



# Arizona Council Bulletin

## March 2023

### Volume LXXVI, Issue 6



Greetings All,

I hope that you all are doing well as we move into the month of March. Deana and I just returned from a wonderful time at IC Leadership Conference. We learned lots and I am sure Deana will have much to share over the next few months. I encourage all of you to give thought to being part of Deana's appointed or executive board for this coming year. All of you have talents and gifts to share.

Make sure to mark your calendars for the Arizona Council's State Convention this year. It will be held June 2nd through 4th here in Tucson. I know we have lots of amazing things plans and I know you will enjoy spending time with this year's IC Council representative.

I also encourage each of you to spend time with family and friends making memories and having fun. We never know what this life will bring, so make the most of every day.

Until we meet again  
Please feel free to reach out to me with any questions, suggestions or concerns. You can call (520) 227-4818 or by email.



Patricia Gale  
Arizona State President

*Patricia*

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# 1<sup>st</sup> Vice President



Hello my friends!

Hope all had a nice Valentine's Day. Did you get chocolate? Can never get enough chocolate...LOL

How are we doing on getting new members? How about doing new events or having an opportunity to do volunteering at a new event for you, or a not for profit or someplace needing our helping hands? Please, I would love to hear about your new members and your new adventures. Please let me hear from U!

Have not heard from anyone about any positions on the board so I thought I would give a brief description of the positions. I know many of you reading this have held these positions, but some have not. So here we go!

- As Secretary: You will take notes from Executive Board meetings, all the council meetings and be sure all board members get a copy. Also, you will be the corresponding secretary for the President and the board. You would read any correspondence that is received and needs to be read at the council meeting.
- As Treasurer: You will receive and disburse funds according to budgeted items. You will make sure all donations received are logged correctly mail timely to the proper entities'. Financial Secretary will be your source of information
- As Second Vice President: You will be the cheerleader for all our Philanthropic projects! You will receive reports from all our chapters 3 times a year and will accumulate all the hours and monies for the state and report once a year to IC. You will also prepare and present the Philanthropic Awards at our State Convention. It is also nice if you would continue on to the next position.
- As First Vice President/President Elect: You will be the one to promote and encourage new chapters and existing chapters to reach out and gain new members during the year. You are the Membership Chairman for the state. You would also present awards for Membership growth at State Convention. If for some reason, the President could not make a Council Meeting, you would need to step in for them.
- After that, you would be the President. You would be leading the membership at the Council Meetings and be the leader at the Executive Board activities and meetings.

- After that you will be the Jr. Past President taking care of the Disaster Fund, and Parliamentarian. Recording funds donated to our Disaster Fund and as Parliamentarian you would be the one reviewing the Bylaws and Standing Rules.

This is just a “very brief” overview for the positions on the elected board. You will have a member of the Advisory Board assigned to you and they will be your source of information. You can also call upon someone in your chapter that has held the position or any member that you feel comfortable with to discuss the item of concern. If you have any questions, please contact me and I will do my best to clarify anything that you want to discuss. Looking forward to hearing from some you!!

This is a reminder that bids for conferences for the 2023-24 year are due this April. (Only a little over a month). We are looking for a chapter to **host the September 2023 council meeting**. Please discuss at your next meeting. Thank you for considering to host!!!

I am also looking for someone to accept the Easterseals Chair in Tucson on the Appointed Board. You will be working with the Blake Foundation, and we have several members in the Tucson area who have held this position and I know would be very willing to help you with anything or any questions that you may have.

None of these are positions that we need an answer for right now. Please think about it..... sleep on it and maybe reach out to someone you know who may have held any one of these and see what they have to say. And remember, I am only an email or phone call away.

Hope some of you are planning to join us in Mesa in April. Check out your calendars! Hopefully Spring is just around the corner. Take care and be safe.  
Take care and please be safe.

Hugs to you and yours,  
Deana



## 2<sup>nd</sup> Vice President

Dear Brothers and Sisters of ESA:

I am very sorry I was unable to attend January's Council Meeting. I will gladly accept any Chapter that has not yet turned in its reports. Please call me if you have any questions. (480-321-9611)

I know several of you have helped out our fellow members, please don't forget to turn in your hours on your Philanthropic Reports. I would like to thank Shirley Albertson and all of our chapters who have been participating in sending all of the coupons for the military.

Don't forget to track your hours, mileage, and monetary value of each activity that you have done to help in the name of ESA.

Please remember your last Philanthropic Report is due by April 19, 2023.

Again, you guys are truly the best and I am proud to be part of this organization.

Enjoy your St Patrick's Day March 17th.

Love you all,  
Love in ESA,

Wendy Williams  
2nd Vice President



## AZ State Past President/Parliamentarian/Disaster Fund Chair

Dearest ESA Family,

With my Parliamentarian hat on, I greet you! I hope you all have had a chance to review the proposed bylaw changes with your chapter so that you can vote at the April Council meeting. Most of the bylaw proposed changes are updating; however, there is a change proposed to officer's terms and term limits so please read those closely and feel free to contact me if you have any questions. I'd also be happy to zoom into or attend your chapter's meeting if you feel that might be helpful. See you all at the April meeting.



Yours in service,  
AZ State Past President/Parliamentarian/Disaster Fund Chair

A handwritten signature in black ink, appearing to read 'Shari'.

Shari Stapleton-Smith

## Education/Workshop Chair

Looking ahead to our State Convention (June 2-4, 2023 in Tucson), I'm open for suggestions on the kind of workshops you'd like to participate in. All workshops will be mini-workshops so nothing long-winded should be expected! Record your preferences via this link: <https://www.surveymonkey.com/r/JJT952Z>.

Respond soon, and please, only those planning on attending the State Convention should submit survey responses so we actually cater to those who will be present. THANK YOU!

Terrie Rust  
terrie\_rust@hotmail.com  
Education/Workshop Chairman







Greetings from the Foundation!

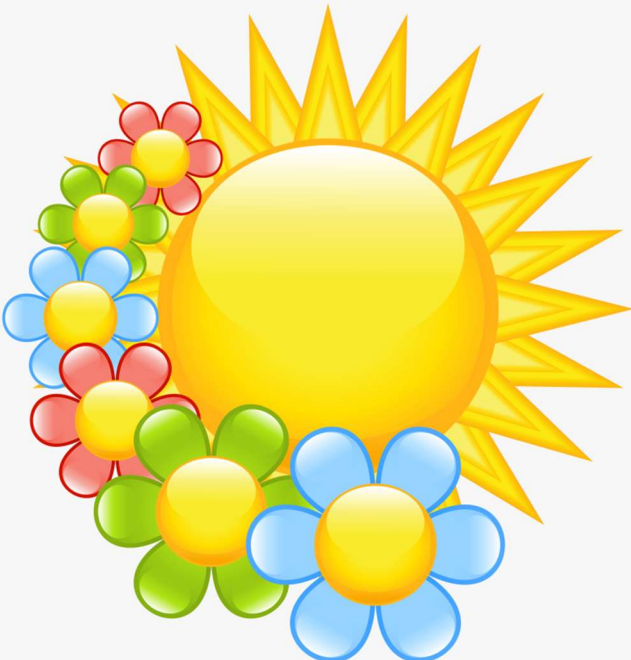
Hope all of you will be wearing the green come St. Patrick's Day since we all have a little Irish in us on that day. 😊

Speaking of green, many thanks to those of you that have donated to the Foundation during our Fantasy Fundraiser! We will "raise a glass" to the chapter that brings in the most money during February and March, with a gift to each member. Remember, it can be from a Foundation member OR a non-member OR a business. Every bit donated matters, even \$5, 10, 50, 100. This money helps the Foundation to support their operating costs and supply grants to those in need.

Speaking of need, scholarship winners will be informed in April. I have been told that the selection process takes awhile.

Many thanks again for all of your donations, raffle ticket purchases, and emotional support. It is appreciated!

Fondly,  
Kathy Riebock, Alpha Chi, Sierra Vista, AZ  
ESA Foundation Counselor  
520-559-1944, [krie77@cox.net](mailto:krie77@cox.net)



# Easterseals

Happy St. Patrick's Day to everyone.

Please consider making a chapter or individual donation to Easter Seals. Every dollar helps. We are grateful for all the support and love that you all have shown us.

We will be raffling off a beauty basket at the April Council meeting for Easter Seals. The winner will be announced at the April Council meeting.

Karen will have diamond art treasurers that you can purchase at the April Council meeting. You can purchase a gift for someone in your life while helping us raise money for Easter Seals. All the diamond art projects that she makes are made with love. She is donating the cost of all the diamond art projects and sealer and her time to make them. 100% of the monies raised from selling all the diamond art items will go to Easter Seals.

May is GROW A READER VIRTUAL BOOK DRIVE month. The greatest gift we can give a child is the love of reading. Not only does it help them in school, but they will never be bored. This love carries over into adulthood. Nearly 2 out of 3 children in low-income communities don't have a single children's book to call their own, according to Southwest Human Development. (EasterSeals is under this organization in the Phoenix area.) If you are interested in giving a book or more to a needy child, you can go on-line at [swhd.org](http://swhd.org) and donate. Or if you would rather purchase a children's book or books, you may bring them to our April Council meeting. Baz will gladly deliver them to the Southwest Human Development office in Phoenix.

If you want to go on line, here are the directions. Go to <https://www.swhd.org> At the top of the page find the heading GET INVOLVED. Pull on the down arrow and you will see EVENTS. Click on GROW A READER VIRTUAL BOOK DRIVE (MAY) and it will take you to the donation page. Donating is quick, easy and secure. You will get an email confirmation of your order.

Please let Baz know if you chose to do this. She would love to know how many books we were able to donate. Thank you in advance for helping to change a child's life. We are always here to help! If you have any questions, you can contact Baz Winsor or Karen Madrid.

We would love to continue collecting and distributing books to our veterans via our signature "Operation Paperback Project!"



You ask, "How can I help?"

1. You can collect books
2. Keep track of the number of books you have collected
3. They can be donated to several different organizations
  - A. VFW posts, Vietnam Veterans of America and various Veteran organizations.
  - B. Local schools and libraries
  - C. Mailed to our troops overseas.
  - D. Donate monies for postage (make checks to Arizona Council).

Any questions please contact:

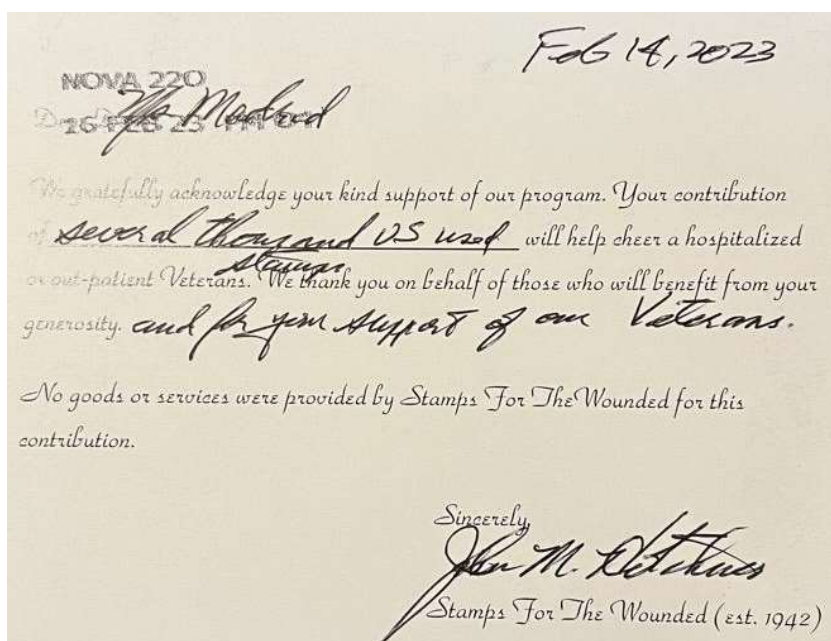
Hope for Heroes, Chair  
Janice Shaproski  
Yolanda Chislon  
Paula Fisher



## Stamps for the Wounded

Karen Madrid received this postcard thanking ESA for supporting Stamps for the Wounded. Learn more about this program here

<https://www.stampsforthewounded.org/donate/saving-stamps-for-sftw/>





Dear Brothers and Sisters in ESA,



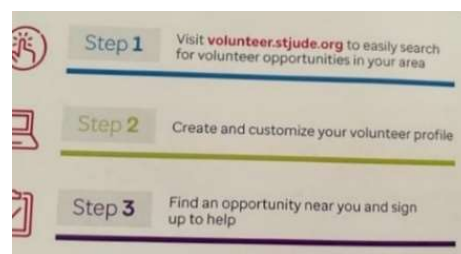
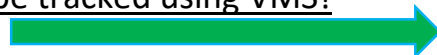
**HAPPY NEW YEAR!!**

**FIRST** – A big THANK YOU to all of the ESA members who have volunteered their time, energy and donations for many of the St. Jude FUNdraising events throughout the Winter. Below are additional opportunities that you can help carry on the mission of St. Jude and the calendar of events.

If you haven't done so, please create a profile in the St. Jude Volunteer Management System (VMS).

Visit: [St Jude Volunteer Management System](https://volunteer.stjude.org)

The three step process shown here will help get you started.  
Your hours and miles can easily be tracked using VMS!



## **ST. JUDE CALENDAR of EVENTS**

**St. Jude Heroes** See featured race below

St. Jude Heroes walked and ran in the **Humana Rock 'n' Roll Las Vegas Marathon and Half**—February 25-26, 2023. 800+ St. Jude Heroes raised over **\$245,000!**

**Volunteers worked** in the Expo/Photo Booth **Friday, Feb. 24**, or **Saturday, Feb. 25**. On **Sunday, Feb. 26**, they provided Cheer Spot Support. All events were under the bright lights of the Las Vegas Strip! Below are volunteers working at this great FUNdraising event:



Jackie Young, John and Roxanne Vitt, Terrie Rust





### ST JUDE 62 MILES IN MARCH CHALLENGE

Bike, walk, run, or swim 62 Miles is March and earn a gorgeous T-Shirt while improving your personal fitness. More info and sign-ups available here:

[Facebook.com/groups/62 Miles in March](https://www.facebook.com/groups/62MilesinMarch)



### ST JUDE WALK/RUN – Phoenix Volunteers/Donors Needed!

SEPTEMBER 23, 2023. Making memories. Supporting a mission. Come join the nationwide movement to honor Childhood Cancer Awareness Month and support those who need us most - the kids of St. Jude Children's Research Hospital. Additional details and Team ESA-AZ's official announcement will be coming out in the next couple of months.



### MARK YOUR CALENDAR TODAY TO VOLUNTEER/ATTEND THESE GREAT EVENTS!

**St. Jude and ESA - \$50 For 50** You can still get the commemorative 2 inch pin by visiting: [ESA & St. Jude 50 Year Partnership Pin](#)



**Want to show off your support for the kids of St. Jude?**

### SpaceX Mission to Benefit St. Jude Children's Research Hospital

#### About the Mission

No earlier than March 2023, SpaceX's Falcon 9 rocket will launch the *Polaris Dawn* mission from historic Launch Complex 39A at Kennedy Space Center in Florida. Dragon and the *Polaris Dawn* crew will spend up to five days in orbit, during which they will work towards the following objectives: Highest Altitude Space, Health Impact Research, In-space Communications, and the First Commercial Spacewalk.

The Crew of **Polaris Dawn** and SpaceX have consistently supported and donated to the Mission of St. Jude.

You can get the patch worn by the Crew for a donation of at Least \$25 to help expand the St. Jude mission globally.

**To get your patch, visit:**

[SpaceX and Polaris Dawn Patch for St. Jude](#)



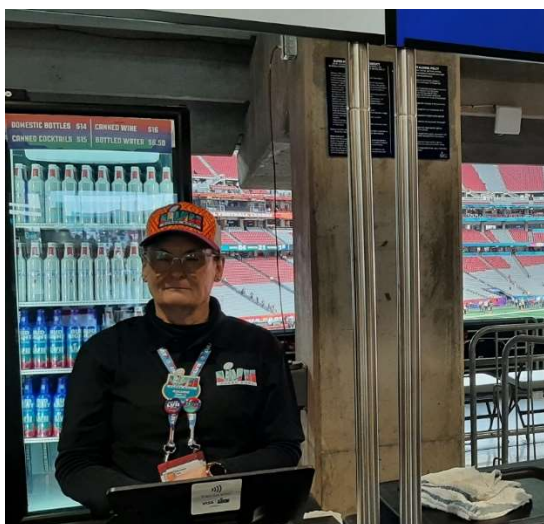


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## **Super Bowl LVII (57) Volunteers-February 12, 2023**

Several ESA members worked concession stands raising money for their philanthropic projects. The long day began at Arizona Veteran's Memorial Coliseum to get credentials and uniforms for the event. A school bus ride to the State Farm Stadium and after some inventory and other tasks, the fans poured in and volunteers served up adult beverages.

**LOVE TO ALL, John and Deana**





## St. Patrick's Day Facts

1. St. Patrick's Day always falls on the 17th of March.
2. The first St. Patrick's Day parade took place in America—not in Ireland.
3. The New York City St. Patrick's Day parade is the world's oldest civilian parade and the largest in the United States.
4. Chicago began its annual tradition of turning the Chicago River green on St. Patrick's Day in 1962.
5. In Ireland, St. Patrick's Day had been viewed mostly as a religious observance, and up until the 1960s, they even had laws that forbid bars from being open that day.
6. It wasn't until 1798 (the year of the Irish Rebellion) that the color green became officially associated with St. Patrick's Day.
7. St. Patrick's Day switched over from a strictly holy day for Catholics to an official Irish public holiday in 1903.
8. Although St. Patrick's Day falls within the period of Lent—a time when the Catholic Church prohibits eating meat, the ban is lifted on this specific day of celebration.
9. The annual shamrock ceremony in the White House started in 1952.
10. Each year, 5.5 million people visit New York's St. Patrick's Cathedral.
11. Before St. Patrick became a missionary, he had been kidnapped at the age of 16 and taken to Ireland as a slave.
12. St. Patrick is said to have been buried in the town of Downpatrick, County Down, in Northern Ireland.
13. There are two autobiographical writings from St. Patrick himself, including *Confessio* and *Letter to Coroticus*.
14. Traditionally, Catholic families go to church in the morning on St. Patrick's Day, and partake in a meal that includes cabbage and Irish bacon.
15. Dublin's first official celebration of St. Patrick's Day did not occur until 1931.



**Beta Gamma is collecting**  
**new and used sneakers**  
**Bring to the April council meeting**

These shoes go to “**GotSneakers?**” a company that keep sneakers out of landfills. They give the new sneakers or used sneakers in good condition to secondhand markets and damaged footwear is recycled to reuse materials or to waste into new energy.

<https://gotsneakers.com/>

Beta Gamma gets a check after they send in the sneakers.

**Wanted**

- any color, type or size
- for men, women and children



**Contact any  
Beta Gamma  
member if you  
have questions**



**ESA ARIZONA**  
**80TH**  
**STATE CONVENTION**  
**"WELCOME TO WONDERLAND!"**

**June 2-4, 2023**

**MORE DETAILS TO  
COME!**



**We don't have a room block yet, so please  
don't try to make a reservation.**

For questions, please contact  
Shari Stapleton-Smith, Convention Chair

**Embassy Suites by Hilton Tucson East**  
**6555 E Speedway Blvd, Tucson, AZ 85710**



## Chapter News

### Alpha Kappa

Alpha Kappas had a 'field trip' for the Education Program in February. We met at the Tempe Elementary School District office to tour the Connecting With Kids clothing store. The store is stocked by donations of clothing items for students who need extra help getting school clothes. Part of the proceeds from our Spring Luncheon are donated to this project. Julie Bartanen, an Alpha Kappa member, is actively involved in this as an employee of the school district. Members enjoyed the tour and brought packages of socks and underwear for the store. We then adjourned to our regular meeting place for refreshments and the balance of the business meeting.

CWK Clothing store.



**President Barbara Martin, Misty Birdwell.**



**Julie Bartanen in background,  
Dorothy Wright, foreground**



Date	Event & Location
<b>April Council Meeting</b> Hosted by Beta Gama April 16, 2023	Mesa, AZ
<b>Arizona Convention</b> June 2 – 4, 2023 Arizona Council State Convention Tucson	Embassy Suites by Hilton Tucson East 6555 E. Speedway Blvd Tucson, AZ
<b>IC Convention</b> <b>July 25-30, 2023</b> Grapevine Texas	<a href="https://www.epsilonsigmaalpha.org/about/ic-council/convention">https://www.epsilonsigmaalpha.org/about/ic-council/convention</a> Embassy Suites by Hilton - DFW airport North

**<http://www.facebook.com/ArizonaESA>**

You do need to have your own Facebook page to view ours. If you are using Facebook, **Like** us so you will keep updated that is happening in ESA as well as the Arizona Council.

Here is the Arizona Council website **<http://azcouncilesa.com>** If you need a login and password please reach out to me.

Here are all the ways to reach me.

April Aguiñaga

april\_aguinaga@hotmail.com

602-904-1530

15602 N. 59th Lane, Glendale, AZ 85306



HOW MANY WORDS CAN YOU MAKE FROM

# SHAMROCK

Using each letter only once, see how many different words can you make out of "SHAMROCK." Write as many words as you can on the lines below.



- |           |           |
|-----------|-----------|
| 1. _____  | 16. _____ |
| 2. _____  | 17. _____ |
| 3. _____  | 18. _____ |
| 4. _____  | 19. _____ |
| 5. _____  | 20. _____ |
| 6. _____  | 21. _____ |
| 7. _____  | 22. _____ |
| 8. _____  | 23. _____ |
| 9. _____  | 24. _____ |
| 10. _____ | 25. _____ |
| 11. _____ | 26. _____ |
| 12. _____ | 27. _____ |
| 13. _____ | 28. _____ |
| 14. _____ | 29. _____ |
| 15. _____ | 30. _____ |