



# October 2018

## Bulletin

### **Happy October!**

I hope that all of you had a wonderful September. Please enjoy the October Bulletin. Remember, if you would like to submit an item for the bulletin, please remember the following:

- Email bulletin items by the 5th of the month.
- In the subject line include 'Bulletin for *MONTH*'

I will also be creating a special new email for the bulletin articles so that next year, if someone else is authoring the bulletin, there won't be a need to remember a new email address.

I meant to create that and have it available for this bulletin but September just flew by and I didn't get a chance to do that. Don't worry, I'll get it done by November.

My contact information is:

[cnluger@yahoo.com](mailto:cnluger@yahoo.com)

602-410-1553 (remember, I'm lousy at answering my phone)

# PRESIDENTS CORNER

Chris Goldberg

WOW! Our first council meeting of the year is over and we lived up to our Program of ESA in Education, Service and Association. We had an educational workshop with Julie Carlberg, a philanthropic workshop with Shari Stapleton-Smith and I led a legacy workshop. In between, we caught up with folks we hadn't seen all summer because it's been too hot to venture outside OR they were lucky enough to leave the city heat for a while. We are a team and we do things together.

We were also privileged to hear from the IC EasterSeals chair, a guest speaker from Southwest Human Development and both our state EasterSeals chairmen. What cohesion between those folks. Next year will be their 100<sup>th</sup> birthday year and we were given a challenge to make it great.

We caught up with the St. Jude dream house, walk/run news and learned that Arizona is the first state to take the ALSAC challenge at IC and do a rural neighborhood walk.

Those of you unable to attend missed a great meeting. But don't despair, in addition to this little synopsis, we are trying to make the minutes more available to keep you informed and in touch with your council. But know that WE missed your PRESENCE. Plan to attend in November for a special celebration that you won't want to hear about after the fact. My year as president is already flying by so fast that even I can't live in every moment.

However, that brings up some more ideas and ways to "Leave a Legacy".

We all want to know that our life mattered in some way and that we will be remembered when we are gone. So let me share some ideas that I have found.

1) Reflect and decide what is most important in your life. How do you want to be remembered when you pass on? Review your current life's journey and see if that is what you are living. If not, there is still time to change and start anew. We all have an opportunity to make a difference, good or bad.

2) Share your blessings with others. Everyone has a talent or blessing they were given, even if it is a simple smile of acknowledgement or holding the door open for the next person. Have a life well lived.

3) Be a mentor to others. Share your knowledge and expertise with others. Sometimes these relationships last a lifetime, even when the mentor has moved on to influence others.

4) Pursue your passions because they are infectious. Your passions are also your legacy. Finding and pursuing your passion will allow you to see your destiny more clearly. They make you happy and that happiness is contagious to the others around you. Happiness is not a destination, it is a way of life.

Hopefully, this gave you something to think about to help form new mental pathways and prevent dementia until our November meeting.



# Magic Moments

This section is titled "Magic Moments". When moments are precious, make each one count. Please send in special moments in your life where someone took the time and opportunity to turn an interaction with you into a timeless memory. As our current IC president Kim Kummer has asked: "Everyone is gifted, be sure to share yours"

I shared Shiela's at council meeting. She gave her appointed board a saying on what a "successful" woman is in a clear frame that sits by my computer and I read weekly. It never fails to make me feel special and valued as I am. I'm sure she doesn't realize what a positive impact her gift made to me and also Glenna, who read it for Liz's Preferential Event. Thank you Shiela for giving me this timeless memory, Chris Goldberg

Kay Hicks is the true definition of a friend. Years ago, as soon as I became St. Jude coordinator, the senior resigned and I was covering the whole state and brand new. Having never done a radiothon, I chaired the Tucson one and called Kay to ask her to continue as chair of the Phoenix one. Without any questions, excuses or hemming and hawing, she instantly responded YES. She has never turned me down on anything I have ever asked of her. That is a true friend and ESA'er. Thank you Kay for giving me this timeless memory, Chris Goldberg

### **Disaster Fund**

I would like to thank everyone who supported my efforts for the Disaster Fund at the September Council meeting by purchasing baked goods. I appreciate it and hope you enjoyed them.

Something I would like you to think about is that over the last couple years, Arizona has had at least one claim for assistance through the Disaster Fund, these gifts from ESA are a maximum amount of \$5,000.00. However, the Arizona Council has not even funded one of these gifts. I know we all say that the Disaster Fund has a lot of money in reserve, however, last year we gifted over \$93,000.00 to ESA members in need and had to take \$50,000 from one of our CD's. If we continue on this slope, we will be out of money shortly and will not be able to assist our Sister's and Brother's in their time of need. I have a lofty goal this year and that is to raise enough money to fund at least 1 gift from the Disaster Fund.

I need your help! To achieve my goal, it is going to take each and every one of us. I have provided each chapter a Cheerful Charlie Change Pig at the September Council meeting. I ask that you take these pigs out each month at your Chapter meetings, put some change or paper money in the bank and say what you are cheerful for. Every little bit helps and I know that with your help, we will be able to reach my goal by the end of the year.

I look forward to seeing everyone at the November Council meeting.

All my best,  
Joni  
2018-2019 Disaster Fund Chairman

### **Parliamentarian**

The New Year has begun. Many of us Fall Clean. It is Arizona's version of "Spring Cleaning". After closing up your home during the summer, you through open your windows to breathe fresh air and give your house a thorough cleaning. Let's take a moment to "Fall Clean" our State By-Laws and Standing Rules. Many of them have been in existence from the beginning of the Arizona Council and might be able to stand a little fall cleaning to spruce them up. The By-Laws and Standing Rules can be found on the Arizona Council Website. If you need assistance, please reach out to me and I will be happy to send you a copy.

If you have any changes you would like to propose to the By-Laws and Standing Rules Committee this year, please submit them to me by December 31, 2018. This will give the committee a chance to review them and submit them to the Bulletin in order for us to vote on them at the April Council meeting.

Kindly,  
Joni  
2018-2019 Parliamentarian

St. Jude  
From Ann and Deana

Are you ready to jump in and make this a record year for Arizona and St. Jude Children's Research Hospital. The "BIG" reason for wanting everyone to participate is for those precious children and the families who depend on St. Jude and their continued research to find the cures for these horrible diseases. As our ESA year starts, let's do all we can for St. Jude.

The walk for Phoenix was the 29<sup>th</sup> but they do not shut down receiving donations until November 1, so ALL of you have time to donate and support the members walking. If you have any problems doing so please let Ann or I know and we will help.

Some of you have heard this if you were at the September Council Meeting, but it is worth repeating. I am asking everyone to find a way to help the 2 teams (Team ESA AZ and ESA TEAM Eta Pi) You can save up \$10.00 by giving up your soda pops, bypass Starbucks a couple of times or if you still work brown bag it for a couple of days... Then you will have the \$10.00 to support the teams in ESA.

ESA's goal this year is \$100,000.00 this year and everyone needs to do their part to help us reach this goal. I know we can make this happen!!

If anyone is interest in helping with upcoming events, please contact the St. Jude Office in Phoenix to see if you can serve on any of the committees. It is very educational and you will lean more about the workings of the events and how it comes about. Also by serving on the committee, ESA will receive a large percentage of the event credit.

Don't forget about the "new" event happening in Benson, AZ on Saturday, November 10<sup>th</sup>. Please stay tuned for details in the Ocotillo Express. If interested in helping please contact Chris and Jeff Goldberg. We are very excited about this event as it is the first in ESA.

Here is the reason we do what we do. Here is a poem by Lindsey Cook.

*A Man Had A Dream  
A man had a dream  
Danny Thomas was his name. He touched people's lives  
and they'll never be the same.  
He built a hospital  
with the help of God's will - to save lives of children who were deathly ill.  
Danny loves all the children  
and he did his very best,  
but Danny has gone to heaven because God wanted him to rest.  
Now er must finish the battle that Danny has begun.  
Until the fight against childhood cancer and disease has been won.*

Let's make this happen. ALL need to help to reach our goals. Hugs to all  
Ann and Deana



# Hope for Heroes

October 2018

Greetings!

You know the "drill". Gift cards for the military bases; lending a helping hand to the families during the Thanksgiving, Christmas and Hanukkah holidays. Due at the November council meeting, please. If you will not be attending the council meeting, you may mail them to me or have someone else turn them in.

Military family pictures are due in MID-OCTOBER as it appears there will be many. This is great, a little scary, and exciting. I will probably have to refer to plan "e" for assembly. Remember scanning is recommended to my email or make a copy and mail in a sturdy envelope. Family member, branch of service included.

Future Plans: Explore the situation of homeless veterans. A percentage of street people are veterans, many suffering from PTSD. Also, the gift boxes for overseas will be filled at the January council meeting so that we all can participate. A list will be forthcoming. How wonderful is it that we have these opportunities through ESA, to help our service members in a myriad of ways. Thank you!!

Unfortunately, the October Hero has been regulated to another month.

Sgt. McClure





## ***It's Pumpkin Roll Season***

The Delta Pi Chapter of Epsilon Sigma Alpha is selling Joni's homemade Pumpkin Rolls again this year!

Please see a Delta Pi Sister if you would like to purchase a Pumpkin Roll for the Fall Holiday Season. Orders will be taken until October 14, 2018.

Rolls will be delivered at the November Council meeting. All other rolls will be delivered the week of November 12 - 16.



**Name** \_\_\_\_\_ **Number of Rolls:** \_\_\_\_\_

**Phone/Email:** \_\_\_\_\_

**Amount owed: \$** \_\_\_\_\_ **Paid: \$** \_\_\_\_\_

OCTOBER 12<sup>TH</sup>, 2018!

BETA KAPPA  
PRESENTS!



**BUNCO NIGHT!!!**  
**AN EVENING OF FUN**  
**AND A CHANCE TO WIN**  
**A 2018 JEEP GRAND CHEROKEE**  
**SUMMIT!!**

**FRIDAY,**

**OCTOBER 12<sup>TH</sup>, 2018**

**6:00 PM**

**8723 E. RIDGE TERRACE DRIVE, TUCSON, AZ**

BRING \$10 TO DONATE TO ST. JUDE CHILDRENS RESEARCH  
HOSPITAL

AND JOIN US FOR AN EVENING OF FUN!

**FEATURING...**

**A WHITE ELEPHANT EXCHANGE!!!**

**A TACO BAR!!!**

**DRINKS!!!**

**DESSERT!!!**

**AND (OF COURSE) FABULOUS PRIZES!!**

PLEASE RSVP BY OCTOBER 5<sup>TH</sup>: CONTACT CHRIS GOLDBERG  
AT 520-306-7907 OR

[GOLD4US2@COMCAST.NET](mailto:GOLD4US2@COMCAST.NET)



## **Just a Reminder ...**

The Tucson Tea will be held on October 21<sup>st</sup> from 1-3 in the afternoon at the VDO Clubhouse, 8623 East Ridge Terrace Drive, Tucson. There is no charge and everyone is invited.

Hope to see you there, Beta Delta Chapter Hostess

