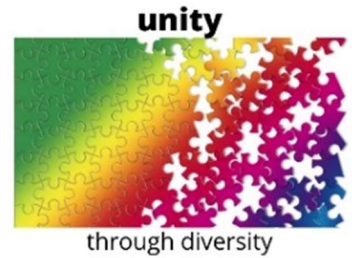


Arizona Council Bulletin

February 2022

Volume LXXVIII, Issue 5



Dearest ESA Family,

It was great to see you all on Zoom for our January Council meeting. We had some fun and if you'd like to watch it the link is on our website. We also got to meet some of Alpha Chi's new members! They have added six new members just this past year!

In case you've forgotten to make that call to Patti about serving in an appointed position, this is your reminder to give her a call and let her know. 😊

Also, we are still looking for officers to run for the Executive Board, a Treasurer, Secretary and Second Vice President. The Second Vice President serves as our Philanthropic Chair; if you have any questions about what that commitment looks like, please call Deana or anyone else who has served in this role. You can always call me to chat 831-227-3880.

Challenge!!! I came across some really cool ways to "pay it forward" so I'm challenging everyone to pick one you like and go for it! I would love to know that folks are doing it, so if you do, don't send details but text me "I DID IT!!" Of course, you don't have to if you'd prefer to just enjoy the feeling of doing something awesome for someone.

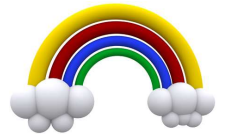
- ☀️ Pay it Backward: buy coffee for the person behind you in line.
- ☀️ Compliment the first three people you talk to today.
- ☀️ Send a positive text message to five different people right now.
- ☀️ Leave a gas gift card at a gas pump.

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- 🌈 Encounter someone in customer service who is especially kind? Take an extra five minutes to tell their manager.
- 🌈 Leave unused coupons next to the corresponding products in the grocery store.
- 🌈 Purchase extra dog or cat food and bring it to an animal shelter.
- 🌈 Take muffins or cookies to a local librarian.
- 🌈 Leave a box of goodies in your mailbox for your mail carrier.

IMPORTANT REMINDER: The April Council meeting is on **April 3** due to a conflict with both Easter and Palm Sunday.

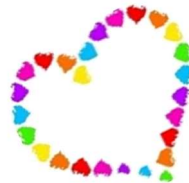
I hope you all are well and healthy and are remembering to try to connect, whether it's sending a note, making a phone call or visiting when it's safe.



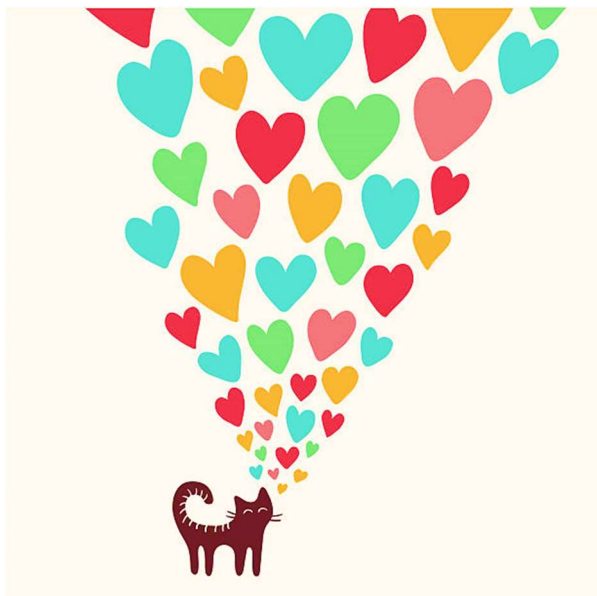
Don't forget: Be the reason someone feels welcomed, seen, heard, valued, loved and supported today and try to be the rainbow in someone else's cloud!

You can ALWAYS call me if you have questions, suggestions or concerns – 831-227-3880. You can email me too.

Yours in service,
Shari Stapleton-Smith



A handwritten signature in black ink that reads "Shari".



1st Vice President

Greetings All,

I was so happy to see many of you on Zoom for our January Council meeting. I hope you had all had as good a time as I did. As was mentioned I am looking for members interested in having a role to play in the Arizona Council by taking a position on the Executive or Appointed Board. Please remember that members interested in running for a position on the Executive Board need to fill out a Candidate Form and have a Chapter letter of endorsement, both turned in to Shari by March 15, 2022. The Candidate Form is included in this bulletin. Also in this bulletin is a list of appointments and a brief description of each. Please let me know if you are interested in serving or need any more information.

Take care and Be Well

Patricia Gale

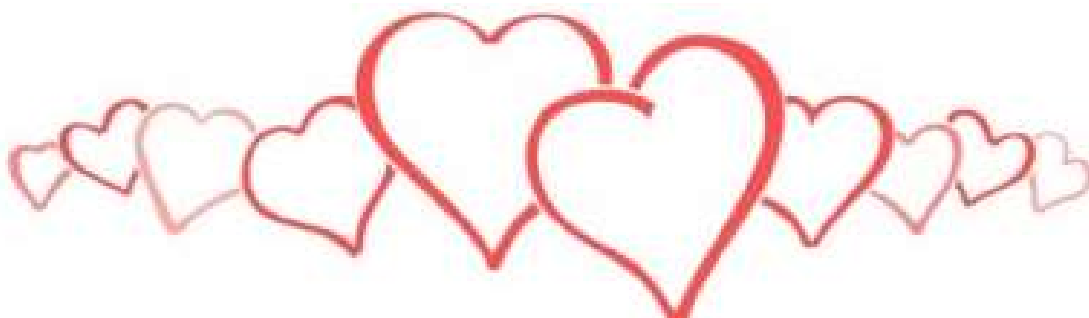


Appointed Board positions with descriptions

AWARDS - Association of the Arts,
Outstanding Youth Award, Member
of the Year

- In charge of overseeing awards given out by the Arizona Council. Can create a committee or team to work with them.
- Association of the Arts: encourage members to submit projects, displaying them at convention and overseeing judging and giving awards.
- Outstanding Youth Award: encourage members to submit candidates, overseeing judging and giving the award.
- Member of the Year: Encourage chapters to submit nomination, create ceremony for convention, give awards.

CHAPLAIN	Under the direction of the state president provide inspirational guidance to the membership as well as keeping them informed of the health and welfare of other members. Send cards to members for celebrations or sympathy.
EASTER SEALS - PHOENIX	In charge of communicating opportunities to volunteer and help coordinate volunteers for events put on and for Easter Seals - Southwest Human Development
EDUCATIONAL DIRECTOR/WORKSHOP COORDINATOR	Oversees Education Committee to encourage educational reports from chapters and conducts workshops at Council meetings.
REGISTRAR	Helps the host chapter sign in members attending council meetings. Is responsible for designing and making name badges for members of the council.
REGISTRAR CO-CHAIR	helps the registrar
ROSTER	Collects information from chapters in order to create roster. Gathers bids on cost of printing, oversees printing and distribution of rosters. Must be familiar with MS Word.
ST JUDE SR	In charge of communicating opportunities to volunteer and help coordinate volunteers for events put on and for St Jude Children's Research Hospital
ST. JUDE JR	Works with St. Jude Sr to communicate opportunities to volunteer and help coordinate volunteers for events put on and fur St. Jude Children's Research Hospital
WESTERN STATES COUNCIL REP	Informs the membership of the activities and purpose of the Western States Regional Council as well as encouraging members to join and donate



2nd Vice President

Hello Everyone,

Well, 2022 is on its way. Just not the way we had planned. But please keep the faith that April will see us all together and sharing a social time prior to our Council Meeting.

I want to thank all of you who got your reports to me in time. WE DID AGAIN! 100% reporting. GREAT JOB!! Just want to be sure you are counting everything. I have **a cheat sheet (see next page)** that I have used for several years. You can carry it in your purse or put in your glove box in your car and therefore you don't forget time, miles and anything else involved in that project or event.

If you have any events going on in your area, I encourage you to share the information with the membership. We need to be sure we are doing all we can to help wherever needed. Communication is the key to the success of fund raisers, increasing in volunteers and dollars. Las Vegas Rock and Roll Marathon is February 27, 2022. I realize this is a Sunday, but if you want a reason to come to Vegas, here you go. If you are interested, email me and I will send you the information on how to register. We will be doing the water station. Time is from 3pm until 8:15pm.

Have you done anything for Easterseals? Remember they are the early birds with the deadline being March 31. If you have not, just do a quick pass the hat at your next meeting and/or again in March. Every penny makes a difference.

If you have anything going on, please let me hear from you on the projects. Others might be interested in doing something like that. Until we see each other, please take care and be safe.
Hugs from Vegas

Deana Walters





ESA Philanthropic Tracking

Name: _____ Chapter _____

Date	Philanthropic Charity Name/Event	Hours	Miles	Money Donated	Goods Donated

Jr. Past President/Disaster Fund Chair



Happy Valentine's Day to everyone. Sending you all hugs!
Please buy some raffle tickets for the Disaster fund western basket valued at \$277.00. See the next page for details. Please consider making a chapter or individual donation to the Disaster Fund. You can mail your donations to me or our State Treasurer, Roxanne Vitt.

Thank you to everyone for all the thoughts, prayers and cards on the loss of my father on December 20, 2021. It has been even harder since my mom passed away on June 13, 2021. Really appreciate all the love and support during this difficult time for me and our family.

Please consider running for the Arizona Executive board. It is enjoyable, and I have learned so much serving on the Executive board. I have made stronger bonds and friendships with your ESA sisters and brothers.

Always here for you all. Please feel free to contact me if you need anything.

Jr. Past President/Disaster Fund – Karen Madrid

Parliamentarian – Karen Madrid

We have received some Bylaw and Standing rule changes. I will be getting the submitted changes out to my committee for review. We will get the changes printed in the March bulletin. We will vote on the changes at the April Council meeting.



Disaster Relief Fund Raffle Basket

The Alpha Chi chapter of Epsilon Sigma Alpha (ESA) is raffling off a Western Theme basket for the ESA Disaster Relief Fund. The Disaster Fund was established to support ESA members whose homes and /or personal belongings were destroyed or damaged by a natural disaster, such as a fire, flood or tornado. Assistance can also be given when a member incurs heavy financial responsibility due to a debilitating illness or accident which involves the ESA member or someone in their immediate family who resides in the member's home.

Chances are:

1 for \$2

6 for \$5

25 for \$20

Chances are considered a charitable donation. All chances will be done electronically. You will receive an email confirming the number of chances you have purchased.

If you are interested in purchasing tickets, please let me know. For those friends outside of AZ, I am willing to pay to ship the basket to you if you win.

Chances must be purchased by 3/7/2022 and the drawing will be on 3/12/2022.

We accept the following electronic payment Zelle, Venmo, or PayPal. Checks made out to Alpha Chi can also be mailed. Please contact Connie Cole (conniecoleaz@gmail.com) for electronic payment details or address on where to mail checks.

Basket Includes:

- ❖ "Cowgirl" Purse with Leather Base, Drawstring Closure &
- ❖ Leather Handle
- ❖ Boot Jewelry
- ❖ Scentsy "Simply Blessed" Stand Alone Jar Warmer w/Bar of Wax-
- ❖ Lemon "Squeeze the Day"
- ❖ Cosmetic Bag Filled w/CMYK Black Mascara, Willing Beauty Lip Oil,
- ❖ & AOA Glazed High Shine Lip Gloss
- ❖ Origami Owl Set of 3 Hair Scruncies w/Knotted Fabric "Tails"

- ❖ Turquoise & Vintage Jet Sterling Earrings
- ❖ Turquoise & Copper Beaded Woven Bracelet
- ❖ 2 18x30" Drawstring Decorative Fabric Bags
- ❖ White Barn 3 Wick Candle-Spiced Apple Toddy
- ❖ Bath & Body Works Gel Hand Soap-Vanilla Bean
- ❖ Bath & Body Works 3 Wick Candle-Hot Cocoa & Cream
- ❖ \$25 Walgreens Gift Certificate
- ❖ \$25 Amazon Gift Certificate
- ❖ The Artisan Market 15x7" Round Woven Basket w/Handles

Total Value: \$277.00



Greetings All,

Chaplain

We hope that this finds all of you well. Please let us know if there is anything we can do for you or if you have information about health and welfare to get out to membership.

Take Care,

Louanne and Patti

Now more than ever, we need to be able to offer each other grace.

Grace for having different opinions.
Grace for not always knowing the answer.
Grace for making mistakes.
Grace as we learn to do better.
Grace for doing the best we can.

That's how we get through tough times like these—by lifting each other up, forgiving each other's humanness, and loving each other even when it's hard.

HER VIEW FROM HOME

tinybuddha.com





Do You Know Me?

This year we are celebrating diversity by learning about the members of the Arizona Council. Each month we will honor a couple of members. It will be so much fun getting to know the members of ESA.



Mindy Udall – Alpha Kappa

When and Why did you join ESA?

I joined 3 years ago because my colleague volunteered me to join after attending the Alpha Kappa Fashion Show. Needless to say, I told her if I was joining, she was too, so we both came on as pledges at the same time.

What is your favorite ESA memory?

Probably the tea party to celebrate our chapter's birthday held at Charlotte Varela's house. She has an amazing teacup and teapot collection! Additionally, all the members I have met and formed bonds within my chapter and beyond.

Where did you grow up?

St. Johns, Arizona (brief stints in Las Vegas, NV, Page, AZ and Gamboa, Panama Canal Zone).

What is/was your career?

I am a teacher and school administrator. This is my 28th year, all spent in the same district. Go Tempe!

What is your favorite food?

Mexican and Thai food for savory and lemon bars and brownies for sweet treats.

What is 1 thing on your bucket list? I want to travel to Australia and New Zealand in the next few years. Maybe a retirement gift to myself?

What is something that we would be surprised to know about you? I have always wanted to be a mortician since high school. Perhaps a second career after I retire from education. You just never know.

What is your guilty pleasure?

Reading a whole book in an evening and staying up into the wee hours of the night!



Connie Cole – Alpha Chi

When and Why did you join ESA? Joined in November 2019 and because my job wasn't taking so much of my time anymore, I wanted to do something to give back and I had seen how much the Alpha Chi chapter did for our community.

What is your favorite ESA memory? The IC convention in Louisville this past July.

Where did you grow up? Dayton, Ky

What is/was your career? Computer Scientist

What is your favorite food? Mexican

What is 1 thing on your bucket list? To visit the Big Island of Hawaii

What is something that we would be surprised to know about you? In 2001 I got to ride in the back seat of a F-16 fighter jet and I wasn't in the military

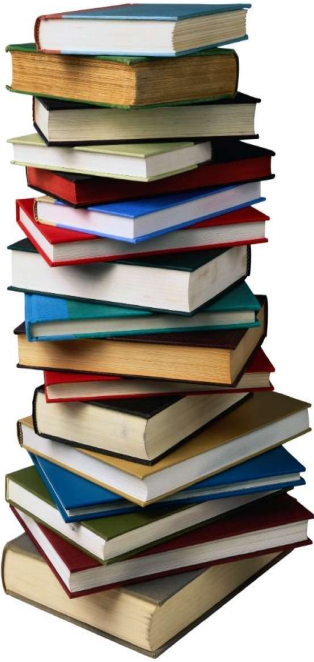
What is your guilty pleasure? Dark chocolate and raspberry



HOPE FOR HEROES

Greetings one and all!

OPERATION PAPERBACK



We need your hard back and soft back books and a little cash so the HOPE for Heroes Chairs can mail Books to military locations over- seas and to veteran's organizations in the states. If you write a check make the check payable to the **Arizona Council ESA and designate it Hope for Heroes**. Mail your check to Kendra Sabol (28806 N. 49th Way, Cave Creek, AZ 85331) to be recorded for reporting purposes and Kendra will send the check to the Treasurer of the Arizona Council to be designated for Hope for Heroes. If you are donating books, you can leave your monetary donation with the books also.

Thanks to Baz Windsor and Dorothy Elkins for the donations of books and checks payable to *Hope for Heroes* I was able to send 95 books for our Hope for Heroes project.

The books were sent to the following locations:

Home of a veteran in Milford, CT

"I am a disabled veteran that loves to read! I absolutely love this program. I have started a Veteran's reading program in my home and would love all kinds of books to share. God bless."

Fort Hood Texas

"Accepting large shipment for whole platoon and squadron."

Viera VA Outpatient Clinic in Vierra, FL

"Would like books for the clinic."

Marine Corps Base Hawaii

"I am contributing personal funds and fundraising to develop a unit library here. Any help you are able to provide would be for active-duty Marines endeavoring their own personal and professional development."

TwentyNine Palms

"Looking for books for the 'Weapons' Company unit library."

THANKS TO EVERYONE WHO DONATED BOOKS AND A LITTLE CASH FOR OPERATION PAPERBACK!

Hope for HEROES Contacts:

Paula *Janice*Kendra

Paula Fisher – pdfmba12@gmail.com

Janice Sharposki – bronco155@gmail.com

Kendra Sabol – kasabol@cox.net





SUPERBOWL

LVI



Hi everyone,

Welcome to 2022, hope this year will be a great one for you.

The scholarship application window closed on February 1, 2022 and the winners will be announced sometime in May. Thanks for your help in spreading the information on the Foundation Scholarships.

The Foundation Fund Fest will be held back in person at the IC Convention this coming July in Indianapolis. It will be a carnival theme held on Tuesday night, July 26th. A flyer was included in the January bulletin. Arizona will be participating in the live auction with an item, I am asking for donations of gift cards for this event. And if we can meet in person for our April council meeting, I will have a raffle for our AZ basket. Otherwise you can mail me gift cards to include.

I am so grateful for all you do for the ESA Foundation and wish everyone a very Happy February. If you are not currently a member, the membership fee is \$25 with \$15 annual dues thereafter. You may also opt to support the Career Enhancement Grant through a \$500 one time Life Active membership. All dues are tax deductible. In order to vote at the annual meeting the active member must have their annual dues before March 1.

Please give me a call and I will be glad to give you more information about the ESA Foundation. (520) 885-1417 or jacquismith@comcast.net

If you missed any of the ESA Foundation membership workshops, they have been posted to ESA website. <https://epsilonsigmaalpha.org/scholarships-and-grants/esafoundation/ESAFnews>

Happy Valentine's Day! Love you all,

Jacqui Smith
ESA Foundation Counselor

Dear Brothers & Sisters of ESA

St. Jude

We trust everyone started with a blessed and healthy New Year!

We're all excited about our New Year at St Jude. We want to thank you for your participation with our Kickoff Zoom call for the ESA and ST Jude commemorating our 50 years. It was in 1972 we became partners with Danny Thomas and St. Jude Children's Research Hospital.

Our new State challenge will be to raise minimally 50 donations in increments of \$50.00 or better for St. Jude in 2022. We are counting on and necessitate that every State participate. This is an individual, chapter and State challenge and ESA Headquarters will track these donations and the winners will be announced at the end of 2022. We need to get creative because these are for only NEW events. You may ask your family, friends, play Bingo or any other event that is not put on by Alsac. Any donation that we receive and send in to our AZ State Council, should have in writing 50/50 event and which chapter, individual and State so we may get credit for this challenge. Our goal for each month will be at least 10. As you all know Arizona is a very competitive State!

Deana and I will be having a Zoom call in the near future. We would appreciate as many Council Members as possible to attend. Please invite your neighbors, family members, co workers anyone who you think maybe interested or may want to get involved. Please discuss with your chapter any and all creative ideas so you can share them with the Council on our call. Please keep an eye on the Ocotillo Express for a date and time. Deana and I are really excited about sharing this new challenge.

Deana mentioned in her article the Las Vegas Rock and Roll Marathon will be Sunday February 27th. We have the water station and are in need of volunteers from 3-8:15 in the afternoon. This is a night run. Let's go to Las Vegas and enjoy the fun!

Have a wonderful Valentine's Day.

Love in ESA,

Deana & Wendy



EasterSeals

EASTERSEALS - PHOENIX

Easterseals/SWHD – Phoenix

<https://www.swhd.org/support-us/volunteer/>

to volunteer please contact Annette at asutfin@swhd.org or phone (602) 633-8416.

Baz Winsor, Easterseals Phoenix Chairman
480-945-9370 bazwinsor@q.com

EASTERSEALS TUCSON

Easterseals/Blake Foundation - Tucson

<https://www.easterseals.com/blakefoundation/get-involved/>

Call 520.327.1529 ext 7077 or email Events@blake.easterseals.com .

Chris Goldberg Easterseals Tucson Chairman
520-306-7907 gold4us2@comcast.net



Will Punxsutawney Phil see his shadow? Wouldn't we all love to see 6 more weeks of winter?

Chapter News

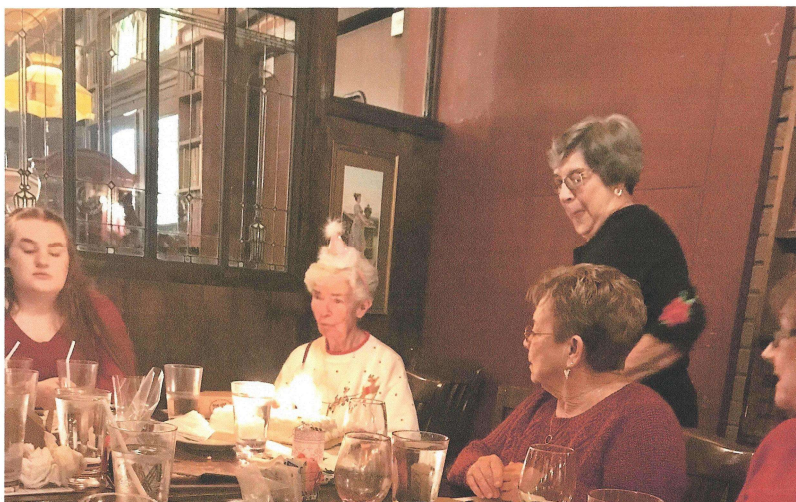
Alpha Kappa

In November 2021, the Alpha Kappas voted to adopt a Christmas family, which we do every year, plus donate gift cards to be given to teens in Foster Care. The contributions were collected at the December business meeting and the Chapter came through with flying colors! A total of \$515 was given to Foster care teens, giving about 75 teens a nicer Christmas. Cash and gift cards for the adopted family totaled \$370. Food donations, clothing, toiletries, household goods, etc., were also collected for the family.

We held our annual Christmas party, in person, at Shalimar Country Club. Since our membership has declined, we were able to do this safely with masks, social distancing and vaccinations. Service awards for the 2019/2020 year were presented. We said farewell to our President, Charlotte Varela, as she was moving to Wichita, KS, to be closer to family. She will be missed. Our Vice President, Barbara Martin has taken over the gavel. Since we did not draw Secret Sister names for 2021 due to the pandemic, everyone brought a wrapped gift and we had a gift exchange. Since we are again meeting in person, we drew names for Secret Sisters for 2022 at the Christmas party. Everyone had a great time and we look forward to better things in 2022!

Alpha Omicron

Glenna Denton sent this wonderful picture of Patsy's 90th birthday party on December 11, 2021 at the Old Spaghetti Factory.



Glenna included a lovely note about enjoying her new living spaces. She welcomes phone calls, letters or better yet visits! Her contact information has been sent in the Ocotillo Express.

Date	Event & Location
April Council Meeting April 3, 2022	TBA -watch for Ocotillo Express for information
IC ESA Founders Day May 6, 2020	Virtual https://www.epsilonsigmaalpha.org/events
Arizona State Council 78th Convention	TBA

<http://www.facebook.com/ArizonaESA>

You do need to have your own Facebook page to view ours. If you are using Facebook, **Like** us so you will keep updated that is happening in ESA as well as the Arizona Council.

Here is the Arizona Council website <http://azcouncilesa.com> If you need a login and password please reach out to me.

Here are all the ways to reach me.

April Aguiñaga

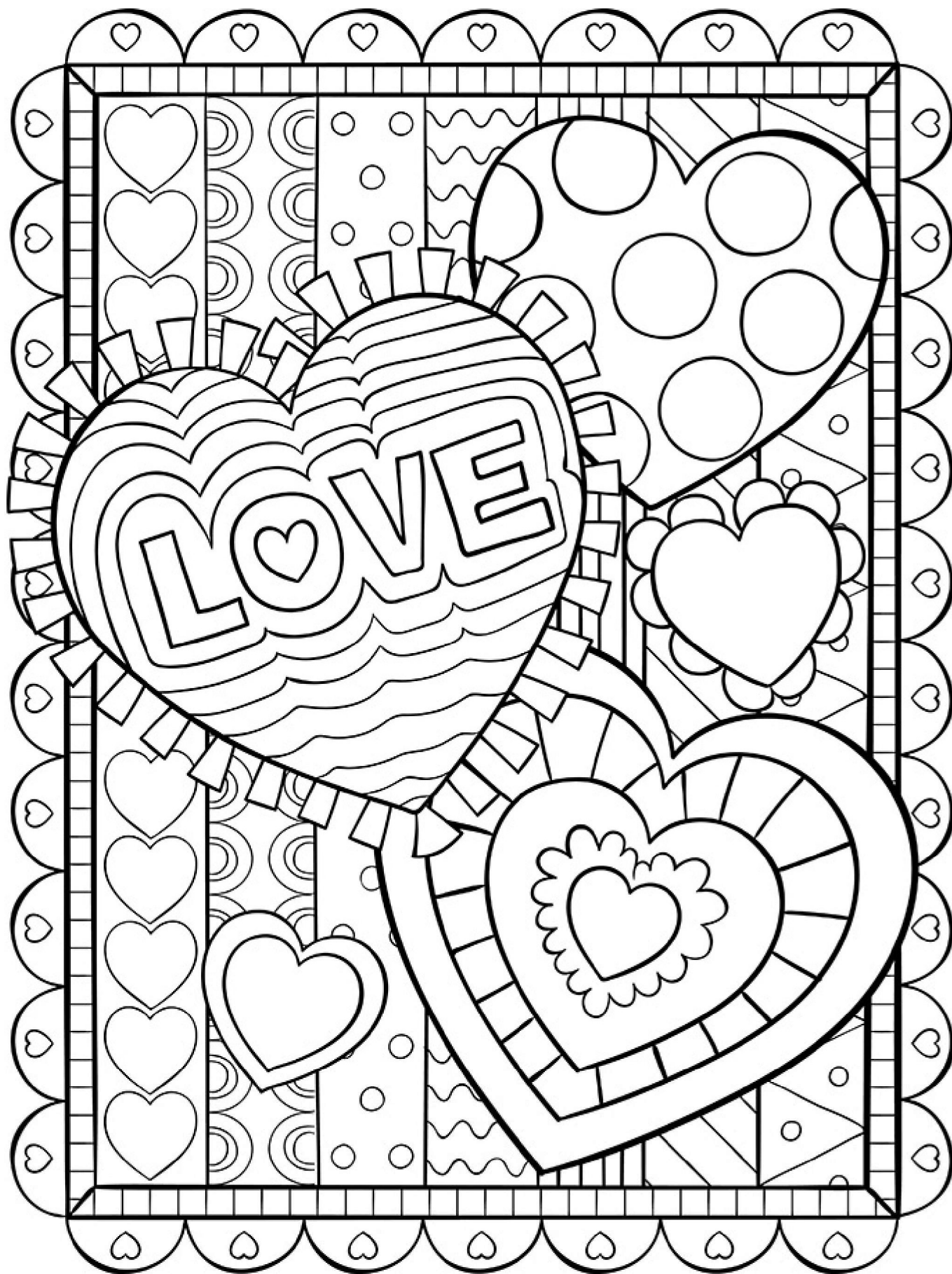
april_aguinaga@hotmail.com

602-904-1530

15602 N. 59th Lane

Glendale, AZ 85306





To:



Happy Valentine's Day

From:

To:



Happy Valentine's Day

From:

To:



From:

To:



Happy Valentine's Day

From:

Veteran Thank you cards-

Print, color, cut, fold over and write inside & give to someone you know serving our country .



Veteran Thank you cards-

Print, color, cut, fold over and write inside & give to someone you know serving our country .

