



# Arizona Council Bulletin

## September 2022

### Volume LXXVI, Issue 1



Has it really been three months since many of us got together for our state convention? It seems like just a bit ago to me.

I am looking forward to seeing many of you at September's Council meeting in Tempe hosted by the wonderful members of Alpha Kappa. Thank you so much!

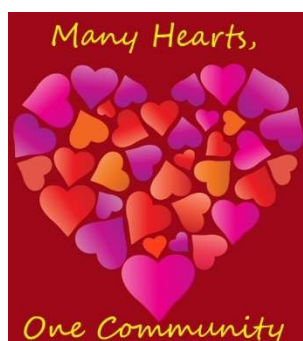
We will be approving the budget, having an enlightening educational presentation and time to socialize. We will also be sharing the executive board's thoughts and ideas about where we are in the Council's 3-year plan. There are so many exciting things planned for the meeting, so please plan to join us.

Please make sure to read officers' articles in the bulletin since they are in lieu of oral reports at the council meeting,

Please feel free to reach out to me with any questions, suggestions or concerns. Please call (520) 227-4818 or by email.

Patricia Gale  
Arizona State President

*Patricia*



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# 1<sup>st</sup> Vice President



We are starting a new year with new ideas and new things to do and best of all, I hope to meet many new friends by asking them to join you in your ESA events and activities.

If you have had a successful rush event, I would love to hear about it so that we can share across our membership. Communication is a key to our success in gaining new friends and new members.

Do you invite your friends, family and coworkers to your fundraising events? If not, why not? You never know if they are interested if you don't invite and let them see first hand how much fun we have while making a difference in the lives of others.

You never know that they were sitting there waiting for you to ask them to join until you ask! Please ask them to just to come to one of your meetings or a social you might have. That may spark their interest and then you may have a new member! You never know unless you try it!

As Patti theme reflects, we are many hearts, but one community. We need to bring as many hearts as we can together and help as many as we can in our community. U can help make it happen!

Looking forward to seeing many of you in September. Please be safe and take care!

Hugs to all.

Deana



# 2<sup>nd</sup> Vice President

## DEAR BROTHERS AND SISTERS OF ESA

Welcome back! I hope everybody had a wonderful and safe summer. I am so excited for our new year.

I would like to thank my Philanthropic Committee for volunteering to step up for their chapter and be on my committee. They are: **Cyndi Skald – My Advisor**

Fran Gale	Baz Windsor	Donna Hall
Colleen Lugar	Leslie Fleischman	Connie Cole
Jacque Frusetta	Shirley Albertson	Sherry Day
Barbara Appleton	Liz Montgomery	Donna Ort
Vicki Andros	Carol Caldwell	

In the Black Box will be a packet for your Philanthropic Chair.

Attached is our Arizona Council Collectibles.

Attached is also a copy of the Hopes For Heroes Coupon Program and where to send it to.

Hours and monies donated by an ESA Member in the name of ESA can be counted. Please keep track of all of your Hours, Mileage, Donations and Value of Donated Goods.

The first Philanthropic Report is due (postmarked) by November 23, 2022.

Fall is the first time of the year we gather with Patti as our President in ESA. Our hearts come together to plan what to do and say. April puts our bulletins together to make us look so good. Deana is our 1<sup>st</sup> Vice President/President Elect and she will rule the roost as she should. Stay tuned for the Meeting on September 18, 2022 to find out what's new.

Love in ESA:  
Wendy Williams  
2<sup>nd</sup> Vice President



# ***ARIZONA COUNCIL COLLECTIBLES***

ITEM	PHILANTHROPIC REPORTING
Greeting Cards (whole)	1 minute per card
Pop Tabs	1 cup = 185 tabs @ 1 min. each 1 oz = 108 Tabs @ 1 min. each
Toiletries	1 minute per item
Hats (knit or crochet)	Time spent making hats is counted. If you purchase yarn, could the cost as a cash donation. If you use donated yarn, only count your time making the hats If you purchase a hat, count the amount spent as a cash donation.
Lap robes	Same guidelines as hats
Postage stamps (trim to ¼" around the stamp)	1 minute per stamp
Box Tops, Labels for Education, Plastic bottle caps, medicine bottles	1 minute per item Remove labels



# The Hope for Heroes Coupon Program

The Hope for Heroes Coupon Program (the act of clipping manufacturers' coupons from magazines and newspapers) for the members of the military and their families to use to reduce shopping expenses has been an active program in ESA for many years. The IC Philanthropic Committee clarified:

1. Count manufacturer's coupons donated as part of a service project as the face value on the coupon
2. Count hours for clipping donated manufacturers' coupons (1 minute per coupon)

## TROOPONS Bagging Instructions

The commissaries have requested that *Troopons* be bagged for delivery to them as follows:

1. Cut out the coupons.
2. Sort coupons into two piles by status:
  - a. Expired. Not expired more than 2 months (e.g. if today's date is 10/5/2021, you would cut out coupons with an expiration date that is not older than 8/1/2021).
  - b. Unexpired. At least two months of life left.
3. Sort each of these two piles into four piles by type:
  - a. Food items
  - b. Non-food items
  - c. Baby food/items
  - d. Pet items (like dog food)
4. Stuff them into plastic baggies.
5. Write the status (Expired or Unexpired) and the type (food, non-food, baby, or pet) on them.
6. Total the retail savings of the coupons in the baggies and write it on them. This helps the organization track the value of the overall program.

Only "Manufacturer's Coupons" can be used. They can be from the newspaper, dispensers in grocery stores, tear-pads, and elsewhere as long as they state "Manufacturer's Coupon" on them. No assistance vouchers. No food stamps. No store coupons. No restaurant coupons. No internet coupons.

Terrie will collect these as chapter members have them ready, but the final collection will be in March to give enough time to count them towards our final chapter philanthropic report.

Mail them to SOT as follows:

Support Our Troops

P.O. Box 70

Daytona Beach, FL. 32115-0070

<https://supportourtroops.org/troopons>



## Appointed Board 2022 – 2023

AUDITOR	Jacqui Smith	Eta Pi
AWARDS	Colleen Luger	Beta Gamma
	Yolanda Chislon	Beta Gamma
BULLETIN EDITOR	April Aguiñaga	Delta Pi
CHAPLAINS	Cindy Sklad	Delta Pi
	Donna Hall	Delta Pi
CONVENTION CHAIRS	Eta Pi	
EASTER SEALS - PHX	Baz Winsor	Alpha Kappa
EASTER SEALS - TUC	Karen Madrid	Alpha Chi
EDUCATIONAL DIRECTOR/ WORKSHOP CHAIR	Terri Rust	Alpha Omicron
ESA FOUNDATION	Kathy Riebock	Alpha Chi
FINANCIAL SECRETARY	Suzanne Godard	Alpha Chi
HOPE FOR HEROES	Kendra Sabol	Beta Gamma
	Yolanda Chislon	Beta Gamma
	Paula Fisher	Beta Gamma
	Janice Shaproski	Beta Gamma
OCOTILLO EXPRESS	Carol Caldwell	Beta Zeta
PROPERTIES	Suzanne Godard	Alpha Chi
REGISTRATAR	Laury Watson	Eta Pi
REGISTRATAR CO-CHAIR	Kay Hicks	Beta Gamma
ROOSTER	Jackie Young	Alpha Omicron
ST. JUDE SR	John Vitt	Gamma Tau
ST JUDE JR		
WEBSITE/SOCIAL MEDIA	April Aguiñaga	Delta Pi
WESTERN STATES COUNCIL REP.	Donna Ort	Alpha Nu

Hello All!

I can't believe that September is already here. It feels like the convention was just a few weeks ago. I had a busy summer traveling for work. As I am relatively new to ESA (joined in November 2019), I thought I would tell you a little bit about myself.

I was raised in Dayton, Kentucky (Northern Kentucky). I moved to AZ in 1984 after I graduated from college. I fell in love with the desert and mountains when I got here and then after meeting my husband Tom knew I would never leave. I have a Masters Degree in Computer Science so needless to say I love numbers and logic! I currently work testing data links on F-16s. I don't get to fly the plane but I do get to interact with pilots and look at the data every day. I have worked in support of the DoD my entire career which has led to me to some interesting places – if you are interested ask me about them – Beatty NV and Kuwait have the most interesting stories. Even though I have never been in the military I have flown in the following aircraft: F-16, HH-60, KC-135, and ABCCC. My main hobby is reading and I like just about every genre except for Westerns and nonfiction. I definitely read to escape.

Now on to the ESA Financial Information you need, Chapter Dues will be accepted at the September Council meeting. If you are not planning to attend (makes me sad), please have the Chapter Treasurer mail a check to me payable to Arizona State Council. Please include a list of all chapter members and dues are \$15 per member. My address is 2476 E Kalispell Ave, Sierra Vista, AZ 85650.

Chapter International Council dues were due starting on Aug 1, 2022 and must be paid by May 1, 2023 in order to stay in "good standing". The amount is \$40 per chapter and checks should be made to ESA International Council, please include chapter name and number on check. This needs to be sent to the IC Treasurer, Celeste Webb, 1120 Richmond Ave, Mattoon, IL 61938. You can find the form on the ESA IC website.



Below is copy of the 2022-2023 proposed budget for the Arizona State Council. Please review it as we will be voting on it at the September Council Meeting.

Hugs to all,  
Connie Cole  
AZ State Treasurer

<b>ESA AZ 2021-2022</b>			
<b>INCOME ACCOUNTS</b>			
<b>Acct Name</b>	<b>2021-2022 Budget Proposed</b>	<b>2021-2022 Actual</b>	<b>2022-2023 Budget Proposed</b>
Chapter Dues	\$2,250.00	\$1,500.00	\$1,750.00
Rosters	\$350.00	\$257.75	\$350.00
Disaster Fund donations	\$0.00	\$2,344.22	\$0.00
Other Philanthropic Donations	\$0.00	\$280.00	\$0.00
Miscellaneous Income	\$20.00	\$185.22	\$20.00
State Preferential Event	\$1,000.00	\$0.00	\$1,000.00
Leadership Seminar	\$600.00	\$0.00	\$600.00
Easter Seals	\$0.00	\$30.00	\$0.00
AZ State convention	\$0.00	\$0.00	\$0.00
St. Jude 's	\$0.00	\$944.00	\$0.00
State Raffle Event-For Ways & Means	\$0.00	\$0.00	\$0.00
AZ Council Ways & Means	\$600.00	\$0.00	\$1,000.00
<b>SUBTOTAL</b>	<b>\$4,820.00</b>	<b>\$5,541.19</b>	<b>\$4,720.00</b>
<b>EXPENSE ACCOUNTS</b>			
<b>Acct Name</b>			
Rosters	\$350.00	\$257.75	\$350.00
Bulletin Editor	\$50.00	\$0.00	\$50.00
Disaster Fund Donations	\$0.00	\$2,344.22	\$0.00
State Preferential Event	\$1,000.00	\$0.00	\$1,000.00
State Leadership Seminar	\$600.00	\$0.00	\$600.00
Scholarship	\$0.00	\$0.00	\$0.00
Philanthropic Donations Expense	\$0.00	\$280.00	\$0.00
Dues	\$55.00	\$55.00	\$55.00
AZ Council President	\$275.00	\$197.11	\$250.00
1st Vice President/President Elect	\$1,550.00	\$1,727.00	\$1,500.00
Officers Expenses	\$80.00	\$0.00	\$80.00
Appointed Board Expenses:		\$82.77	
Chaplain	\$25.00	\$0.00	\$25.00
Memory Book Chair	\$50.00	\$0.00	\$50.00
Webmaster/Website	\$120.00	\$200.00	\$120.00



Acct Name	2021-2022 Budget Proposed	2021-2022 Actual	2022-2023 Budget Proposed
Educational Director	\$50.00	\$0.00	\$50.00
Financial Secretary	\$15.00	\$11.55	\$15.00
Registrar	\$25.00	\$0.00	\$25.00
Stationary/ Postage/ Printing	\$50.00	\$98.37	\$50.00
State Awards	\$100.00	\$50.00	\$100.00
Miscellaneous Expenses	\$325.00	\$356.38	\$300.00
Easter Seals Donations	\$0.00	\$30.00	\$0.00
IC Candidates Fund/Advertisement	\$100.00	\$100.00	\$100.00
St. Jude Donations	\$0.00	\$944.00	\$0.00
State Miscellaneous Contributions	\$0.00	\$45.00	\$0.00
State Raffle Event-For Ways & Means	\$0.00	<b>\$0.00</b>	\$0.00
AZ Council Ways & Means	\$0.00	<b>\$0.00</b>	\$0.00
SUB TOTAL	\$4,820.00	\$6,779.15	\$4,720.00
Total Expenses	\$4,820.00	\$6,779.15	\$4,720.00
Total Income	\$4,820.00	\$5,541.19	\$4,720.00
<b>Net Difference:</b>	\$0.00	-\$1,237.96	\$0.00



**AZ STATE CONVENTION  
FINANCIAL STATEMENT  
July 22, 2022**

**INCOME:**

Convention Loan	\$2,000.00
Registrations	\$4,761.76

<b>TOTAL INCOME:</b>	<b>\$6,820.00</b>
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**EXPENSES:**

Hotel - room charge - IC Rep	\$252.28
Hotel - Meals	\$3,591.87
Hotel - Meeting Room Charges	\$667.08
IC Rep Gift	\$50.00
Member of Year	\$33.00
Decorations Expenses	\$117.49
Installation	\$44.67
Candy, snacks for tables	\$5.37
Repayment of loan	<u>\$2,000.00</u>

<b>TOTAL EXPENSES</b>	<b>\$6,761.76</b>
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<b>DIFFERENCE</b>	<b>\$58.24</b>
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Chapter to ask AZ Council for this amount to remain  
in Convention Checking Account for future  
convention deposits.

Prepared by Jacqui Smith  
2022 State Convention Treasurer

# Secretary

Hello Sisters and Brothers,

Well I have the pleasure of being both the Recording/Corresponding Secretary for 2022-23.

I think most of you know me (for those of you who don't I am the gall English one that never stops talking!). My lovely mother-in-law, Jackie Young, introduced me to the Alpha Omicron chapter and I have been a member for 7 years. I had the interesting experience of being chapter President for 2 years during COVID but as always, my chapter excelled and didn't let that stop them!!

I am honored to be on the Council and look forward to an exciting year.

Agape,

Jenny Young



# Jr. Past President/Disaster Fund Chair/ Parliamentarian

Dearest ESA Family,

I'm excited to be serving in a new role this year, as Past President I'll be keeping you updated on Disaster Fund and Bylaws. If you are interested in being on the Bylaws Committee, please let me know, the current members are Mindy Udall, Deana Walters, Kay Hicks, Jenny Young and Roxanne Vitt. Joni Slama is our Advisor.

## Disaster Fund Information:

The purpose of the ESA International Council Disaster Fund is to assist an ESA member whose home and/or personal belongings are destroyed or damaged extensively by one of nature's causes -fire, flood, etc. Assistance may also be given when a member incurs heavy financial responsibility due to a debilitating illness or accident, which involves the member or their spouse or immediate family who resides in the home due to physical or mental impairment whom they have legal guardianship over and are legally responsible. If you believe you might be eligible for assistance, please go to the link below and read the Guidelines for Application. All information is kept confidential, please feel free to reach out to me if you have any questions.

<https://www.epsilonsigmaalpha.org/member-center/chapter-management/forms/international-council-forms>

Shari Stapleton-Smith



# Education/Workshop Chairman

Although ESA's primary purpose at its founding was education, over the course of the 90+ years since then, this focus has shifted. Arizona chapters still consider education important, but the preparation of education books and submission of education reports to the state for judging no longer hold the same importance they once did. This has been made obvious by the fewer and fewer chapters participating in judging...to the point that the members of education committees over the past couple of years decided not to hold book judging or request submission of education reports going forward. While we know that some chapters will still produce an education book for their members, the requirements for what these should include are not dictated, but left up to the needs of each chapter. The same goes for educational reports that take place in chapters.

This year, the Education Committee intends to host an education presentation at each of the State Council meetings. It is the committee's hope that Council Meeting attendees will take the information shared back to their chapters and use it as either a standalone educational, if they wish, or as supplemental to their own education program. Presentations for September and November are already planned, but if you have an idea for a program that can be presented at a future Council meeting or at the State Convention, please reach out ([terrie\\_rust@hotmail.com](mailto:terrie_rust@hotmail.com)).

"Education is a lifelong journey whose destination expands as you travel." Jim Stovall

Education/Workshop Chairman  
Terrie Rust







Greetings from the Foundation! I am your new Foundation Counselor for the state and hopefully I can fill the shoes of Jacqui Smith. She did such a wonderful job for many years. Kudos to you Jacqui!

There are many new and exciting things happening with the Foundation. As a Foundation member you received an email on August 14th about a Bylaw change notice. If you do not find it, check your spam folder. PLEASE read it and listen/watch the video. We will be voting on these necessary changes beginning September 11th until the 18th. As a member, you need to vote. If your chapter is a member, you need to discuss the changes and vote. It is imperative that these changes happen to continue all of the amazing work that the Foundation does. I am sure everyone knows someone that could or has already benefitted from the scholarships and grants from the Foundation.

There will be an “End of the Summer Social” raffle basket to benefit the Foundation at the September Council Meeting. It’s perfect to share with your chapter sisters, neighbors or friends. Maybe you can use it for your Rush event. J

Many thanks to all that already support the Foundation through donations, endowments, and membership. I hope each of you take the time to go to the website and become a member this year. If you have any questions please don’t hesitate to contact me. 520-559-1944, [krie77@cox.net](mailto:krie77@cox.net)

Fondly,

Kathy Riebock, Alpha Chi, Sierra Vista, AZ  
ESA Foundation Counselor



## Dear Brothers and Sisters in ESA,



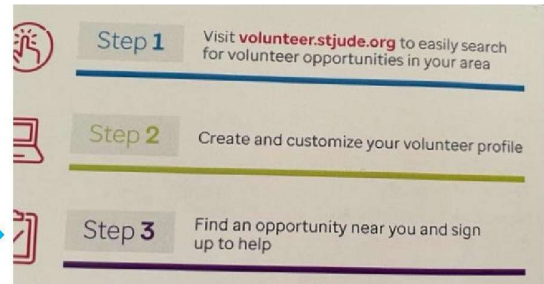
**FIRST**-John Vitt has taken on the role of St. Jude Senior for the current Arizona State Council. He has already jumped into the St. Jude fray and is drinking from a fire hose! He extends his thanks to Wendy Williams for her many years as a Partner in Hope for St. Jude's and all of her mentorship. Also, Deana Walters continues her role in Nevada and she is trying to keep John straight.

The calendar is solidifying for a couple of opportunities that started earlier this summer. Please see the details below for each of the 'Current' ways that you can help the mission of St. Jude Children's Research Hospital!

If you haven't done so, please create a profile in the St. Jude Volunteer Management System (VMS).

Visit: [St Jude Volunteer Management System](#)

The three step process shown here will help get you started. Your hours and miles can easily be tracked using VMS!



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## **ST JUDE DREAM HOME – LAS VEGAS** **Volunteers Needed!**

### \* SELL-A-THON PHONE BANK VOLUNTEERS

- SEPTEMBER 8<sup>th</sup>, One Hour shifts Starting at 6:00 am – 7:30 pm

Contact Deana Walters (317-294-9027) or log into the St Jude Volunteer Management System at: [St Jude Volunteer Management System](#)

### \* OPEN HOUSE TICKET PROCESSOR VOLUNTEERS

- SEVERAL DATES ON SATURDAYS AND SUNDAYS - Starting August 27 – October 9  
Saturday Shift is 9:00 am – 5:00 pm; Sunday Shift is 12:00 pm – 5:00 pm

Contact Deana Walters (317-294-9027) or log into the St Jude Volunteer Management System at: [St Jude Volunteer Management System](#) and sign-up for a shift!

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## **ST JUDE WALK/RUN – Phoenix** **Volunteers/Donors Needed!**

\* SEPTEMBER 24<sup>th</sup>. Making memories. Supporting a mission. That's why our team has signed up to fundraise for the St. Jude Walk/Run. We're joining the nationwide movement to honor Childhood Cancer Awareness Month and support those who need us most - the kids of St. Jude Children's Research Hospital. Join '**Team ESA AZ**' or donate to a member of the Team by visiting: [Team ESA AZ](#). Thank you to Team Captain Suzanne Godard for spearheading the [Team ESA AZ](#)!



LOVE TO ALL, John and Deana

Thank you to Team Captain Suzanne Godard for spearheading the [Team ESA AZ!](#)

# St. Jude Walk/Run Phoenix



## Register today

St. Jude Children's Research Hospital® might not be in your community, but our research and discoveries are. St. Jude freely shares the discoveries it makes, so every child saved at St. Jude means doctors and scientists worldwide can use that knowledge to save thousands more children. Register and fundraise today to help ensure that families never receive a bill from St. Jude for anything.

**September 24, 2022**

Salt River Fields at Talking Stick  
7555 N. Pima Rd. Scottsdale, AZ 85258

[stjude.org/walkphoenix](https://stjude.org/walkphoenix)

### Where:

Salt River Fields at Talking Stick  
7555 N. Pima Rd. Scottsdale, AZ 85258

**OR Join/Donate to 'Team ESA AZ'**

**Click here: [Team ESA AZ](#)**

### When:

September 24, 2022

**Contact:** Jessica Hall

Jessica.Hall@stjude.org | 480-486-2364





# ESA Arizona

## September council Meeting

**Sunday, Sept. 18**

Shalimar Country

2032 E. Golf Avenue

Tempe, AZ 85282

Located off Southern where 101 & 60 meet

Registration: 9am / Meeting: 10am

Cost: \$25 per person

Reservations & 1 chapter check should be sent to:

Baz Winsor

6721 S. Taylor Dr.

Tempe, AZ 85283

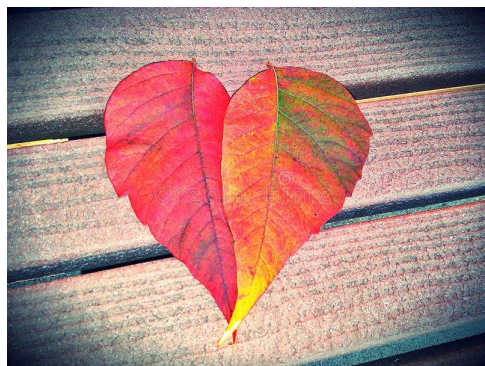


Table space contact:

Dorothy Wright

480-839-8129

**DEADLINE FOR RESERVATIONS:**

September 9, 2022

## Chapter News



### **Beta Gamma is collecting new and used sneakers**

**Bring to the September council meeting**

**These shoes go to “GotSneakers?” a company that keep sneakers out of landfills. They give the new sneakers or used sneakers in good condition to secondhand markets and damaged footwear is recycled to reuse materials or to waste into new energy.**

**<https://gotsneakers.com/>**

**Beta Gamma gets a check after they send in the sneakers.**

### **Wanted**

- **any color, type or size**
- **for men, women and children**



**Contact any  
Beta Gamma  
member if you  
have questions**





St. Jude Children's Research Hospital and  
Epsilon Sigma Alpha celebrating 50 years  
together

**Sherry Day, Cyndi Sklad, Wendy  
Williams, Shari Stapleton-Smith,  
Deana Walters, Terrie Rust,  
Fran Gale, Patricia Gale**

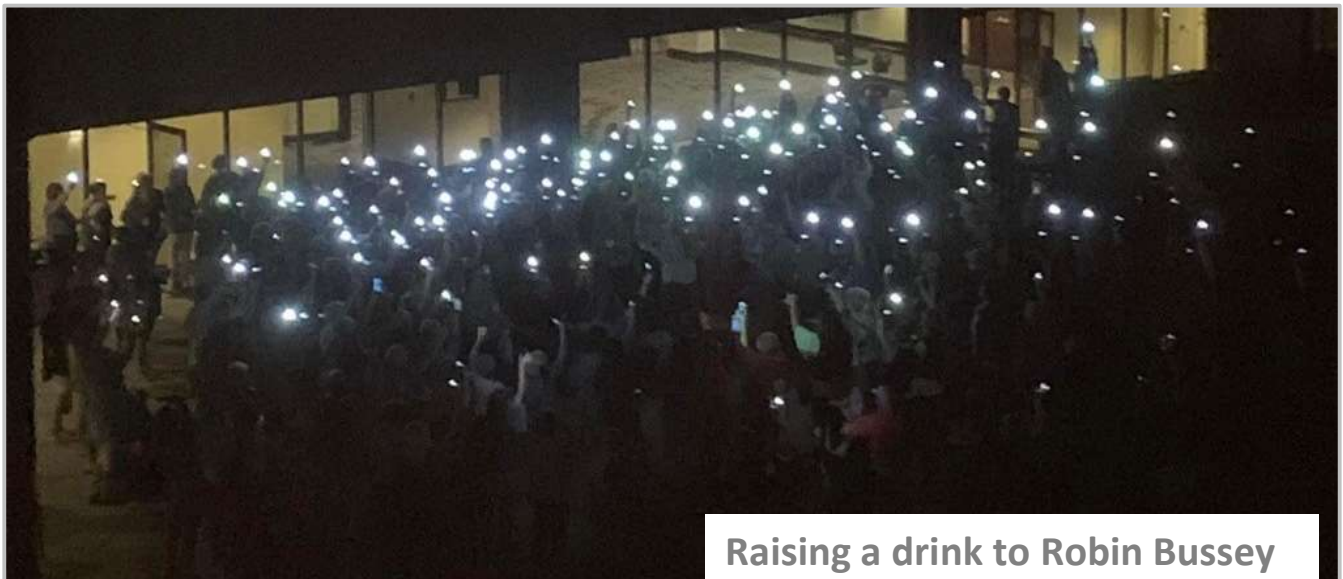






### **ESA IC 2022-23 Executive Board**

LeAnn Wray, Margaret Kramer, Sandy Fletcher, Denise Holdaway, Brenda Meyers, Angela Butenschoen, Celeste Webb & Patricia Gale



Raising a drink to Robin Bussey



**Terrie Rust & Fran Gale**





<b>Date</b>	<b>Event &amp; Location</b>
<b>Sept. Council Meeting</b> Hosted by Alpha Kappa September 18, 2022 Registration: 9am Meeting: 10am	Shalimar Country 2032 E. Golf Avenue Tempe, AZ 85282 Registration due Sept. 9
<b>Nov. Council Meeting</b> Hosted by Alpha Chi November 20, 2022	Tucson, AZ
<b>Jan. Council Meeting</b> Hosted by Gamma Iota January 21/22, 2023	Tucson, AZ
<b>April Council Meeting</b> Hosted by Beta Gama April 16, 2023	Mesa, AZ
<b>Arizona Convention</b> June 2 – 4, 2023 Arizona Council State Convention Tucson	Tucson, AZ
<b>IC Convention</b> <b>July 25-30, 2023</b> Grapevine Texas	<a href="https://www.epsilonsigmaalpha.org/about/ic-council/convention">https://www.epsilonsigmaalpha.org/about/ic-council/convention</a> Embassy Suites by Hilton - DFW airport North

**<http://www.facebook.com/ArizonaESA>**

You do need to have your own Facebook page to view ours. If you are using Facebook, **Like** us so you will keep updated that is happening in ESA as well as the Arizona Council.

Here is the Arizona Council website **<http://azcouncilesa.com>** If you need a login and password please reach out to me.

Here are all the ways to reach me.

April Aguiñaga

[april\\_aguinaga@hotmail.com](mailto:april_aguinaga@hotmail.com)

602-904-1530

15602 N. 59th Lane

Glendale, AZ 85306

**Answers:** per, pie, pro, rip, pier, poor, prof, ripe, rope, prier, prior, proof, repro, roper, proffer, reproof, fireproof.





## Brain teaser #11: Word wheel

Which two numbers should be erased in order to How many words of three or more letters, each including the letter at the center of the wheel, can you make from this diagram? No plurals or conjugations. We've found 17, including one nine-letter word. Can you do better?

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