



Arizona Council Bulletin

February 2025



Hello to Everyone,

First, I want to thank Omega Alpha and Omega Mu for hosting our January State Council Meeting. It was a great day and as always lunch was great. It was sad though to hear that the Club Shalamar was sold, and we will not be there anymore. It has always been a great place to meet.

We had a great educational and a great deal of interaction with those in attendance. I wish I had a recorder so I could share it with all that could not attend. It was wonderful to see the conversations that were around the room.

Eta Gamma Chapter is excited about the upcoming State Convention. PLEASE save the dates of May 30, May 31, and June 1, 2025. The invite will be coming out soon with all the information. I am pleased to say we were able to keep the room rate the same as last year (\$128.00 plus tax) and the registration cost is also the same as last year (\$135.00 per person). We will be in a new hotel in Henderson, NV – The Atwell Suites on Water Street. It is right next door to The Pass Casino. Stay tuned for all the great details and the registration information. We hope to see many of you there.

I want to encourage all of you who can help with the AZ Dream Home. It takes a team effort to have the success that many of our St. Jude Dream Homes have had over the years. If you can only give a couple of hours, it really makes a difference. Please remember to track your miles and hours given and report it on your philanthropic report. Also, you will meet many great people.

Page	Table of Contents
3-4	Membership Chair
5-7	Philanthropic Chair
8	Foundation
9-10	Educational
11-14	St. Jude
15	Easterseals
16-18	Upcoming Council Meetings & Chapter news
19	Calendar

Always wear your ESA shirt and if you have ESA business cards always have them with you. You never know who may walk through the front door! It could be your next new member!

Nevada had our Bricks and Sticks Breakfast with our subcontractors. It was a wonderful morning seeing our supporters and getting to meet our new ALSAC reps for our Nevada St. Jude Office, Lisa, and Michelle. Very anxious to collaborate with them on

our Nevada Dream Home. More details to follow. I have attached a photo taken at the breakfast!

I want to wish all of you a Happy Valentine's Day. Do not eat too much chocolate...LOL.

Please be safe and take care. Try to stay warm! Hugs to all!
Hugs to you and yours!
Deana



1st Vice President

Arizona ESA members have stepped up! I am pleased to announce that we have candidates for the 2025-2027 Executive Board, lots of volunteers for Appointed Board offices and committees, and there are even 2 Council meeting bids (November 2025 and April 2026). However, don't let this stop you from expressing an interest in 2nd VP on the Executive Board, or any of the positions, and from submitting bids for the September and January Council meetings.

We had a GREAT turnout at the January Council meeting. Omega Alpha and Omega Mu were not only great hosts, but provided a thought-provoking educational program to get us to think about kindness, volunteering, and using our voice for good.

IMPORTANT REMINDER FOR EXECUTIVE BOARD OFFICERS AND ALL APPOINTED BOARD CHAIRMEN:

I will be looking for your written year-end report this Spring. If your duties will be ending by April, you can provide your report by the April Council meeting. If your duties extend into May or June, I will be looking for your report no later than the week following State Convention. Your report should provide an overview of the tasks you completed for your office. If you have data (\$ amounts, # of participants, etc.) please include those details.

These reports are critical for those who will hold the Office or Chairmanship after you. EVEN IF you believe you are going to serve in the same Appointed Board position next year (I have not yet confirmed positions with everyone for next year), it is important to document what was done THIS year - so yes, you will need to submit a report, too! The chairmanship you hold will determine the level of details needed to include. All reports should come directly to me, via email, with a copy to go to your successor. If you have a binder, or other materials that go with your position, please prepare those to be passed on to your successor, as well. If you cannot bring those to the April Council Meeting or State Convention, it will be up to you to arrange for their delivery to your successor in June.

Thank you in advance for providing these critical pieces of information.

I'll be heading to ESA Leadership in Denver February 6-9.
There's sure to be lots to share upon my return.



Wishing everyone a "heart-felt" February.

Terrie Rust

terrie_rust@hotmail.com



AZ attendees at the Wester State Councils Spring Fling



John & Roxanne Vitt, Nelle Athouguia, Jacque Frusetta, Terrie Rust, Sandy Alexander, Patricia Gale, Carolynn Carter.

Missing from the group photo is Shari Stapleton-Smith

Philanthropic

Happy February to everyone,

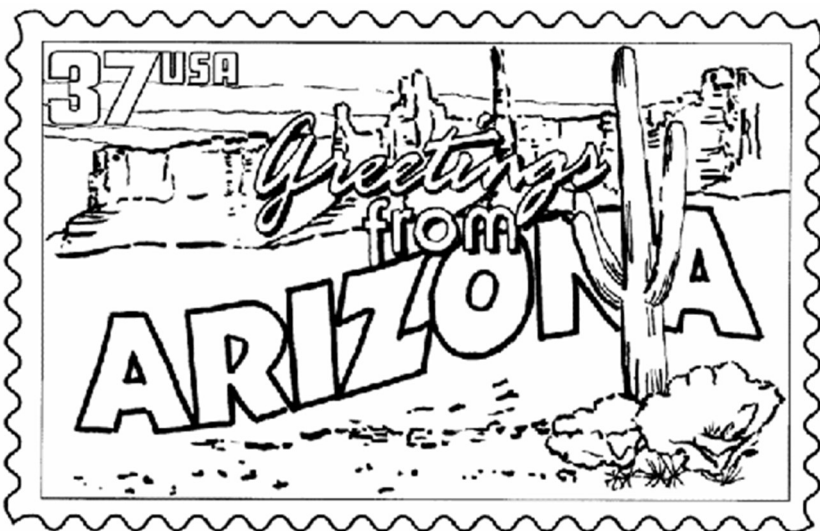
We are well on our way into 2025. I am still writing the wrong dates on everything! It was great to see everyone at the Council meeting. It was a great turnout maybe we can get even more at the next meeting.

I will be collecting the final Philanthropic reports for the year at the April meeting. If you would rather email them to me, that will also work. I will have forms at the meeting if you need one.

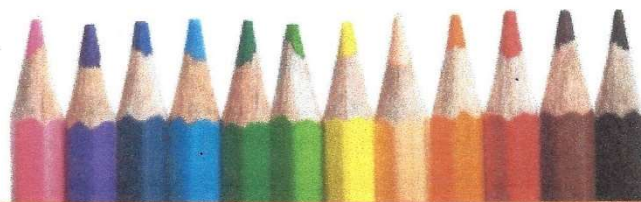
Chapter Philanthropic Chairs, please check with all your members. Remind them to count all of their mileage, time, and donations. So, you as Chairperson can get the information to me. We want to show everyone how much Arizona and Nevada has done for our Charitable partners.

I have attached the collectables list for Treasurers 4 Teachers. I was surprised at the items they will accept. Look it over you never know what you have that can be donated. Be sure to check out their website! <https://treasures4teachers.org/donate-goods/>

Roxanne Vitt
602-469-4818 rrvitt@aol.com



Philanthropic Collectibles Projects 2024-2025			
Item	Who Collects	Philanthropic Reporting	Collecting for-
Pop Tabs	Deana Walters	1 cup = 185 tabs @ 1min/each tab	Ronald McDonald House
		1oz = 108tabs @ 1min/each tab	
Postage Stamps	Karen Madrid	1 Minute per stamp Trim to 1/4 inch around stamp	Stamps for the Wounded
New Greeting Cards	Karen Madrid	1 minute per card	Military
Lap Robes	Chris Goldberg	Time spent making item is counted.	Spirit Lutheran Church
Hats for Homeless		Cost of Yarn is a cash donation.	
		Purchased item, amount spent is a cash donation	
Person Hygiene & <u>Femine</u> Hygiene items	Omega Alpha	Cost of Item is a cash donation	Military
Small Toiletries	Kathy <u>Riebock</u>	1 minute per item	St Vincent de Paul
Eyeglasses	Terrie Rust	1 minute per item	Lions Club
School items: Paper pens, Pencils, crayons, colored pencils, markers, sticky notes, notecards, folders, 3 ring binders, notebooks, scissors, glue, rulers Items for crafts: egg cartons, cereal boxes, toilet tubes, paper towel tubes, tissue boxes, etc.	Beta Gamma	1 minute per item or cost of items	Treasures for Teachers
Medicine Bottles (clean, labels removed)	Terrie Rust	1 minute per items	AZ Animal Welfare League
			25 N 40th Street
			Phoenix, AZ 85034
			602-273-6852
	Shari Stapleton-Smith		Pima Animal Care Center
			4000 N <u>Silverbell Rd</u> Tucson, AZ 85745 520-724-7222
Manufacturer's Coupons (see write-up for tips)	Each Chapter	Amount of coupon as monetary	Military



3025 S 48th St, #101, Tempe, AZ 85282

We are looking for **clean**, safe, and interesting donations that will support our teachers and community. Unless otherwise noted, all items are accepted in new or gently used condition.

This list is not exhaustive! See our **Unacceptable Donation List** for more information.

Arts & Crafts Materials

School Supplies

Office Supplies

Reusable Materials

Dry Food Cans (with lids)
Shoe Boxes (with lids)
Tissue Boxes
Reusable Bags
Paper Towel/Toilet Paper Rolls
Egg cartons
Corks
Glass Jars

Electronics

Small Household Appliances
Small Classroom Electronics

Housewares

Ziplock Bags (new only)
Dishware
Disposable Dishware (new only)
Kitchenware

Toys

Sports Equipment
Games (complete or incomplete)

Industrial

Product Samples
Promotional Items
New Cleaning Supplies
Lab Equipment
Tools and Hardware

Furniture

Household Furniture (Sofas, Dining
Tables, Dressers, etc)
Small Classroom Furniture (Chairs,
Childrens' Desks, Bookshelves, etc)

Apparel (for all ages)

Clothing
Shoes
Jewelry
Accessories

Miscellaneous

Collectibles & Antiques
Home Decor

Media (for all ages)

DVDs
Vinyl Records
Magazines
Calendars
Books

Treasures 4 Teachers reserves the right to refuse any donations. Should we find a donation unsafe or not useful, it may be recycled, donated, or thrown away.



The Foundations Fantasy Fundraiser postcard is coming so watch the mail for it. Once again we will do a friendly competition between the chapters and MAL crowd to see who can raise the most money for this fundraiser. I will be looking at donations in February and March and will award the prizes at the April Council Meeting. Everyone in the winning chapter will receive an award. Thank you in advance for your generosity!

Another huge THANK YOU shout out to Stephanie Potts for covering my duties at the January Council Meeting. She rocks! We celebrated our family Christmas and a good time was had by all.

Finally, Patricia Howerton shared some information about the Outstanding Youth Award. This award is an ESA IC award and the prize is a grant or scholarship sent by the Foundation to the school selected. The links for applying are:

<https://www.epsilonsigmaalpha.org/member-center/chapter-management/international-council> . Scroll down to Outstanding Youth Awards. The deadline for this award is March if your chapter has a candidate. Just one more thing the Foundation does!

Take care everyone and I will see you in April.

If you have any questions please don't hesitate to contact me. 520-559-1944, krie77@cox.net

Kathy Riebock
Arizona Foundation Counselor



Educational

Educational presented at the January Council meeting by Paula Fisher & Yolanda Chislon

Thank you for gathering here today. As I stand before you, I'm reminded of a simple truth: each one of us has the power to make a difference. No matter where we come from or what we have, the ability to change the world begins with us. It starts with kindness, grows through volunteering, and flourishes when we use our voices for good.

Kindness: The Seed of Change

Kindness is the most universal and accessible tool for creating change. It costs nothing, yet its value is immeasurable. A kind word, a helping hand, or even a simple smile can ripple outwards, affecting lives in ways we may never fully realize. Imagine if every one of us committed to just one act of kindness each day. How many lives could we touch? How many hearts could we heal?

Kindness reminds us of our shared humanity. It bridges divides and fosters connections. It is a language understood by all, regardless of age, race, or background. Let us remember that no act of kindness, no matter how small, is ever wasted.

Volunteering: The Action of Compassion

Kindness, when combined with action, becomes volunteering. When we give our time and energy to others, we amplify the power of kindness. Volunteering not only transforms the lives of those we help but also changes us. It teaches empathy, gratitude, and a profound understanding of the challenges others face.

Whether it's mentoring a child, serving meals at a shelter, cleaning up a park, or lending your expertise to a nonprofit organization, volunteering allows us to become active participants in shaping a better world. It's a reminder that we are stronger together. When we pool our efforts, no problem is insurmountable.

Using Our Voices for Good

Beyond our actions, we have a powerful tool: our voice. Throughout history, voices have sparked revolutions, fought injustices, and inspired movements. Today, in a world where communication is easier than ever, we must use our voices to champion kindness and advocate for those who cannot speak for themselves.

Speaking out against injustice, spreading messages of hope, and educating others are all ways to use our voices constructively. Social media, conversations, and public platforms are not just outlets for opinions; they're opportunities to inspire, inform, and ignite change. Let us speak up for inclusion, equality, and compassion. Let us challenge negativity and cynicism with words of encouragement and truth.

The Ripple Effect

Kindness, volunteering, and raising our voices might seem small in the grand scheme of things, but their impact is like a pebble dropped into a still pond. The ripples extend far beyond the initial splash. The kindness you show, the time you give, and the words you speak could inspire others to do the same, creating a chain reaction of positive change.

We challenge all members and every chapter to talk about these topics at your next meeting. Let's brainstorm how to can spread our message with volunteering, kindness and action. No deed is too small!

A Call to Action

Today, I challenge each of you to take these principles to heart. Begin with kindness. Take action through volunteering. Use your voice for good. Reflect on how you can weave these practices into your daily life. Whether it's within your family, your community, or on a global scale, you have the ability to make a meaningful impact.

As the saying goes, "Be the change you wish to see in the world." Together, through our kindness, our actions, and our words, we can create a brighter future for all. Let's commit to this journey of making the world a better place, one step at a time.

Thank you.



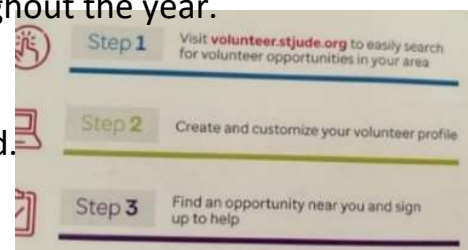
Dear Brothers and Sisters in ESA,



Happy Holidays to all of our members and your families!

If you haven't done so, please create a profile in the St. Jude Volunteer Management System (VMS). Visit: [St Jude Volunteer Management System](https://volunteer.stjude.org) This will insure you can participate in any of the events throughout the year.

The three step process shown here will help get you started. Your hours and miles can easily be tracked using VMS!



ST. JUDE CALENDAR of EVENTS

ST JUDE DREAM HOME – PHOENIX – 2025

Construction is nearly complete on the St. Jude Dream Home in Queen Creek, Arizona! Some specifics are listed below and updates will be announced in the months ahead, but mark your calendars for the months ahead. This is a huge undertaking and very lucrative FUNdraising opportunity for St. Jude and ESA Arizona. Some Volunteer Opportunities have been loaded in VMS. A ***Dream Home Newsletter*** began in December.

Dream Home Updates

- **Address: Ironwood Villages at North Creek (Woodside Homes)**
1199 West Sparrow Drive, Queen Creek, AZ 85140
- **Floor Signing:** January 29, 2025
- **Media Launch/Tickets on Sale:** February 26, 2025
- **Sneak Peek:** April 3, 2025
- *** Open House Weekends:** April 5 – May 4, 2025
- **Giveaway:** May 7th, 2025



- * Major Volunteer Opportunity to Greet Guests, Process Tickets, Open/Close the Dream Home.
Background check will be required.

To see a video of the groundbreaking, visit: <https://www.azfamily.com/2024/10/25/st-jude-dream-home-groundbreaking/>

KMLE 107.9 Country Cares for St. Jude Kids Radiothon

December 11-12, 2024

- The Phoenix radio station hosted a radiothon for two days to secure St. Jude Partner in Hope monthly donors. (This event did not have volunteers.) The Team from KMLE raised a whopping **\$327,450** for the Kids of St. Jude!

Oasis of Hope – A Night in Vintage Vegas

The Vault, Scottsdale

April 5, 2025

- This event will be one to remember and in the theme of Havannah, the evening will include cocktails, dinner, gaming, silent/live auctions and dueling piano entertainers all in support of the St. Jude mission.
- Sponsorship and volunteer opportunities available.

St. Jude Heroes

Various dates—see featured race below

- St. Jude Heroes nationwide are running races in teams and individually to help raise funds for the kids of St. Jude Children's Research Hospital®. Choose to run for a reason, and you can earn a VIP race weekend experience, free race entry and more! To search the full list of partner races and view fundraising incentive levels, please visit stjudeheroes.org.

Remaining Featured Race

Rock 'n' Roll Las Vegas - Half, 10k, and 5k—February 22-23, 2025

All of these events will be loaded into VMS in the coming weeks!

MARK YOUR CALENDAR TODAY TO VOLUNTEER/ATTEND THESE GREAT EVENTS!

ST JUDE DREAM HOME – PHOENIX – 2025 Construction Update

Thank you to our Arizona ESA Members that were on hand for the groundbreaking and floor signing ceremonies of the first St. Jude Dream Home in Queen Creek. The construction of the 3 bedroom, 2½ bath, two story home (Valued at \$510,000) is nearly complete. Tickets will go on sale February 26, 2025. Woodside Homes, 3TV and other

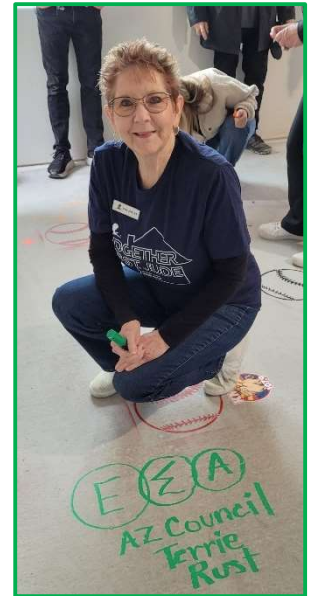


trades contractors are donating their labor and materials so that 100% of the tickets sold will benefit St. Jude Children's Research Hospital.

Pictured on left: Terrie Rust, Julie Tritschler (St. Jude) and Barb Daher & Boz

More Dream Home Facts:

- Open concept first floor, perfect for entertaining and cooking
- Light and bright interior selections with warm hues for a cozy feel



- Durable luxury vinyl planks on the first floor with chic and comfy carpet on the stairs/second floor
- Kitchen includes durable Quartz kitchen countertops with delicate veining, complimenting the handmade-looking backsplash, and Energy Star Bosch stainless-steel appliances
- Fun, decorative tile in the powder room and laundry room

To see the construction progress and other videos, visit the 3TV video library at:

<https://www.azfamily.com/community/st-jude/>

Pictures from the Rock 'n' Roll Expo-Arizona (L: Katie Potts, Woodside Homes-Dream Home Interiors)



ESA LOVE TO ALL, John & Karen

St. Jude Dream Home® Giveaway



2025 Phoenix St. Jude Dream Home

Built by Woodside Homes in the
Ironwood Villages at North Creek community

1199 W. Sparrow Drive
Queen Creek, Arizona 85140

Estimated value: \$510,000

Tickets on Sale: February 26, 2025

Giveaway: May 7, 2025 on Arizona's Family

House features:

- Open concept first floor, perfect for entertaining and cooking
- Light and bright interior selections with warm hues for a cozy feel
- Durable luxury vinyl planks on the first floor with chic and comfy carpet on the stairs and second floor
- Kitchen includes durable Quartz kitchen countertops with delicate veining, complimenting the handmade-looking backsplash, and Energy Star Bosch stainless-steel appliances
- Fun, decorative tile in the powder room and laundry room

Tickets on Sale Prize Deadline: March 5

Stoll 7' Custom Outdoor Kitchen Island with 36" Estate Gas Grill, courtesy of Gilbert Fireplaces & BBQs

Early Bird Prize Deadline: March 21

\$5,000 gas and grocery gift card

Bonus Prize Deadline: April 18

\$5,000 VISA gift card, courtesy of Arizona's Family

Last Chance Prize Deadline: May 7

Dine and Drive package, including a \$500 Salad and Go gift card and a \$2,000 gas gift card, courtesy of Salad and Go

Open House Tours Available: April 5, 2025 – May 4, 2025. Saturdays: 9 a.m. – 5 p.m. Sundays: 12 p.m. – 5 p.m.

Register for Free at the Open House for your chance to win a pair of Molina stainless steel watches, courtesy of Molina Fine Jewelers

National Sponsors

BRIZO®

Shaw®



TRANE®



BOSCH

KICHLER

Local Sponsors



dreamhome.org | 800-248-5626

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Easterseals- Terry Smith (Blake Foundation)/Kelly Kringen (SWHD)

It was great seeing everyone at the Council meeting in Phoenix

A Big thank you to everyone who has supported and donated to support Easter Seals. The generosity of supporters like you help everyone make a big life-changing impact in the community across the country. And we're excited to announce that we ended the year by successfully reaching our year end match goal magical that will help bring us even closer to a more accessible world in 2025.



All of these donations Help parents get their children into the early intervention services that they need to succeed in school. It also helps thousands of veterans to be join the workforce and support their families. Thank you again for your Continued donations.

Please continue to save your pennies, coins etc. as we stand up to do the Hula and fill up our piggy bank for "Mola" for Maui. Bring your change to the next Council meeting.

Also, Aviva (Childtens Foster program) fundraiser is coming up as they are collecting socks and underwear, for more information please contact Terry Smith (ETA Pi)



Thanks again for your support. Please fee to contact Terry Smith or Kelly Kringen with any questions.

Alpha Kappa Update:

December and January have been busy months for Alpha Kappa. In December we had a pledge ceremony for our three new pledges, Carol Quinn, Erin Fenney and Liz Park. We distributed monies earned at the Spring Fling to Tempe Meals on Wheels, Connecting With Kids to help supply the clothing store for students in the Tempe Elementary School District, Easter Seals, St. Jude; donated gift cards to Foster Teens of Arizona, Hope for Heroes, and adopted a family for Christmas. We have also set aside money to fund a scholarship through the ESA Foundation Scholarship program. We thank all who supported the Spring fling who helped make these donations possible. At our Christmas Pot Luck we enjoyed delicious tamales made by our new pledge, Liz and her family. Plus many other great foods provided by members. Secret Sisters for 2024 were revealed as gifts were exchanged, and new Secret Sisters drawn for 2025. A fun evening was enjoyed by all.

January finds us getting ready for our Annual Spring Fling. **SAVE THIS DATE.....SATURDAY APRIL 12!** We will be in a new venue...THE EMBASSY SUITES, RURAL RD. AND US 60 IN TEMPE. **ZAZU WEST** will again be providing music. There will be many items in the **SILENT AUCTION**, great items in the **RAFFLE**, and of course **GOOD FOOD**. Invitations will be going out soon. If you would like to receive an electronic invite, contact Julie Bartanan, julie.bartanan@gmail.com. If you would prefer a traditional invite, contact Baz Winsor, bazwinsor@q.com. The tickets are still only \$50 per person. If you have been to this event before we hope to see you soon; if you haven't been, plan to come and have a wonderful time.



Items from Silent Auction & Zazu West music group





Beta Gamma is collecting new and used sneakers

Bring to the future Arizona Council meetings

These shoes go to “GotSneakers?” a company that keep sneakers out of landfills. They give the new sneakers or used sneakers in good condition to secondhand markets and damaged footwear is recycled to reuse materials or to waste into new energy.

<https://gotsneakers.com/>

Beta Gamma gets a check after they send in the sneakers.

Wanted





PEANUT BUTTER & JELLY DRIVE



Help the Alpha Chi chapter of Epsilon Sigma Alpha collect 800 sets of peanut butter and jelly* for the St. Vincent de Paul Food Pantry in Sierra Vista, AZ.

From now until April 26th each set donated will earn you a raffle ticket for one of three amazing prizes!



For information and to make donations

contact Kathy Riebock

(520) 559-1944

(520) 378-9356

krie77@cox.net

***Note that St. Vincent de Paul
prefers 16-24oz plastic jars of
creamy peanut butter and grape jelly.**

Date	Event & Location
April Council Meeting Hosted by Beta Gamma April 6, 2025	Mesa, AZ Details in Ocotillo Express
Arizona Convention May 30-June 1, 2025 Arizona Council State Convention Hosted by Eta Gamma	Henderson, NV Details in Ocotillo Express
IC Convention July 13-20, 2025 Cary, North Carolina	https://www.epsilonsigmaalpha.org/about/ic-council/convention

<http://www.facebook.com/ArizonaESA>

You do need to have your own Facebook page to view ours. If you are using Facebook, **Like** us so you will keep updated that is happening in ESA as well as the Arizona Council.

Here is the Arizona Council website **<http://azcouncilesa.com>** If you need a login and password please reach out to me.

Here are all the ways to reach me.

April Aguiñaga

april_aguinaga@hotmail.com 602-904-1530

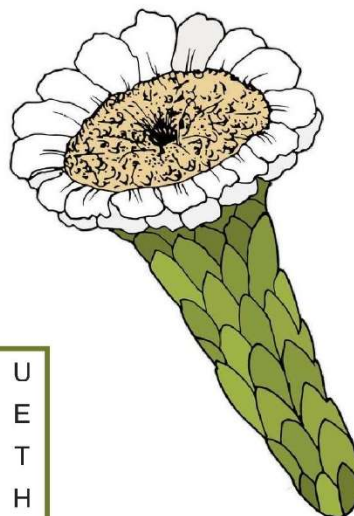
15602 N. 59th Lane
Glendale, AZ 85306



Arizona

STATE SYMBOLS

DIRECTIONS: Find and circle the Arizona state symbols (IN CAPITALS) in the grid. Look for them in all directions including backwards and diagonally.



State Fossil:
PETRIFIED WOOD

State Gem:
TURQUOISE

State Mammal:
RINGTAIL

State Metal:
COPPER

State Motto:
DITAT DEUS

State Neckwear:
BOLA TIE

State Nickname:
GRAND CANYON STATE

State Reptile:
(Ridge-Nosed) RATTLE-SNAKE

State Amphibian:
(Arizona) TREE FROG

State Colors:
BLUE AND GOLD

State Bird:
CACTUS WREN

State Firearm:
COLT SINGLE ACTION ARMY

State Soil:
CASA GRANDE

State Butterfly:
(Two-Tailed) SWALLOWTAIL

State Fish:
APACHE TROUT

State Song:
ARIZONA MARCH SONG

State Capital:
PHOENIX

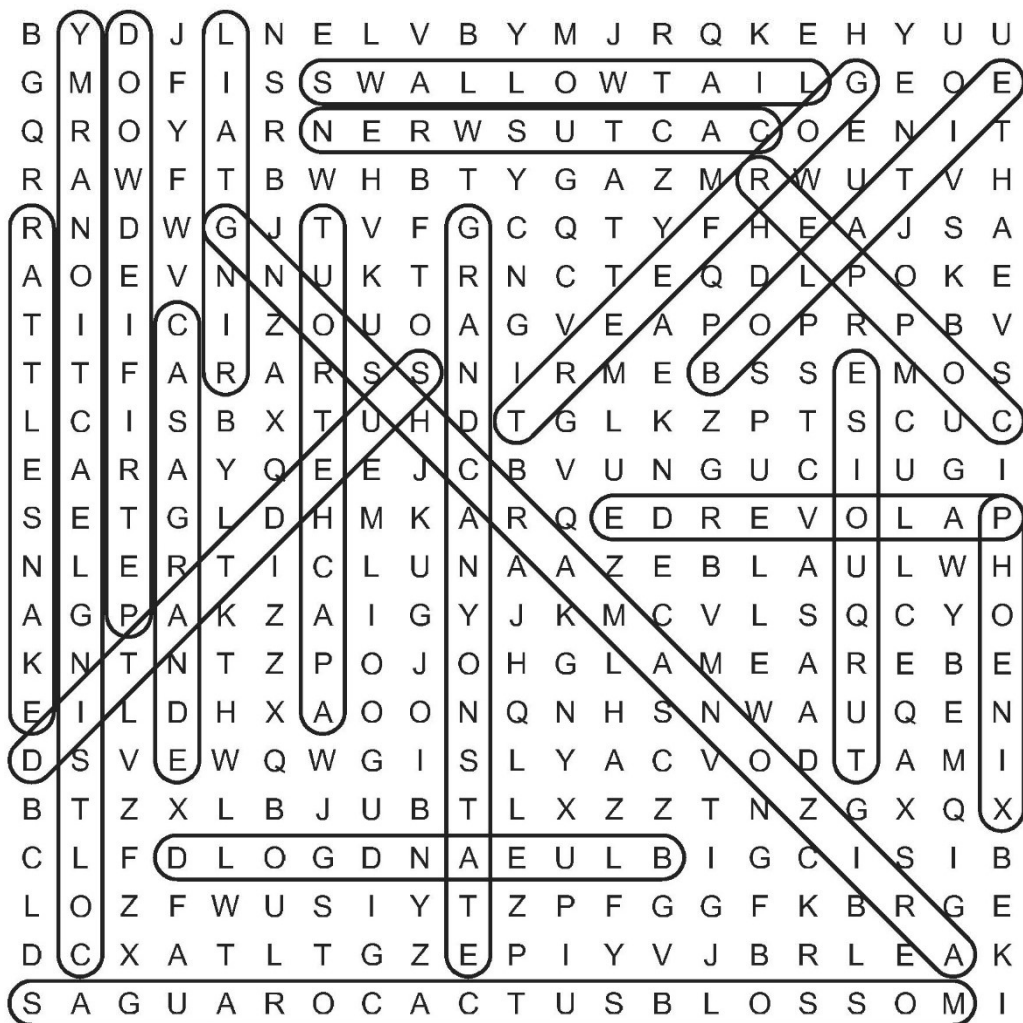
State Flower:
SAGUARO CACTUS BLOSSOM

State Tree:
PALO VERDE

Arizona

Word Search

SOLUTION





paint the world
SUPER
COLORING

VALENTINE'S DAY

How many words can you create from Valentine's Day?

[illegible]