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# Arizona Council Bulletin

April 2020

Volume LXXVI, Issue 7



*“Believe and Achieve with all your Heart”*



Greeting to all! Sending virtual hugs and love to you all. Here are a few jokes to brighten your day:

When do gorillas fall from the sky? During Ape-ril showers

Why are oak trees so forgiving? Every spring they “turn over a new leaf”

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I am sending my thoughts and prayers to all of you. Please be safe as the Coronavirus is affecting everyone. Please remember to call or facetime your ESA sisters and brothers. We are all in this together and can support one another.

President’s packets are due by April 20, 2020 and you can send them in via email.



I would like to share a few community acts of kindness with you.

### **Community: Empathy and kindness**

Four years ago John Hansen started Project Empathy. The mission is to share a meal with homeless person, listen to their story and figure out how they can help. Father and son duo are determined to help the homeless one meal at a time. John Hansen and his 10 year old son Chase search the streets of Salt Lake City every weekend for a homeless person to take to lunch. Mike Campbell was one of the first people that John Hansen and Chase took to lunch and they are still in touch. John and Chase know they can't solve the homeless problem everywhere. They are just hoping empathy will catch on. "We could and we will succeed if we have other people come out and help" Chase said. Very touching that John and Chase are making a difference in their community in Salt Lake City.

### **Community: Thoughtfulness & Gratitude**

In Stockton, California William White US Marine Corps Veteran who earned a Purple Heart in World War II. William White retired after 35 years of active service, including time in the Pacific theater of WWII, when he was wounded at Iwo Jima. William White a retired Major and is 104 years old and lives in an assisted living facility in Stockton, California.

Project – "Operation Valentine" was launched on social media. The goal was modestly set for William White to receive 100 cards but the response has exceeded all expectations.





William White received at least 70,000 Valentine's Day cards and notes and well wishes from all over the world in February 2020. So much mail has been delivered that White's family has had to enlist volunteers to help open the cards and read the warm wishes to William White.

Many of those who send Valentines, William White represent something bigger than himself. Many of them conveyed a deep appreciation not only to William White for his

service, but to all Veterans who died too soon to hear their gratitude.

What an incredible story of gratitude and kindness to our Veterans.  
Photo of William White, Retired Major US Marine Corps

Thank you for all that you do to help others. You are amazing! I am proud to be a member of ESA.

What do you call a rabbit who has fleas? Bugs Bunny

What kind of dancing do bunnies like?  
Hip Hop

Please email at [pkmadrid@cox.net](mailto:pkmadrid@cox.net) or call me at (520) 747-2646 and let me know if you have any questions. Always here to help!

Karen Madrid

Arizona Council ESA State President 2019-2020  
"Believe and Achieve with all your Heart"





To all ESA members,

Sending you all hugs and well wishes.

It is with sadness and regrets that we have to share some new with everyone.

The April Council meeting on 4-19-2020 and the ESA Gathering on 4-18-2020 are being cancelled.

It is not safe to gather together because of the Coronavirus.  
The decision was had to be made to protect the safety of all ESA membership and guests.

The Beta Gamma chapter will call one member of each ESA chapters that have paid for the April Council meeting.

Donna Hall will call those who have paid for the ESA Gathering.

I do not think it is necessary for checks to be mailed back to anyone.  
Better NOT to have to mail checks back to people. We can write void on the checks and destroy them.

I do not want anyone to have to go and buys stamps to mail back those checks. Safety first.

Thank you all for your help and understanding.  
Please make sure to notify everyone in your chapters about the cancellations.

On behalf of the ESA Arizona Council Executive board and myself we will miss seeing everyone in April. You are all in our thoughts. Please reach out to your ESA sisters and brothers and let's support one another through this difficult time.

We will keep you updated on the State Convention that is scheduled on May 29-31, 2020.

Sincerely Yours,

Karen M. Madrid  
Arizona Council ESA State President 2019-2020  
“Believe and Achieve with all your Heart”

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## 1<sup>st</sup> Vice President

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Greetings Arizona ESA Sisters and Brothers,

Don't forget about the member survey

If you haven't taken the survey yet, or want to add any thoughts to your original ones, please take a moment to do so, we really want to hear what you have to say.

<https://forms.gle/xik6SBtSFsJkPYW19>

Please know you can email at [shari.stapleton.smith@gmail.com](mailto:shari.stapleton.smith@gmail.com) or call me at 831-227-3880.

A handwritten signature in black ink that reads "Shari".

Yours in service,

Shari Stapleton-Smith



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## 2<sup>nd</sup> Vice President

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Greetings All,

I hope that this finds you taking the best care possible of yourselves. Since we will not be meeting in April, please hold on to all collectibles.

Remember that final chapter Philanthropic reports are due April 20th to me by email or mail. Let me know if I can be of any help to you.

Thank you for everything you do and remember to take care of yourselves.

Patti Gale



Join ESA Executive Director Charlotte Carloni on Mondays at 9am MST for a weekly video chat! We'll talk all things ESA, how we're staying sane while staying at home, and even include some fun activities that you can do from the comfort of your own space.

We will have special guests joining us on occasion – each week will feature a different speaker/topic.

Use this link <https://epsilonsigmaalpha.org/ESAcoffeechat> to sign up for the "ESA Coffee Chat" email list. Each week we will send out an email reminder with the link to join the video call.

We can't wait to "see" you!

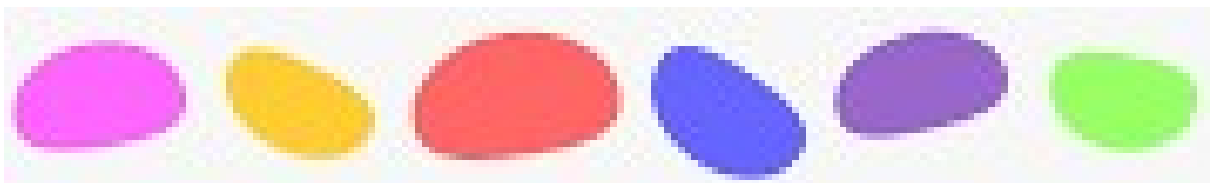
And yes, PJs and pets are encouraged :)

#### Service pins wanted

If you have any service pins, Pallas Athene pins, Jewel pins or dangles you no longer need please notify Jacqui or me as we have some asking for certain pins. We want to keep adding to our supplies. And, remember to contact us when you need a pin and hopefully we will have one available. Let's Reuse and Recycle!

All stay safe and well

Jacqui and Carol



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## JR Past President/Disaster Fund Chair/Parliamentarian

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As Disaster fund chair, I have staged a few mock disasters to show us what COULD happen, never dreaming that our world would be faced with a REAL GLOBAL disaster. Knowing my ESA sisters and brothers, we WILL get through this crises with grace, poise and without the panic that is causing the empty store shelves. The myth of having the most toilet paper in your house means you won't get the corona virus is not true.

The best case scenario right now is South Korea. They have tested over 274,504 people and are doing most of it through drive-thru testing sites with a mouth swab. (over 12,000 per day with a one hour response time). Then there is immediate quarantine of people testing positive. Their cases peaked on Feb. 29th and have been going down since then. Their belief is that they are through the worst of it. Their mortality rate is 0.7% compared to the rest of the world at 3%. The normal mortality rate for seasonal flu is 1% and between 12,000 and 56,000 deaths annually in the United States.

South Korea proves that quarantine of infected people works. However, the United States is too slow with testing so more infected people are out and about. Due to our age and sometimes fragile health, most of us will be self-isolating and limiting contact with possible infected people. The thought of staying around your house doesn't sound so terrible for 14 plus days. More daunting is 14 days of my own cooking.

Bottom line is: Hunker down, use frequent handwashing with soap and water, keep distance from others and continue the proper hygiene that you have used for years. Covering coughs is not new, staying home when sick is not new, staying away from sick people is not new, washing hands is not new and taking care of yourself is not new. That will prevent you from contracting the corona virus better than thousands of rolls of toilet paper or bottles of hand gel. ESA members are smart and don't panic.

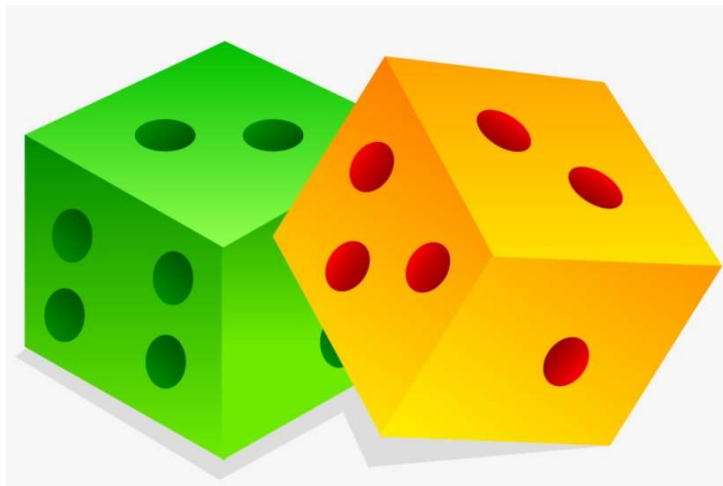
Adjust your lifestyle, but there is no need to be a total prisoner in your homes. Today, we have phones and electronic media to keep in touch. Hopefully, we will all physically see each other in April. If not, then in May.



Chris Goldberg, wearer of many hats  
Past State President/Disaster Fund/ Parliamentarian chairman



Let the Good  
Times Roll



The 2020 Arizona State Convention will be held on May 29<sup>th</sup> through 31<sup>st</sup> at the Holiday Inn in Casa Grande (777 N Pinal Ave). A chapter registration form can be found in this year's President's Packet online or we can send one to your chapter, just let us know. Membership registration price is \$110.00. The room rate at the hotel is \$96 per night. This is based on two people per room and will include two breakfast tickets. If there are more than two people in a room additional breakfast tickets can be purchased at the front desk for \$10. Friday's night mixer will begin at 6pm and will only include snacks, not a full meal. A flyer will be coming out shortly. Please let us know if you have any questions.

Please call or email Patricia Gale (520-227-4818), [nacomagale@gmail.com](mailto:nacomagale@gmail.com) or Donna Hall (602-403-6602), [Donna.Hall@iesupply.com](mailto:Donna.Hall@iesupply.com) if you have any questions.

Donna Hall and Patti Gale – Co-Convention chairs.

**Mail form and one chapter check (made payable to "ESA Convention Account") to the address below-**

Jacqui Smith 7774 E Marquise Dr. Tucson. 85715

Event will be held at Holiday Inn Hotel Casa Grande 777 N Pinal Ave, Casa Grande AZ 85122

**2020 ARIZONA STATE CONVENTION REGISTRATION**

Please submit payment for entire chapter at the same time. Make sure you add up the total at the bottom and that your check total matches.

**Deadline is May 1, 2020**

**The price for all members is \$110.00. This price includes all of the events below.**

**Only non-members can purchase individual events.**

**For registration postmarked after the deadline please add \$1.00per event. (Late Fee)**

<b>NAME</b>	<b>CHAPTER NAME OR GUEST</b>	<b>FRIDAY NIGHT \$20.00</b>	<b>AWARDS LUNCHEON \$20.00</b>	<b>SATURDAY NIGHT BANQUET \$35.00</b>	<b>SUNDAY BRUNCH \$20.00</b>	<b>TOTAL</b>
<b>TOTAL</b>						



**ARIZONA COUNCIL  
ASSOCIATION OF THE ARTS  
ENTRY FORM**

#	<b>Division I - Visual Arts</b>
	Oil Paints or Acrylics
	Drawing, Pastel or Charcoal
	Watercolors
	Sculpture
	Woodwork
	# of Entries in Category
#	<b>Division II - Literature</b>
	Poetry
	Short Story or Essay (500 Words or Less)
	# of Entries in Category
#	<b>Division III - Photography</b>
	Black & White or Color Photo
	Graphic Design
	Computer Assisted Design
	# of Entries in Category
#	<b>Division IV - Crafts (Painted Art)</b>
	Painting
	Calligraphy (Matted for Display)
	# of Entries in Category
#	<b>Division V – Wearable Art</b>
	Sewing
	Smocking
	# of Entries in Category
Name	
Chapter Name & Number	

#	<b>Division VI - Crafts (Mixed Media)</b>
	Jewelry & Beading
	Rubber Stamping
	Decoupage
	Greeting Cards
	Glass
	Wood
	# of Entries in Category
#	<b>Division VII - Needlework (Fibers)</b>
	Embroidery
	Needlepoint
	Quilting
	Crochet
	Knitting
	Cloth Weaving
	Latch Hooking
	Stuffed Animals
	# of Entries in Category
#	<b>Division VIII – Any article displaying AZ State President Logo/Theme</b>
	Please Describe
	# of Entries in Category
#	<b>Division IX - Holiday (Ornaments &amp; Decorations)</b>
	Please Describe
	# of Entries in Category

Submit Form By May 15 to:  
AZ Council Assoc. of the Arts Chairman  
Barbara Appleton  
8250 E. Koralee PI  
Tucson, AZ 85710

January 14, 2020

Dear ESA Presidents:

Subject: Member of the Year

It is time again to begin considering who is doing the most to write a successful future for your chapter this year and believes in ESA with all their heart! Start looking now, because we would like to honor that member this year at our State Convention.

Please complete the Member of the Year nomination when your chapter has made its choice and return the form to me with the \$9.00 check. Please make the check payable to ESA, Arizona State Convention 2020. This fee covers the Member of the Year gift. We will be posting about it in upcoming ESA bulletins as well.

Should your Member of the Year person be unable to attend and you would like them to be recognized, just mark the application "Not Attending". You will still need to include the \$9.00 check AND the name of the person who will pick up the Member of the Year gift at State Convention.

We look forward to hearing from your chapter and presenting your special Member of the Year at our State Convention.

Sincerely,

Mindy Udall  
Julie Bartanen  
Member of the Year Chairpersons





2019-2020 Believe and Achieve With all Your Heart  
ESA MEMBER OF THE YEAR



Chapter:

\_\_\_\_\_

Name of Member of the Year: \_\_\_\_\_

Will She or He be attending the Member of the Year presentation?

\_\_\_\_\_ Yes \_\_\_\_\_ No

Number of years the person has been in ESA? \_\_\_\_\_ year(s)

Why did She or He choose to join ESA (1-2 sentences please)?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please describe how your *Member of the Year* believes with all their heart (use sentences or adjectives to complete this portion of the application). We will share this at convention.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please complete the Member of the Year form when your chapter has made its choice AND return the form by May 15, 2020 with a \$9.00 check. The check should be made payable to ESA, Arizona State Convention 2020. \*This covers the cost of the gift presented at the convention

**Please return to: MINDY UDALL, 1976 N. Lemon Tree Lane #2, Chandler, AZ 85224**  
**The deadline is May 15, 2020. If you have questions, please call 480-529-8813 or email her [udallm@yahoo.com](mailto:udallm@yahoo.com)**



April is usually a time for us to enjoy our amazing Arizona weather but during this very difficult time, Wendy and I are hoping you are all staying well and safe.

A couple of reminders as we wind down this fundraising period.

Have you registered for the St Jude Volunteer Management System? This is an easy way to keep up on future volunteer activities. It would be amazing if we could have 25 or more members registered. Between Arizona and Nevada, we currently have 10 registered. Can we add 15 more and make it to 25 by our next council meeting. We are keeping up with our ongoing campaigns and your state totals. Let me know if you have any questions. Use this link to register. <https://www.stjude.org/get-involved/volunteer-locally.html#geoLocation2>

1. Member benefits
  - a. Members get their own personalized ESA volunteer profile page
  - b. It will track your volunteer hours for ALSAC/St. Jude events
  - c. Some regions offer priority scheduling for ESA members who would like to volunteer
2. Why should members register
  - a. All ALSAC/St. Jude events will be staffed through this portal in the future. Not every region is using it yet, but they will be required to use it very soon.
  - b. If you sign up now, then you have a chance to win cool ESA and St. Jude logo prizes.

The previously announced 50/50 raffle has been postponed until September when we start our new year of fundraising. If you sent a check to Cyndi or Wendy, we will be contacting you soon on how to handle the return.

Remember when you are disbursing your funds to send a donation to St Jude for your chapter.

The St Jude ALSAC gala was postponed and is scheduled for May 2020.

With all that is happening out is the new normal of our world I would like to share the below on St Jude's new heartwarming acts of humanity on '[Inspired by Your Kindness](https://www.stjude.org/inspire/blogs/inspired-by-your-kindness.html)' blog. <https://www.stjude.org/inspire/blogs/inspired-by-your-kindness.html>

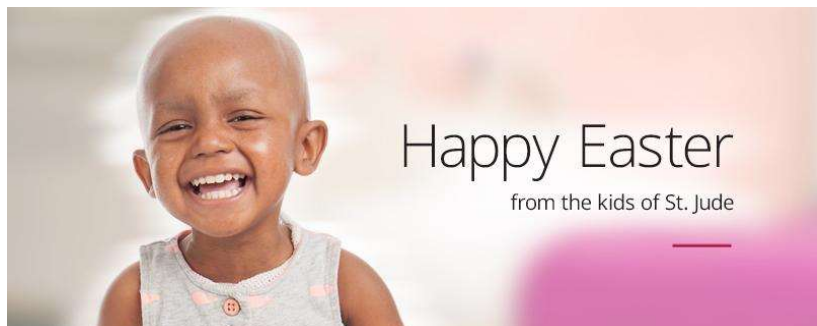
So often the recipient of acts of kindness, generosity, thoughtful words and support from around the world, St. Jude Children's Research Hospital® hopes to give back to the world in this time of need. St. Jude Inspire is proud to launch a new blog series, 'Inspired by Your Kindness' to showcase stories of hope and encouragement that can be shared to help spread stories of the flourishing acts of kindness that are spreading across the world during these challenging times.

Inspiration comes in many forms and the 'Inspired by Your Kindness' blog hopes to bring a collection of shareable stories to readers across the country. The series will include global and local features, ranging from famous Hollywood actors reading bedtime stories to children, to St. Jude supporter and country music star Jake Owen performing a virtual concert, to local teachers in three separate states supporting their students with a simple, but impactful parade through their neighborhood streets. New stories will be added daily.

Take care and hope to see you all soon.

Love in ESA:

Cyndi & Wendy



# St. Jude Dream Home® Giveaway

Las Vegas Monthly Update | March 2020

## Photo of the Month



Our wonderful trade partners at Woodside Homes made of Groundbreaking and an unforgettable experience. We are so happy you all ❤️ St. Jude; we ❤️ you all, too! This project would not be possible without each and everyone of you! Thank you for showing your support for St. Jude Research Hospital and its mission.



## Key Campaign Dates:

**Tickets on Sale Prize:** July 22  
**Early Bird Prize:** August 21  
**Sneak Peek:** September 11  
**Grand Opening:** September 12  
**Giveaway date:** September 30

### Sponsor Spotlight: Woodside Homes



Since 1977, the Woodside Homes name has been synonymous with integrity, excellence, and design innovation. Woodside Homes is committed to providing the knowledge, experience and processes that encourage customers to realize their ideal lifestyle. We are honored to have Woodside Homes as our builder sponsor this year.  
[www.woodsidehomes.com](http://www.woodsidehomes.com)

### Prize Sponsors Wanted



Want to get involved in our campaign? We would love to welcome you as a prize sponsor! Get your brand in front thousands of people, support the lifesaving mission of St. Jude, and be part of the Las Vegas Dream Home Giveaway! Various levels available. Contact (702) 817 – 9186 or [laura.stewart@stjude.org](mailto:laura.stewart@stjude.org)

### Our Response to COVID-19



We are deeply concerned for all of you, who are part of the St. Jude family. Please see an update from the ALSAC President & CEO about how we are responding to the unprecedented situation with COVID-19 and caring for patients, families, staff and supporters  
<http://bit.ly/33nU4Hj>

[dreamhome.org](http://dreamhome.org)

<Copyright line>





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# Easterseals

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## Easterseals – Phoenix – Southwest Human Development

So much has happened in the last two months that our heads are reeling! So many Easterseals events have been canceled or on hold indefinitely.

Since the February news in the March Bulletin, there was an opportunity for Sandy and David Alexander to sell 50-50 raffle tickets at the February 29 Phoenix Suns game. Terrie Rust and myself went to the Phoenix SWHD offices and prepared packets of information to be handed out at the Donor Reception on March 12 held at a Paradise Valley home. Other than these events, things are at a standstill in this area. The March 28 Walk With Me fundraiser became a virtual event.

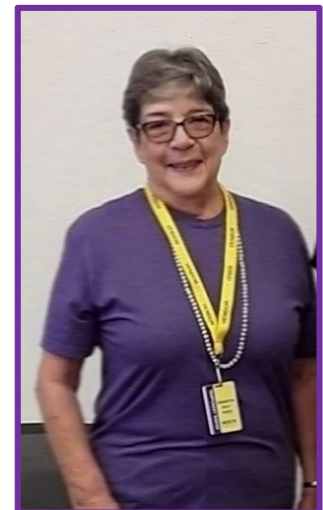
Stay safe and stay in until we can meet again! We are all in this coronavirus scare together and must stay healthy. Much thanks to our state board for their quick decisions about the coming meetings and also don't forget the chapter and individual donations to Easterseals were due by March 31 to be counted for the 2019-2020 state year.

Looking forward to seeing our Arizona sisters and brothers soon!

Here are the last of the the monthly challenges list.

April, May and June - if you have not given all year, pay \$3.00 to jump start next year's challenge. If you have given all year, pay \$1.50 to start your bank for next year!

Have fun with your chapter challenge for Easterseals!



Ann Jaccaud  
Easterseals, Phoenix



## Easterseals – Tucson – Blake Foundation



contact Blake Foundations at (520) 327-1529, extension 7077 or [amather@blake.easterseals.com](mailto:amather@blake.easterseals.com).

Let Theresa know if you want to be part of this new service opportunity. [esatheresa@yahoo.com](mailto:esatheresa@yahoo.com) 520-234-0566

Theresa Stewart-Martinez  
Easter Seals, Tucson



### ESA Foundation Counselor

Hi everyone, hope you are all well and taking care of yourselves. This can be a stressful time, especially if you are mostly confined to home everyday.

Remember to phone and check on your family members and neighbors.

Arizona will again be donating a raffle item for the auction at the ESA Foundation Fund Fest event to be held at the IC Convention this July in Texas. I plan to do a purse filled with gift cards. This is always a popular auction item.

I am asking for your help with donations of gift cards. Will you or your chapter please help? Please contact me and we will arrange pick-up and delivery.

Wishing you and your family a blessed Easter season.

Love  
Jacqui Smith  
ESA Foundation Counselor



Date	Event & Location
<b>President's Reception</b>	CANCELED
<b>April Council Meeting</b>	CANCELED
<b>Arizona State Council 77<sup>th</sup> Convention May 29-31, 2020</b>	Hosted by Alpha Chi Holiday Inn Hotel Casa Grande 777 N Pinal Ave, Casa Grande AZ 85122
<b>IC Convention – 73rd Annual July 15-19, 2020</b>	Embassy Suites by Hilton - DFW Airport North, Grapevine, TX <a href="https://www.epsilonsigmaalpha.org/about/ic-council/convention">https://www.epsilonsigmaalpha.org/about/ic-council/convention</a>

While we stay in our homes take advantage of technology and use some of the sites that have been set up with virtual tours and webcam views. Here are some sites to try on your computer, phone or tablet.

- <https://artsandculture.google.com/>
- <https://www.smartertravel.com/empty-cities/>
- <http://reidparkzoo.org/cameras/elephant-cam/>
- <https://www.phoenixzoo.org/digital-safari/>
- <https://www.nps.gov/grca/learn/photosmultimedia/virtualtour.htm>

If you need help here is the Arizona Together website that provides a wide amount of resources to connect us during the Pandemic.

<https://arizonatogether.org/> or call 211

Please know that you are not alone. Use your roster to reach out to members to make sure we are all well and safe during these uncertain times.

Here are support resources

- Phoenix Metro 24-Hour Senior HELP LINE – 602-264-4357, Toll Free at 888-783-7500. For the hard of hearing and deaf, TEXT (520) 775-1899 SMS (Short Message Service).
- Tucson/Pima County Senior Helpline – 520-790-7262

- Phoenix VA Mental Health Support - 602-277-5551, ext. 7887
- Tucson VA Mental Health Support - 520-792-1450 ext. 1-5045
- Veterans Crisis Line: 1-800-273-8255 (press 1)
- Be Connected: 1-866-4AZ-VETS (429-8387)
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- National Substance Use and Disorder Issues Referral and Treatment Hotline: 1-800-662-HELP (4357)

## Bulletin Reminders

The Bulletin deadlines are the 15<sup>th</sup> of each month for the upcoming month

Special Edition – April 13

May – April 25

June – June 10

Include pictures with your submission – we love hearing what our members and chapters are doing. Otherwise you will see lots of pictures I take attending meetings or find on Facebook!

<http://www.facebook.com/ArizonaESA>

You do need to have your own Facebook page to view ours.

If you are using Facebook, **Like** us so you will keep updated that is happening in ESA as well as the Arizona Council.

Here is the Arizona Council website <http://azcouncilesa.com>

If you need a login and password please reach out to me.

Here are all the ways to reach me.

April Aguiñaga

april\_aguinaga@hotmail.com

602-904-1530

15602 N. 59th Lane

Glendale, AZ 85306

