined the brownies, which was the organization before, you went to girl scouts. I just wanted to always be prepared whenever possible.

Here in Arizona we are very fortunate and do not have the type of disasters other members maybe dealing with around other parts of the country. We may have to possibly deal with wild fires or possible flooding come monsoon time, so don't become complacent. Be prepared for that unforeseen situation. Now is the time..... when you have plenty of time in your schedule leisurely..... to put important items together in a little tote bag, you won't be rushing around, you'll be thinking more clearly, so later on you would be able to just grab and go if something were to happen unexpectedly in the future.

Another unexpected thing we are never quite ready for is a....."Emotional Disaster". This would be like finding out a very dear sister or friend/sister has a terminal illness or losing someone to death. We never know from day to day what will happen next. Oh my goodness, look at all the tragic accidents everyday here in Arizona, which it is getting out of control. Fortunately our local government is attempting to try and do something about it. With this being said, I know it is never a pleasant subject however I believe it is important you know your loved ones wishes. If something tragic happens unexpectedly, of course you will be overcome with grief. You will be emotionally a wreck. If you know ahead of time your loved ones wishes it may be easier on you.

When I lost my brother two years ago no one in our family except his wife, knew he wanted to be cremated. Mom was not happy.....however.....those were his wishes. Thank goodness he and his wife had that conversation. Since then I talked to my other brother. Also, my husband & I discussed what we are going to do.

Unfortunately, here in Arizona we've been dealing with a lot of Health Issues among our ESA sisters and brothers and most recently a few very heart wrenching deaths. Our loved ones have left us now and as much as it hurts our hearts we know they are in good hands with God. He will take good care of them. They are at peace, they are not suffering, they won't be in pain anymore and we will continue to celebrate their life. We Will Always Have Our Wonderful Fond Memories of Our Loved Ones.

We know in the circle of life unexpected things may continue to happen in our lives. We are more than half way through our ESA Calendar year. Let's continue to do "Acts of Kindness" Don't forget.....When we see one another again let's give plenty of "Hugs".

CONTRIBUTIONS TO THE DISASTER FUND

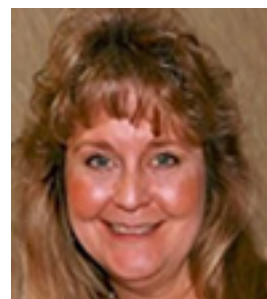
All checks are to be made payable to the ESA Disaster Fund and mailed to the State Disaster Fund Chair, (For 2017-2018 Liz Montgomery).

Please remember to discuss donations at your chapter meetings.

Don't forget.....every dollar helps. Thank you for all your love & support and all you do.

Love & Hugs,

Liz Montgomery



Hope for Heroes

Hello everyone.

Again, a great BIG THANK YOU for all the love all of you showed at the January Council meeting for the Hope for Hero's request. U R the BEST!



We would like to share some information that we received from Ev Campbell in Vail and her mission to help our military. She has been making cards and sending cards for 6 ½ years to our military. She has also taken on the task of filling the large “if it fits it ships” boxes to the military stationed overseas. When she started on her mission of the boxes she never dreamed it would turn into an enterprise! Her one guestroom is now called the “troop room”. That is where the bins are to store with all the items that she and her Del Web friends receive and pack into the boxes. Others have donated specific items for Ev to sell at the air base thrift store which helps offset the cost of mailing the large boxes.



Here are some interesting facts that I am sure many do not know. Many of the areas where our troops are do not have a store for them to shop in. The ones that have stores are so sporadic in shipments that by the time they get there the shelves are empty again.

These are basic items that they all need. The men are required to shave every day. Showers are often restricted or non-existent. This also applies to those on ships where the shower water is rationed, so baby wipes become the tools for hygiene. Many of the troops work 12-14-hour shift and the chow halls may not be open when they are done for the day, so that is the reason that protein bars, nuts, jerky and dried fruits are so important. Other items are tuna and spam pouches, individually wrapped crackers and cookies. That is why these boxes are so very important.

Hope for Heroes Continued

Did you know that our military is only 1% of our population? The wars in the Middle East have been going on for such a long time that our population has not given it much thought anymore. Many of our troops have been deployed 7 or 8 times for 6-12 months at a time. In 2017 Davis-Monthan AFB Airman were deployed for the 14th time! And the shame of this is that many of them do not have much support if any at home. That is one reason our boxes that are shipped are so welcomed with open arms by the men and women overseas. Even getting a card saying "thank you" is so so welcomed. It shows someone cares. Some other items that you may not think of are yo-yos, softballs, frisbees, hacky sacs and softballs. They can share them with others and have a little fun!

Ev has done such a wonderful job of being of service to our military. In 2017 she mailed 220 boxes which made the total 1,538 since she started. She usually sends the boxes 2 month prior to every major holiday to insure it arrives early. And they number from 20-30 boxes each time she mails.

Ev stated she was very appreciative of the support given to her by ESA. She estimates that several thousand of the cards that we have recycled through her have made it to our military in Iraq, Afghanistan, Kuwait, on our ships and other countries.

We need to also thank Sue Johnston for storing all that we gather in January for Ev and a big thank you to Peri for being our means of transportation to get the items to Ev.

Just remember "Our Freedom is not Free" and those boxes make a world of difference to those protecting us. Let's do all we can when we can.

Hugs from Carol, Deana and Shirley



Hope for Heroes Continued

Thank you from Ev Campbell

I can't thank all of you ESA members who went above and beyond in donating items for me to mail in care packages to our deployed troops!!!

Many items went in the boxes I hadn't finished for my Easter mailing. I mail boxes 2 months in advance of major holidays so the cards we make and are given arrive, the people can go through them, and they can arrive to their loved ones before the holiday. I mailed 24 boxes in this mailing.

My next mailing will be in mid March, with Mother's Day and all occasion cards in each box. The \$163 in cash collected will mail 9 boxes!!!! Thank you!!

Many of our troops have been deployed to Iraq, Kuwait, and Afghanistan for 8, 9, 10 times. We have troops in outposts in Africa and over 200 other countries. I mail to groups who are located in places where it is difficult to buy their daily hygiene items and snacks. I find this information on two websites.

I mailed 220 boxes in 2017 and a total of 1538 in 6-1/2 years!! This was made possible by the generosity of many individuals and groups like yours. I can't tell you how many thousands of greeting cards - new and used- I've sorted over the years from your members. I have spent a good 3 days sorting those that were brought to your meeting!! Most of the new ones will be in boxes next month.

Thank you again,

Ev Campbell
P O Box 457
Vail, AZ 85641



Ocotillo Express

Remember to send in any information or news please contact either Jacqui Smith at jacquismith@comcast.net or Carol Caldwell at crccarol8@gmail.com.
AZ State Co-Chaplains 2017-2018

Beta Gamma & Hope for Heroes Project at the VA in Gilbert

Beta Gamma is a Mesa chartered Chapter and decided to focus on the Southeast VA Clinic in Gilbert, Arizona. This VA Clinic serves Vets on the east side of the Valley: Ahwautukee, Apache Junction, Casa Grande, Coolidge, Florence, Mesa, Superior, and Queen Creek. The clinic is based on a primary care model of health care that has physicians, physician assistants, and nurse practitioners who provide care. The clinic also has its own laboratory, social workers and dietitians.



We were particularly interested in the Housing and Urban Development Program which helps homeless Veteran families. The program provides case management and community support services to keep Veteran families in safe and decent housing in the community. The goal is to keep the Veteran stay stable and housed in their community. They could use donations of sheets, towels and other household items.

Beta Gamma won the red/white and blue wreath that was made by Deana Walters and decided to donate it over the Christmas Holidays to the Southeast VA Clinic. Several of the chapter members went to the VA clinic for the donation presentation.



“Thank you for your most generous donation of a 2.5 x 2.5 ft. red/white and blue wreath for the enjoyment of our patients here at the medical center. This donation was given to our Staff who will then determine an appropriate place within the facility to display this item. Be assured that through your efforts our patients will truly benefit from the generosity that you have shown. Once again, on behalf of the medical center staff, we thank you and the members of the Beta Gamma Chapter ESA for your concern and interest for our Nation’s finest – our Veterans.”

Michael D. Achey
Chief, Volunteer Services
Department of Veterans Affairs
Phoenix VA Health Care System

The Beta Gamma chapter is going to consider donations to the Southeast VA Clinic to be used for gas cards, special items for projects and visual aids for bulletin boards. We are very excited to have a Veteran’s facility in our own backyard.!!

Kendra Sabol





*Spring Fling Fashion Show
And Luncheon*

*Presented by
Alpha Kappa Chapter #336*

*Saturday, March 24, 2018
Double Tree by Hilton
(formerly Fiesta Resort & Conference Center)
2100 South Priest Drive
Tempe, Arizona*

*Proceeds to benefit Meals on Wheels and
Connecting With Kids*

*11:00 am No Host Cocktails
12:00 pm Luncheon
1:00 pm Fashions by New Image
\$45 per person*

*RSVP by March 17, 2018
Baz Winsor
6721 S. Taylor Drive
Tempe, AZ 85283
(480) 945-9370*



AZ Council Meeting

April 2018

Hey Ladies and Gentlemen...lets go to Vegas!!!

When: April 15, 2018

Where: Mountain View Clubhouse,

148 Day Street

Henderson, NV 89074

(Entrance is off Arroyo Grande)

Time: Registration begins at 8:30 am, Meeting begins at 9:30 am

Cost : \$25.00 per person

*Please send one check with a list of those members that will be attending *

Mail to: Cristol Peppenelli

1825 Mountain Ranch Ave

Henderson, NV 89012

Deadline 03/31/2018

*Raffle Table Reservations- Contact Deana Walters at dwaltesa@att.net or by phone 317-294-9027..... **Deadline 03/31/2018**

***Hotel Information-**

Fiesta Casino Hotel

777 W Lake Mead Parkway

Henderson, NV 89015

702-558-7000

****Room Block is under RCIESA8 or ESA Conference Group Rate****

*Any questions, please contact Deana Walters by phone or Email.



Drink, Eat, Play & Stay!
Book Now! Questions? Contact
Sayra.Sierra@stationcasinos.com
Ann.Parsons@stationcasinos.com
(702) 567-7247
777 W. Lake Mead Parkway
Henderson, NV 89015
fiestahenderson.sclv.com



12 **Convention Sigma Alpha AZ/NV Chapters Conference** **April 12-16, 2018**

Fiesta Henderson Group Rates:

Thursday, April 12, 2018:	\$39.00
Friday, April 13, 2018:	\$79.00
Saturday, April 14, 2018:	\$79.00
Sunday, April 15, 2018:	\$39.00

Nightly Hotel Service Fee: \$9.99 Tax Rate: 14%
****Rates open until March 31st so BOOK NOW****

Toll Free Reservations (888) 899-7770. BE SURE TO MENTION THE CBMU GROUP CODE **RCIESA8 or ASK FOR THE ESA Conference GROUP RATE WHEN CALLING IN. WHEN MAKING YOUR RESERVATION ONLINE, CLICK ON THE RESERVATION LINK BELOW TO BOOK YOUR ROOMS WITH THE GROUP RATE CODE **RCIESA8**:**

[Click Here to Make your Reservation Online](#)

Located only 10 miles from McCarran International Airport and 15 Minutes from the Las Vegas Strip!

- 224 Newly remodeled guest rooms**
- Café Fiesta, open 24 hours**
- Fuego's, (named Best Steakhouse in Henderson)**
- Fall 2018 brings an exciting NEW Mexican Restaurant to Fiesta Henderson!**
- Subway, Starbucks, Villa Pizzeria, FatBurger**
- Festival Buffet (over 750 items!)**
- Coco Lounge offering live entertainment on Fri/Sat**
- Free parking / Free Wifi**
- Outdoor swimming pool and jacuzzi**
- State of the Art Race & Sports Book**
- Over 1600 Slots & action-packed Table Games**
- Fun Bingo with classic paper and daubers!**
- Regal 12 Movie Theatre and Arcade**
- Experienced and dedicated staff trained in "Beyond the Best" service**
- **Boarding Pass players incentive reward club**
- **Artisan Booze District (Winery & Breweries)**
- 7350 Eastgate Rd.**



Arizona Council State Convention Destination ESA

We hope you are making plans to join us for the 2018 Arizona Council State Convention Destination ESA.

Here are some important facts for you to know:

Convention Dates: Friday, June 1st and Saturday, June 2nd, 2018

Location: Four Points by Sheraton Phoenix North
2532 W. Peoria Ave (I-17 & Peoria Ave)
Phoenix, AZ 85029

Hotel Reservation Details: Rates are \$75.00 single/double, \$85.00 triple and \$95.00 quad.

Reservations Cutoff Date: Friday, May 11, 2018

Reservations number: 1-888-627-9057, ask for the “Arizona Council of Epsilon Sigma Alpha” group rate.

Reservations website:

<https://www.starwoodmeeting.com/events/start.action?id=1710036000&key=A7872AA>

The registration forms for convention are include in the Presidents Packet and are available now.

Please be sure to get your reservation in by the May 15th deadline.

We are planning on having a fun and weekend.

Registration is from 1:00 to 3:30 Friday June 1st followed by the IC Workshop from 3:45 to 5:45. Our Mixer takes us to our destination with **Georgia on My Mind**. Of course, on Saturday we will have our Flag Ceremony and our Election of Officers. Our next destination is **New York New York** and our Awards Luncheon where we will have an opportunity to celebrate each other. Our final destination will be **Paris, City of Lights** where we will have our always beautiful Installation of Officers and Banquet. This will also be where we announce our Gladys Bagley Schaefer Outstanding Pledge and our St Jude Children’s Hospital total reveal. Always an exciting time. This is just a taste of what is planned, so we hope you will join us for all exciting happenings!

See you soon!

Your Delta Pi Convention Team



Service Pin Awards Ceremony

Happy New Year!!

Service pins can be awarded at State Convention for 25 years and above (in increments of 5 years). If your service pin is for 50 years and above, the presenter can be a personal choice.

Your Chapter will need to get the pin, place it on a blue ribbon, write up a short bio and make sure I have it by Friday night of Convention. **DEADLINE:** If you want your name in the program, I will need the information by the April Council Meeting. Below is the form plus a copy in the black box. It will also be included in the President's packet.

RANDOM ACT OF KINDNESS – Smile!! It's contagious.

Service Pin Awards Ceremony 2018 Arizona State Convention

Name of person receiving the Service pin: _____

Number of years of Service: Please Circle 25 30 35 40 45 50 55 60

If receiving service pins **50 and over**, name of person doing the ceremony:

Please send this information to, or if you have any questions contact:

Louanne Stephens

Phone: 480-213-0425

1727 West McNair Street

Email: js4louanne@aol.com

Chandler AZ 85224

Information is due to Louanne by:

April Council Meeting if you would like the names can be listed in the Convention program
or

May 12, 2018 so I can give the information to the ones doing the ceremonies.

Please make sure your years of service pin is on a ribbon and given to Louanne by Friday of State Convention. Please include a short biography.

Member of The Year:

Dear ESA Chapter Presidents:

It is time to be thinking of who continually does Acts of Kindness this year in your chapter. Please start evaluating so we may honor that person this year at our State Convention.

Please complete the Member of The Year form when your chapter has made its choice and return the form to me with a \$7.00 check. The check should be made payable to ESA, Arizona State Convention 2018. This covers the cost of the gift presented at the convention. Thank you.

In the event that the person chosen is unable to attend and you would like them to be recognized just mark the form "Not Attending". You will need to include the check and the name of the person who will pick up the Member of the Year gift at State Convention.

I look forward to hearing from your chapter and presenting your special member to the Arizona members of ESA at our convention.

Do an Act of Kindness for your chapter, vote for a Member of the Year!

Love in ESA,

Wendy Williams
Member of the Year Chairperson



Share kindness today....

**ESA MEMBER OF THE YEAR
2017-2018
THE MEMBER WITH MEMORABLE ACTS OF KINDNESS**

Chapter: _____

Member of the Year: _____

Will She or He be attending the member of the Year Presentation? Yes ____ No ____

Number of years in ESA: _____

Why she or he chose to join ESA (one sentence please)

Please name five Acts of Kindness that we may share at Convention.

1. _____

2. _____

3. _____

4. _____

5. _____

Please return to: Wendy Williams, 888 E. Clinton Street #1083 Phoenix, AZ 85020
The deadline is May 13, 2018. If you have any questions, please call me at 480-321-9611.

Association of the Arts

Hope you all had wonderful holidays and are ready for the new things to come - one of them being the Association of the Arts display at our convention. Last years display was a showcase of our talented members and I am looking forward to seeing all the entries this year. The entry form is below and you can find it on the Arizona Council Website.

If you have any questions give me a call. Happy creating.

Donna McAvoy

ARIZONA COUNCIL ASSOCIATION OF THE ARTS ENTRY FORM

#	Division I - Visual Arts
	Oil Paints or Acrylics
	Drawing, Pastel or Charcoal
	Watercolors
	Sculpture
	Pottery (Hand Formed or Wheel Thrown)
	# of Entries in Category
#	Division II - Literature
	Poetry
	Short Story or Essay (500 Words or Less)
	# of Entries in Category
	Division III - Photography
	Black & White or Color Photo
	Graphic Design
	Computer Assisted Design
	# of Entries in Category
	Division IV - Crafts (Painted Art)
#	Tole Painting
	Ceramic Painting
	Painted Pottery
	China Painting
	Porcelain Painting
	Calligraphy (Matted for Display)
	Fabric Painting
	# of Entries in Category
Name	
Chapter Name & Number	

#	Division V - Crafts (Wearable Art)
	Sewing
	Smocking
	# of Entries in Category
#	Division VI - Crafts (Mixed Media)
	Basket Weaving
	Jewelry & Beading
	Rubber Stamping
	Decoupage
	Greeting Cards
	Glass
	Wood
	# of Entries in Category
#	Division VII - Needlework (Fibers)
	Crewel
	Embroidery
	Counted Cross Stitch
	Needlepoint
	Quilting
	Crochet
	Knitting
	Hardanger Embroidery
	Silk Ribbon Embroidery
	Cloth Weaving
	Latch Hooking
	Stuffed Animals
	# of Entries in Category
#	Division VIII - Holiday (Ornaments & Decorations)
	Please Describe
	# of Entries in Category

Submit Form By May 15 to:
AZ Council Association of the Arts Chairman

**Entrant is responsible for delivering entry and
Picking up entry following Convention display.**

2018 IC Convention

To the Arizona and California Councils:

2018 is here! Are you ready to celebrate? In just about five months, we will all be together in Phoenix for the 2018 IC Convention! It won't be long now. There are still lots of things to be done and you can help.



First, we have attached the registration form for the convention. Get an early start and get yours in today. I have also attached the tour information and while you may or may not want to take tours, there is some great information on Friday night during convention. We have the evening off and there is a place to buy tickets for the Diamondbacks and the Colorado Rockies baseball game. It is a great section at the ball park and the ticket includes ball park food. And if baseball is not your game, how about a trip to the casino to try your luck? All the information is on the tour form.

If you have not signed up to help during the week, there is still time and we can use your help. The more of us that participate, the easier the week for all of us. The schedule is a little different this year and there are some new events so come and help us make it a good week.

We are in need of note pads for the convention bags. If you can help, please let Marilee Dunn, Dorothy Morey, Jacqui Smith, Cyndi Sklad, Rickie or I know. We will find a way to get them to the hotel in Arizona.

We have also included the program Ad form. We want to encourage chapters in both states to buy an ad to welcome the delegates to our convention. The ads help cover the cost of printing the program as well.

There have been a few questions about the hotel. It is very nice, and the room rates are \$139 single/double and \$149 triple/quad. Every room has a refrigerator and the wifi is free. If you are driving, the parking rate is \$9.00 a day. Please don't worry about the prices listed on the hotel website.

If you have any questions, please contact Rickie or me and we will be more than happy to assist. We can wait to see all of you for "Sunshine and Celebrations" in July.

Sherry Day and Rickie Brown
2018 IC Convention Chairs



2018 International Convention
July 18-22, 2018
Sheraton Grand Hotel
340 North 3rd Street
Phoenix, Arizona 85004

ADVERTISING ORDER FORM FOR PROGRAM BOOK

Please use this order form to advertise in the International Convention Program Book of ESA International Convention, to be held July 18-22, 2018 at the Sheraton Grand Phoenix.

Advertisements will be accepted through June 1, 2018. Please check the size ad you are placing:

_____ Full Page.....\$100.00

_____ One-half Page.....\$ 50.00

_____ One-Quarter Page.....\$ 25.00

_____ Business Card.....\$ 15.00

Advertising Placed by: _____

Contact Name: _____

Telephone: _____

Email: _____

Address: _____

City _____ State: _____ Zip: _____

Make check payable to ESA 2018 IC Convention
Mail check with this form and hard copy of the ad to:
Carolyn Vasko
PO Box 5908
Peoria, Arizona 85385

Electronic copies of the ad must be sent to: cmvasko@gmail.com



MEMBER NAME _____ MEMBER NUMBER/STATE _____ / _____
 ADDRESS _____
 CITY, STATE, ZIP _____
 PHONE _____ CELL _____ EMAIL _____
 CHAPTER NAME _____ CHAPTER # _____ STATE COUNCIL _____
 DATE OF ARRIVAL _____ TIME OF ARRIVAL _____ FLY/ DRIVE USING SCOOTER Y/N
 ROOMMATE(S) _____

CHECK ALL THAT APPLY

- ☐ First IC Convention ☐ Pledge ☐ Collegiate Member – Campus _____ ☐ HQ Staff
- ☐ ESA Foundation Board ☐ IC Elected/Appointed Board ☐ Past IC President (year) _____
- ☐ 2017-2018 State President – State _____ ☐ 2018-2019 State President – State _____
- ☐ Previous State President – State(s)/Year(s) _____ Served with: _____
- ☐ I will be recognized at convention for my years of ESA Service: 25 30 35 40 45 50 55 60 65 70
- ☐ Medical Food Allergy: The hotel will do its best to accommodate **MEDICAL Food Allergy requests only**.
 Allergy alert for _____ (Additional costs may apply.)

MEMBER FULL REGISTRATION FEE:

Includes general assemblies, workshops,
welcome party, recognition luncheon and banquet

- CIRCLE AMOUNT**
- ☐ Postmarked by May 1, 2018 \$250
☐ Postmarked May 2 – June 1, 2018 \$275
☐ After June 1, 2018 (see payment note on page 2) \$275

MEMBER FRI & SAT REGISTRATION FEE:

Includes general assemblies, recognition
luncheon and banquet

- ☐ Postmarked by May 1, 2018 \$225
☐ Postmarked May 2 – June 1, 2018 \$250
☐ After June 1, 2018 (see payment note on page 2) \$250

MEMBERS SAT REGISTRATION FEE:

Includes general assembly and banquet

- ☐ Postmarked by May 1, 2018 \$125
☐ Postmarked May 2 – June 1, 2018 \$150
☐ After June 1, 2018 (see payment note on page 2) \$150

MEMBER WALK-IN REGISTRATION FEE:

Includes everything in full registration

- ☐ See payment note on Page 2 \$300

PICP NO-HOST LUNCHEON (all past and present state presidents/IC presidents) \$40

If served with multiple presidents, indicate with whom you wish to sit? _____

SUBTOTAL MEMBER REGISTRATION: \$ _____

CONVENTION HOTEL ROOM RATES

Room rates: Single/Double - \$139, plus tax. Triple/Quad - \$149, plus tax

Rates are available for July 12, 2018 thru July 25, 2018 –

To receive the group rate, you MUST make reservations by **June 29, 2018**. Call for reservations and reference the **Epsilon Sigma Alpha International 2018 Convention rate** or click on the following: [hotel link](#)

Member Name and Number as listed on first page _____

MEMBER MAY NOT REGISTER AS NON-MEMBER FOR ANY EVENT

NON-MEMBER NAME _____

Please indicate if special guest of the following: ☐ ALSAC ☐ EASTER SEALS

☐ INCOMING IC PRESIDENT ☐ OTHER (Please specify) _____

	<u>CIRCLE AMOUNT</u>
NON-MEMBER FULL REGISTRATION FEE	<input type="checkbox"/> Postmarked by May 1, 2018 \$250
Includes general assemblies, workshops,	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 \$275
welcome party, recognition luncheon and banquet	<input type="checkbox"/> After June 1, 2018 (see payment note below) \$275
NON-MEMBER attending WELCOME PARTY	<input type="checkbox"/> Postmarked by June 1, 2018 \$ 65
	<input type="checkbox"/> After June 1, 2018 (see payment note below) \$ 70
NON-MEMBER attending RECOGNITION LUNCHEON	<input type="checkbox"/> Postmarked by June 1, 2018 \$ 50
	<input type="checkbox"/> After June 1, 2018 (see payment note below) \$ 55
NON-MEMBER attending BANQUET	<input type="checkbox"/> Postmarked by June 1, 2018 \$ 80
	<input type="checkbox"/> After June 1, 2018 (see payment note below) \$ 85
YOUTH REGISTRATION FEE	<input type="checkbox"/> Postmarked May 1, 2018 \$250
Includes general assemblies, welcome party	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 \$275
recognition luncheon and banquet	<input type="checkbox"/> After June 1, 2018 (see payment note below) \$275

SUBTOTAL NON-MEMBER REGISTRATION: _____

ENTER TOTAL FROM FIRST PAGE: _____

TOTAL REGISTRATION: _____

***List food allergies for non-members on page one, indicating who has the allergy.

MEN'S GOLF . . . Indicate days you would like to play golf.

I wish to golf: ☐ Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday ☐ Saturday

SELECT ONE PAYMENT TYPE

REGISTRATION IS NON-TRANSFERABLE

**** PAYMENT NOTE:** Payment after June 1, 2018 must be paid by **MONEY ORDER, CERTIFIED CHECK, CASH OR CREDIT CARD AND MAILED TO THE IC REGISTRATION CHAIR BEFORE JUNE 18, 2018. After June 18, 2018, mail registration form only – DO NOT SEND PAYMENT. Email the registration chair that the form has been mailed and bring copy of registration form with money order, certified check, cash or credit card to the IC Convention.**

☐ Check ☐ Money Order Make payable to: **ESA 2018 IC Convention**
A \$45 fee will be assessed for any returned check.
☐ Credit card**

***A fee of 4.5% of the total charge will be added.*

Credit Card # Exp. date _____ security code _____

Name EXACTLY as it appears on credit card _____

Billing address of credit card holder _____

Cardholder Signature (required) _____

CANCELLATION: If you find it necessary to cancel this registration, the full amount less a \$15 processing fee will be refunded when WRITTEN cancellation is postmarked NO LATER THAN JUNE 15, 2018. NO REFUNDS AFTER JUNE 15.

Mail registration form and payment to:

Marilee Dunn, 2018 ESA IC Registration Chair
3575-1 Lehigh Drive; Santa Clara, CA 95051
408-838-5254 email: Eureka5255@aol.com



Tours for 2018 IC Convention



Mark the appropriate space(s) and indicate the number of tickets you want to order.

Please include tour registration with convention registration and payment.

*****All tours include round-trip transportation*****

Sunday July 15, 8:00 am – 4:00 pm - Registration deadline – June 1, 2018

Jerome and Lunch at the Asylum

Depart the Sheraton at 8am and travel to the Verde Valley. Experience a destination rich in history, beauty, and the production of exquisite Arizona wines. Stop in Cottonwood for shopping on your own in the historical downtown and a wine-tasting at Fire Mountain. Continue to Jerome. Recently voted as one of “America’s Coolest Small Towns” by BudgetTravel.com. Jerome is a historic mining town built in the side of Mingus Mountain that was abandon but has come back to life. Lunch is included at the Asylum. Return to the Sheraton around 4pm.

_____ Tickets at \$110.00 per person = \$_____

Sunday July 15, 9:30 am – 3:30 pm - Registration deadline – June 1, 2018

Butterfly Museum and Talking Stick Casino

Depart the Sheraton at 9:30am and travel to the Butterfly Museum where over 3,000 friendly butterflies await your arrival. It the largest indoor butterfly pavilion in America. Around 12:30pm continue to Be Talking Stick Resort and Casino for lunch on your own. The culinary experts at Talking Stick Resort have created six unique restaurants for you to enjoy throughout the hotel and resort. Then there will be time to flirt with lady luck before returning to the Sheraton around 3:30pm.

_____ Tickets at \$89.00 per person = \$_____

Monday July 16, 8:30 am – 8:00 pm - Registration deadline – June 1, 2018

Verde Canyon Railroad

Depart the Sheraton at 8:30am and travel to Clarksdale where you will board the Verde Canyon Railroad for a four hour diesel train journey to places only accessible by rail. See crimson cliffs, eagle nests, white water rapids, and abandoned gold mines. Return to the Sheraton around 8pm.

_____ Tickets at \$129.00 per person - coach class = \$_____

_____ Tickets at \$179.00 per person - first class = \$_____

Tours for 2018 IC Convention Continued

Monday July 16, 10:00 am – 3:00 pm - Registration deadline – June 1, 2018

Classic (Historic) Homes

Go back in time for a day and discover Arizona's rich history. Tour The Rossen House, a fully-restored 1895 Queen Anne Victorian house museum which interprets the history of Phoenix. Tours of the house include all living areas and offer visitors a glimpse into the lifestyles of early Phoenix families. Spend time at Heritage Square before driving by other historical Phoenix homes. These homes are striking reminders of the Valley's vibrant past Lunch is included at the Spicery in Glendale.

_____ Tickets at \$75.00 per person = \$ _____

Tuesday July 17, 8:00 am – 5:00 pm - Registration deadline – June 1, 2018

Sedona and Montezuma Castle

Depart the Sheraton at 8am and travel to Montezuma Castle National Monument. Gaze through the windows of the past into one of the best preserved cliff dwellings in North America. This 20 room high-rise apartment, nestled into a towering limestone cliff, tells a story of ingenuity, survival and ultimately, prosperity in an unforgiving desert landscape. Continue to Sedona for lunch and sightseeing on your own. Sedona is home to over 300 artists that draw from the quiet, colorful, and spectacular physical environment. The red rocks, drifting clouds, towering pinnacles, and sheer canyon walls lend incredible beauty to this area. Return to the Sheraton at about 5pm.

_____ Tickets at \$105.00 per person = \$ _____

Tuesday July 17, 9:00 am – 2:00 pm - Registration deadline – June 1, 2018

Musical Instrument Museum (MIM)

Depart the Sheraton at 9am. A guided tour of MIM features more than 6,000 instruments collected from around 200 of the world's countries and territories. Most displays are enhanced by state-of-the-art audio and video technologies that allow guests to see the instruments, hear their sounds, and observe them being played in their original contexts. Lunch is on your own in the MIM Café. Return to the Sheraton around 2pm.

_____ Tickets at \$65.00 per person = \$ _____

Friday July 20, 6:00 – 10:30 - Registration deadline – June 1, 2018

Wildhorse Pass Casino

Take the bus to Wildhorse Pass Hotel and Casino for a night of fun. There a slots and table games and great places to eat. See just how lucky you are! The bus will leave the hotel at 6:00 PM and return to the hotel about 10:30 PM.

_____ Tickets at \$24.00 per person = \$ _____

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Tours for 2018 IC Convention Continued

Friday July 20, 6:00 – 10:00 - Registration deadline – June 1, 2018

Diamondbacks Baseball

The Arizona Diamondbacks are at home and playing the Colorado Rockies. Ticket price includes all you can eat ball park food (hot dogs, popcorn, sodas and more). In sections with easy access and close to the bar and a little more leg room. Don't forget – Chase Field is air conditioned and just 3 blocks from the Sheraton Grand Hotel.

_____ Tickets at \$38.00 per person = \$ _____

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Sunday July 22, 9:00 – 5:00 - Registration deadline – June 1, 2018

Tucson – San Xavier del Bac Mission and the Presidio

Depart the Sheraton at 9am and travel to Tucson. Upon arriving, tour the San Xavier del Bac Mission. A National Historic Landmark, San Xavier Mission was founded as a Catholic mission by Father Eusebio Kino in 1692. It is the oldest intact European structure in Arizona and is filled with marvelous original statuary and mural paintings. After lunch on your own, visit the Presidio San Agustín del Tucson Museum, a re-creation of the Tucson Presidio built in 1775. Travel back in time to learn about life as early Tucsonans would have lived it. Docent tours discuss life in the Santa Cruz Valley for early Native Americans, Presidio residents and Territorial Period settlers. See the archaeological remains of a pit house, walk along the original Presidio wall and experience a 150 year old classic Sonoran Row house. Return to the Sheraton around 5pm.

_____ Tickets at \$99.00 per person = \$ _____

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NOTE: Tours may be cancelled if minimum registration is not met.

Registration deadline – June 1, 2018

Name _____

State _____

Tour Total _____

If using debit/credit card, add 4.5% _____

Payment Instructions: Include Tour Registration form with Convention Registration. For your convenience, you may remit one check, money order, or credit / debit payment for both.

St. Jude Las Vegas/Phoenix

Dear Sisters and Brothers of ESA:

We can't believe how fast this year has gone by. How special our ESA family is with volunteering, contributing time and donating to St Jude. This really has been a special year for all of us. We thank our President Joni Slama for this appointment and all of you for letting us serve you!

1. Please everyone, register your team or even join a team then start asking for support from family, friends and coworkers.
2. Sign up to help at the **Ride for a Reason** in Phoenix and Henderson.
3. If you have not volunteered to work on the walk committee, please do so. If you are not able to work on committee please make plans to work the day of the walk. Also remember if you can not do either they can join the virtual team!!
4. Last chance to get a chance on the St. Jude raffle will be in April at the conference in Henderson.

We need volunteers for the golf tournament on March 30th in Scottsdale, AZ.
We will have more to follow with each of these events.

We would like to give a special Thank you to the Beta Delta Chapter for their Wonderful Fashion Show! You ladies ROCK! Dress for success!



St. Jude Las Vegas/Phoenix Continued

We would like to give a special Thank you to Karen Madrid and her team for a fabulous event at her house with Dine with the Kids.

This all takes a village and we certainly have one! Which brings me to St Patty's day and all of our ESA lucky charms! Cheers to everyone in Arizona and Henderson, Nevada!

Love in ESA,
Wendy & Deana
St Jude Coordinators

Please contact Deana at dwaltesa@att.net for Nevada and Wendy at stjudejr@hotmail.com.



Easter Seals – Phoenix

Hang on everyone, Spring is almost here! There have been lots of events for Easter Seals Phoenix and I'm sure you seen those events posted in the Ocotillo Express. Please let me remind everyone that there are always opportunities at the Literacy Distribution Center – Help us pack book orders and sort gently used books. Opportunities Mondays, Wednesdays and Fridays between 8a.m.-5p.m. Sign up at www.swhd.org/ldc.

Are you planning to attend our next Council meeting in Henderson Nevada? Don't forget to enter our raffle for a fabulous gift basket loaded with goodies! That is going to be an awesome council meeting and one to remember for sure. I hope to see you all there.



Here is one final reminder for you. Our Easterseals Challenge for March is to pay 50 cents if you have gray hair, 75 cents if its' black, 60 cents if brown and \$1 if its' dyed! Remember that the IC Easterseals challenge is to collect a total of \$5 dollars from all members throughout the year.

Happy Spring and Happy Easter. See you in Henderson!

Thanks for your continued efforts and support! Southwest Human Development couldn't do our work for Arizona's families without amazing volunteers like you!
dshernandez@cox.net

Daphne Henry-Hernandez
Easter Seals – Phoenix



Easter Seals – Tucson/Sierra Vista

Theresa Steward-Martinez

sister1952@msn.com

See how to get involved with the Blake Foundation

<http://www.easterseals.com/blakefoundation/get-involved/>



<http://www.easterseals.com/blakefoundation/ways-to-give/>



Arizona Council Calendar

March 2 - 4, 2018	IC Leadership Conference 2018: Details TBA
March 11, 2018	Preferential Luncheon Tucson, AZ
March 24, 2018	Spring Fling Fashion Show & Luncheon Presented by Alpha Kappa Chapter, Tempe
April 15, 2018 Council Meeting Registration 9:00AM Council Meeting 10:00AM	Henderson, NV Council Meeting 10:00AM Hosted By: Eta Gamma Cost \$25
June 1-2, 2018 AZ State Convention	75th Arizona Council State Convention Sheraton Fourpoints North, Phoenix, AZ Hosted by Delta Pi
July 14-22, 2018 IC Convention	Sheraton Grand Phoenix Phoenix, AZ

March Acts of Kindness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Write a letter to a long-distance friend or relative	2 Make bookmarks for classmates or friends	3 Buy a card from Hope Art (supports orphans)	4 Thank someone in the military for their service
5 Make freezer dump meals and deliver to a struggling friend	6 Drop off a small gift & thank you note to the staff at your dentist's office	7 Donate cereal or cereal coupons to a local food pantry	8 Donate your old eyeglasses to a local Lions Club	9 Send in money to cover a student's school breakfast	10 Pack a lunch for someone else	11 Offer to put someone's shopping cart away in a parking lot
12 Plant flowers in a community garden	13 Leave a compliment on a business's comment card or online survey	14 Celebrate the women in your life - tell them why they are important to you	15 Thank a social worker for what they do for the community	16 Hand out healthy snacks to friends or co-workers	17 Hand out green pins or bead necklaces for St. Patrick's Day	18 Craft a gift for someone
19 After spring cleaning, offer unneeded items on Freecycle	20 Surprise someone with chocolate	21 Donate craft supplies to an assisted living facility, childcare center or church	22 Leave a sticky note with a friendly greeting on a public bathroom stall door or the mirror	23 Offer encouragement and support to a family adopting a child	24 Read a book to a child or give books to a child	25 "Egg" a friend or neighbor - anonymously leave a basket of Easter goodies
26 Volunteer to clean the home of a sick friend or family with a newborn	27 Drop off crossword puzzle books to a hospital waiting room	28 Donate money to or volunteer for a women's cause	29 Shop at a local mom and pop business	30 Leave a nice comment on a blog post	31 Donate pencils and/or crayons to a classroom	

From the Bulletin Editor

Happy 2018

So 2018 was a rocky start for me, but I continue to be ever optimistic in getting everyone's articles in this month's Bulletin.



Thank you to everyone for emailing me their bulletin articles. Continue to send in articles for our next bulletin which will come out in April 2018. Make sure to include photos of events and yourself as it makes the bulletin more personal.

Please email or call or write so I can include what is happening in your chapter and your ideas with the Arizona Council. This bulletin wouldn't happen without you!

Upcoming Bulletin schedule:

April – Due March 10

May – Due April 10

June – June 10

July - No bulletin

August - No bulletin

September – Due Aug. 10



April Aguiñaga

april_aguinaga@hotmail.com

602-904-1530

15602 N. 59th Lane

Glendale, AZ 85306



Please correct my address in your roster.

If you would like to read the IC ESA Bulletin here is the link to their website –
ESA IC News Bulletin Website -

<https://sites.google.com/view/esa-ic-newsbulletin/home>