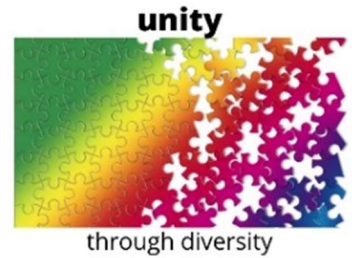


Arizona Council Bulletin

February 2021



Volume LXXVII, Issue 5



Words have power, the power to hurt, the power to heal, the power to bring joy, and laughter and peace. At the January Council meeting I challenged the membership to take some time to share some words with other members. Make a phone call to someone you know but don't see except at council meetings. Write a note and send it to

someone who you know is feeling isolated. Make it a secret inspiring note, make it an encouraging one or share a joke. Emails and texts are another way to share your words. Set yourself a personal challenge to send one message every week. You'll love how you feel afterwards!

It was great to see everyone's faces at the January council meeting, we had a lot of fun. If you missed the meeting don't fret, you can still watch the recording! Go to our website to get the link or use the link at the bottom of this message. We'd love to see you at the next one.

As always, if you have ideas for ways to make our connections even stronger, whether at the council meetings or in other ways, please let the Executive Board know!

As always, stay safe and remember, tell someone you love them today!

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You can ALWAYS call me if you have questions, suggestions or concerns – 831-227-3880. You can email me too.

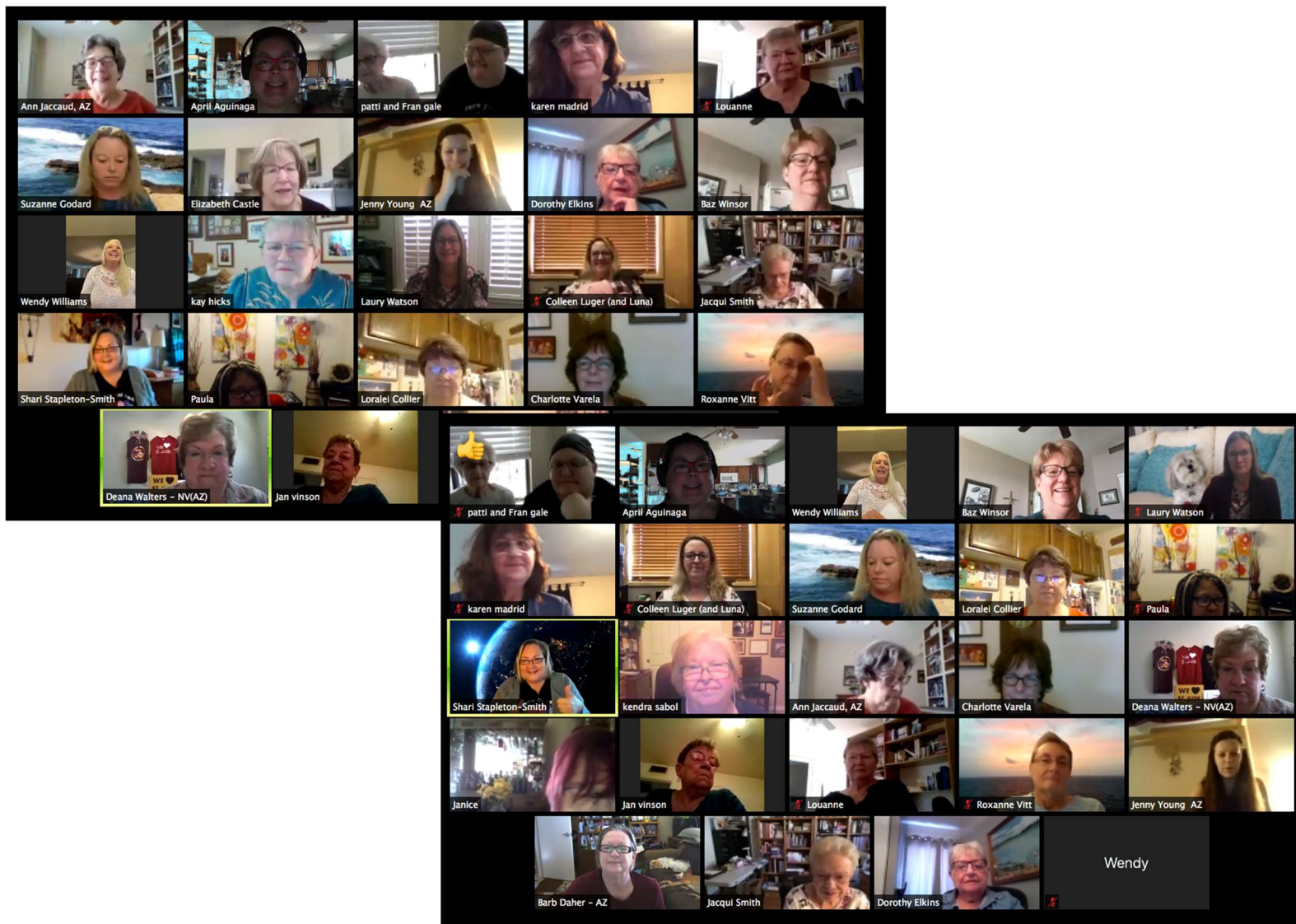
Yours in service,
Shari Stapleton-Smith



Link for the recording of the January council meeting:

https://zoom.us/rec/share/6DaZjWpHgvj_Def78SA6_4_jIV3rKwJNOD-WOLOrouDxBxERTAsshMKrw7ela2bB.AQg4moe06vK6121i

Passcode: &vxS6A+k





Friendship

How many words can you make from this word?

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1st Vice President

Greetings All,

It was great to see many of you at January's council meeting. I hope that this finds you all healthy and safe. Below are a few things that are happening and are great ways for you to get involved with fellow ESA members from around the country. I know that many of us are limiting our inactions with ours, but that doesn't mean that we can't find ways to spread the news of ESA and the wonderful things that we do. If you are a part of the Facebook, Instagram etc. think about posting or sharing pictures about ESA and the programs we support.

We can also spend time support those we know that are already members through dropping a quick note or card or maybe a short chat on the phone. If you bring in a new member between now and end in of May, you and your WHOLE chapter will receive an invitation to Special Bingo Party that will be help sometime in June. Earlier this year a Family Feud Recruitment event was held for those that brought in a new member and I hear it was loads of fun. Think about joining in the events listed below.

ESA Coffee Chats

Join our IC President, LeAnn Wray and Tracy Swanson from Headquarters as well as lots of ESA members from around the country for the ESA Coffee Chats series. On the 2d and 4th Mondays of the month, people gather for friendship and to explore ESA happenings and ideas. Morning and evening options are available. Sign up to receive the ZOOM credentials to join in, more info at www.epsilonsigmaalpha.org/ESACoffeeChat

National Leadership Conference – Virtual

VIRTUAL CONFERENCE - FEB. 26-27, 2021

Virtual National Leadership Conference.

Improve your personal and professional leadership skills through the interactive presentations and fun activities!

<https://epsilonalpha.org/LeadershipFollowup>

The conference is open to all ESA members. There will be breakout groups, guest speakers, and virtual fun. \$165 Final Registration **Deadline: Register by February 5th**

Feb. 25 Thursday - Unofficial Event TBD

Feb. 26 Friday - Official Event Starts

Party hosted by Incoming IC President, Robin Bussey, 5:00 pm MST

Feb. 27 Saturday 9 am - 5 pm MST

Demonstration ESA Bingo party

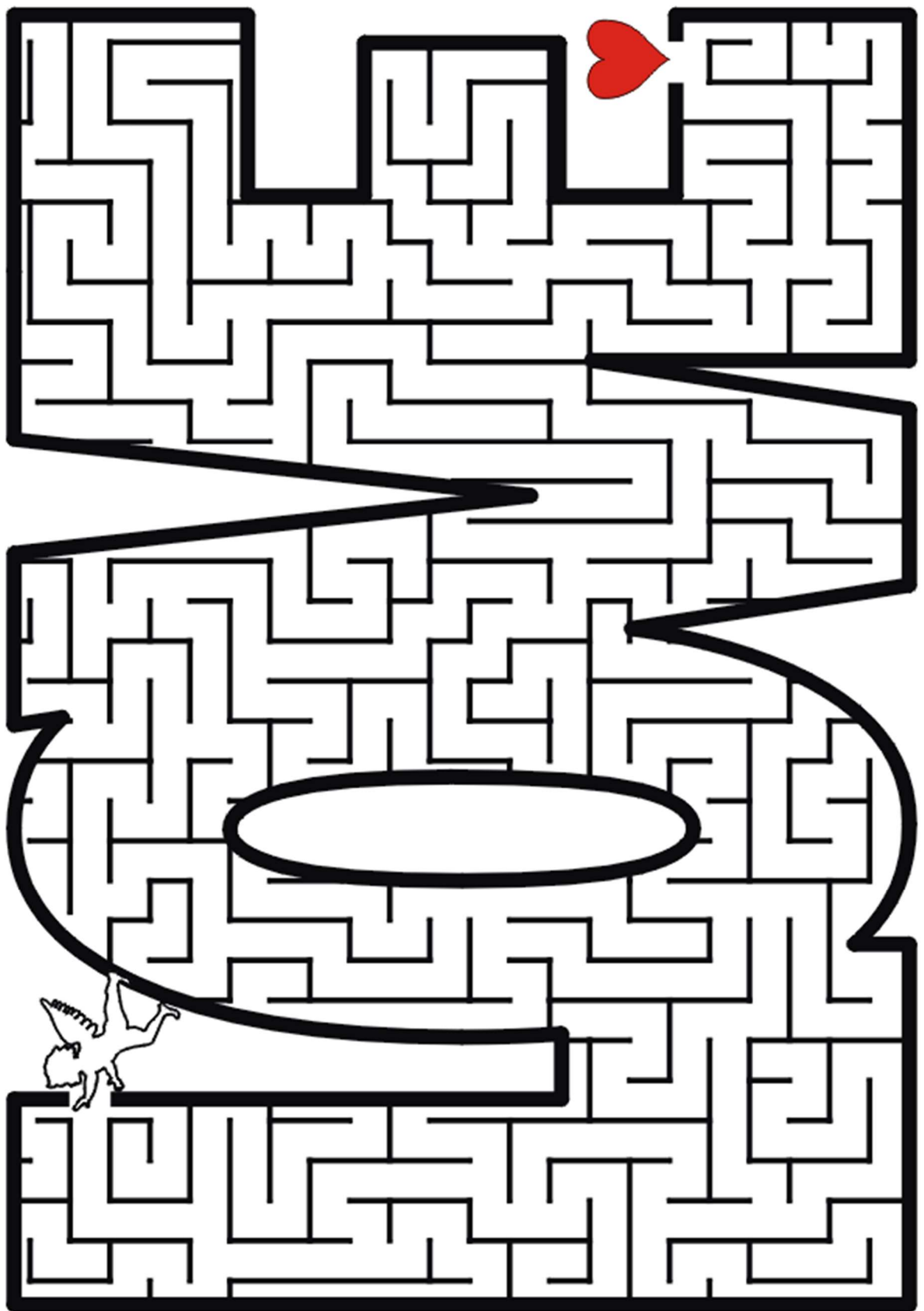
IC President LeAnn Wray and ESA HQ Membership Director Tracy Swanson will be having a demonstration ESA Bingo party. This will be to show how to conduct a Virtual BINGO event. A few games will be played with an online Bingo app so you can see how it works. Also, they will be sharing how to include ESA information and membership tools right into the event and give us a chance to experience the party so you can host one of your own.

The event will be held on Friday, March 26 at 5:30pm. Every ESA member is welcome to join in, but they need to complete their own registration form to receive pre-party instructions and Zoom link. There is a Bingo Card generator that will need to be download on your smartphone before the event or you can use Bingo cards you have printed in advance. If you just want to watch and learn without actually taking part in the BINGO games, you can do that too with just the ZOOM link. <https://www.epsilonsigmaalpha.org/ESABingo> **Registration closes on March 12th.**

Take care and Be Well

Patricia Gale





2nd Vice President

Hello Everyone,

Hope everyone had good holidays in these crazy times. I know it was probably not what we wanted, but do hope there were some good times.

A big “Thanks” to everyone who joined us in our virtual January Council Meeting. I believe we had a very productive meeting and if you did not join us you missed giving us your input which we really want to have to help move us forward in these different times. We really want your input. If after reading this, you come up with an idea, please let me hear from you. I want to share it with others.

We had a philanthropic break out session to brain storm on things that we can do in these crazy times. Members shared some of the things they have been able to do under constraints we have never faced before. Here are some of the ideas that came out of the sessions. I encourage all to look at the list and maybe there is something similar in your area that you could reach out to and see if you can help.

Here are some ideas:

****Check in with your local organizations like Autism, or such and see if they have a need for helping hands from ESA. Example, stuffing for mailings or any clerical work.**

****Do you have organizations or foundations doing food for the children on the weekends? Reach out to them to see if you can help fill the bags?**

****Maybe there is a need to help deliver food to the schools or a location for pickup?**

****Check in with your VFW's, American Legions, Lions Club and other such organization and see if they need any helping hands for a project they may be or will be having.**

****Reach out to any real estate agents you may know and see if they might have clients that want to get rid of some items and maybe you can make arrangements to get them donated to a homeless shelter, a domestic violence center, Vietnam Vets location or such.**

****Gather books for sending to our military. Or maybe offer your neighbors to come and take the books they might like to read.**

**Reach out to your nursing homes and Veteran homes to see if maybe you could write some notes to let them know others are thinking about them.

**Pick up your phone and call an ESA member and check in to see how they are doing.

**Volunteer for Meals on Wheels

**Check in with your local food banks to see if they need ESA helping hands.

**Treasurers for Teachers

**Check on places like Rainbow House who collect clothing for children in need because of illness or family needs help.

**Sister Closet and such organizations in your area that collects clothing.

Hopefully this will get all of you thinking about different things that we could be doing to help others in some form or manner. People need people. Please reach out and see what you can do for others.

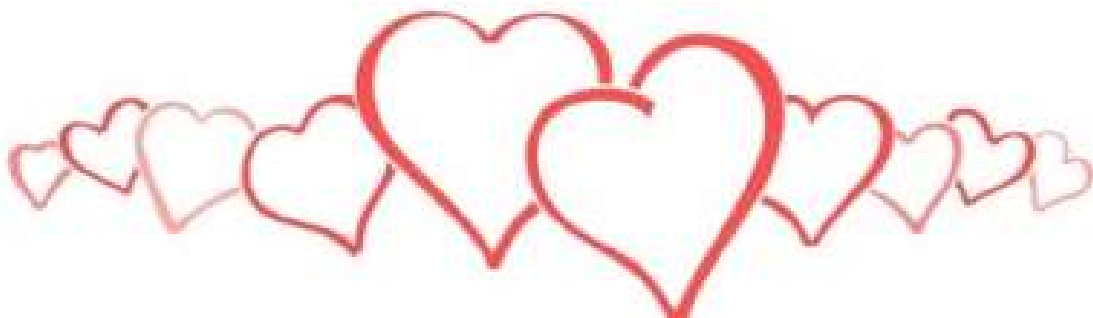


We need to reach out and help make a difference in the lives of others.

Please take care...be safe...wear your mask if out and about.

Hugs from Vegas

Deana Walters



Jr. Past President/Disaster Fund Chair

Happy Valentine's Day to everyone!



It was enjoyable to attend the January Council meeting via zoom. It was great to see and hear everyone at the meeting. Miss those who were not able to attend.

Please make a donation to the Disaster Fund. Remember to make your check payable to the Arizona Council of ESA and put Disaster Fund in the memo on your check. Please send your check to 5672 E. Cooper Street Tucson, AZ 85711.

Jr. Past President/Disaster Fund – Karen Madrid

Parliamentarian – Karen Madrid

We have one Standing Rule change that was submitted. Please read over the Standing Rule change with your chapter that on the next page. We will be voting on the Standing Rule change at the April Council meeting.

Proposed Change to Standing Rule to #1

#1. Currently reads: Regular meetings of Arizona Council, open to all ESA members and their guests, shall be held on the third weekend of the month in the months of September, November, January, and April, unless otherwise specified by the Council. There shall be no regularly scheduled meetings in June, July, and August. Bid dates for hostessing Council Meetings shall be extended prior to April 1 for the following year.

Change to read: Regular meetings of Arizona Council, open to all ESA members and their guests, shall be held on the second or third weekend of the month in the months of September, January and April unless otherwise specified by the Council. There shall be no regularly scheduled meetings in June, July, and August. Bid dates for hostessing Council Meeting shall be extended prior to April 1 for the following year.

Reasons: Hotel room rates may vary and having 2 options for dates would benefit the members with their expenses to attend. It could possibly save the host chapter too. Also, removing November would enable a chapter or two to host a statewide function and we could do a fundraiser to benefit our philanthropic projects and possible social hour. It could benefit one or two or more of our philanthropic charities if the hosting chapter(s) wanted to have it that way. This would give the members a chance to socialize and get to know the Executive Board members, appointed board members and it would allow us to invite friends, family, and co-workers to see ESA in motion having fun and raising money at the same time. It could lead to potential new members or new prospects for volunteers that we could reach out to for our philanthropic projects or events.

Chaplain

Greetings All,

First, I want to Thank Carol for always being so wonderful at getting information about our Council members out to us. And to Louanne for helping me make sure that Arizona's information gets to our IC Chaplain and sending out words of support and encouragement to our members.

Please remember to keep Cliff and Jacqui Smith in your thoughts and prayers as Cliff is in the hospital. Also, Donna Mc Avoy's family and friends at her passing.

Send any information pertaining to illness, death, need for cheering up to Louanne Stephens js4louanne@aol.com and/or Patti Gale nacomgale@gmail.com

“The Other Side of the Virus, An Opportunity to Awaken”

Yes there is panic buying. Yes there is sickness. Yes there is even death.

But, They say that in Wuhan after so many years of noise
You can hear the birds again. They say that after just a few weeks
of quiet

The sky is no longer thick with fumes But blue and grey and clear.
They say that in the streets of Assisi People are singing to each
other

across the empty squares, keeping their windows open
so that those who are alone may hear the sounds of family around them.
They say that a hotel in the West of Ireland is offering free meals and delivery to
the housebound.

Today a young woman I know is busy spreading fliers with her number
through the neighborhood so that the elders may have someone to call on.
Today Churches, Synagogues, Mosques and Temples are preparing to welcome
and shelter the homeless, the sick, the weary.

All over the world people are slowing down and reflecting.
All over the world people are looking at their neighbors in
a new way.

All over the world people are waking up to a new reality
To how big we really are. To how little control we really
have.

To what really matters. To Love. So we pray and we
remember that

Yes there is fear. But there does not have to be hate.

Yes there is isolation. But there does not have to be loneliness.

Yes there is panic buying. But there does not have to be meanness.

Yes there is sickness. But there does not have to be disease of the soul.

Yes there is even death. But there can always be a rebirth of love.

Wake to the choices you make as to how to live now. Today, breathe.

Listen, behind the factory noises of your panic- The birds are singing again

The sky is clearing, Spring is coming,

And we are always encompassed by Love. Open the windows of your soul

And though you may not be able to touch across the empty square,

Sing.



(Fr. Richard Hendrick, OFM, March 13, 2020)

Louanne and Patti



“The more that you read, the more things you will know, the more that you learn, the more places you’ll go.”– Dr. Seuss

The Educational Committee has met and decided we want more reports. We have 4 chapters who have sent in reports. We don’t care if they are on time, we don’t care if you don’t think they are good enough, we want to know what you are doing in your chapters this year!

Email your reports to suzannegodard@gmail.com or snail mail them to me at:
Suzanne Godard
2160 E. Fry Blvd Ste C5
PMB 324
Sierra Vista, AZ 85635

I spotlighted the Alpha Kappa chapter at the January Council meeting. They are staying busy collecting donations for various groups and meeting on Zoom.

We watched a Ted Talk about trying new things and forming new habits. If you missed it, here is the link. I look forward to hearing about what new things you’ve tried!

https://www.ted.com/talks/matt_cutts_try_something_new_for_30_days?language=en

Trivia Time!!

Liz Montgomery was the only member who answered last month’s questions! Let’s see if more of you want great prizes! Here are the answers to the last set of questions:

1. What year did St. Jude become a national project of ESA? **1972**
2. What type of membership is designed for those under the age of 18? **ELAN**
3. Who is the current IC President? **LeeAnn Wray**
4. What is an Octothorpe? **Pound Sign or hashtag**
5. The Unicorn is the National Animal of what country? **Scotland**

New Questions

Email (suzannegodard@gmail.com) or text (520-991-5657) the answers to these questions. Answers and winners will be revealed in the next bulletin. There will be prizes!!

1. What is the deadline to apply for Foundation Scholarships?
2. Who is the current IC Recording Secretary?
3. Which fast food giant once made bubble gum flavored broccoli?
4. Which letter of the alphabet doesn't appear in any US state name?
5. True or False: Cows have upper front teeth.

Color in all of the areas with dots to reveal the hidden picture.





Greetings one and all!

PROJECT GIFT CARD REPORT

In response to Hope for Heroes Collaboration between American Legion Post 39, ESA and Southeast VA Health Care Clinic yielded \$565 in gift cards and \$110 cash which was distributed to 21 families (63 children) based on needs analysis. The cash was used to purchase clothing for an additional family which presented later.

The Alpha Chi chapter and Eta Pi chapters wanted to keep the gift cards they donated in the local community. Alpha Chi donated \$320 in gift cards and Eta Pi donated \$150 in gift cards. The gift cards were donated to Cochise Serving Veterans to help veterans and their families in the most need this holiday season. Cochise Serving Veterans helps veterans in Cochise County with everything (job placement, housing and food needs as well as transportation for medical needs and toys for their children at Christmas.)

THANKS FOR ALL OF YOUR SUPPORT TO OUR
VETERANS THIS HOLIDAY SEASON

Total gift cards donated - \$1035

Total cash = \$110

Thank you so much
Hope for Heroes Chairs
Paula Fisher, Janice Shaproski and Kendra Sabol
Members of Beta Gamma



Report on Flag Kit Project for HOPE for Heroes

Greetings one and all!

The Hope for Heroes chairs would like to give you an update on the 10 Arizona Council chapters that participated in our SPECIAL PROJECT to acknowledge and appreciate our Nation's Heroes. This project is from the heart of ESA to the hearts of servicemen and women who pave the way for our freedom.

Beta Kappa

Chris Goldberg's Beta Kappa chapter met on Monday the 7th and completed the thank you cards you gave us. We then put them into a Christmas Thank you basket and delivered that to the Arizona State Veterans Home on December 11



Sorry that we missed Veterans Day, however the vets can use a thank-you ANYTIME, including at Christmas. Hope you enjoy our spin. Thanks again for what you do and the great idea of the cards and flags."

Hope for HEROES Contacts:

Paula *Janice*Kendra

Paula Fisher – pdfmba12@gmail.com

Janice Sharposki – bronco155@gmail.com

Kendra Sabol – kasabol@cox.net



SURPRIZING FACT!!!



The youngest Medal of Honor recipient was awarded at age 14 and it was granted at age 13. Born in New York, 11 year old Willie Johnston enlisted in the Union Army alongside his father, serving as a drummer boy with the 3rd. Vermont Infantry during the Civil War. June 1862, over- powered by Confederate forces, his unit retreated to the Virginia Peninsula. Along the way, men discarded equipment to hasten their pace. Young Will clung to his drum through the march and was later asked to play his drum for the entire division on July 4th. Abraham Lincoln heard of his bravery, he recommended him for the Medal of Honor and Willie received it in September 1863.

In the 20th Century the youngest Medal of Honor recipient was Jack Lucas, a novice at 17 shielded his fellow squad members from grenades at Iwo Jima.

Nantaje held the rank and organization of Indian Scouts from 1872-73. He was born in Arizona. The date of issue was April 12, 1875. The citation was for gallant conduct during campaigns and engagements with Apaches.

John Pruitt (1896-1918) was a Corporal, 78th Company, 6th Regiment, 2nd Division, USMC. Born in Arkansas, he entered service in Tucson, Arizona. He received both Army and Navy Medals of Honor for action on October 3, 1918 at Mont Blanc Ridge, France. Corporal Pruitt, single-handedly attacked two machine guns, capturing them and killing two of the enemy. He then captured 40 prisoners in a dugout nearby. He was killed soon afterward by shellfire while sniping at the enemy.

Rowdy was a Sergeant, Company A, Indian Scout, He was awarded the Medal of Honor on May 15, 1890 for bravery in action with Apache Indians on March 7, 1890.

Robert S. Scott (1845-1908) was born in Washington County, New York. A Private serving in Company G, 8th U.S. Cavalry in the Chiricahua Mountains, Arizona Territory. Apache warriors known to be led by Cochise attacked a Tucson stagecoach, killed a number of cowboys and stole cattle in a bloody rampage

which began in early October. A lone man escaped to summon help at Ft. Bowie. In hot pursuit on October 20, 1869, the Calvary engaged Chochise's warriors in a pitched battle known as the "The Campaign of the Rocky Mesa". He was one of thirty-two, 1st and 8th Calvary soldiers cited for "Gallantry in action" in this major Chiricahua Mountains battle. The date of issue for Private Scott's Medal of Honor was February 14, 1870.

Simon Suhler (1844-1895) born in Bavaria, Germany in 1844 and enlisted in the 32nd Indiana Regiment (known unofficially as the First Indiana German Regiment) at the outset of the Civil War. The 32nd spoke German and were headed by a former Prussian officer. After his capture and wounding at Shiloh and being furloughed back, he deserted from his unit and served under the name of Simon Neustadle, honorably, the remainder of the Civil War in the 11th Heavy Artillery. He also later served in the 4th New York Heavy Artillery. After the war he joined the 8th Calvary Regiment under the assumed name Charles Gardner, where he earned the Medal of Honor fighting the Apaches in Arizona. He was awarded the Medal of Honor at the rank of private. After 12 years in the 8th Cavalry he retired at the rank of sergeant. Suhler was buried at San Antonio National Cemetery, San Antonio, Texas.

Cornelius Smith (1869-1936) Corporal K, 6th United States Cavalry . He was born in Tucson, Arizona. He was cited for action in South Dakota on January 1, 1891. With four men of his troop, drove off a superior force of the enemy and held his position against their repeated efforts to recapture it, and subsequently pursued them a great distance. He was awarded the Medal of Honor on February 4, 1891.

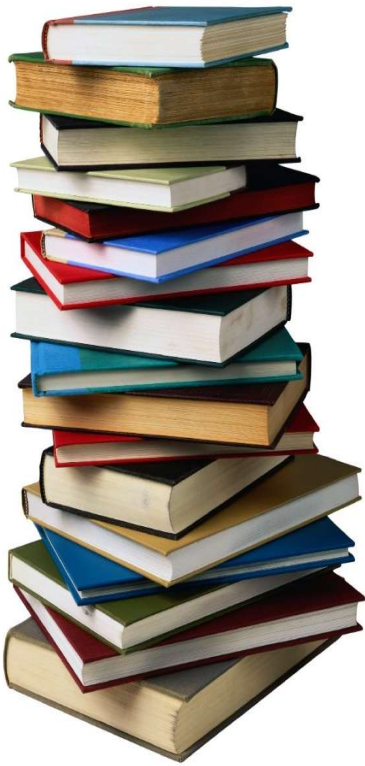
HOPE for Heroes Chairs,

Janice, Paula, and Kendra



HOPE FOR HEROES OPERATION PAPERBACK

We need your hard back and soft back books and a little cash so the HOPE for Heroes Chairs can mail Books to military locations overseas and to veteran's organizations in the states.



If you write a check make the check payable to the Arizona Council ESA and designate it Hope for Heroes.

Mail your check to Kendra Sabol (28806 N. 49th Way, Cave Creek, AZ 85331) to be recorded for reporting purposes and Kendra will send the check to the Treasurer of the Arizona Council to be designated for Hope for Heroes. If you are donating books, you can leave your monetary donation with the books also.

I shipped my own books to Fort Wainwright, Alaska. Here is the request: "We need books for a large company of soldiers and families in Alaska. We are setting up a free library at our hanger for soldiers to bring books home to their families. Any help is greatly appreciated as we cope with COVID. All genres welcome. "

I received a response from Fort Wainwright. " 1-52 Delta Company received their first box at 507-1 Lily Drive at Fort Wainwright, Alaska. Thank you kindly I can't wait to get our shelf back from the carpenter and launch our free library within the month." Very cool to get a response.

Thank you to the following individuals for donating books:

Alpha Kappa

- Baz Winsor
- Dorothy Wright

Alpha Omicron

- Roxanne Vitt

HOPE for Heroes Chairs: Paula Fisher, Janice Shaproski and Kendra Sabol



Hi everyone,

Welcome to 2021, hope this year will be a great one for you.

The scholarship application window closed on February 1, 2021 and the winners will be announced sometime in May. Thanks for your help in spreading the information on the Foundation Scholarships. Sadly, there are some that received no applications, we will try again this fall.

The Foundation is hosting another Virtual Murder Mystery event on April 17th. We had so much FUN with the first event, I urge you to put this date on your calendar. I will send out more information soon.

Foundation annual dues of \$ 15.00 must be postmarked by February 28, 2021 to be eligible to vote at the IC convention in July. And if you are not a Foundation member, the cost to join is only \$25.00. Please give me a call and I will be glad to give you more information about the ESA Foundation. (520) 885-1417 or jacquismith@comcast.net)

If you missed any of the ESA Foundation membership workshops, they have been posted to ESA website. <https://epsilonsigmaalpha.org/scholarships-and-grants/esafoundation/ESAFnews>

Lots of good information from these workshops. I hope you will take a look at the website.

Happy Valentine's Day! Love you all,

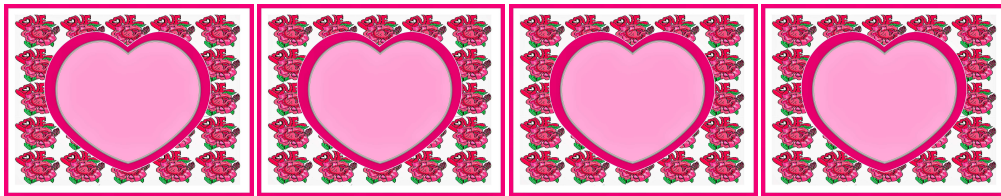
Jacqui Smith
ESA Foundation Counselor

St. Jude

Dear ESA Brothers and Sisters:

In a time where raising money is more difficult, we need to find new ways to help our charities. Wendy, Deana and I are rolling out a fundraiser that was done about 10 years ago. We are selling 50/50 raffle tickets to benefit both St Jude and Easter Seals. 50% will go to the winners and the other 50% will be split between St Jude and Easter Seals. Yes, you heard me right, winners. We wanted to split the prize up to 1st, 2nd, and 3rd place winners so more of you and your friends have a greater chance to win. 3rd place will be 10% of the half prize money, 2nd place will get 15% and 1st place will get 25%.

Of course, everyone is a winner when you support these two great organizations. Tickets will be \$20 each or 6 for \$100. Make checks payable to Arizona Council of ESA and send them to Jeff Goldberg at 2780 W Placita Estrada, Tucson, AZ 85746, who will in turn send you your ticket. The drawing will be at the State Convention 2021.



Remember, if your chapter was going to donate money to St Jude and Easter Seals, this is the opportune way to do it and possibly win money back. Contact Jeff if you want a block of tickets to sell at work or to your friends and family.

We will send you your tickets via email or snail mail, whichever you prefer. Please let us know your preference.
THANK YOU FOR SUPPORTING ST JUDE & EASTER SEALS!

How many times have you asked, or been asked “Does my contribution to St Jude help the children”? In this months’ Promise magazine from St Jude is a wonderful article that reinforces WHY ESA partnered with St. Jude and why WE still do all the things we do. I have copied it for you to enjoy and share with others. What a wonderful success story to say “Thank you”

Love in ESA,

WENDY WILLIAMS, PHX
JEFF GOLDBERG: TUCSON
DEANA WALTERS: VEGAS



By Elizabeth Jane Walker



Life after St. Jude Dakota's Dreams

Made possible in part by the Pediatric Cancer Genome Project.

DAKOTA CUNNINGHAM was nearly 4 years old when scientists launched an initiative that would one day help save his life.

As the preschooler romped and played, scientists in the Pediatric Cancer Genome Project rolled up their sleeves and set to

work. The project would eventually transform cancer diagnosis, treatment and research. It would also offer hope to the Cunningham family.

Seven years later, Dakota arrived at St. Jude Children's Research Hospital

No more chemo

Dakota's family members, Breken, Tricia and Steve, join him in celebrating his last day of therapy.

**Photo was taken before the COVID-19 pandemic.*

with T-cell acute lymphoblastic leukemia (T-ALL). This disease occurs when genetic mutations prompt a buildup of the white blood cells called T cells.

Dakota enrolled in the TOTAL 17 clinical trial, which incorporates discoveries from the Pediatric Cancer Genome Project. Within the 3 billion base pairs of Dakota's genome, the scientists found issues with five genes. These gene changes—a fusion, a gain, a frameshift, a deletion—had huge implications for treatment.

Based on his genetic makeup, Dakota received a drug called bortezomib to attack his cancer cells.

"The doctors were able to make adjustments to tailor treatment specifically to what Dakota needed, not just cookie-cutter treatment," says his mom, Tricia Cunningham. "It saved my child. He's cancer free today, and it's 100% because of that."

Tricia says she and her husband, Steve, are grateful to the thousands of St. Jude patients who donated tissue samples and enrolled in clinical trials through the years.


"Dakota's treatment was developed as a result of all the research that was done in the past," Tricia says. "We hope what they learn from him will help others down the road."

In January of 2020, Dakota completed cancer therapy. Now 14, he has become an avid golfer and aspires to play for a Division I college.

"I don't know why I got cancer, but if nothing else, it gave me golf," he says.

Dakota also has a drive to help other patients facing cancer treatment.

"Let me tell you what I've been through," he says. "I know it sucks; I know it's hard. There are going to be days you think you can't make it, but you will."

"I needed somebody to tell me that," he continues. "Now I need to be able to say, 'You've got this.'" 

EasterSeals

EASTERSEALS - PHOENIX

SWHD Easterseals - Phoenix news:

Many thanks to all the ESA volunteers that participated in the many projects SWHD Easterseals-Phoenix had over the past several months. These projects consisted of early childhood and families that needed help with care, attention and support to keep them on the path to success. 186 families were provided with assistance for rent, utilities and basic needs. Also, \$5,000 in grocery cards were supplied for families. These services and much more totaling \$445,000 helped Arizona families. Their needs are still critical and organizations had to adapt in ways to extend the help needed.

On November 11, several ESAers, namely Jeff and Chris Goldberg, Sandy and David Alexander and myself and a friend, helped during the golf outing held at the Talking Stick Golf Club in Scottsdale. It was a beautiful day and we worked at registration and at a couple holes doing our thing - passing out literature, etc. The latest total for this event was more than \$66,000,



Pictured RoseAnn, Ann Jaccaud, Sandy Alexander, Chris Goldberg



ESAers helped in many ways with supplying the Christmas wishes for children through the Gingerbread Kids Gift Drive in December. Their goal was over 900 children and organizations upped their help to supply 1300 kids with gifts! Sandy and David Alexander were Santa's Helpers and got to

ride in a big truck to gather gifts for 115 kids. WOW Thanks guys! Great Holiday Cheer! There were many emotional moments for all. You "Made Magic Happen."



Annette Sutfin the Senior Manager for Philanthropic Experiences for SWHD-Phoenix, related that 286 volunteers donated more than 3,300 hours of time this past season. You were there to help deliver books to clinics, stocking Little Free Libraries, writing cards of thank you to donors, the Gingerbread Kids project, virtual events and more!

SWHD partnered with the Health Department to do free covid testing at the Educare Arizona facility directing drive-through testing on January 14 and 15. Sandy and David Alexander helped at this event. You two are awesome!

All in all, thank you sisters for your help this past pandemic year and here's hoping this new year will be better for all!! ESAers are awesome.

Ann Jaccaud

EASTERSEALS TUCSON

Easterseals/Blake Foundation Tucson finally has some NEWS! It is good, good and bad.

Let's start with the bad. There are still no DIRECT volunteering needs at this time. Aviva Children's office is still restricted to very minimal physical visits and not accepting used donations, and all Easter Seals events remain virtual or very restricted.

However, the first good news is that ESA was asked and did provide a grant letter of support to Easter Seals to maintain, stock and operate the clothes closet for Cochise County. They GOT the grant and have invited us to join in the logistics meetings. Although early in the process, it is nice to be included. I will keep you posted.

The truly good news is that we have found a way to indirectly help. Easter Seals/Blake Foundation is a 501(3)(c) and a current member of the Gap ministries, located on Flowing Wells Rd. It originally started as an interfaith ministry to help its' members. The slogan was "Standing in the GAP For Those in Need. Bringing Help to Children, Healing to Families, and Hope to our Community".

It then realized that most of the other non-profits in town were experiencing the same difficulties and challenges in meeting the needs of their members. So, it organized and evolved into a group of over 50 non-profits in Tucson to join together and purchase food and supplies in bulk and receive donated items BY THE PALLETS.



As you can see by the picture of one of their trucks, one of their new mission slogans is: "Partnering with nonprofits to serve those in need". Doesn't that sound like an ESA mission statement? And isn't that part of what we do?

Companies can give to one place and not have to divide between charities, yet they know that ALL the non-profit members receive the donated items. Several ESA members have been volunteering weekly at the Gap breaking down those pallets, testing, pricing and stocking the community warehouse shelves. Those hours are then allocated to Easter Seals for vouchers to allow the group homes etc. to obtain needed items without having to spend money. Tuesday is the day for food distribution to the non-profits and the warehouse is closed for shopping so it is very easy for us to help in this way. The food is moved on PALLETS by forklifts to the waiting trucks. It is then taken to Easter Seals and broken down by hand into containers to send to their 13 group homes. We were asked to help with that break down, however it is too physical for our members and requires more people than we have. However, the warehouse is much easier for us to do. Jeff has been coming and sits at a table testing the appliances. The items are brought to him, then he stacks the working items in a pile and they are priced and

stocked by others. So there IS opportunity for ANYONE to help. The Gap also has a kitchen where they teach culinary classes to help clients get jobs and they FEED us lunch each day. Not very many volunteer jobs do that. They also have a clothing bank and thrift store that utilize volunteers. Again, all hours are credited to Easter Seals for their shopping needs.

This is a wonderful way to impact our community, the life of an individual or family's, or ourselves in a positive way. The people are the nicest, friendliest and most appreciative people I have ever worked with. Only TWO people in the entire warehouse are paid, the multitude of others are all volunteers and love each other, their work and the people they serve. It is an honor to be amongst them. We are now being asked and tasked with training and leading GROUPS that come to help. It is such a family.

So if you are feeling lonely or depressed during this pandemic, this could also be your answer. Social distancing and masks ARE used.

Beta Kappa and Gamma Tau members, Chris and Jeff Goldberg, Jackie Fahey and Penny Offholter spent a beautiful December Saturday, outside manning a booth at **Christmas Off Main** helping kids (and kids at heart) make Christmas decorations for themselves or family. It has never been determined whether the kids had more fun with the finished project, or the members laughing at themselves trying to magically CONJURE up artistic talent. But laugh we did, and enjoyed trying the local Native coffee.



Date	Event & Location
ESA IC National Leadership Conference – Feb. 26-27, 2021	Virtual - \$165 (Registration closes Feb. 5) https://epsilonsigmaalpha.org/LeadershipFollowup
April Council Meeting – April 18, 2021	Hosted by Beta Gamma TBA
Arizona State Council 78th Convention June 4-6, 2021	TBA

<http://www.facebook.com/ArizonaESA>

You do need to have your own Facebook page to view ours. If you are using Facebook, **Like** us so you will keep updated that is happening in ESA as well as the Arizona Council.

Here is the Arizona Council website <http://azcouncilesa.com> If you need a login and password please reach out to me.

Here are all the ways to reach me.

April Aguiñaga

april_aguinaga@hotmail.com

602-904-1530

15602 N. 59th Lane

Glendale, AZ 85306



To:



Happy Valentine's Day

From:

To:



Happy Valentine's Day

From:

To:



From:

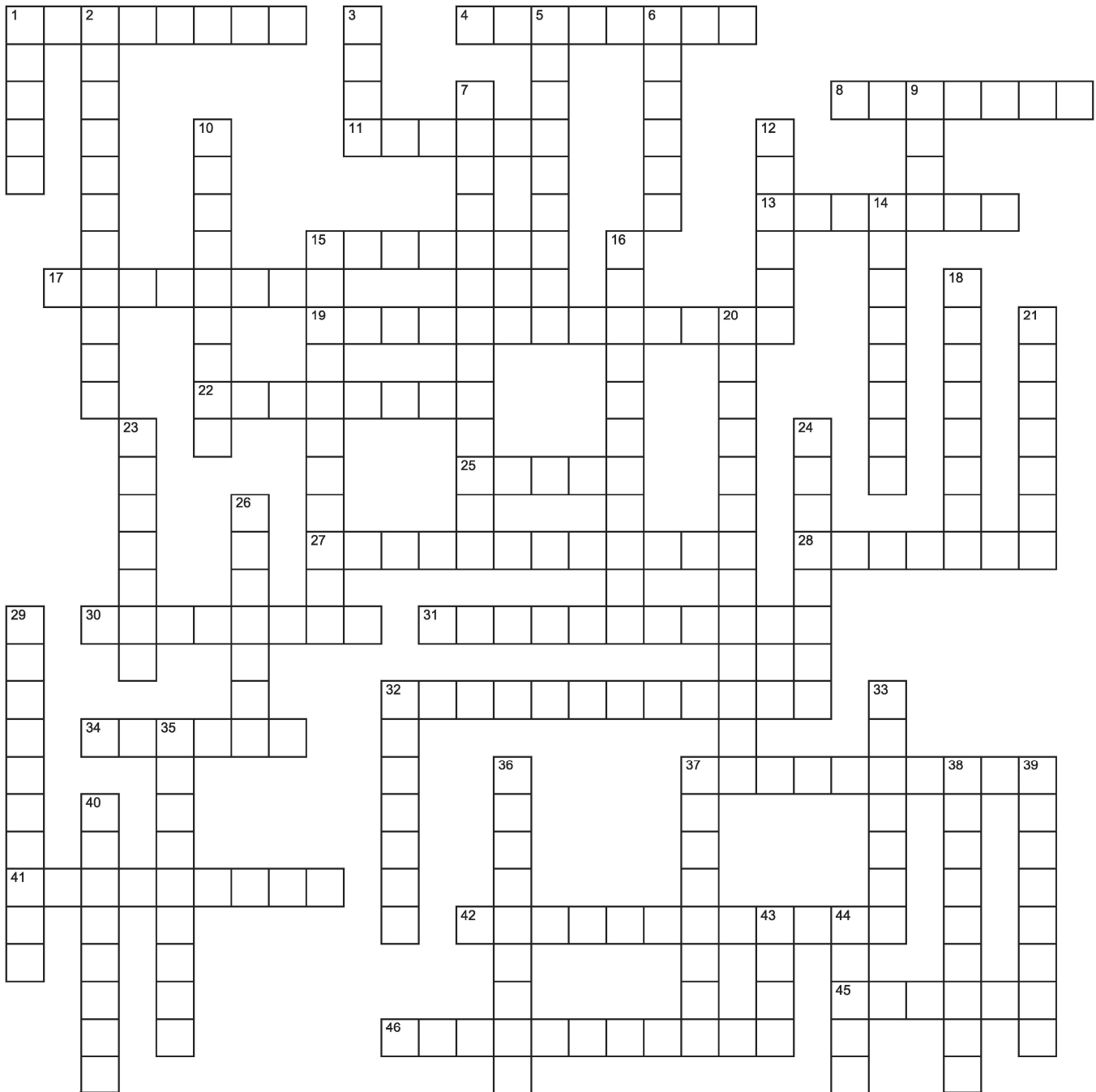
To:



Happy Valentine's Day

From:

US State Nicknames



Across

1. Great Lakes State
4. Sooner State
8. Equality or Cowboy State
11. Aloha State
13. Green Mountain State
15. Treasure State
17. Show Me State
19. Palmetto State
22. Prairie State
25. Lone Star State
27. Keystone State
28. Yellowhammer State
30. Old Dominion State

Down

31. Peace Garden State
32. Granite State
34. Sunflower State
37. Golden State
41. Volunteer State
42. Mountain State
45. Last Frontier
46. Mount Rushmore State

Across

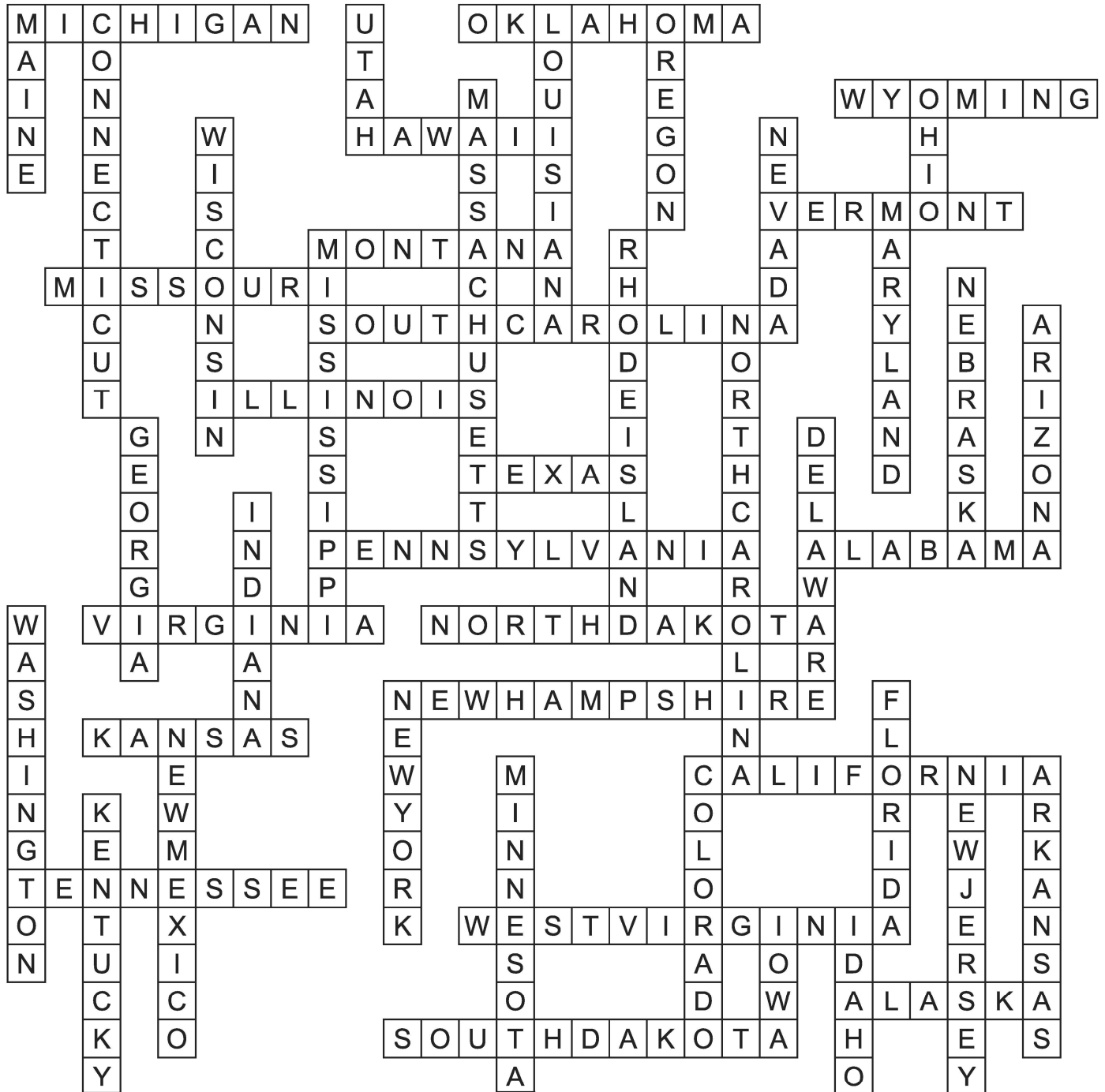
6. Beaver State
7. Bay State
9. Buckeye State
10. Badger State
12. Silver State
14. Old Line State
15. Magnolia State
16. Ocean State
18. Cornhusker State
20. Tar Heel State
21. Grand Canyon State
23. Peach State
24. First State
26. Hoosier State

Down

29. Evergreen State
32. Empire State
33. Sunshine State
35. Land of Enchantment
36. North Star State
37. Centennial State
38. Garden State
39. Natural State
40. Bluegrass State
43. Hawkeye State
44. Gem State

US State Nicknames

SOLUTION



Presidents of the United States

WORD SEARCH PUZZLE



Find the surname (last name) of each president of the United States of America in the word search puzzle. Although he served twice (not in a row), Grover Cleveland is in the puzzle only once.

- | | |
|-------------------------------------|---|
| 1. George WASHINGTON (1789-1797) | 25. William MCKINLEY (1897-1901) |
| 2. John ADAMS (1797-1801) | 26. Theodore ROOSEVELT (1901-1909) |
| 3. Thomas JEFFERSON (1801-1809) | 27. William Howard TAFT (1909-1913) |
| 4. James MADISON (1809-1817) | 28. Woodrow WILSON (1913-1921) |
| 5. James MONROE (1817-1825) | 29. Warren G. HARDING (1921-1923) |
| 6. John Quincy ADAMS (1825-1829) | 30. Calvin COOLIDGE (1923-1929) |
| 7. Andrew JACKSON (1829-1837) | 31. Herbert HOOVER (1929-1933) |
| 8. Martin Van BUREN (1837-1841) | 32. Franklin D. ROOSEVELT (1933-1945) |
| 9. William Henry HARRISON (1841) | 33. Harry S. TRUMAN (1945-1953) |
| 10. John TYLER (1841-1845) | 34. Dwight D. EISENHOWER (1953-1961) |
| 11. James K. POLK (1845-1849) | 35. John F. KENNEDY (1961-1963) |
| 12. Zachary TAYLOR (1849-1850) | 36. Lyndon B. JOHNSON (1963-1969) |
| 13. Millard FILLMORE (1850-1853) | 37. Richard NIXON (1969-1974) |
| 14. Franklin PIERCE (1853-1857) | 38. Gerald FORD (1974-1977) |
| 15. James BUCHANAN (1857-1861) | 39. Jimmy CARTER (1977-1981) |
| 16. Abraham LINCOLN (1861-1865) | 40. Ronald REAGAN (1981-1989) |
| 17. Andrew JOHNSON (1865-1869) | 41. George BUSH (1989-1993) |
| 18. Ulysses S. GRANT (1869-1877) | 42. Bill CLINTON (1993-2001) |
| 19. Rutherford B. HAYES (1877-1881) | 43. George W. BUSH (2001-2009) |
| 20. James A. GARFIELD (1881) | 44. Barack OBAMA (2009-2017) |
| 21. Chester ARTHUR (1881-1885) | 45. Donald TRUMP (2017- 2021) |
| 22. Grover CLEVELAND (1885-1889) | |
| 23. Benjamin HARRISON (1889-1893) | |
| 24. Grover CLEVELAND (1893-1897) | |