

Arizona Council Bulletin November 2022 Volume LXXVI, Issue 3



Greetings All,

I hope that you all had a wonderful and only slightly spooky Halloween. I am hoping to see many of you at the November Council Meeting here in Tucson. If you are interested in attending the Alpha Chi fund raiser on November 19th, please remember to let Connie Cole know by November 7th. This promises to be not only a great fund raiser, but also a wonderful time for us to get together, as we move into this time that for many is about being thankful. I encourage all of you to reach out to those in your life whether in ESA or not that you have not been in touch with recently. The people we surround ourselves with are truly a blessing.

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"Gratitude opens the door, the power, the wisdom, the creativity of the universe. You open the door through gratitude." Deepak Chopra

Take care and Be Well, Please feel free to reach out to me with any questions, suggestions or concerns. You can call (520) 227-4818 or by email.

Patricia Gale
Arizona State President

Patricia





1st Vice President



Happy Fall to Everyone!

Well, I do believe fall is here. I had to get out the long pants and long sleeve shirts. Now in the process of putting away the shorts.

I want to remind the chapters that I would love to hear from all chapters about any rushing events, any new members, and new events in the

planning or that you have had. I did issue a challenge to all, and I would really love to hear from all of you. We need to celebrate our new members and I really want to share with the state any new events and if you got a potential new member from it. Do not forget the challenge is "ever chapter to have at least 1 new member and a new event". Do not thing that is too much to ask. I would even think a MAL to reactive would be super too!

We really need to reach out to potential new members. Follow up with those you have met and continue to invite them to events or you monthly meetings. We do not want to continue to think that ESA is a well-kept secret. We need to let everyone know we are here, and we are here to help when or wherever we can. We must be willing to try new things. If they do not work, do not do them again, but you will never know if it will work unless you try it! "WE NEED TO MAKE ARIZONA GROW!"

Really looking forward to our November Council Meeting and all the activities prior to the meeting. I really hope many of you are planning to attend the Saturday night event and see you Sunday for our council meeting. The Saturday night event is a terrific opportunity to get to know the board and the appointed members and really have fun, raise funds, enjoy socializing. Looks to be a great weekend. Please try to join us.

If you have any pledges attending our Council Meeting, please let me know in advance. If I do not get to see you in Tucson, I want to wish you a "Happy Thanksgiving" and if traveling please be safe.

Hugs to all! Deana

2nd Vice President

Dear Brothers and Sisters of ESA:

Ideas to Spice up Your Philanthropic Program: These are several ideas from the ESA Website (https://www.epsilonsigmaalpha.org/Workplace)
These are some great ideas for your Chapter or for you to take to your Workplace. Enjoy!

Please don't forget your Philanthropic Reports are due by Wednesday November 22, 2022. Please note the correction on my address.



Wendy Williams 111 E Hartford Ave Phoenix, Az 85022 wendylwilliams7@gmail.com

I wish everyone a wonderful Thanksgiving! Invite a neighbor or a friend and have a blessed day. Please love on the ones who needs us most during the Holidays.

Love in ESA,

Wendy Williams
2nd Vice President



	ARIZONA COUNCIL	Chapter	Philanthrop	ic Report	
PHII	LANTHROPIC SERVICE PROJECTS				
Cha	pter Name, Number, City				
Phil	anthropic Chair				
	ber of chapter members				
Rep	orting Period	-			
		A Hours	B Money Donated	C Value of Donated Goods	D Miles (Actual Miles not \$)
	International Projects				
1	ESA Foundation				
2					
3					
4					
5					6
	International AND State Projects				
7	ESA for St. Jude				
8	Easterseals				
9	Hope for Hero's	1			
10	C. LINESCO.				6
	State Projects				
11	Postage Stamps				
12	Pop Tabs				
13	Lap Robes/Hats for Hope				
14	Plastic Caps				
15	15 New Greeting Cards / Toiletries				
16	Box Tops, Labels for Education, Prescription Me	dicine Bot	ttles		
20	Totals - this page				to:
21					
-	Total Hom page 2 (chapter totals				
22	Subtotals (Line20+21)		Ü	li .	
26	Monetary Value of Miles (# of miles X 0.545)				
28	Grand Total Monetary Value				
	Submitted by:		Send to: 2nd	Vice President	
	Date:		Wendy Williams		
	Deadlines: Postmarked by 11/21/22		111 E Hartford Ave		
	Postmarked by 1/23/23		Phoenix, Az 85022		
	Postmarked by 4/17/23		wendylwilliams7@gmail.com		

ARIZONA COUNC				
CHAPTER PHILANTHROPIC PROJECTS	A Hours	B Money Donated	C Value of Donated Goods	D Miles (Actual Miles
				-
TOTAL CHAPTER				
Revised October 2022				



Advisory Board

Hello. Sending hugs to everyone!

If you have not paid your dues, please send to Karen Madrid.

The total is \$10.00 for your Advisory due (for 2021 and 2022)

Please make checks payable to: Arizona Advisory Board of ESA and send to

Karen Madrid 5672 E. Cooper Street Tucson, AZ 85711

Contact Karen Madrid 520-955-2539 if you have any questions.

Karen M. Madrid – & Joni Slama – Advisory Board Treasurers



Education/Workshop Chairman

Although our ESA history is generally covered during a chapter's new member orientation, similar programs are frequently held for Founder's Day or Ideals focus. In years past, exemplary chapter education programs (of all types) submitted for judging were collected and housed in what was endearingly called The Speckled Box. The Box still exists! (It is actually a file box.) A number of education programs

covering ESA's history (as well as many other topics) are available through the Speckled Box. I plan to have the Speckled Box available at our Council Meetings and State Convention. Attendees are welcome to look at the available programs and I'll be glad to copy any selected programs for you.

Although the State Education Committee is no longer requiring or requesting chapter education programs be submitted for judging, any chapter that feels their program could benefit other chapters is free to submit it to the State Education/Workshop Chairman for consideration of inclusion in the Speckled Box.

Terrie Rust

terrie rust@hotmail.com

Education/Workshop Chairman Terrie Rust





Greetings from the Foundation!

Many thanks to all that renewed their Foundation membership in the past couple of months. If you have not you still have time to:

- 1. Sign up for the first time for \$25.
- 2. Renew your membership for \$15. I highly recommend that this is done by December 15th. Next year the Foundation is changing the membership calendar to coincide with the normal calendar year of January-December (so much easier!). The much-needed dues increase also passed and dues will be \$40. "Much needed" you ask? Dues have not been increased for over 15 years and this money and the Lifetime memberships fund the grant portion of the Foundation. Grants are currently not being offered due to a lack of funding. Not good! When one thinks of the many individuals that change careers, go back to school after years in the workforce, or decide on nontraditional forms of schooling, grants are the answer. I feel to not have this part funded cuts our effectiveness as an organization so please consider joining the Foundation if you have not already done so. I will have paper forms at the November council meeting, or you may go the ESA website to join.

I will also have a raffle of an ESA St. Jude bracelet on sterling chain with whimsical enamel and sterling letters and Swarovski crystals at the November council meeting. The sterling 2022 and 50th year charm commemorates our 50 years with St. Jude. Tickets are \$1 each, 6 for \$5 or 25 for \$20. If you would like tickets and can't be at the meeting, please let me know. The drawing will be held in November, just in time for gift giving!

Finally, please, please, please continue to pass the word about all the scholarships available (in any state). Reach out to your children, grandchildren, friends, family, coworkers, and social groups to let them know of the opportunities available. Too many scholarships have not been awarded due to lack of applicants. The deadline of February 1st is quickly approaching!! The website is https://epsilonsigmaalpha.org/scholarships

Many thanks for the support you give the Foundation! 520-559-1944, krie77@cox.net Fondly,
Kathy Riebock, Alpha Chi, Sierra Vista, AZ
ESA Foundation Counselor

Easterseals

Easterseals - All Abilities. Limitless Possibilities 2022.

Happy Halloween. Enjoy all the candy, awesome decorations and the Halloween haunts!

It was so great seeing those who could attend the September Council meeting in person and virtually.

Thank you to everyone for buying raffle tickets and donating monies for Easterseals. We raised \$619.50 for our efforts in September 2022. Baz Winsor and I are working together as a team to raise monies for Easterseals. It is an absolute pleasure working with Baz Winsor. All monies raised will be split between Phoenix and Tucson Easterseals. Teamwork makes dream work! Cooking with the Stars to benefit Easterseals at Mr. Ana's Teppan Steak and Seafood Restaurant located in Tucson, Arizona raised \$115,000 on 9/29/2022. Baz Winsor and I will be having an awesome raffle at the November Council meeting to benefit Easterseals. You won't to miss out on this raffle! We will send out information to the membership so you can buy some raffle tickets. And we will ask everyone to ask their family, friends and co-works to purchase raffle tickets.

Volunteers needed on 11/19/2022. Wheels for Easterseals team will ride in the El Tour de Tucson event. They will have a booth to provide snacks and drinks to the team. They need help working the booth during the event. You must be at least 18 years old to volunteer and able to sit and stand for long periods of time. Also be able to speak with all visitors that stop by the booth. Wheels for Easterseals will be held at the Tucson Convention Center located at 200 S. 6th avenue Tucson, AZ 85701. For volunteering opportunity time slots for Wheels for Easterseals go to: https://www.signupgenius.com/go/70a0d4fafa829abfb6-wheels

Hope to see everyone at the St. Jude's Research Hospital fundraiser event at my home on 11/19/2022 at 4:00pm. Don't worry if you can't attend. You can make a donation to St. Jude thur the Alpha Chi chapter, you can bid on silent auction raffle items, plus you can purchase raffle basket tickets. Just let me know and I will be happy to help you.

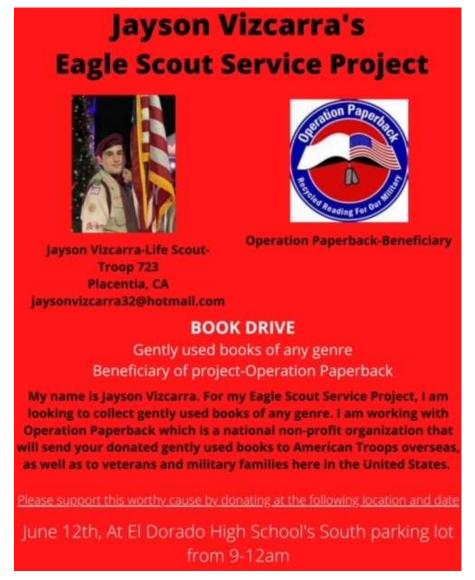
Easterseals holiday toy drive for children in foster care. You can ensure that every child in foster care in Southern Arizona will receive a gift this holiday season. Aviva Children's Services changes the lives of more than 3,000 children involved in the foster care system each year. Donate unwrapped gifts for children and teens at Aviva located at 153 S. Plumber Avenue Tucson, AZ 85719 or via our online shipping wish lists at www.avivatucson.org.

Update – please change Karen Madrid email address in roster to: karen.madrid7@icloud.com



We would like to share, Jayson Vizcarra's, Eagle Scout Project with you. It's a great tribute to our Veterans here and overseas. Jayson received 8,776 books and shipped over 200 books to military families throughout the United States. He was also able to bless an elementary school in Southern California whose library was destroyed over the summer due to moisture and mold. He donated over

3,000 children's books to rebuild their library. He was also able to donate some books to another scout working on her Eagle Project (yes, girls are joining Boy Scouts of America) build a lending library. He donated boxes of religious books and bibles to his church group. He donated 100 BOXES of books to the National Veteran's Foundation (a human services agency committed to serving the crisis and information needs of all veterans and their families). These pictures tell the story! Jayson Vizcarra is Kendra Sabol's grandson.











Can you imagine having every room of your house filled with boxes of books?!? They overflowed to the garage! This was only the beginning. Each box and each book was handled to place them in genres of books for easy retrieval and then re-boxed. Each room of their home was the library for a specific genre. Since his project was framed as Operation Paperback being the beneficiary, he had to have a letter of approval signed by the administration of Operation Paperback before he could proceed with his Eagle Scout project.



Jayson is a senior at El Dorado High School in Placentia, California. He is in the marching band, the symphony band and the jazz band.

The Hope for Heroes Chairs thank Jayson for designating his Eagle Scout Project for Operation Paperback.

OPERATION PAPERBACK

We need your hard back and soft back books and a little cash so the HOPE for Heroes Chairs can mail Books to military locations over seas and to veteran's organizations in the states. If you write a check make the check payable to the Arizona Council ESA and designate it Hope for Heroes. Mail your check to Kendra Sabol (28806 N. 49th Way, Cave Creek, AZ 85331) to be recorded for reporting purposes and Kendra will send the check to the Treasurer of the Arizona Council to be designated for Hope for Heroes. If you are donating books, you can leave your monetary donation with the books also.

Ten books were sent in October to Patrick Flynn. Patrick lives in Dallas, Georgia.

Patrick is a 100% disabled and housebound veteran from the Viet Nam War. He loves Tom Clancey and similar authors. Books are too expensive for his budget, so he appreciates any help. With your donation and a little cash, we can continue to send books to our veterans.





STAMPS FOR THE WOUNDED

Is ESA's Arizona
Council 's designated recipient of the postage stamps that we collect and bring to the council meetings. Thanks to Karen Madrid and her

daughter, Theresa Earls, and Wendy Williams, Arizona State Council Philanthropic Committee Chair and Second Vice President, all our donated stamps will be going to Stamps for the Wounded.

WHO ARE THEY?

Stamps for the Wounded was founded in 1942 in New York, in response to an appeal from local Armed Services Hospitals. It was extended in 1944; with the aid of the country's leading stamp societies. The SFTW team is made up entirely of volunteers, many of whom have been working in this program for decades. They receive no compensation for their efforts. Nor is there an expensive office operation supporting this program.

WHO DO THEY SERVE?

Our wounded and ill servicemen and women who are in -and outpatients at Department of Veterans Affairs hospitals and domiciliaries located all across the country. These people have served in the U.S Military in foreign wars as far back as WWII extending to the most recent actions in the Middle East and in trouble spots all over the world.

WHAT DO THEY DO?

Through providing donated postage stamps, envelopes, and other philatelic materials, they attempt to stamp CANCELLED across the face of the deadliest for that hospitalized personnel must fight. ENFORCED IDLENESS and its deadly allies: boredom, loneliness, frustration, futility, and despair. They do what they can to relight the spark of interest and life in the weary eyes that without such help

would stare at nothing but was one G.I. called "white ceilings..... and dark futures."

WHAT CAN STAMPS DO?

Miracles. Almost. Stamps can give bedridden patients, long-term treatment patients, and convalescent patients, a consuming interest. They can sort out and mount stamps while in bed. If ambulatory, or even in a wheelchair, they can pass happy hours soaking stamps and mounting them in albums. Even the withdrawn, mentally disabled patients take pleasure in using more common stamps in organized therapy sessions to make fanciful greeting cards, or to cover decorative boxes.

HOW ARE THE MATERIALS USED?

Primarily, the stamps and envelopes are used to start and support stamp collections; a long term hobby that provides activities and challenges that develop enthusiasm an even a reason to live. Also quantities of modern common stamps are often used for art projects such as decoupage, painting using bits of stamps and other crafts.

ARE CONTRIBUTIONS TO SRTW TAX-EXEMPT? Yes, they are.

WHAT STAMPS DOES SFTW NEED?

Besides postage stamps of any kind, they can use envelopes with imprinted stamps or computer vended postage.

NOW THAT YOU HAVE DECIDED TO HELP...,,,,,

In clipping stamps from envelopes and package, PLEASE leave at least a quarter inch margin of paper around stamps. Don't try to steam or peel stamps of paper or soak stamps. (This is part of the fun of working with stamps for the hospitalized veteran).

The Hope for Heroes Chairs want to thank Karen, Theresa, and Wendy for this great opportunity to serve our wounded veterans with stamps.



Hope for Heroes Chairs challenge each chapter to donate (4) gift cards that will be given to families in need during the holiday season. In partnership with employees from SSG Conrad VA Healthcare Clinic. Purchase as many gifts cards as you would like to support anywhere from one person to multiple families.

Please bring to November Council meeting or mail to:

Paula Fisher 13201 South Wakial Loop, Unit 1085 Phoenix, Arizona 85249

The Hope for Heroes Chairs thank you for your participation in the Holiday Gift Cards donation project for veteran families.

Paula Fisher Yolanda Chislon Janice Shaproski Kendra Sabol



Dear Brothers and Sisters in ESA,



Fall is upon us!

If you haven't done so, please create a profile in the St. Jude Volunteer Management System (VMS).

Visit: St Jude Volunteer Management System

The three step process shown here will help get you started. Your hours and miles can easily be tracked using VMŞ!



ST. JUDE CALENDAR of EVENTS

BBQ for St. Jude and Silent Auction, too! November 18-19, 2022

Silent Auction Starts at 6:00 am November 18th and runs through the BBQ on November 19th [4:00 – 9:00 pm]. Tickets for the BBQ must be purchased by November 7th and are \$25.00. Sponsored by Alpha Chi Chapter. **BBQ Tickets:** Contact Connie Cole 520-403-4895 or conniecoleaz@gmail.com SILENT AUCTION: https://app.galabid.com/esaauctionforstjude

KMLE 107.9 Country Cares for St. Jude Kids Radiothon December 2022 [Dates TBA]

This Audacy Phoenix radio station will host a radiothon for two days to secure Partner in Hope monthly donors in support of St. Jude.

Legends for Charity Thursday, February 9, 2023- Hyatt Regency - Downtown Legends for Charity® is one of the biggest charity dinners held during Super Bowl Weekend. The essence of this event embodies the heart of Pat Summerall, where broadcasters from every network can come together to honor one of their own. www.legendsforcharity.com

St. Jude Heroes Various dates—see featured races below

St. Jude Heroes nationwide are running races in teams and individually to help raise funds for the kids of St. Jude Children's Research Hospital®. Choose to run for a reason, and you can earn a VIP race weekend experience, free race entry

and more! To search the full list of partner races and view fundraising incentive levels, please visit stjudeheroes.org.

Featured Races

St. Jude Memphis Marathon Weekend—December 3, 2022

Humana Rock 'n' Roll Arizona Marathon and Half—January 14-15, 2023

Humana Rock 'n' Roll Las Vegas Marathon and Half—February 25-26, 2023

MARK YOUR CALENDAR TODAY TO VOLUNTEER/ATTEND THESE GREAT EVENTS!

Want to show off your support for the kids of St. Jude? Celebrate the ESA and St. Jude Partnership?





Inspired by patient artwork, this limit-edition 2 inch round lapel pin with rubber backer commemorates the 50th anniversary of the partnership between ESA and St. Jude Children's Research Hospital. Proceeds benefit St. Jude Children's Research Hospital.

Order your special-edition 50th anniversary pin now! Proceeds will be donated to St. Jude. Pins will be available through 2022 and quantities are limited, so don't delay!

ORDER HERE: 50 Years of St. Jude & ESA

LOVE TO ALL, John and Deana

Alpha Chi's St Jude fundraiser.

Tickets for the BBQ dinner can be purchased until November 7th. The raffle basket pictures and descriptions are located on the Alpha Chi Facebook page - link in the below flyer.

A word document that lists all of auction items is available, email Connie at conniecoleaz@gmail.com. Raffle basket tickets are on sale now 10 for \$10 or 25 for \$20. 50/50 raffle tickets are also available for \$10. If you would like to purchase tickets contact Connie.

All the silent auction items and descriptions are up on the website. The link is https://app.galabid.com/esaauctionforstjude. Bidding starts on Friday, November 18th at 6:00 am. Now is the time to go to the site to determine what you will bid on. If you have any questions or issues, please contact Connie, conniecoleaz@gmail.com 520-403-4895.

Hugs, Connie





Beta Gamma is collecting new and used sneakers

Bring to the November council meeting

These shoes go to "GotSneakers?" a company that keep sneakers out of landfills. They give the new sneakers or used sneakers in good condition to secondhand markets and damaged footwear is recycled to reuse materials or to waste into new energy.

https://gotsneakers.com/

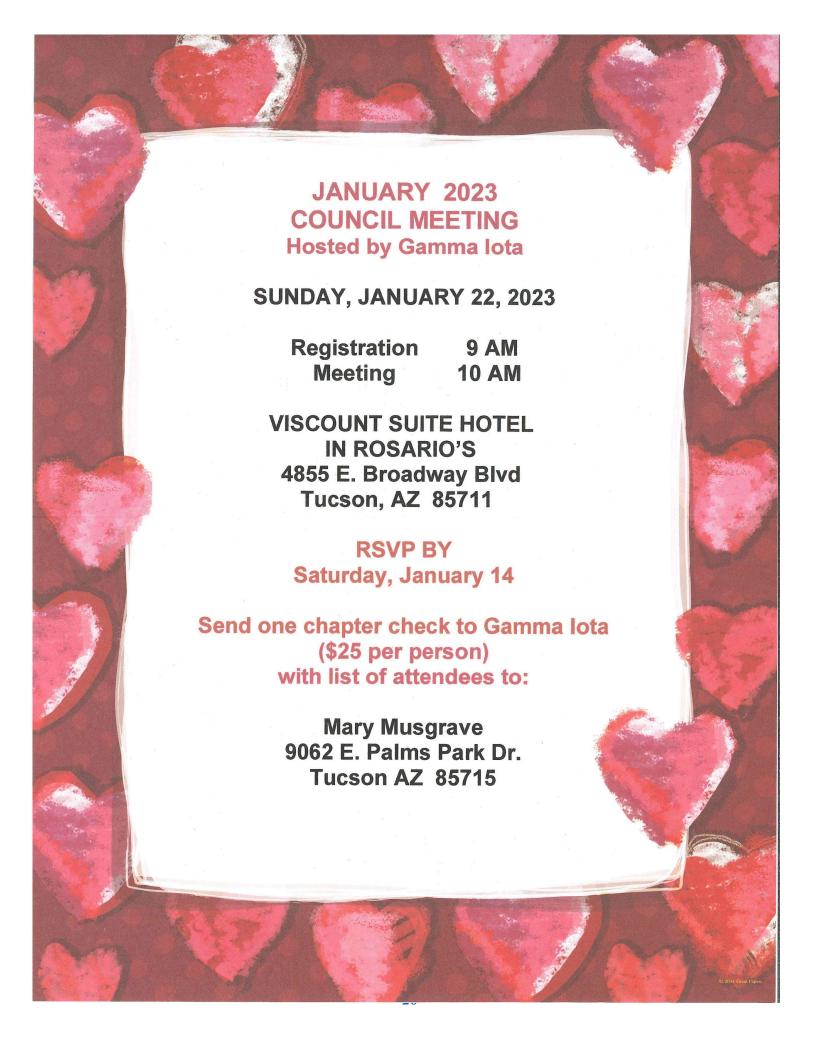
Beta Gamma gets a check after they send in the sneakers.

Wanted

- any color, type or size
- for men, women and children



Contact any
Beta Gamma
member if you
have questions



Date	Event & Location		
Nov. Council Meeting November 20, 2022 Hosted by Alpha Chi	Copper Room – Randolph Golf Complex Tucson, AZ RSVP by October 18!		
Jan. Council Meeting January 22, 2023 Hosted by Gamma lota	Viscount Suite Hotel (Rosario's) 4855 E. Broadway Blvd Tucson, AZ RSVP by January 14		
April Council Meeting April 16, 2023 Hosted by Beta Gama	Mesa, AZ		
Arizona Convention June 2 – 4, 2023 Arizona Council State Convention Tucson	Tucson, AZ		
IC Convention July 25-30, 2023 Grapevine Texas	https://www.epsilonsigmaalpha.org/about/ic- council/convention Embassy Suites by Hilton - DFW airport North		

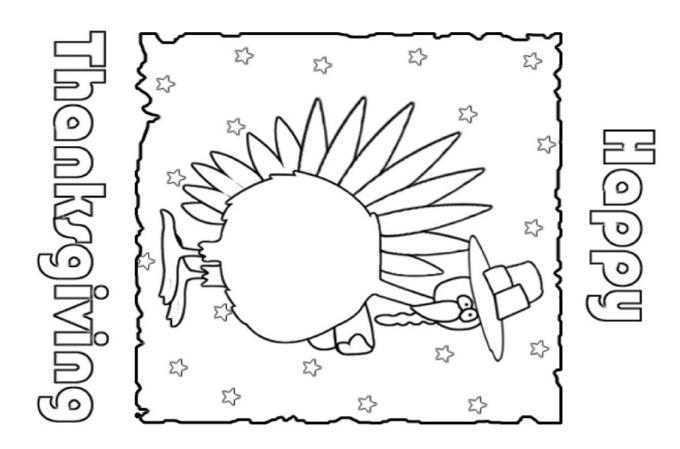
http://www.facebook.com/ArizonaESA

You do need to have your own Facebook page to view ours. If you are using Facebook, **Like** us so you will keep updated that is happening in ESA as well as the Arizona Council.

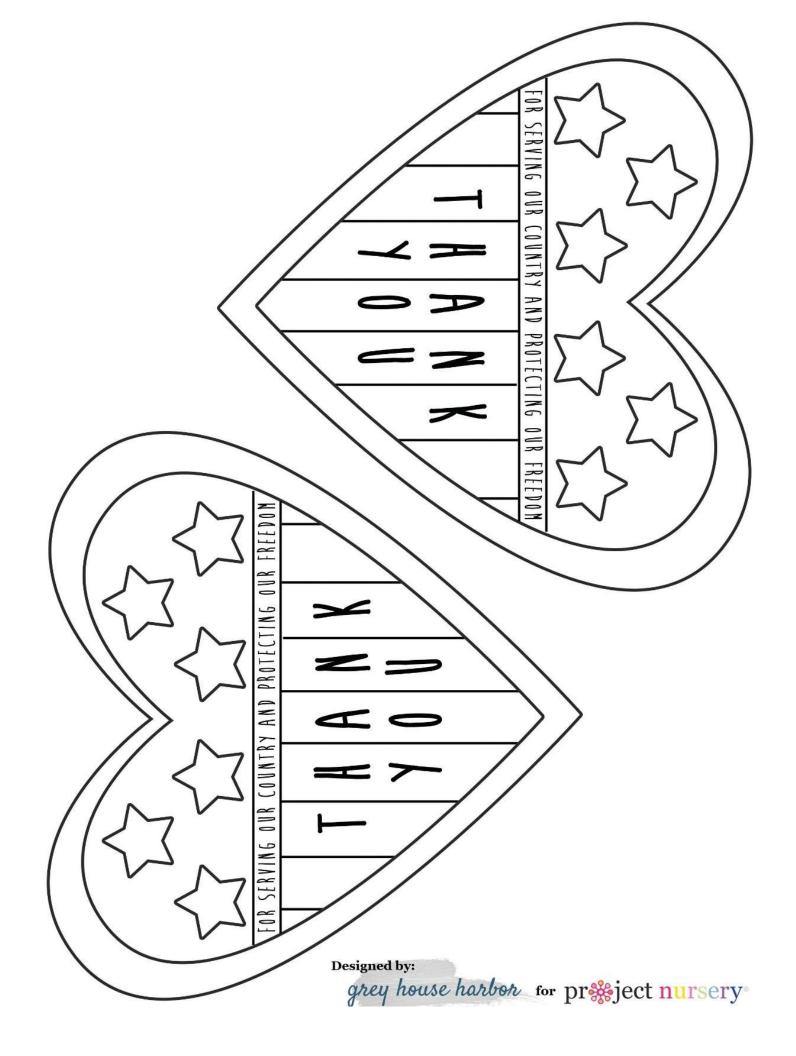
Here is the Arizona Council website http://azcouncilesa.com If you need a login and password please reach out to me.

Here are all the ways to reach me.
April Aguiñaga
april_aguinaga@hotmail.com
602-904-1530
15602 N. 59th Lane, Glendale, AZ 85306









YOUR FRIENDSHIP IS A BLESSING

YOU ARE LOVED

YOU ARE JUST RIGHT

THANKS!

WONDERFUL YOU

THANKS FOR ALL YOU DO!

YOU ARE AMAZING

I AM
THANKFUL
FOR YOU

THANKS FOR BEING YOU



Skip to my Lou skiptomylou.org