



# November 2018

## Bulletin

### **Holidays are upon us!**

I hope that all of you had a wonderfully spooky Halloween. Before we know it Thanksgiving and Christmas will be here. Please enjoy the November Bulletin.

If you would like to submit an item for the bulletin, please remember the following:

- Email bulletin items by the 5th of the month.
- In the subject line include 'Bulletin for *MONTH*'

As promised, I have create a special new email for you to send your bulletin articles. This was done so that next year, if someone else is authoring the bulletin, there won't be a need to remember a new email address.

The email is: **[AZESAEditor@gmail.com](mailto:AZESAEditor@gmail.com)**

Please start using this immediately, thank you!

My contact information is:

[cnluger@yahoo.com](mailto:cnluger@yahoo.com)

602-410-1553 (remember, I'm lousy at answering my phone)

# PRESIDENTS CORNER

Chris Goldberg

Autumn Greetings! As you read this, it will be November and hopefully fall is in the air with some cooler temperatures making you think of turkey and Thanksgiving. Of course, the November council meeting will also be coming up. You really don't want to miss it, we have planned a very special one with an emphasis on sharing. Your question is: Sharing What? Come, share YOUR time with us and find out.

A lot has been happening in our state. You, the members voted on our motto for the Ronald McDonald house website and it will be: ESA brings good people together. That perfectly sums up our group and also the first rural St. Jude walk in Benson. Some of you might remember the first joint St. Jude/ESA event, the Million Dollar Bike ride in 1975. That made history for ESA. Thank you to the members who have shared their firsthand knowledge of that event and hosting riders in their homes and yards. Although the Benson walk did not make a million dollars, it also made history for us. Arizona was the first to take the IC challenge and do a rural walk. It was the first national event in that town and they stepped up, donated local goods and services and participated in the block party. Thanks to all the ESA members helping. Plus we had a lot of non ESA volunteers. It will not be long before we have a Benson/St. David chapter in our council.

That leads into one of the most important things about leaving a legacy which is sharing. The happiest times of your life can be times spent sharing stories and experiences. They have the snowball effect of you wanting to spend more time with that group you had the happy memories with. Surround yourself with positive people, like your ESA family. "Fire" those people around you who complain or who are negative. Let your sense of humor keep you going. It's great to laugh at yourself and at whatever doesn't go right. More people remember what didn't work than the times when everything went smoothly. Look at it as an opportunity to laugh at life and still make every moment matter, good or bad. Recently a friend shared a vivid memory when she made a big mistake and her audience spent ten minutes laughing because we could all relate to doing something wrong. It's a story that I will never forget because it showed a side of two people I know in a totally different light than we normally see them. I'm sure that has happened many times over in your own life.

I'm sure that you have also heard the family stories passed down through the years from your grandparents about not having TV or cell phones and having to walk to school in the snow going uphill in BOTH directions. I'm sure that brought vivid memories of times at your house as a child and prompts you to tell your stories to your kids and grandkids. There is magic in connection with family and friends. Take the time to listen to the stories of the good old days. Share your time, life and experiences with others. Start a tradition of passing down things. One I love is to get a coffee cup from each person who passed and keep it in your cupboard. Then every time that cup is brought down and used, to tell a story about that person to whomever is drinking from it. That way, the person is remembered by others. Coffee cups and their memories last a long time. Make it a point to touch Others' Lives.



# Magic Moments

When moments are precious, make each one count!

Please send in special moments in your life where someone took the time and opportunity to turn an interaction with you into a timeless memory.

Liz Castle and Lorelei Collier are special members of my board because of their fabulous mentorship. They have come to my aid countless of times. The moment that stands out from Liz is when she was the state treasurer. Our chapter treasurer fell ill and had to stop being in ESA immediately. The job came to me, only in ESA for a year and I had NO CLUE how to be an ESA treasurer and where state dues and IC dues go and when they were due. So I called Liz and in ONE phone call, she had sent me a sheet telling me all that info and gave me such wonderful encouragement to stick with it. I will never forget that early help. I did stick with it and have been chapter treasurer at least 6 times since and state treasurer also.

You can blame Lorelei for everything that happens this year. She is responsible for getting me on the board, "Just for one year; is all you need to do". What famous last words, then she runs off and retires to Colorado. Seriously, Lorelei has been behind me, beside me and leading me for MANY years and we have too many moments to recount. Some include Beta Kappa's famous wrap-ups in the closest physical bar to the council meetings.

From Liz Montgomery

# NOVEMBER COUNCIL MEETING

## Hosting Chapter: Alpha Sigma

### Date: November 18, 2018

**Location:** DoubleTree Hotel  
AM

**Registration:** 9:00

**Address:** 10220 N. Metro Pkwy East  
Phoenix, AZ 85051

**Meeting:** 10:00 AM

**Phone:** 602-331-9820

**Cost:** \$25.00

**Send your registration to** Liz Montgomery 4202 W. Villa Rita Dr. Glendale, AZ 85308

ONE CHAPTER CHECK IF POSSIBLE MADE PAYABLE TO **ALPHA SIGMA**  
PLEASE INCLUDE A LIST OF THOSE MEMBERS ATTENDING FROM YOUR CHAPTER.

**Deadline:** November 10, 2018

**FUND RAISING TABLES CONTACT:** Liz Montgomery @ 520-850-0243

E-mail: [lizjerrymontgomery@gmail.com](mailto:lizjerrymontgomery@gmail.com)

**Note:** You may also put in your table request with  
youregistration.

For hotel room reservations please call Danielle Hopefl; **Mon. - Fri. #**  
602-331-9820.

Contract is under: Epsilon Sigma Alpha

**Hotel Room Reservation Deadline Date:** November 1, 2018

Per Terra Gibson Catering Manager, Room Rate \$109.00 +Tax

phi-lan-thro-pist: noun;  
1. One who actively promotes  
human well-being. 2. You.

Greetings one and all and happy fall,

I hope this newsletter finds you all healthy and happy. I had the pleasure of volunteering at the St. Jude Walk/Run to End Childhood Cancer; what fun! It was my first time but definitely won't be my last! I'm sure we'll have a report from Anne soon. I want to encourage all of you who can to support the community walk on November 3<sup>rd</sup>. Contact Chris or Jeff Goldberg for more info!

Don't forget to turn in you philanthropic reports (email is best!) - by November 18!!

[Shari.stapleton.smith@gmail.com](mailto:Shari.stapleton.smith@gmail.com)

When we only see each other at meetings, it's hard to learn more about each other than what is on the surface and that makes me sad. I wish I had time to come over and have tea or coffee with every one of you and get to know you better. Since that is highly unlikely, I've decided to start a "Member Spotlight" in my bulletin articles so we can all get to know a bit more about each other. Here's my first one, let me know what you think.

### **Member Spotlight – Shirley Albertson**

Shirley may be MAL now but holy moly she is still doing ALL kinds of philanthropic work. She gave me her report back in September and I was floored!

Shirley and I got to know each other a teeny bit it when she was Parliamentarian on the Eboard. I talked to her recently and learned that she failed first grade due to whooping cough but ended up graduating TOP OF HER CLASS at ASU! ***It goes to show you that one failure does not mean you can't go on to future success.***

Shirley loves to travel and has been to every continent except for Antarctica. Her first around-the-world trip was in 1967 with the Arizona Education Association. (If you didn't know, she was a teacher by profession). The birth of her daughter Charlotte is one of her best memories and because of Charlotte; she is an expert at washing and blow drying chickens. Yes, you read that right. Why you might ask? Because Charlotte was in 4-H!

I thought she might have some advice to share seeing as how she's been around for 80 years now, and sure enough she did. She said, "You're never really alone, God is always with you." This has been especially true for her since she lost her husband. I also asked her if she had any thoughts to share about philanthropy. She said that it feels good to help others and that she likes to give back. She has been deeply touched by the kindness of others, especially recently, even those who may not know what an impact they have had on her. ***It's easy to underestimate the***

## **DISASTER FUND**

I love this time of year. Being able to sit outside in the evenings without sticking to the chairs, the smell of the neighbor's fire pit and knowing that it will shortly be sweater weather. YIPPY!

I would like to congratulate President Chris on her September meeting. I very much enjoyed the mini workshops. They were very informative. Thank you also to Donna and Carol for hosting us.

I have started receiving donations to the Disaster fund. Thank you very much on behalf of the members who for whatever reason find themselves in need of assistance. Your generosity is very much appreciated.

I have mailed out Cheerful Charlie pigs to those Chapters that were unable to join us at the September Council meeting. I hope that you are fattening him up with your change. I have a lot to be cheerful about this year. My oldest nephew getting married next August, my niece winning a Graphic Design competition, my youngest nephew being accepted to ASU, NAU and UofA. Most of all, we are all in good health. Some of our Sisters and Brothers are not as fortunate. Whatever you can do to help raise money for the Disaster Fund is very much appreciated.

Thank you  
Joni Slama  
2018-2019 Disaster Fund Chairman

## **PARLIAMENTARIAN**

Have you started your Fall Cleaning yet? It is that time of the year. The By-Laws committee has started going over the State By-Laws and will make proposals to you in April.

Don't forget the Deadline for any By-Law changes is January 1, 2019.

Best regards,  
Joni Slama  
Parliamentarian

From Ann Jaccaud

The Phoenix St. Jude office is partnering with the Food City stores across the state during October by asking for a \$! donation (or more) at the register. Food City is holding their yearly St. Jude Halloween Campaign and is looking for *secret shoppers*. If you live near a Food City Store...they need you to help out.

The task is simple:

Agree to become a secret shopper for St. Jude by contacting Astrid Rodriguez at 602-464-7905 or [astrid.rodriquez@stjude.org](mailto:astrid.rodriquez@stjude.org) by October 11.

Receive your Food City Store assignment and pick up incentives for Food City cashiers.

Shop for your groceries OR make a small purchase at the Food City Store assigned to you by October 24.

a. If your cashier asks you to make a donation to St. Jude -

i. Identify yourself as a St. Jude volunteer and thank them. "Thank you for sharing your support for St. Jude. Food City has a goal of raising \$10,000 for the kids of St. Jude. Every person asked for a donation counts because every dollar counts!"

ii. Give them one of the incentives provided, a St. Jude Halloween handout, and ask to take a picture with/or of them with their new St. Jude swag for a Facebook shout out from St. Jude.

b. If your cashier does NOT ask you to make a donation for St. Jude -

i. Identify yourself as a St. Jude volunteer, and ask them what they know about the St. Jude Halloween campaign.

ii. Hand them a Halloween handout, share with them that "Food City has a goal of raising \$10,000 for the kids of St. Jude. Every person they ask for a donation counts because every dollar counts!" and thank them for being a part of the Food City Campaign.

Send Astrid any feedback, and pictures via text to 480-349-7070 OR via email to [astrid.rodriquez@stjude.org](mailto:astrid.rodriquez@stjude.org).

At the end of October, every secret shopper will also receive St. Jude swag as a small token of appreciation.

**THANK YOU FOR SUPPORTING THE KIDS OF ST. JUDE !!**



A few more items related to St. Jude

The St. Jude Walk/Runs are now behind us and we are looking forward to the following upcoming events. I do however hope you were able to support our walk participants by pledging them.

The following events are coming up:

VERY SOON:

- The Benson Walk on Saturday, November 3.  
Place: Lions' Park, Benson  
Time: 9 am to 1 pm  
Hope to see everyone there for the hula hoop contest!
- Halloween pinups promotion.
- Raise a Glass for St. Jude is Saturday, November 9th
- December will be the 107.9 Radiothon (date to be announced).

I really do hope that many of you are planning to help in some form or another at some of these events. Please please contact the Phoenix St. Jude Office to find out what you can do to help with any of these events. REMEMBER, the more we do on the events, the more involved we are in the event, the more informed we become and the more credit ESA is given.

We are here to help in anyway that we can to help raise the funds needed to keep the research going to help save the lives of those precious children that depend on St. Jude! Please find time to volunteer!

Thank you all  
Ann and Deana



# Hope for Heroes

November 2018

## Veterans Day

Official United States Public Holiday

Sunday, November 11, 2018



Veterans Day is an official United States public holiday, observed annually on November 11, that honors military veterans; that is, persons who served in the United States Armed Forces. It coincides with other holidays, including Armistice Day and Remembrance Day, celebrated in other countries that mark the anniversary of the end of World War I; major hostilities of World War I were formally ended at the 11th hour of the 11th day of the 11th month of 1918, when the Armistice with Germany went into effect. The United States previously observed Armistice Day. The U.S. holiday was renamed Veterans Day in 1954.



## **Karen Madrid – First Vice-President**

It was so great to see everyone at the September Council meeting. I am looking forward to introducing some more new pledges at the November Council meeting.

Don't forget to tell everyone you know about Epsilon Sigma Alpha (ESA). Share about what your chapter is doing in your community. Invite a friend to a fun raising event and introduce them to others.

“The more a helping hand is given, the more hands are strengthened and empowered to help” author unknown.

It is an honor to serve as the First Vice-President and I am looking forward to continue to building our rock garden of new pledges. Membership growth is the future of ESA. We must continue to grow our membership in order to continue the philanthropic work and helping others.

Save the date: Preferential event – March 23, 2019 at 12 noon in Tucson, Arizona. Cost: TBA. We can introduce our new pledges, re-affiliates and transfers at the Preferential event.

### **Membership Committee 2018 – 2019:**

Committee Chairperson – Karen Madrid

Membership Advisor – Patricia Gale

Ex-officio member – Chris Goldberg

Committee Members:

MaryJane Hickey, Beta Delta

Theresa Stewart-Martinez – Alpha Chi

Trudi Sofias – Gamma Iota

Wendy Williams, Alpha Omicron

Liz Montgomery, Alpha Sigma

A special thanks to all of my committee members. Have a happy and blessing holiday season!

Please email at [pkmadrid@cox.net](mailto:pkmadrid@cox.net) or call me at (520) 747-2646 and let me know if you have any new members. I would love to introduce new pledges at the Council meetings.



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Shirley has lots of stories to share, why not give her a call or take a seat next to her and ask?

Yours in service, Shari Stapleton-Smith



September 28, 2018 was our annual event of "Cooking with the Stars" held at Mr. An's to benefit Easter Seals/Blake Foundation. Local Tucson celebrities and sport personalities are the sous chefs for the evening and people buy seats at their table. They ARE NOT supplied with any sharp knives, however they do take pictures and give autographs to attendees. Five members from Beta Kappa and Gamma Tau attended to help with the silent auction and dinner. We mingled with celebrities such as Coach Miller, Mayor Rothschild, Lanie Lanello, Louis Gonzales and others pictured here learning what they will be cooking later in the evening.

Our next event for Easter Seals will be El Tour de Tucson on November 14 to 17. After working this event for the past two years, I can guarantee that it is very busy and very fun. Please share it with me. Stay tuned for details or call me. (520)481-4844.

Jackie Fahey (jfahey6@gmail.com)



## Hats for Hope

Before leaving Pinetop this year we took 124 knitted and crocheted hats, some scarves, and some mittens & gloves to the First Baptist Church in Pinetop for their annual warm clothing drive for the Indian children. This year the trunk of my car was full of jackets and sweaters and lots of other warm clothing. I had mentioned that the church does this each year, and when the ladies arrived to play bridge they came with armloads of things from their closets to contribute. The lady in charge said how much the children loved getting the hats – going home with a nice warm jacket and a hat too.

Last week in Tucson I received 60 more hats which will be taken to the VA Hospital here. They also are very happy to receive hats, and it looks like a cold winter coming up this year. Thank you ladies for all you do to help those in need.

JoAnne Ciolli,

