



September 2018 Bulletin

By Colleen Luger

As I start to put together my first ever ESA monthly bulletin a few things are on my mind.

1. How do I follow the wonderful previous editor, April? I mean, dang, she did an awesome job on our bulletin and that is a hard act to follow!
2. I'm new at this and I don't want to mess up and do something horrible like spelling someone's name wrong or have grammatical errors. Yes, these thoughts do keep me up at night.
3. Miss a deadline, or lose an important bulletin article that someone has entrusted to me.
4. Forget to include someone on the distribution list. Although I am relying on you to help me make sure everyone gets a chance to see the monthly bulletin.

So now that you know I really do have some fears about being the bulletin editor for this year, I ask for your help. If I have entered incorrect information, please email me and I will make every effort to get corrected information out. If your contact information has changed, please get that to me as soon as possible so that you do not miss a single exciting bulletin. And last but certainly not least, please be patient with me, I really am new at this.

Now for the easy stuff:

Bulletin deadline: To get something in the 'next' month bulletin, please email information to me no later than the 15th of the month. In the subject line of the email, please make sure to include 'Bulletin for MONTH'. I really do get a LOT of emails and I am able to manage them using the subject line. This will be very helpful to me.

My contact information: Emailing me is the most effective way to get in touch with me. I am lousy at answering my phone, but I'll provide it for fun.

Cnluger@yahoo.com

602-410-1553

I am looking forward to working with all of you this year and thank you for reading this full introduction.

- Colleen Luger

ESA NEWS

Welcome to the new ESA year! Leave A Legacy

By Chris Goldberg

Life is fast. It is already a new ESA year for the Arizona Council and IC convention has barely ended. We live in a world that is busy. There are so many things that always need to be done and so we must hurry through life. So many times, the definition of a "successful" life includes material things and job titles. We work, we study, we raise children, earn college degrees, and strive to create careers to accumulate money, large houses, fast cars and large bank balances. Then, a significant event happens to you or your family that stops you dead in your tracks and has you reflecting back on your life and questioning what is truly important. And it also makes us question how we want to be remembered.

We in ESA are blessed in that we see how our help touches other people's lives and how much of a positive difference we make. We support causes that make the world a better place and our service hours make the ESA name and legacy known. We've also been asked to leave a legacy in ESA through planned giving and contributions to others. Both of these things are important and will continue to be done. However, this year will also be about building a personal legacy. What if the most important gift we can give our descendants is not a tangible item, but a piece of ourselves? What if we make a memory this year that will last for years after we are gone? What if we dare to live our current life fully?

Personal legacy building is about the magic of making connections and sharing precious moments with the special people in your life. And this is the year to make some magic memories that will not be erased from the people around you. Be prepared to learn some things about yourself and others this year. We'll spend some time finding and focusing on your individual passions and gifts to share with others. The IC theme this year is ESA: A gift. I am proud to be called one of Kim Kummer's Gift Givers. One of the gifts that I want to give this year is for every member to know the following quote by Shannon L. Alder, "Carve your name on hearts, not tombstones. A legacy is etched into the minds of others and the stories they share about you".

Starting in October, I will be sharing some of my research on how to leave a great legacy in each bulletin. "Magic Moments" will be shared in the bulletin and at council meetings. Please send me some of YOUR magic moments to share and 'etch into the minds of others'. We will also be having some mini workshops at council meetings. We're making things happen this year. We are going to "Leave a Legacy".

*We stand our best chance of leaving a
legacy to those who want to learn,
our children, by standing firm.
In matters of style, hey, swing with the
stream.
But in matters of principle, you need to
stand like a rock.*

-- Kevin Costner

TREASURER'S NOTE, SEPTEMBER 2018 BULLETIN
Julie Carlberg, AZ State Council Treasurer, 2017-18

Hello Everyone,

Welcome Back! I hope you all had a great summer and are full of energy for the coming year!

We closed the books and have reviewed the budget. Below is the Proposed Budget for 2018-19, please review and come with any questions you have to the September Council Meeting. We will be voting on the budget during the meeting.

	2017-18 Actual	2018-19 Proposed Budget	2018-19 Approved Budget
Income			
401 Chapter Dues	\$1,995.00	\$2,350.00	
402 Roster	\$242.50	\$250.00	
410 Miscellaneous Income	\$10.85	\$20.00	
411 State Preferential Event	\$968.00	\$1,000.00	
412 State Leadership Event	\$0.00	\$600.00	
414 Arizona State Convention Proceeds	\$390.96	\$0.00	
418 Ways and Means	\$485.00	\$490.00	
Total Income	\$4,092.31	\$4,710.00	\$0.00

Disbursements			
501 Roster	\$210.80	\$250.00	
504 Bulletin Editor	\$0.00	\$70.00	
506 State Preferential Event	\$959.43	\$1,000.00	
507 State Leadership Event	\$0.00	\$600.00	
510 Dues	\$55.00	\$55.00	
511 President's Expense	\$275.00	\$275.00	
512 1st VP Expense	\$1,272.40	\$1,500.00	
513 Officers Expense	\$0.00	\$100.00	
514 Appointed Board	\$0.00	\$0.00	
Chaplains	\$20.58	\$50.00	
ESA Foundation Counselor	\$0.00	\$0.00	
Memorybook Chairman	\$0.00	\$50.00	
Properties	\$0.00	\$0.00	
Webmaster/Website	\$190.17	\$120.00	
Educational Director	\$0.00	\$50.00	
Financial Secretary	\$22.20	\$15.00	
Registrar	\$0.00	\$25.00	
515 Stationery/Postage/ Printing	\$83.27	\$50.00	
516 State Awards	\$0.00	\$100.00	
517 Miscellaneous Expense	\$777.26	\$400.00	
523 Miscellaneous Charity	\$0.00	\$0.00	
Total Disbursements	\$3,866.11	\$4,710.00	\$0.00

As your new Disaster Fund Chairman and Parliamentarian so that you do not have to look in two different locations for my articles, I will just include them on one page.

Disaster Fund

This year has just flown by. I would like to extend my Congratulations to Sherry and her committee on a wonderful IC Convention. I certainly had a lot of fun, especially in the Hospitality Suite.

It was reported at the IC Convention this year that ESA gave out over \$93,000 dollars in Disaster Fund assistance to our sisters and brothers. We had to borrow \$50,000 from one of our CD's to cover the cost of the claims. I know even though we have what seems to be an ample amount of money in the Disaster Fund account and CD's, if we continue on the same track as we did last year, we will run out of money in short order.

I will continue with the Bake Sale this year at the Council meetings. There also may be some special items to purchase so please watch your Bulletins for announcements of those items.

By-Laws

Parliamentary procedure is the body of rules, ethics, and customs governing meetings and other operations of clubs, organizations, legislative bodies, and other deliberative assemblies.

If you are new to Parliamentary rules, I suggest you go on to the Internet and read about Robert's Rules of Order. This is what the Arizona Council uses as it's guidelines for meetings. If you have never read Robert's Rules of Order, it really is an interesting read.

As your Parliamentarian this year, I encourage you to please review the State By-Laws. The latest revision is on the Council Website. If you have any questions about our Council's By-Laws or see anything you feel needs to be updated, please submit a By-Law change to me by January 1, 2018. Standing Rules are included as well. This way the By-Laws committee can review your submission prior to our January meeting. My plan is to vote on By-Laws at the April Council meeting.

If you have any questions regarding Parliamentary procedure, please do not hesitate to contact me. If I don't know the answer, I know people who do.

I look forward to seeing everyone in Casa Grande at the September Council meeting as we start our year of Creating a Legacy in ESA.

All my Best,

Joni Slama

**September Council Meeting
September 16, 2018
Hosted by Alpha Nu and Beta Zeta Chapters**

Location: Holiday Inn
777N. Pinal Ave.
Casa Grande, AZ 85122

Phone: 520-426-3500

Cost: \$25.00

Registration 9:00 AM
Meeting: 10:00 AM

Send your registration and requests for a table to:

Carol Caldwell
822 Oak Terrace Dr.
Prescott, AZ 86301

ONE CHAPTER CHECK MADE PAYABLE TO BETA ZETA WITH A LIST OF THOSE ATTENDING

Deadline: September, 10, 2018

FUND RAISING TABLES CONTACT: Carol Caldwell @928-710-9049 or
email: crccarol8@gmail.com or put in with your registration.

Chaplain News

Liz and Carol

Hope all of you have had a nice summer and have survived the heat and the monsoons without too many problems. This is a reminder to please send any good news, such as birthdays, new grandchildren or great grandchildren or good news that you may have experienced. Also let us know the sad news of illness, death, or just ask us to send a thinking of you card. Sometimes when you don't feel great or you are down and you receive some cards from your sisters and brothers, it can have a cheering effect.

If we do hear about an illness or death, if it doesn't come directly from the person or the chapter or we do check with the family to see if they wish it to be put out on the Ocotillo Express. Some do not want it sent out even though it has been put out on other medias.

Send any information pertaining to illness, death, need for cheering up to Liz Castle at toliz4liz2@att.net. She is also listed under the Beta Delta chapter. Liz also welcomes hearing about happy occasions.

Any information you may want sent out about events coming up, selling or need to purchase an item, basically anything you may want your sisters and brothers to know send to me at crccarol8@gmail.com.

Liz and I are looking forward to hearing from you this year.

Liz and Carol

Dear Arizona ESA Sisters and Brothers.

We need to round up some more ESA volunteers for the Saturday, September 29, 2018, event. Please register to volunteer by posting www.fundraising.stjude.org/walkrunphoenix on your "search bar." When the St. Jude page comes up go down to just under "Web results", click on the first site and the register page comes up. Click on "register" and go to left side and click on "volunteer" and answer the following questions about yourself. At the bottom of this first page is a Gold Sponsor list; be sure to click on ESA. There are several pages to fill out. Be sure to associate with the ESA national team "ESA Team." That way we can be counted.

Wendy Williams has a team going and you can register as a participant to [walk with Team ESAAZ](#) for the day. You can [also](#) start your own team [and start](#) raising funds from your chapter, family members, friends, and co-workers. [Again make sure to associate your team with ESA.](#)

We are looking forward to your participation at the Chase Stadium, [401 E. Jefferson St., Phoenix](#). The dollars will make a difference to help end childhood cancers through your efforts and make the Phoenix 2018 Walk/Run a success.

Remember, you need to register for the event whether a team, individual or volunteer. The dollars will make a difference to help end childhood cancer through our efforts on behalf of St. Jude Children's Research Hospital!!!

Please let me know by the end of August if you are planning to help out on September 29. Once we know you are volunteering, duties can be assigned for the day. Thanks.

Ann Jaccaud
Arizona ESA for St, Jude Jr.
annjaccaud@aol.com
614-370-2553



Hope for Heroes

Two Readiness Items

By Sheila McClure

Gift cards for our four military bases are due at the November council meeting. As suggested in the June bulletin, while you are out and about shopping this summer, pick up one or two extra cards to add to your chapter November stash. Hope for the families' holidays!

Project Military Pictures - I am looking for military pictures of yourself, spouse, children grandchildren, parents, siblings etc. Those who have served, currently serving, living or in heaven. In uniform would be great but civilian okay too. Wallet size, snapshot, five by seven or eight by ten. You may scan to my email, scan and send in a heavy mailing envelope, or if you would like to lend your picture in a frame, please have for me at the September council meeting. I will take excellent care of it. Please have name, branch of service and rank is optional. Early October is the deadline.

Each month I will be featuring a hero story. We hear and recognize heroes through the media nowadays.

My goal is the little hidden gem that you run across that is interesting, but not so well known in this media age. Some years ago, I purchased two books, author signed, and presented to two of my chapter sisters. It is a compilation of 200 interviews with American military nurses of the Army, Army AF and Navy, who served in theaters of WWII. Stories of horrific hardships faced with courage, tenacity and humor.

Keep on reading to learn about our September Hero!

OUR SEPTEMBER HERO

Ellen joined the army in 1942 and her first assignment was to Fort Huachuca, AZ where everything was segregated. The original hospital took only white patients, with white doctors and nurses. The African-American nurses and doctors were in a new section caring for black patients only. In 1943, Ellen and African-American nurses from Fort Bragg, NC and Tuskegee Air Base, AL were sent overseas. They sailed in a convoy of ships from New Jersey that took thirty days to get to Liberia. At one point, every ship in the convoy stopped dead in the water because enemy

submarines were detected in the area. At the coast of North Africa, the ship sat off the coast of Casablanca a week waiting for an escort to Liberia. Their assignment was mainly caring for the soldiers stationed at the airfield who had malaria. Troops were there to protect the American rubber plantations. Living was crude; barracks were infested with rats and lizards. Rafters had lizards crawling on them, and frequently, a monkey. Rainy season, raincoats were put over the beds nets to keep dry. The community latrine, a bench with five holes in it, was in a

separate area. Nighttime required an escort for safety. The hospital had a surgical and psychiatric unit, others were medical. They took care of black and white patients. Malaria was the main illness and patients were very ill. After about ten months the nurses returned to the States as several were getting sick. Most were disappointed that they didn't get front-line duty, but later realized how important it was for them to be there.

Thank you Ellen for your service!



Bunco Nights!!

Beta Kappa



Beta Kappa has planned two Bunco nights this year:
Friday, October 12th and
Friday, February 8th.

Get excited because the Beta Kappa's are planning a new twist to include a White Elephant exchange and a chance to win a new car!

They are also co-hosting a neighborhood St. Jude walk in Benson, AZ with Gamma Tau in October.

Please stay tuned for more information in upcoming bulletins about the walk.



SAVE THE DATE!
The Tucson Tea
Sunday, October 21, 2018

Don't miss ESA's first Social
event of the year!

Come early to meet and greet
Arizona's New Officers for
the 2018 - 2019 Year

Chapter Vice Presidents will
be "Pouring" Punch and Iced
Tea

Enjoy Goodies and Snacks
from 1 - 3 PM

VDO Clubhouse
8723 East Ridge Terrace
Drive

Be sure to Save the Date!

Kids at the Back to School Fair had a great time picking out a new pencil!!! The ones Alpha Chi brought to us were colorful and fun!! Thank you so much!!!!

This was sent to April from Jean McNeil, Director of Child and Family Resouces, located in Sierra Vista, AZ.

Alpha Chi donated 300 spiral notebooks and 255 pencils for this event. It was held on July 14th!!! Supporting children in our community is near and dear to all of our hearts.

