

Arizona Council Bulletin December 2022 Volume LXXVI, Issue 4



Greetings All,

It was wonderful to see many of you can the Council meeting in Tucson. I hope those who attended had as good a time as I did. Your executive board will be spending the next couple of months conducting a review and deep dive into the brainstorming that members did at the September Council meeting. For those of you who were not there, we asked for input to determine focus areas for our ongoing strategic plan for the next few years. We will be sharing with you our findings at the January Council meeting.

Please start thinking about what role you will be playing in the Arizona Council next year; Deana is looking for people to serve on the Executive and appointed boards.

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Celebrations!

I recently attended a Meet and Greet with charter school representatives for my job where I met and had time to chat with a wonderful lady from Sierra Vista who is a Life Active member of ESA. Years ago, the Alpha Chi chapter tried several times to get her to become involved again, but she was not interested at that time. During our recent conversation, she shared that she would enjoy receiving information about what was going on in the Council, even if she is still not interested in becoming involved again.

20-27

I'm sharing this story with you for a couple of reasons:

- 1. You never know when or where you might come across someone who is interested in either becoming involved with us at some level or becoming reinvolved.
- 2. You may have asked before but keep asking. One day the answer may be yes.

I wish for each and every one of you a happy and blessed holiday season. Keep healthy and safe and I look forward to seeing all of you at the January Council meeting.

Take care and Be Well,

Please feel free to reach out to me with any questions, suggestions or concerns. You can call (520) 227-4818 or by email.

Patricia Gale Arizona State President

Patricia





1st Vice President



Hello to All

Hope all of you are well and have begun your Christmas list and maybe some buying already done? I have gotten things done except for those "hard" to buy for. It is a first!!

Do not forget the local not for profits who may need a little help with gifts for children or the older ones who do not have family. Check with the veterans and a homeless shelter. You could bring a smile to a face you may never see. But in you heart you know you made a difference. Never hurts to ask to be sure all have been covered.

How many of you had a rush party these past couple of months? If so, would some one in the chapter please let me hear all about it. What did you do? Was it a success? Have any of you thought about reaching out to our MALs to see if the time is now right for them to rejoin ESA? They are wanting to rejoin but no one has reached out to check on them. You can check on them and see if the time is right to come back? You never know until you ask! They just may be waiting for someone to reach out.

The holidays are quickly approaching and if you are having a holiday gathering invite a few friends and family members to let them see how much fun we (ESA) can be. After

that, they may be interested in coming to one of your monthly gatherings/meetings? So, if no rush parties, let us look to the new year with a new beginning of rebuilding the Arizona State Council Membership. Maybe have a "Food with Friends Gathering" or a "Wine and Cheese Party." Just invite family, friends, neighbors, maybe people you met at an event and maybe some people from work. We never know until we try! PLEASE REACH OUT!

We need to be thinking on the positive side! See and do all that we can to increase our membership! If you are not planning a Holiday Party or such, please plan to invite new possible members to the January and February gatherings, events, or to the local charities you involved with. Sometimes the holidays are not a prime time as many are busy with family and friends and even office events for the holidays. Do not give up. Continue to reach out to all.

Remember my challenge to each and everyone of you. A new event for each chapter and at least one new member before the end of the council year. I would be so happy if we could get some of our MALs back into the active membership again. We need them and they may really need us back in their lives. Please ask......Do not want to sound like a broken record, but the squeaky wheel gets grease first.... LOL

One other thing, we need Appointed Board Members. If you are interested, but want more information, please contact me via email or phone. I will be very happy to talk to you about any of the appointed positions. The call does not mean you have to take a position! It possibly would give u a better understanding of what it entails.

ALSO, if you are interested in running for the Executive Board, please reach out to me. I will do my best to explain the office in as much detail as you want. The call does not mean a commitment!! Please call and we can talk. We need the many talents that many of you possess.

I want to wish every one of you a happy holiday season. If you are traveling, please be safe. Enjoy your family and friends during the season of giving. Always remember to tell them you love them and give them a "big hug". See all of you in the New Year!! Joyous Holiday Greetings to all of you from all of us!

Hugs to all! Deana





2nd Vice President

Dear Sisters and Brothers of ESA

My article for the bulletin is about Leadership and Organizing an Event. Please read this and discuss it with your chapter. Let's have some fun and invite another chapter to join us.

Organizing a project

PART II: GENERAL ORGANIZATION: AS YOU IDENTIFY THE PROJECT, YOU WILL NEED TO CONSIDER THE FOLLOWING BASIC ELEMENTS OF EVENT ORGANIZATION:

- · Contact key team members
- Organize a meeting to bring key members together to describe the event and recruit them to become volunteers for the
 event. Create excitement and sense of mission.
- · Work with key committee members to establish time, place, budget, volunteer recruitment, publicity, event plan, etc.
- · Develop committees to address the detailed elements of the various tasks
- · Make contact list to create additional volunteers to serve on committees, etc.
- · Identify and contact other groups who may want to help or joint venture the project.

Please let me know what your thoughts are.

We will no longer be collecting the pill bottles. If anybody knows of an entity that could use these items please let me know.

I wish you all wonderful Holidays and a blessed healthy New Year.

Love in ESA, Wendy Williams





Jr. Past President/Disaster Fund Chair/ Parliamentarian

Dearest ESA Family,

This fall I'm focused on transitioning to a new role at work, I've moved from being the Executive Assistant to the President and CEO to being the Philanthropic and Donor Relations Manager. It's an exciting change for me after almost 10 years in my previous role. I also see it as an opportunity to bring new things I'm learning to my ESA life and the State Council.

The **Bylaws Committee** will be meeting soon to discuss some proposed changes; if your chapter has changes to propose, please get those to me by December 10.

Don't forget that ESA International has a Disaster Fund set up to support ESA members who experience a significant hardship, I'm re-sharing information about it below. If you have any questions, please let me know.

Disaster Fund Information:

The purpose of the ESA International Council Disaster Fund is to assist an ESA member whose home and/or personal belongings are destroyed or damaged extensively by one of nature's causes -fire, flood, etc. Assistance may also be given when a member incurs heavy financial responsibility due to a debilitating illness or accident, which involves the member or their spouse or immediate family who resides in the home due to physical or mental impairment whom they have legal guardianship over and are legally responsible. If you believe you might be eligible for assistance, please go to the link below and read the Guidelines for Application. All information is kept confidential, please feel free to reach out to me if you have any questions.

https://www.epsilonsigmaalpha.org/member-center/chapter-management/forms/international-council-forms

Yours in service,

Shari Stapleton-Smith



Education/Workshop Chairman

For the November Council meeting's Education program, ESA Foundation Counselor, Kathy Riebock, presented some historical and fun facts about the Foundation . I thought I'd share a few in case you were not able to attend.

- 1. Founded in 1970, the organization started out as the ESA World Center Foundation. In 1978, the name was shortened to the ESA Foundation .
- 2. The Foundation's first major philanthropic project benefited The American Cancer Society. The liaison provided the opportunity for ESA chapters to participate in breast self-examination clinics and public education on awareness of breast cancer.
- 3. The Foundation's educational program, established in 1980 and which existed on and off through the 2000s, was called Women Helping Women.
- 4. There are 8 members on the Foundation Board. The Board consists of 7 US Directors and 1 Overseas Director.
- 5. Plateaus of Achievement are recognitions given to individuals and chapters based on the totals of donations made to the Foundation over time. Achievement levels range from Bronze to Diamond.



Want to know more? Want to present this program to your chapter? A copy is in the Speckled Box.

Drop me an email (terrie_rust@hotmail.com) and I'll email a printable copy of the "audience" worksheet (with blanks they can complete as the information is presented) and a printable

presenter "key" with the answers and explanations.

Education/Workshop Chairman Terrie Rust





Greetings from the Foundation!

As we enter the final month of 2022, I want to thank all of you for your continued support of the Foundation. Without you we could not enrich the lives of others and isn't that what we are here to do? It is a wonderful blessing to be able to give back to our communities, our families, and to those friends we consider family.

Please remember as you gather over the holidays to mention that there are scholarships and grants available, it is a nominal fee to apply, and that the deadline is February 1st. So many scholarships go unawarded simply because those in need don't know they are available. Talk it up over that glass of wine or after dinner pie and coffee. You never know whose life will be improved because you spoke up. So continue to pass the word about all the scholarships available (in any state). Reach out to your children, grandchildren, friends, family, coworkers, and social groups to let them know of the opportunities available. Too many scholarships have not been awarded due to lack of applicants. The deadline of February 1st is quickly approaching!! The website is https://epsilonsigmaalpha.org/scholarships

In this season of Thanksgiving thank you for all you do for ESA whether it is a contribution to Hope for Heroes, Easter Seals, St. Jude or our own Foundation. You are a generous group and I am blessed to be a part of you.

Finally, please, please, please

Many thanks for the support you give the Foundation! 520-559-1944, krie77@cox.net Fondly,
Kathy Riebock, Alpha Chi, Sierra Vista, AZ
ESA Foundation Counselor







Dorothy Elkins and her granddaughter Molly Elkins

Letter from Molly Elkins

I am so thankful to have been chosen as the recipient of the Helping Hands of WSC Scholarship through the ESA Scholarships. I am returning to school after working as a Registered Nurse for the past few years to fulfill my dream of becoming a Family Nurse Practitioner. I am interested in working in community health clinics and providing healthcare to those who need it most. I have grown up seeing my grandmother Dorothy giving to her community through her many service projects in ESA and draw inspiration from her.

Thank you so much ESA for the financial assistance!

Easterseals

It was awesome to see those who were able to attend the November Council meeting. Hugs to those who were not able to attend.

We raffled off a beautiful holiday wreath, a Christmas tree framed diamond art and surprise drawing valued at \$50.00 at the November Council meeting. We also sold diamond art purses and tote bags to raise money for Easterseals. Thank you to everyone for your love and support. We raised \$600 dollars for Easterseals.

Thank you to those that attended the St. Jude BBQ event on the 19th of



November at the Madrid residence. A good time was had by all! Thank you to the Alpha Chi chapter and their spouses for all your help with the event. The grand total that was raised will be announced soon.

We will have a raffle at the January Council meeting. Stay tune for details. We hope that you had a wonderful Thanksgiving and a blessed holiday season.

If you have any questions, you can contact Baz Winsor or Karen Madrid.

ESA Teamwork!



Note: Letter from VA acknowledging donation



11/19/2022

Dear Paula Fisher:

On behalf of the Phoenix-Carl T Hayden VAMC (644) patients and staff, we would like to extend our appreciation to ESA for your donation of 17 food baskets for Thanksgiving with Fry's or Basha's gift cards (value \$1,300) for SE Clinic.

It is through the efforts of community partners like you that allow us to continue the quality care and services that we seek to provide for our deserving Veterans. We look forward to the opportunity to work with you again for future events.

Thank you for your continued support.

Sincerely, MICHAEL D. ACHEY

3rd Annual Christmas for Kids - Hopes for Heroes partners with American Legion

Post 39, SSG Alexander W. Conrad to fulfill a child's wish list for Christmas.

Christmas is just around the corner, and we need to start preparing for the American Legion Merrell-Mitch Post 39 Christmas for Kids event.

This year event will be held on <u>Saturday December 17th at 10am</u> at the American Legion Post 39, located at 206 N. Gilbert Road, Gilbert, AZ 85296. If a family is unable to attend the event, we will need a member from your organization to pick up the gifts the day of the event. At the event the kids will have a chance to see Santa, have some snacks and can open gifts there or take home, completely up to the family.

Anyone interested in donating gift cards or submitting a form please contact Paula Fisher. We need to have the family forms back no later than *Friday December 2nd*, sooner is always greatly appreciated.

We appreciate your help and look forward to working with you all again this year, serving our veterans, children, and community.



Paula Fisher Janice Shaproski Yolanda Chislon We miss you Kendra! Every day is a gift.

Dear Brothers and Sisters in ESA,

St. Jude

Fall is upon us! Happy Holidays!!

FIRST – A big THANK YOU to all of the ESA members who have volunteered their time, energy and donations for many of the St. Jude FUNdraising events throughout the Summer and Fall. Below are additional opportunities that you can help carry on the mission of St. Jude and the calendar of events.

If you haven't done so, please create a profile in the St. Jude Volunteer Management System (VMS).

Visit: St Jude Volunteer Management System

The three step process shown here will help get you started. Your hours and miles can easily be tracked using VMS!



ST. JUDE CALENDAR of EVENTS

BBQ for St. Jude and Silent Auction, too! November 18-19, 2022

➤ What an outstanding FUNdraiser!! By now, we all have learned that the efforts of our members and other in the community helped to raise over \$7,000 for the kids of St. Jude. Special thanks to Connie, Karen, Kathy and the whole Alpha Chi Chapter for their great work for a great cause!!

KMLE 107.9 Country Cares for St. Jude Kids Radiothon December 8-9, 2022

This Audacy Phoenix radio station will host a radiothon for two days to secure Partner in Hope monthly donors in support of St. Jude. Volunteer shifts (four hours) are available from 5:15 am to 7:30 pm each day. To sign-up to assist in the telephone bank, click here: https://www.signupgenius.com/go/4090b48aaa72fa0fa7-kmle

BINGO for St. Jude December 10, 2022 – American Legion Post #40, Henderson, NV

➤ Join the Eta Gamma Chapter in Henderson, NV for this one night of FUNdraising. Details on attached flyer!

Legends for Charity Thursday, February 9, 2023- Hyatt Regency - Downtown

- ➤ Legends for Charity® is one of the biggest charity dinners held during Super Bowl Weekend.
- ➤ The essence of this event embodies the heart of Pat Summerall, where broadcasters from every network can come together to honor one of their own. https://www.legendsforcharity.com

St. Jude Heroes Various dates—see featured races below

St. Jude Heroes nationwide are running races in teams and individually to help raise funds for the kids of St. Jude Children's Research Hospital®. Choose to run for a reason, and you can earn a VIP race weekend experience, free race entry and more! To search the full list of partner races and view fundraising incentive levels, please visit https://stjudeheroes.org

Featured Races

Humana Rock 'n' Roll Arizona Marathon and Half—January 14-15, 2023 Humana Rock 'n' Roll Las Vegas Marathon and Half—February 25-26, 2023

MARK YOUR CALENDAR TODAY TO VOLUNTEER/ATTEND THESE GREAT EVENTS!



Want to show off your support for the kids of St. Jude? Celebrate the ESA and St. Jude Partnership?



(ACTUAL SIZE: 2 inch diameter)



Inspired by patient artwork, this limited-edition 2 inch round lapel pin with rubber backer commemorates the 50th anniversary of the partnership between ESA and St. Jude Children's Research Hospital. Proceeds benefit St. Jude Children's Research Hospital.

Order your special-edition 50th anniversary pin now! Proceeds will be donated to St. Jude. Pins will only be available through December 2022 and quantities are limited, so don't delay!

ORDER HERE: 50 Years of St. Jude & ESA

Another way to show off your support for the kids of St. Jude.



SpaceX Mission to Benefit St. Jude Children's Research Hospital

About the Mission

No earlier than March 2023, SpaceX's Falcon 9 rocket will launch the *Polaris Dawn* mission from historic Launch Complex 39A at Kennedy Space Center in Florida. Dragon and the *Polaris Dawn* crew will spend up to five days in orbit, during which they will work towards the following objectives: Highest Altitude Space, Health Impact Research, In-space Communications, and the First Commercial Spacewalk.

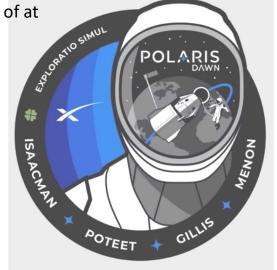
The Crew of *Polaris Dawn* and SpaceX have consistently supported and donated to the Mission of St. Jude.

You can get the patch worn by the Crew for a donation of at **least \$25** to help expand the St. Jude mission globally.

To get your patch, visit:

SpaceX and Polaris Dawn Patch for St. Jude

LOVE TO ALL, John and Deana





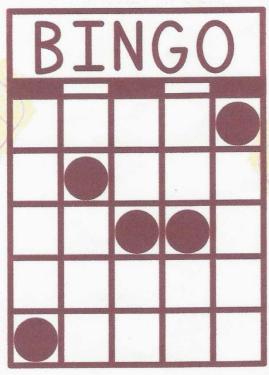




Fundpaisep



SATURDAY, **DECEMBER 10TH** \$20 PERSON 7:00-9:00PM



St. Jude



AMERICAN **LEGION POST #40** 425 VAN WAGENEN STREET HENDERSON, NY

Ghildren's Research

PRIZES FOR BINGO **WINNERS & RAFFLES**

Mospital

DRINKS **AVAILABLE** CASH BAR

To reserve your spot email: fundraiserBingo1@gmail.com

Limited spaces. Need your name and phone # and number of tickets requesting. Tickets \$20.00 each



EPSILON SIGMA ALPHA



for St. Jude

Alpha Kappa Update

The Alpha Kappa's have been busy since hosting the September Council meeting. We gave out Hope For Heroes flags, pins, etc., to a Veterans breakfast held at Tempe High School on November 10, pledged four new members on November 17; adopted a family for Christmas; donated gift cards and books to Hope for Heroes; and will be helping to provide a happy holiday for those in foster care with gift cards.



Back row: LuAnn Kenner, Baz Winsor, Jane Hedrick, Pat Hillman, Kelly Kringen **Front row:** Jo Miller, Dorothy Elkins, Larri Ann Gose, VA Speaker Don Stoffer, Mindy Udall, Connie Reifschneider, Barbara Painter

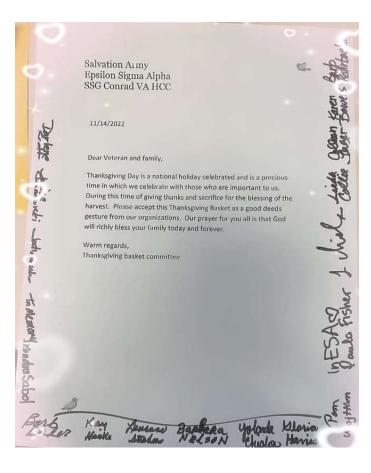
Plans are under way to have a Merry Christmas Party at Shalimar in December.

We wish ALL our members, wherever they may be a very Merry Holiday season and a Happy, Prosperous, Healthy New Year!

BETA GAMMA Thanksgiving Boxes

Thanksgiving Day is a national holiday celebrated and is a precious time in which we celebrate with those who are important to us. During this time of giving thanks and sacrifice for the blessing of the harvest.

Donations of non-perishable food, slow roasted turkeys, and gift cards from Beta Gamma chapter of Epsilon Sigma Alpha, SSG Alexander W. Conrad, Salvation Army, and Cooper 2nd Ward were distributed to families of various sizes. This coalition of organizations put love above all else by supporting local families in need with 17 food boxes, gift cards and 12 smoked turkeys.



The past couple years have been some of the hardest we've faced as a nation. As we continue to struggle through the pandemic, civil unrest, and natural disasters that uproot families, Beta Gamma chapter finds courage and strength in many acts of love.



Above Picture Les Kinsley from Vietnam Veteran's Association, Paula Fisher and Terrence Chislon Beta Gamma

2nd picture: Beta Gamm members Gloria, Louanne and Pam organizing food





Beta Gamma is collecting new and used sneakers Bring to the January council meeting

These shoes go to "GotSneakers?" a company that keep sneakers out of landfills. They give the new sneakers or used sneakers in good condition to secondhand markets and damaged footwear is recycled to reuse materials or to waste into new energy.

https://gotsneakers.com/

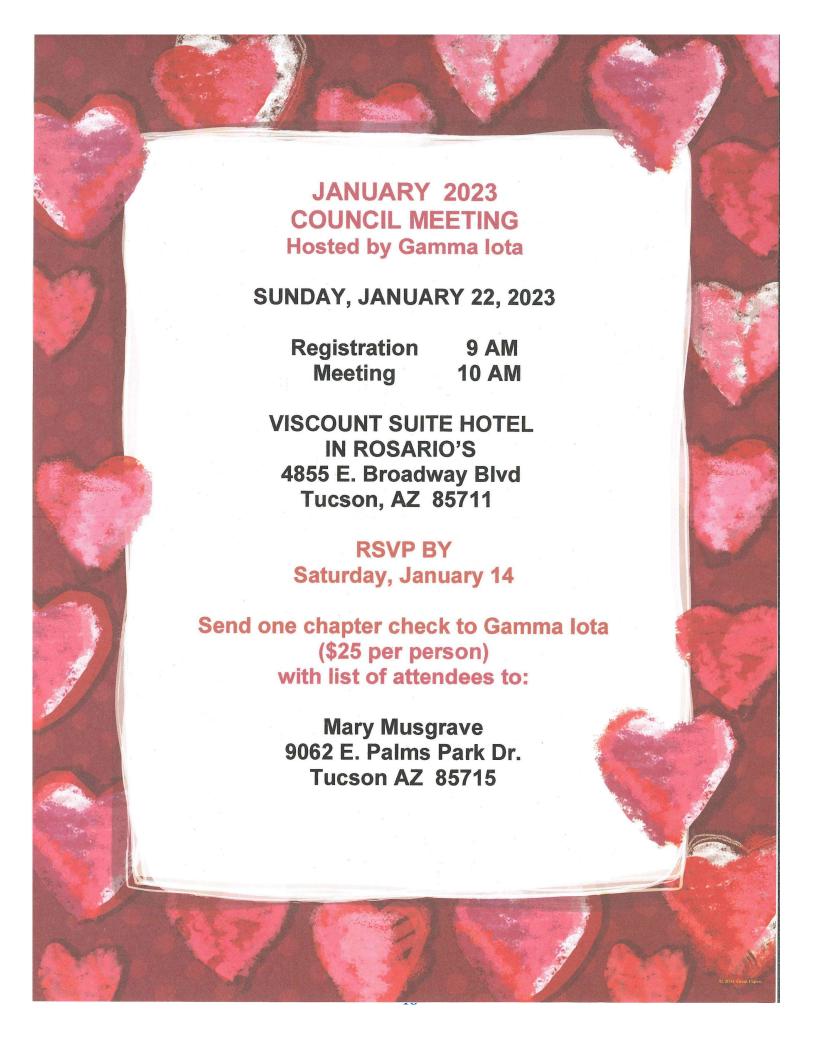
Beta Gamma gets a check after they send in the sneakers.

Wanted

- any color, type or size
- for men, women and children



Contact any
Beta Gamma
member if you
have questions



Date	Event & Location
Jan. Council Meeting	Viscount Suite Hotel (Rosario's)
January 22, 2023	4855 E. Broadway Blvd
Hosted by Gamma lota	Tucson, AZ
	RSVP by January 14
April Council Meeting	Mesa, AZ
April 16, 2023	
Hosted by Beta Gama	
Arizona Convention	Tucson, AZ
June 2 – 4, 2023	
Arizona Council State	
Convention	
Tucson	
IC Convention	https://www.epsilonsigmaalpha.org/about/ic-
July 25-30, 2023	<u>council/convention</u>
Grapevine Texas	Embassy Suites by Hilton - DFW airport North

http://www.facebook.com/ArizonaESA

You do need to have your own Facebook page to view ours. If you are using Facebook, **Like** us so you will keep updated that is happening in ESA as well as the Arizona Council.

Here is the Arizona Council website http://azcouncilesa.com If you need a login and password please reach out to me.

Here are all the ways to reach me.
April Aguiñaga
april_aguinaga@hotmail.com
602-904-1530
15602 N. 59th Lane, Glendale, AZ 85306





Pearl Harbor Remembrance Day is December 7. https://www.pearlharborevents.com/

In commemoration of the 81st anniversary of the attack on Pearl Harbor, the B-17, Sentimental Journey, will perform its annual Phoenix metro flyover on Wednesday, Dec. 7th

Scheduled to fly over the Arizona State Capitol at approximately 11 a.m., the B-17 will also fly over the National Memorial Cemetery of Arizona and the USS Arizona Memorial Gardens before returning to Falcon Field.





This year it is on December 17, 2022 – you can go to the website https://www.wreathsacrossamerica.org/ and searching for local group to volunteer or sponsor.

Days to celebrate to get you in the holiday spirit.

Dec. 12 – Gingerbread Decorating Day

Dec. 13 – National Cocoa Day

Dec. 15 – International Tea Day

Dec. 16 – National Chocolate Covered Anything Day!

Dec. 19 – Look for an Evergreen Day

Dec. 20 – Go Caroling Day

Dec. 23 – Festivus



Hanukkah - Lasting eight days, the joyous Jewish holiday celebrates a miracle from more than 2,000 years ago. This year Hanukkah starts the evening of Dec. 18 and ends on Dec. 26.

To celebrate the ancient miracle of the oil burning a candle for eight nights, Jews celebrating Hanukkah light a candleholder called a menorah for eight nights. The menorah holds nine candles—one for each night plus a candle called the shamash used to light the other candles. Each night families recite special blessing, prayers, and songs and exchange gifts.



Winter Solstice is a day with shortest daytime and longest nighttime in Northern Hemisphere. This year it falls on Dec. 22 and in 2023 it will be on Dec. 22.

Earth is closest to the sun around the winter solstice but winter's coldest days happen after the solstice – often 2-4 weeks later.

if you stand outside at noon and look at your shadow, it will be the longest shadow you cast the entire year. Here's why: During winter in the Northern Hemisphere, the North Pole is tilted away from the sun, so the height of the arc is low—and your shadow looks long.

CHRISTMAS WORD SEARCH

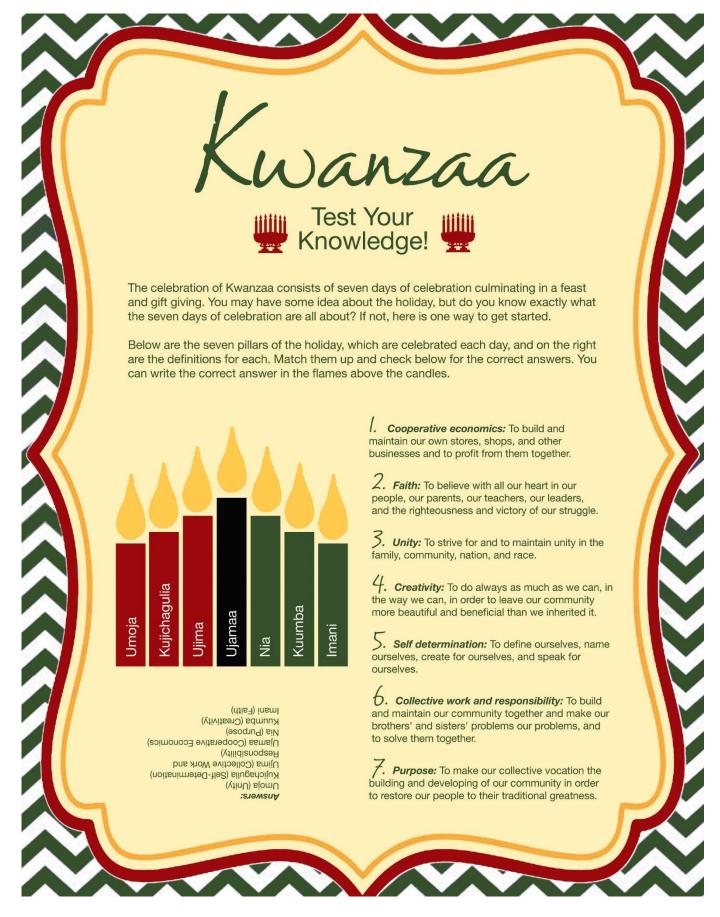
Find words associated with the Christmas season hidden in the puzzle below. They are hiding forwards, backwards, up, down, and diagonally. As you find the words, cross them off the word list. The remaining letters, reading left to right, top to bottom, spell out the title of a popular Christmas song. Write the title in the circles provided.



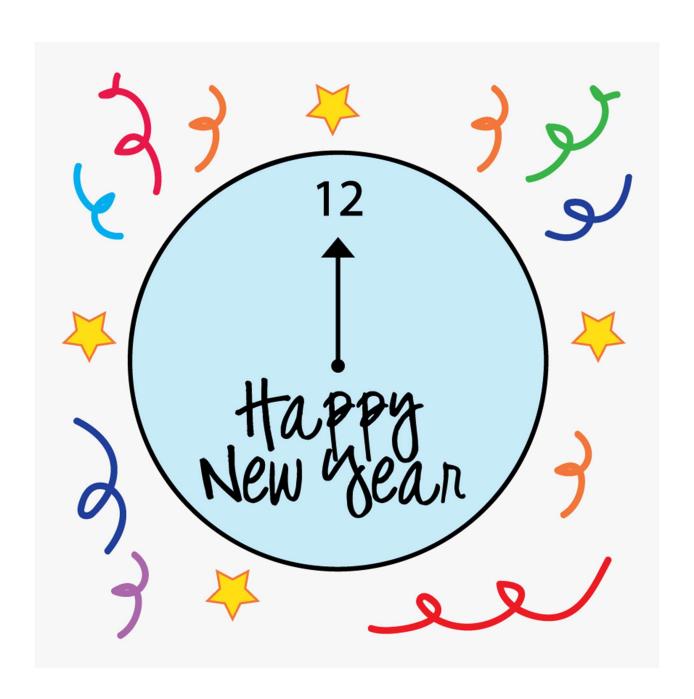
MERRY CHRISTMAS

How many words can you make?

1	15
	the purpose full mom com



Kwanzaa is celebrated Dec. 26 – Jan. 1



There won't be a bulletin for January so wishing you and your family a wonderful New Year! Hope to see you at the January council meeting on Jan. 22 in Tucson!