# Arizona Council Bulletin November 2020

# Volume LXXVII, Issue 3



through diversity

It's stating the obvious to say, once again, that we're living in chanenging times

and we're all learning how to live life in a new way. I applaud every one of you for trying new ways to stay connected while keeping your fellow community members safe. I'm truly heartbroken that we won't be able to have our November Council meeting in person, but I promise you that the Executive Committee is committed to making the Zoom meeting as engaging as we can.

EPSILON SIGMA ALPHA

In order to keep things efficient and engaging at the council meeting the officer's reports are in this bulletin and we won't be giving oral reports at the meeting unless we have updates or important information arises. So please consider this my report.

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### IC Bylaws

Every Chapter President should have received (from me via email) a message from LeAnne Wray that the IC Parliamentarian, Celeste Webb, and the bylaws committee are proposing changes to the bylaws. The most significant changes are related to voting. Please be sure your chapter reviews these. If you have any additional proposed changes or have questions you can reach out to Celeste Webb at <u>Celeste.Webb@consolidated.com</u>. Any changes must be submitted by January 1, 2021.

### IC Resource

IC has come up with some great resources for having some fun whether you're gathering outdoors or having Zoom meetings. Check out this link: <u>https://www.epsilonsigmaalpha.org/UpYourGame</u>

Your Thoughts

Please feel free to reach out to me or anyone on the Executive Board with your thoughts and ideas; we can use all the help we can get this year!

Don't forget, If you were unable to attend the Convention/September meeting you can still see it by using this link and password: <u>https://bit.ly/3hMMOup</u> Passcode: 5+yn2jEw

As always, stay safe and remember: if you love someone, tell them so today!

You can ALWAYS call me if you have questions, suggestions or concerns – 831-227-3880. You can email me too @ <u>shari.stapleton.smith@gmail.com</u>.

Yours in service, Shari Stapleton-Smith







Greetings All and welcome to my November report,

As I am sitting here typing this the weather has begun to change, it is cool and rainy. I wish I could say that things had begun to change with COVID and our need to protect ourselves and others, but that is still a major concern for all of us. The situation that we find ourselves in impacts all our lives in so many ways. I don't know about you but there are so many things that I took for granted pre-Covid; the ability to meet with chapter and state members in person, lunches out with friends, and just the ability to be out and about. Many of our members count the times when they are able to meet with their fellow chapter members and be out volunteering in the community as their most important outings of the month. I worry that these are the members we are in the greatest danger of losing, as their opportunities to be out of the house have

continued to be limited. Please help me in reaching out to members that you know who fall into this group. For some, texts and emails work, for others a card or phone call just to let them know they are being thought of and giving them that chance to have contact with people.

For some of us the inability to be out and about, may have lessened our chances of meeting people who could become prospective new members. However how many of you now find yourselves part of Facebook groups that you might not have been part of

before? While some group video chats do not lend themselves to the chance to have one to one conversations with people there are other ways to generate interest. You can wear an ESA or St. Jude t-shirt or pin, change your Zoom background to the ESA, St. Jude or our State President's logo. Just like wearing our pins and shirts became conversation starters when we were all "out and about" they can also be used in the virtual world many of us are living in.



Please Let me know if your chapters has new members, so we can introduce them to the membership. I would love to have new people to "spotlight" in our next bulletin.

Have an amazing Fall and look forward to talking with you all soon.

Take care and Be Well

Patricia Lale



Join ESA members online the 2<sup>nd</sup> & 4<sup>th</sup> Mondays at 8am and 4pm Arizona time. We'll talk all things ESA, how we're staying sane while staying at home, and even include some fun activities that you can do from the comfort of your own space. Each session will be different and may even have some special guests joining us on occasion.

Use this link <u>https://epsilonsigmaalpha.org/ESAcoffeechat</u> to sign up for the "ESA Coffee Chat" email list. Registrants will receive an email with Zoom meeting credentials and instructions for joining. You can call in if you don't have a camera on your computer. But you do need an email address to sign up.

Watch the Ocotillo Express for info on our local Arizona Council chat!



Hi Everyone!



Hope all of you are OK, still being safe and wearing your mask when you venture out. We need to keep positive thoughts that

we can see each other even if only on Zoom meeting, but that is better than nothing. Much better then not at all. Please do not eat tooooo much candy on Halloween.

I hope you have been able to help others in some form or another. Please reach out to your local organizations and charities to see what you could possibly do to help in any way. Maybe gather items for them or maybe deliver items to others for them. This will be a different year for all of ESA. Put on your thinking caps, be inventive, try something new! The ESA website might give you some ideas. Look at what is there. Maybe it will spark something!

Although, I know many may not want to hear this, but Thanksgiving and Christmas are just around the corner and will be here before we know it. Please check to see if a shelter of any kind in your area needs \$'s for dinners for those in the shelter or maybe a large can of something. How about socks, toothbrush, and toothpaste for the homeless shelters? Seek donations from your dentist for the toothpaste and toothbrushes. Check out the \$ Tree for some items! Maybe approach a grocery store for snacks for the shelters. You never know until you ask. Be sure you and your chapter members are tracking all the miles (drivers), hours and donations, money, and goods. Are you doing a chapter thing for the Disaster Fund or Easterseals? Remember everything counts! Any questions or concerns, please do not hesitate to contact me email or phone or text. I am here to help when and wherever I can.

Attention all chapter Philanthropic Chairs - We will not be meeting in person in November which makes me very sad, but the safety of all of you is the most important thing to us. So, you will need to submit your report via email or snail mail. The due date is November 18, 2020. PLEASE mark in your calendars to be sure you do not miss the date. If no report, please let me know not submitting a report this time. Do not forget!

Just a reminder to all. We are still collecting the following items and when we meet, we will be asking all to bring what they have at that time. I know this may be somewhat of an inconvenience, but remember we do what we can for others. Thanks! Here are the items again: greeting cards, knit/crochet hats and lap robes, pop tabs, stamps, plastic caps (coke and others) and toiletries.

Sending lots of hugs from a distance to all of you. Please take care and be safe!! Hugs from Nevada Deana Walters



# ARIZONA COUNCIL COLLECTIBLES



ITEM	PHILANTHROPIC REPORTING
Greeting Cards (whole) Collected by Karen Madrid	1 minute per card
Pop Tabs Collected by Deana Walters	1 cup = 185 tabs @ 1 min. each 1 oz = 108 Tabs @ 1 min. each
Toiletries Collected by Phoenix – Louanne Stephens; Vegas – Deana Walters; Tucson – Trudie Sofias	1 minute per item
Hats (knit or crochet) Collected by Fran Gale and Deana Walters	<ul> <li>Time spent making hats is counted.</li> <li>If you purchase yarn, count the cost as a cash donation.</li> <li>If you use donated yarn, only count your time making the hats</li> <li>If you purchase a hat, count the amount spent as a cash donation.</li> </ul>
Lap robes Collected by Fran Gale and Deana Walters	Same guidelines as hats
Postage stamps (trim to ¼" around the stamp) Collected by JoAnne Thompson	1 minute per stamp
Coke and other plastic bottle caps Collected by Patti Gale	1 minute per item Updated 8-2020

\*\* Box tops are now on an app and not physically on items as well as Labels for Education. We no longer have an outlet for medicine bottles.

# \*\*\* If you have items you want to possibly deliver prior to January please contact Deana Walters via email, text or phone.

### ARIZONA COUNCIL CHAPTER PHILANTHROPIC REPORT

Α

Hours

В

Money

Donated

С

Value of

Donated

D

Miles (Actual

Miles not \$)

Chapter Name, Number, City

**Philanthropic Chair** 

Number of chapter members

**Reporting Period** 

#### ALL LINES THAT ARE SHADED HAVE FORMULAS -IF YOU FILL IN ELECTRONICALLY, NO NEED TO DO MATH!

MAT	'H!	Donated	Goods	
	International Projects			
1	ESA Foundation			
2	Disaster Fund			
3				
4				
5				
	International AND State Projects		1	I
7	ESA for St. Jude			
8	Easterseals			
9	Hope for Hero's			
10				
	State Projects		1	I
11	Postage Stamps			
12	Pop Tabs			
13	Lap Robes/Hats for Hope			
14	Plastic Caps			
15	New Greeting Cards/Toiletries			
20	Totals - this page			
21	Total from page 2 (Chapter totals)			
	Subtotals (Line20+21) [Formula inserted -			
22	this will automatically populate from your chapter project page			

22 chapter project page]

Monetary Value of Miles (# of miles X

- 26 0.545)
- 28 Grand Total Monetary Value

#### Submitted by:

#### Date:

Deadlines: Postmarked by 11/18/20 Postmarked by 1/21/21 Postmarked by 4/20/21 Send to: 2nd Vice President Deana Walters 445 Fountain Grove St. Henderson, NV 89012 dwaltesa@att.net

Page 2

CHAPTER PHILANTHROPIC PROJECTS	A Hours	B Money Donated	C Value of Donated Goods	D Miles (Actual Miles not \$)

TOTAL CHAPTER

**Revised August 2020** 



# Jr. Past President/Disaster Fund/Parliamentarian



#### Jr. Past President/Disaster Fund Chair – Karen Madrid

Happy fall! Hope you all have a blessed holiday season. Hope you all our doing well. Really miss seeing all of you in person.

Raising money this year looks a little different. Asking each chapter member to donate their spare change to the Disaster Fund. Thank you to all the chapters that have made a donation to the Disaster Fund.

Please make your check payable to the **Arizona Council of ESA** and put Disaster Fund in the memo on your check. Please send your check to me at 5672 E. Cooper Street Tucson, AZ 85711. In January 2021 hoping to have an item to raffle off if we can meet in person. Or maybe we can have a high / low card game for a fabulous prize.

#### Parliamentarian – Karen Madrid

The Bylaws and Standing Rules are available on the Arizona council website. If you need or would like a paper copy of the Bylaws and Standing Rules please let me know.

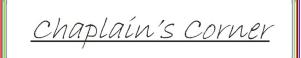
The deadline this year for any proposed changes will be the January Council Meeting.

Sending your all ESA hugs and love today and always. Always here for you! Here to lend a hand if you need anything.



### Karen Madrid (wearer of many hats)





Greetings All,

Recently I came across some writing by Lynne Twist. She is a co-founder of The Pachamama Alliance, and founder of The Soul of Money Institute. She has dedicated herself to alleviating poverty and hunger and supporting social justice and environmental sustainability. Brother David Steindl-Rast is mentioned below. He is an American Catholic Benedictine monk, author, and lecturer. He is committed to interfaith dialogue and has dealt with the interaction between spirituality and science.

Lynne Twist asked Brother David Steindl-Rast, "What is the difference between 'gratitude' and 'gratefulness'?" He proceeded to tell her the story of the tree with two branches. There are two branches of Gratitude. One is Gratefulness, and the other is Thanksgiving.

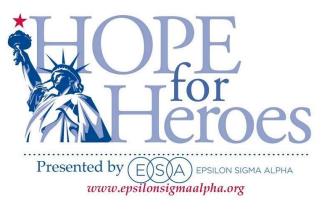
The Gratefulness branch is when the Bowl of Life is so full that it's almost overflowing, but not quite. So full that it's almost bowed at the top, but not quite dribbling over the edges. And, that is the experience of the Great Fullness of Life. And when you're in the Great Fullness of Life, you're one with God, you're one with the Universe, there is no "other". And that is so Full Filling, that the Bowl of Life gives way and to overflow at last, which flows you directly over to the second branch, that of Thanksgiving.

When you're in the space of Thanksgiving, the Bowl of Life is absolutely overflowing. You're so grateful that there is an "other" because all you want to do is contribute and serve and share and give and make a difference. And that is so Full Filling, that it puts you right back onto the other branch where you experience the Great Fullness of Life, where you're one with God and there is no "other".

May your lives be filled with both gratitude and gratefulness.

Send any information pertaining to illness, death, need for cheering up to Louanne Stephens <u>is4louanne@aol.com</u> and/or Patti Gale <u>nacomgale@gmail.com</u>

Louanne and Patti



# **PROJECT GIFT CARD**

The HOPE for Heroes chairs would like to challenge ESA chapters to match our donations by donating three gift cards to support our holiday partnership with the VA and the American Legion. Our vision is to partner with the American Legion and the VA for the Christmas holiday and ESA's contribution to holiday baskets will be the gift cards.

This project supports military families during Christmas. We will also gladly accept gift cards from individuals.

We especially appreciate your dedication and commitment to our nation's heroes.

Please mail your gift cards to: Paula Fisher 13201 S. Wakial Loop # 1085 Phoenix, Arizona 85044

Thank you so much Hope for Heroes Chairs Paula Fisher, Janice Shaproski and Kendra Sabol Members of Beta Gamma

Contact: Paula Fisher – <u>pdfmba12@gmail.com</u> Janice Sharposki – <u>bronco155@gmail.com</u> Kendra Sabol – <u>kasabol@cox.net</u>





# Medal of Honor SURPRIZING FACTS!!!

Only one woman has received the Medal of Honor, and the award was temporarily rescinded. The woman was a physician who supported feminist and abolitionist causes – Mary Edwards Walker. She volunteered with the Union Army at the outbreak of the Civil War. She initially worked as a nurse before becoming the Army's first female surgeon. She crossed enemy lines to treat civilians. She may have been serving as a spy when she was captured by Confederate troops in 1864. Mary was later released as part of a prisoner exchange and returned to duty. November 11, 1865

President Andrew Jackson presented her with the Medal of Honor. In 1917 the Army changed the criteria for eligibility and revoked the awards of 911 noncombatants, including Walker. She still wore her Medal of Honor until her death two years later. An Army board restored her Medal of Honor in 1977 – praising her distinguished gallantry, self-sacrifice, patriotism, dedication and unselfish loyalty to her country, despite apparent discrimination of her sex.

Bernard John Dowling Irwin (1830-1917) was born in County Roscommon, Ireland. An assistant surgeon in the regular Army in the Arizona Territory 1856-1861, Lt. Irwin saw extensive field duty against hostile Apaches and Navajos. From his post at Fort Buchanan during the winter of 1861, he led a small detachment of soldiers through treacherous weather on a 100 mile journey to rescue a force which had been surrounded by Cochise's 500 Apache warriors. At the site of the siege, he deftly deployed his soldiers so convincingly that the Apaches, suspecting a much larger force, hurriedly fled into the mountains. This single engagement led to the degradation of hostile Indian activities in the Southwest. Although established in 1861, Lt. Irwin received the Medal of Honor in 1894.

Jim held the rank and organization of Sergeant, Indian Scouts. Place and date: winter of 1871-1873. He was born in the Arizona Territory. The Medal of Honor was issued April 12, 1875. The citation was for gallant conduct during campaigns and engagements with Apaches.

Jose Jimenez (1946-1969) Lance Corporal, USMC, Company K, 3rd Battalion, 7th Marines, 1st Marine Division was born in Mexico City on March 20, 1946. He

entered his service at Phoenix, Arizona. He was cited for action on August 28, 1969 in the Republic of Vietnam. Facing a heavy attack from well-entrenched enemy soldiers, Lance Corporal Jimenez plunged forward toward the enemy positions; destroying several enemy personnel and an antiaircraft weapon. Advancing to within ten feel of vicious enemy fire, he destroyed the position and was continuing forward when he was mortally wounded.

Kelsay was born in Arizona. His rank and organization was Indian Scouts and he served during the winter of 1872-73. His citation was April 12, 1875 for gallant conduct during campaigns and engagements with Apaches.

Kosoha held the rank and organization of Indian Scouts and he served the winter of 1872-73. He was born in Arizona. Date of issue of his citation was April 12, 1875 for gallant conduct during campaigns and engagements with Apaches.

Billy Lauffer (1945-1966) was Private First Class, I+U.S. Army, Company C, 2nd Battalion, 5th Calvalry, 1st Air Cavalry Division. He entered his service in Phoenix, Arizona. He was cited for action on September 21, 1966 in the Republic of Vietnam. Seeing his unit pinned down by intense machinegun crossfire and wounded comrades lying helpless in the beaten zone, Private Lauffer charged the enemy machinegun positions, confusing the enemy and allowing his wounded comrades to be rescued and his unit to gain a more advantageous position. Private Lauffer was fatally wounded during his heroic effort. Submitted by Hope for Heroes Chairs

# HOPE FOR HEROES OPERATION PAPERBACK

We need your hard back and soft back books and a little cash so the HOPE for Heroes Chairs can mail Books to military locations overseas and to veteran's organizations in the states.

# If you write a check make the check payable to the Arizona Council ESA and designate it Hope for Heroes.

Mail your check to Kendra Sabol (28806 N. 49th Way, Cave Creek, AZ 85331) to be recorded for reporting purposes and Kendra will send the check to the Treasurer

of the Arizona Council to be designated for Hope for Heroes. If you are donating books, you can leave your monetary donation with the books also.

I shipped my own books to a military base in Fort Benning, Georgia for the soldiers and their families and received this note of thanks: "So many thanks for your most wonderful books".

HOPE for Heroes Chairs: Paula Fisher, Janice Shaproski and Kendra Sabol

# The members of Eta Pi made cute cards attached to the American flag. Pictured are Eta Pi member's Laury Watson and Jacqui Smith.









## **"Education is not preparation for life; Education is life itself" – John Dewey** This year I will be spotlighting a chapter or a member at each Council Meeting. As

part of this spotlight we will learn about the members and chapters in our council. What hidden talents do they have? Maybe they know something you want to learn more about. I'm going to guess there is a chapter doing something magnificent that we know nothing about. We are all so humble we often forget that sharing what we do isn't bragging, it's teaching others. Let's learn about ourselves in order to do more for others this year! Following each Council Meeting I'll include a summary in the bulletin after the meeting.

Our November Council meeting will also include information about the Properties of the AZ Council, what we own and how you can use them for your chapter events.

We have received a few Educational Reports from Chapters. I know this is a challenging time with having meetings via Zoom. The members of other chapters would love to hear how you are dealing with continuing to have meetings and educate your members in these trying times. Send your reports to me via regular mail or email. On-time reports must be to me by the 10<sup>th</sup> of the month following your meeting. I'll take late reports. They will be reviewed as well. The goal is to educate our members and to share what we are doing.

## Trivia Time!!

Email (<u>suzannegodard@gmail.com</u>) or text (520-991-5657) the answers to these questions. Answers and winners will be revealed in the next bulletin. There will be prizes!!

- 1. Who became President of the United States the year ESA was founded?
- 2. In which year was the 1<sup>st</sup> open meeting of the Arizona Council held?
- 3. What is the flower of ESA?
- 4. What is the name of Winnie the Pooh's human friend?
- 5. What is the only letter that does not appear on the periodic table of elements?



Hi everyone

Have you ever thought about becoming a Life Active member of the ESA Foundation? Now might be the time! We have an exciting opportunity just announced called the Grant Builder Program. It combines the Life Active and Grants programs. Here is out it works. AZ will recruit 4 new Life active members and raise an additional \$500 that will be matched by the Grant fund. The \$1000 grant will be awarded to an AZ recipient based on the criteria we get to establish. This can be done as a state, chapter or group. Can we do this? YES, we can.

Life Active memberships cost \$500 (you can pay in 2 payments). Chapters can award a membership to a chapter member, you can gift your secret sister, or you might ask a local business to fund a member. Contact me for more information and help.

Join the Foundation Board of Directors for the second virtual workshop on Tuesday, November 10th at 6 PM Mountain. Learn about each board position, and the plans for the future. Please register by November 4th to Judi York @ judikay@cox.net.

I look forward to seeing many of you at our Zoom council meeting this month. And I wish everyone a Happy and safe Thanksgiving Day.

Love & Hugs Jacqui Smith ESA Foundation Counselor





NEWS FROM Southwest Human Development -Easterseals – Phoenix

HELLO from Phoenix SWHD! Even though we are not actively participating in events in the Phoenix area, there are many ways volunteers can help support the programs for Arizona children and their families.

DONOR CARD CAMPAIGN - You can help by sending personalized thank you notes to donors. This can be done from your home. Contact: <u>www.swhd.org/cards2</u>.

READING BUDDIES - This project helps children practice reading in a nonjudgmental environment. The kits include an animal to stuff, create a birth certificate, decorate the travel case and write a letter from the animal to the child. This sounds like a fun project for volunteers. You provide a donation, names and addresses of volunteers, and you will receive a Buddy Pack with COVID-19 handling instructions and self-addressed, stamped return envelope. (If local, Buddy Kits can be picked up from the Phoenix office). A brand new book will be included thanks to your donations. For more details check the website at <u>www.swhd.org/readingbuddies</u>, or email Annette at <u>asutfin@swhd.org</u>.

GINGERBREAD KIDS HOLIDAY DRIVE - Last year this drive supplied over 1,000 children with holiday gifts. If you know any corporate or community groups looking to delight the children this season, contact Annette at <u>asutfin@awhd.org</u> to find out more about this activity.

The annual golf outing event is still being planned on November 11 at the Talking Stick Golf Club in Scottsdale. Volunteers will be needed so let's get together and help out.

That's all folks! Hoping to see you sometime soon at a "real" council meeting this coming year! Ann Jaccaud Easterseals Phoenix

### **NEWS FROM Blake Foundation - Easterseals - Tucson**

Our president Shari has been encouraging us to think outside of the box to help in this strange year of Covid and the changes it has made to our lives. I am proud to say that the following is a GREAT way to help others with NO COST to you. If you don't currently utilize your Arizona charitable tax dollars, we have the PLACE for you. If you contribute now, that amount will be a credit on your Arizona state tax return, costing you nothing, but you will be giving kids with disabilities in the Southern Arizona Region a better life. That is a WIN-WIN opportunity to make a positive difference in our community from within our home. **Below is an edited version of the email regarding to the changes to the El Tour del Tucson**.

### Chris Goldberg Easterseals, Tucson



El Tour de Tucson has been postponed until April 10th 2021. Easterseals Blake Foundation's Wheels for Easterseals (W4ES) team will still be hosting a virtual training ride on the original El Tour date of November 21st, and riding again in the El Tour de Tucson in April, 2021.

Blake Foundation will be at the Children's Memorial Park, near the statue of the child, at 6:30am on Saturday November 21st.

By committing your \$500 Arizona tax credit you will be registered for free for the El Tour de Tucson Team (W4ES). Register today and commit to raising \$500 for Easterseals Blake Foundation...you can indicate which one when registering. It's

as simple as committing your Arizona Tax Credit. Easterseals Blake Foundation is a qualifying charitable organization.

They are selling Spirit Rider t-shirts, available on the Team Raiser page. In the spirit of riding and riders, those who don't ride can purchase the t-shirt to wear along the loop and support you and you team's efforts. There will also have the bike bibs and Spirit Rider t-shirts on sale on our website at www.wheelsforEasterseals.com

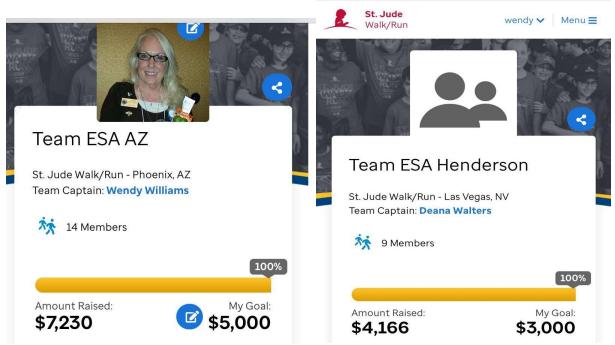
Because of YOU Easterseals Blake Foundation are changing lives everyday! Thank you!

If you have any questions please email amather@blake.Easterseals.com



Dear ESA Brothers and Sisters:

I would like to congratulate everyone on our successful virtual walk. Arizona and Nevada both were in 4<sup>th</sup> place. Together we raised a combined total of \$11,396.00



Kuddos to everyone who participated.

We have sold about 110 Jim Click tickets. We still have until the end of November to purchase the raffle tickets. Thank you to everybody who has participated in the Jim Click raffle tickets for St. Jude.

Due to the current health issues of COVID-19, St. Jude has decided not to hold any radiothons. Please consider supporting St. Jude by sending \$240 a year (\$20 per month) and you will become a **Partner in Hope** and help St. Jude through this pandemic crisis.

Over 50 years ago the survival rate for childhood cancers was 20%. Today because of all your generous donations and money we have raised (since 1972), the current survival rate is more than 80%! This is not just a statistic, these are children "not dying in the dawn of life".

St. Jude has many opportunities to support them:

- Gifts of cash
- Gifts of stocks
- IRA gifts
- Donor advised funds
- Gifts of real estate
- Foundations giving
- Gift through a charitable lead trust



We have so many things to be thankful for with this upcoming Thanksgiving, we wish our ESA family and your families a happy, healthy and joyful Thanksgiving.

Love in ESA, Wendy, Jeff and Deana

# Beta Kappa News

Ever want to be a kid again?

Beta Kappa tried to do just that with their recent social. We went to see the NEWEST Oscar Mayer Wienermobile when it stopped in Tucson at the San Xavier mission. Jeff came along to see if the Wienermobile whistle was the same as the one he got as a kid. Alas, it was NOT red and only 1/3 the size, but it still whistles. Ask any of the girls who also got one and used them.

However, was it just larger when he was a kid because he saw it through a child's eye, which made it bigger and better? Regardless, it was fun watching the ACTUAL childrens' reaction to this giant hot dog. That's as close as we will get to being a kid again. Everyone at the event was masked and some social distancing did occur so we did abide by the rules.



Tha**Thsomsen, and Chris** our masks and added the letters so we fit right into the theme. Also she brought the game that we

> played later

eating a steak dinner that Jeff grilled. There is still life during Covid! It is going to Phoenix next so you in the north can also try turning back the clock. See where it will be next using this link. <u>https://khcmobiletour.com/wienermobile</u>

Date	Event & Location
November Council Meeting – November 15, 2020	Hosted by Beta Kappa Via Zoom – watch for info via the Ocotillo Express
January Council Meeting – January 17, 2021	ТВА
April Council Meeting – April 18, 2021	Hosted by Beta Gamma TBA
Arizona State Council 78th Convention June 4-6, 2021	ТВА

# http://www.facebook.com/ArizonaESA

You do need to have your own Facebook page to view ours. If you are using Facebook, **Like** us so you will keep updated that is happening in ESA as well as the Arizona Council.

Here is the Arizona Council website <u>http://azcouncilesa.com</u> If you need a login and pasword please reach out to me.

Here are all the ways to reach me.

April Aguiñaga april\_aguinaga@hotmail.com 602-904-1530 15602 N. 59th Lane Glendale, AZ 85306



<u>https://www.memory-improvement-tips.com</u> Looking for some puzzles to keep our brains healthy? This site provides ones you can do online or print out. Also try . <u>http://www.qets.com/large-print\_puzzles/puzzles\_word-</u> search.htm\_Enjoy this Autumn themed word find. Have fun!

Autumn marks the transition from summer into winter, the association with the transition from warm to cold weather. The possibilities of summer are gone — chill of winter is on the horizon. The word *autumn* comes from the Old French word *autompne*, later normalized to the original Latin word *autumnus*. Can you find all the words that pertain to Autumn, and some that only come around every four years?

Apple Cider	R	Е	G	Ν		м	0	С	Е	М	0	н	Р	U	М	Р	к		N	S
Autumn Colors		_	-		1				_									1		
Baking Ballot	Y	Е	L	т	G	в	0	в	Α	E	Т	Т	Α	۷	Е	Т	н	D	S	R
Chilly	Е	х	С	Е	s	Р	R	М	F	в	s	Ν	0	w	R	Υ	Е	0	Q	N
Colorful Leaves	w	L	s	A	С	Е	т	Y	s	0	х	U	Y	Е	0	D	С	w	U	Y
Decorations	E	S	S	т	R	т	v	1	G	N	S	G	Q	D	S	A	Ν	т	Т	н
Elections			-		1000				_		-	0.000			_	2020			×.,	
Football Games Frost	D	к	Е	R	0	Р	1	R	Y	Ν	0	D	Ν	R	Z	L	S	в	R	J
Gourds	0	Y	Α	Т	0	С	s	0	А	Α	1	Т	С	Т	Т	н	L	0	R	Т
Harvest	т	R	s	F	к	L	к	Е	Ν	н	R	٧	т	Υ	т	S	G	Ν	Е	F
Holidays	U	0	w	Е	R	Е	0	м	м	s	N	D	T	Α	L	Ν	Y	Е	L	н
Homecoming Hunting	G	G	N	R	S	E	S	С	A	A	E	R	С	G	R	L	U	w	S	0
Ice		1152.0						1.000			1100									
Indian Corn	1	Ν	Ν	R	E	Y	D	М	Ν	R	G	Т	0	L	S	0	Т	н	Α	Е
	S	Y	1	Т	0	Т	Α	Т	U	М	к	L	R	С	Е	к	С	н	в	Z
Mums Nuts	н	D	Е	к	Ρ	Υ	0	D	С	М	U	Е	L	Е	Ν	А	Ν	Е	С	1
Pumpkins	в	0	R	к	Α	Р	D	L	Т	Е	U	т	т	A	s	A	Ν	Α	D	R
Rake The Leaves	T	A	0	υ	R	в	0	A	L	L	L	S	U	С	в	D	1	U	н	Е
Ready Or Not	-		-			-	-		-	-	-	P	-		-	т				Т
Shopping Snow	D	Ν	С	D	0	U	E	н	E	Α	0	-	J	A	R		L	D	Ρ	
Squirrels	С	Α	Ρ	к	М	G	т	۷	S	R	В	н	Ρ	0	н	A	0	R	Ν	Ν
Stock Market Crash	Ζ	0	Ν	С	0	L	0	R	F	U	L	L	Е	А	۷	Е	S	0	0	1
Thanksgiving	Т	z	A	J	s	E	V	A	Е	L	Е	н	т	Е	к	A	R	н	F	w
	-		X	1 es	-	-	1									11			1	15
Winterize		1		a	1	6														
World Series		33			2		-		-24										1	
Yard Clean Up		Ser.		11	10		2	2	1			1			S	St.	1	1		1
		- 100	· · · · · · · · · · · · · · · · · · ·	- 10X			-	~		-	-	1	-	-	K	-	-	-	1	-

# Answer Key

R	E	G	Ν	Т	М	0	С	Е	М	0	н	Р	U	М	Р	к	1	Ν	S
Y	Е	L	Т	G	в	0	В	Α	Е	Т	Т	Α	٧	Е	Т	н	D	s	R
Е	х	С	Е	S	Р	R	М	F	В	S	Ν	0	W	R	Y	Е	0	Q	N
w	L	S	Α	С	E	т	Y	S	0	х	U	Y	Е	0	D	С	W	U	Y
E	s	S	Т	R	Т	V	Ι	Ġ	N	s	G	Q	D	S	Α	N	Т	I	н
D	к	Е	R	0	Р	1	R	Y	N	0	D	N	R	Ζ	L	S	В	R	J
0	Υ	Α	Ι	0	С	S	0	A	A	1	1	С		Т	н	L	0	R	Т
T	R	S	F	к	L	к	Е	N	Н	R	V	Т	Y	Т	S	G	Ν	E	F
U	0	W	Е	R	Е	0	М	М	S	N	D	1	A	L	N	Y	Е	L	н
G	G	N	R	S	Е	S	С	A	A	E	R	С	G	R	L	U	W	s	0
Ι	N	Ν	R	Е	Y	D	м	Ν	R	G	L	0	L	S	0	I	н	Α	E
S	Y	1	I	0	Т	А	T	U	М	к	L	R	С	Е	к	С	н	в	z
н	D	Е	K	Р	Y	0	D	С	м	U	Е	L	E	N	Α	N	Е	С	T
В	0	R	K	A	Р	D	L	1	Е	U	Т	Т	A	S	Α	N	Α	D	R
Ι	Α	0	U	R	в	0	A	L	L	L	S	U	С	В	D	I	U	Н	E
D	Ν	С	D	0	U	E	Н	E	A	0	Ρ	J	A	R	Т	L	D	P	Т
С	Α	Ρ	К	М	G	Т	۷	S	R	В	H	Ρ	0	Н	Α	0	R	Ν	Ν
Ζ	0	Ν	С	0	L	0	R	F	U	L	L	Е	A	۷	Е	S	0	0	I
Т	Ζ	Α	J	S	Е	V	Α	Е	L	Е	н	т	Е	к	Α	R	H	F	w